



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

QUEEN NANDI REGIONAL HOSPITAL

BAMBINO

NEWS

JAN—MARCH 2025



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**GROWING
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MESSAGE FROM THE CEO'S DESK



Greetings to everyone. I want to welcome you all to the start of a new financial year at Queen Nandi Regional Hospital. I am filled with excitement and optimism about the opportunities that lie ahead. As we close the chapter of the previous financial year, I'm proud of the incredible work you have done to deliver high quality patient care, drive innovation and service excellence. Our achievements are a testament to the dedication and hard work of our staff, and I'm grateful for your tireless efforts.

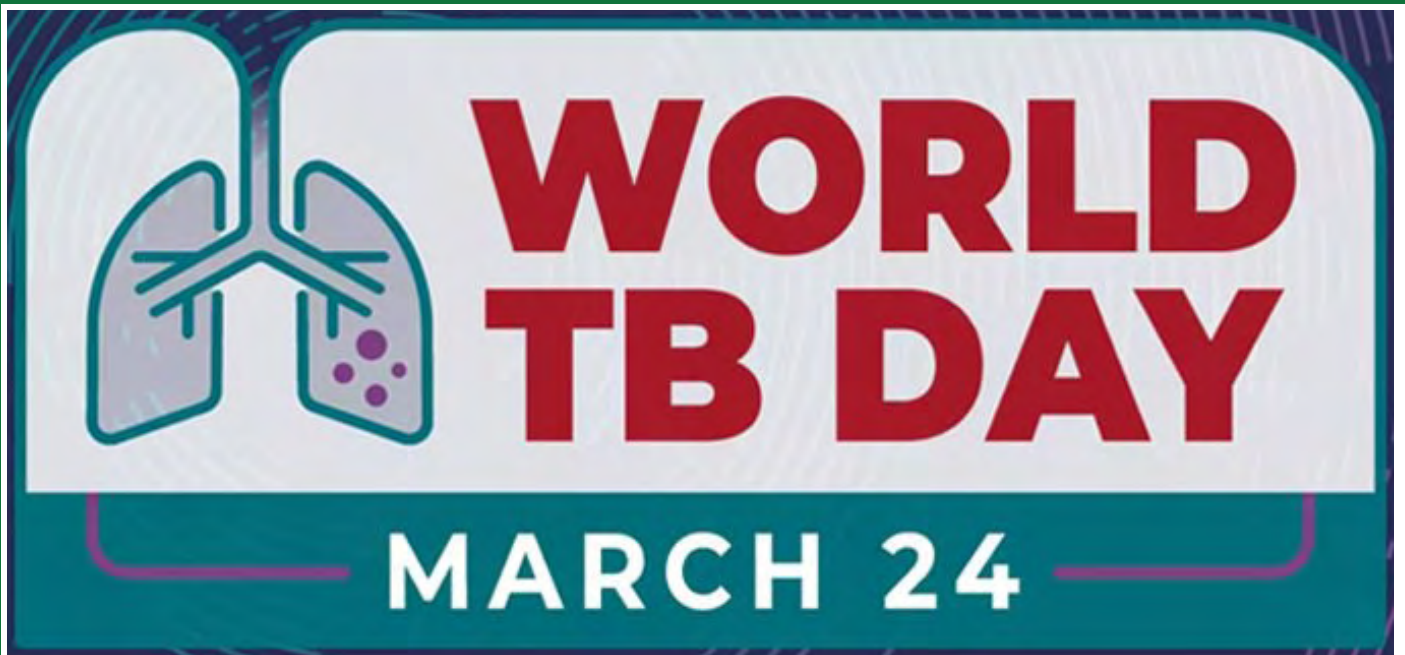
As we embark on this new financial year. Our focus will be on building on the successes of the past while addressing the challenges that lie ahead. We will continue to prioritize patient centered care, invest in our staff and infrastructure and explore new ways to improve our services and outcomes.

Our goals for new year are ambitious, but I am confident that together, we can achieve great things. We will work collaboratively to:

- Enhance patient experience of care and satisfaction
- Improve clinical outcomes and quality metrics and avoid litigations
- Drive innovations and efficiency in our operations, expedite E Health rollout to all sections.
- Strengthen our financial position and sustainability through strict adherence to austerity measures.
-

I am excited to work alongside each of you to achieve these goals. Your expertise, passion and commitment are essential to our success. Let us work together and make 2025/26 a remarkable year for Queen Nandi Regional Hospital and the community we serve.





In commemoration of World Tuberculosis Day 2025, Queen Nandi Regional Hospital HAST team committed themselves with an effort to end the spread of TB. There was an information desk at the main entrance from the 24th to the 28th of March 2025 with pamphlets on TB and HIV related matters. Screening of all patients and care givers coming to the hospital was done during this period. The initiative aimed at the increased desire for screening, testing, treatment compliance and decreased defaulting while increasing prevention of further spread of infection.

Through this initiatives the team aimed to intensify case findings through screening of all patients and caregivers - To investigate the suspects identified. Caregivers in order to protect themselves and their families as well as identifying TB victims and encourage prevention and taking TB treatment accordingly.



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Plant Power Day Celebrated at QNRH



Take plants off the side-lines and make them the headliner of any meal.



Queen Nandi Regional Hospital Food Service team in partnership with Dietetics Unit successfully celebrated World Plant Power Day on the 7th of March 2025 in the hospital foyer.

The aim was to raise awareness and to promote plant based diets and the benefits of incorporating more plant based foods in to meals.

A colourful set up table with all types of plant based foods together with pamphlets for people attracted audience to gain more knowledge. . Dietician was available for any enquiries and advises on nutritious meals for both children and adults. The awareness was for both patients and staff as everybody is encouraged to incorporate more plant based foods in to their meals.

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WORLD HEARING DAY 2025

“Changing Mind-sets: Empower Yourself to Make Ear and Hearing Care a Reality for All”



This year, the Queen Nandi Regional Hospital (QNRH) Audiology Department actively participated in **World Hearing Day** by hosting a series of awareness and educational events on the 3rd, 11th, and 12th of March 2025. The global theme, “**Changing Mindsets: Let’s Make Ear and Hearing Care a Reality for All!**”, emphasized the importance of early identification and intervention, accessible hearing healthcare, proper ear hygiene and breaking down the stigma surrounding hearing loss. Through engaging sessions, the QNRH Audiology team aimed to educate the public sector and various stakeholders on hearing loss prevention, identification and rehabilitation.

Key Messages from World Hearing Day 2025:

Hearing loss is a significant yet often overlooked public health concern. It affects individuals across all age groups, impacting communication, education, employment and social interaction. Raising awareness about its prevalence and consequences helps ensure timely intervention and support.

Integrating ear and hearing care into primary healthcare improves accessibility and strengthens healthcare systems. Training healthcare professionals to identify hearing-related conditions at a primary level ensures that more individuals receive the necessary care without delays.

Reducing stigma around hearing loss promotes timely intervention, communication success and improved quality of life. Stigmatization often prevents individuals from seeking help. Promoting positive attitudes towards hearing healthcare encourages people to seek treatment without fear or embarrassment.

Hearing problems can be prevented or managed through early detection, proper medical treatment, and the use of hearing devices, improving overall quality of life.



Early identification and appropriate rehabilitation enhance education, employment, cognitive development and mental well-being. Children with untreated hearing loss face challenges in speech and language development, while adults may experience social withdrawal and reduced work opportunities. Proper intervention fosters inclusion and independence.

Our Role in Addressing Stigma and Improving Access

- Audiologists have a duty to advocate for better hearing health by:
- Dispelling myths about hearing loss and promoting factual information. Many believe that hearing loss only affects the elderly, but it can occur at any age.
- Encouraging regular hearing check-ups for early identification. Routine screening ensures that hearing issues are detected before they significantly impact daily life.
- Providing education on signs of hearing loss in children and adults. Difficulty understanding speech, frequently asking for repetition, and speaking loudly are some common signs.
- Ensuring that individuals receive appropriate referrals for hearing care services. Collaboration with other healthcare professionals helps patients access the right interventions.
- Empowering patients and healthcare professionals with knowledge on prevention and management. Simple measures, such as limiting noise exposure and avoiding the use of cotton swabs in the ears, can prevent many hearing issues.

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Rehabilitation Team Presentation

This session highlighted how hearing loss can impact rehabilitation outcomes in patients undergoing physical or occupational therapy.



Audiology team: Melisa

Impact and Takeaways

Each session incorporated an interactive Q&A segment, allowing participants to gain clarity and address concerns related to hearing health. Parents left better equipped to support their children's hearing needs, nurses gained critical skills in early identification and multidisciplinary teams strengthened their approach to holistic rehabilitation. These discussions provided a platform to break down stigmas, promote prevention strategies and encourage regular hearing assessments.



HEALTHY LIFESTYLE AWARENESS



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NEW RETCAM MACHINE DONATED BY SOUTH 32



Queen Nandi Regional Hospital has one of the largest Nursery in KZN. The majority of patients admitted are premature infants who are at very high risk of Retinopathy of Prematurity.

This leads to blindness if not detected early enough. The RETCAM machine is the only way to detect the changes of ROP. Early detection can then lead to early treatment to prevent blindness.

South32 donated the best RETCAM machine in the market. QNRH is now able to do regular screening of all our premature infants, and refer early to Inkosi Albert Luthuli Central Hospital for treatment. The impact is hugely significant, because our ROP screening leads to early detection and prevention of permanent blindness.

THE RETCAM MACHINE

...with ROP screening being done on a premature baby in the Nursery

ONGOING PARTNERSHIP BETWEEN SOUTH32 AND QNRH FULFILLS THE VISION OF THE HOSPITAL



Briefing session between DOH , management of QNRH and South 32 prior to official handover.



Mrs. CNN Mkhwanazi
(QNRH-CEO)

On 25 February 2025, Queen Nandi Regional Hospital accepted 56 paediatric cot beds which was donated by South 32. “The donation made a huge difference in the way we offer the services .The hospital will be able to manage patients in a safe environment. It has a secured cot beds /side beds where baby patients will be safe. This fulfilled the vision of the hospital “Partners Delivering the Future” This was not the first donation to QNRH from South 32 as part of making a difference to the community. The management appreciated the donation and the ongoing partnership with South32.



Cutting of the ribbon



Nurses singing during the official handover in Pediatric ward

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TRIPLETS DELIVERED



Ms. Nikeziwe Masondo and her tri-

A 39 year old mom, Nikeziwe Masondo, from Vryheid (eMkholokotho), delivered her set of triplets at QNRH on the 27th of February 2025 . She gave birth to (1) one boy and (2) two girls.

Ms. Masondo admitted that when she received the news of her triplets pregnancy at 5 months gestation, it came as a big shock but at the same time, she was happy. Ms. Masondo explained that it was also a shock to the family as well in such a way that her husband did not believe her, even said “you are lying” .

The family doesn't have a history of twins or triplets she is the first one in the family who received this kind of gift.

Ms. Masondo has 3 older children aged 19 years old (girl) ,14 years (boy) 14 and 10 year old (girl) . She said that she was overjoyed with her blessing. The mother thanked doctors and nurses for their teamwork in delivering her triplets. She is currently unemployed and the father is also not working, they survive with grant. She requested anyone who can assist. Her husband was also keen to see her and tri- ples when they are discharged home.



STAFF DEVELOPMENT



10 X NURSES STARTED TRAINING FOR DIPLOMA IN MIDWIFRY 01 JANUARY 2025 NGWELEZANE SUB CAMPUS



3 X NURSES STARTED THREE (3) YEAR DIPLOMA IN NURSING TRAINING@NGWELEZANE SUB CAMPUS

Congratulations to staff members who got an opportunity to upskill themselves in nursing care. This is part of staff development by the Human Resources Development programme. All the best!!

QNRH TO PILOT CERVICAL CANCER ERADICATION



The National Department of Health, together with CHAI (Clinton Health Access Initiative), the KZN DOH, and the KCD District Health Office, held a meeting on 25 March 2025, facilitated by Dr Sibongile Zungu (NDOH Office of the Director General) at Queen Nandi Regional Hospital. The discussions centred around a potential donation of funds to the NDOH from the Japanese Government and UNITAID, for Cervical Cancer Elimination in Region 4 of KwaZulu Natal. There were stakeholders from NHLS, Senior Management from health facilities in Region 4, as well as MCWH in the Province. There were robust discussions on how to eliminate Cervical Cancer in Region 4. The topics ranged around the importance of tracking and tracing pap smear results, follow up of patients, equipment needs, awareness campaigns. QNRH, together with Region 4, will work towards becoming a Centre of Excellence for Cervical Cancer Elimination. This is a very positive step forward in the elimination of Cervical Cancer, which is the largest cause of mortality from cancer in South Africa.



COMPLIMENTS FROM QNRH FACEBOOK

Queen Nandi Regional Hospital
★ Rising contributor · Asanda Asoh · 19h

Baze basphatha kahle e NPA ngiqala nokuza khona ay sheim syabonga NPA 🍀

Mbokazi Zevile
Ngufakaz ke lapho kade nglele khona November/December last year.... everything nje yakhona ihlelekile

13h Like Reply

Nokthula Maka Hlelo Majola
Ubekephi Mina Kade ngise physio impatho abanayo

Queen Nandi Regional Hospital
Anonymous member · 1d

Sanibonani Kuno mama laphana eLabour ward omfishanyana nje ompofu ave enomoya omuhle ephathana kahle fth nomsebenzi Wakhe uwenza ngokuzimisela....Engathi uNkulunkulu engambusisa ngokungaphezulu

Cebo Nkosi Cebo Nkosi
👏👏👏 baphathan Kahle laphan yoooh Min ngateta khon ngonyak ophelile

18h Like Reply

Nhlavekungomusa Mchunu
Bayasazi istory Sabo shame special abasezinganeni aycha khona ucc engamfica ereception yabo aycc unaso isineke nabantu

15h Like Reply

Sthole Jobelihler Wolodia Omdakah

19h Like Reply

Sphele Fisani
Baphathan Kahl vele

19h Like Reply

Nomusa Hlongwane
Banesineke sisukesisekhaya khona ezinganeni

Asanda Asoh
👑 Top contributor · 18 Feb

Baze basphatha kahle e NPA ngiqala nokuza khona ay sheim syabonga NPA 🍀

83 comments

Mnyamande Lan Vusi Thwata
👑 Top contributor · 02 Mar

Nurce kuth angivushe manje ngiyabonga sheim queen Nandi nabalapha bantwana bami baphila kahle abasaguli nakancane nkinga kutetemq nje

Thabi Mweli
Bangphatha Kahle Nam 2022 ngyokwenza operation ngsuka etshejuba pongolo manje ngphila saka angakhohlwa odokotela bakhona amanesi ngisho ama cleana Akhona imbala UNkulunkulu asgcinele bona

19h Like Reply

Mbali Paris Zuma
Banjalo vele sis NAMI ngaswela amazwi okubonga from Docter theatre (c section) ngomhlaka 12 January, kwaba ngiyaphuma basiphatha Kahle nokudla kwakhona kwakunandi ,ama nurse Akhona ary noma phela ekhona amazambane abolile KO nurse kodwa njee majority bayawazi umsebenzi

17h Like Reply

Kellybbe Ngwadi
Ngisho amasecurity akhona shame banesneke

19h Like Reply

Pinky Pinkiey
Ngazi kahle banginika ithemba bangiphilisele ingane yakh

Nokuthula Phumzile
Banayo impatho sheim en bayayazi into abayzela emsebezbini wabo

17h Like Reply

Nomthi Sibiya
Nami ngufakazi umzukulu wami wavuka khona ,una 2 yrs namhlanje Ngangigqigga khona ena 6 mnths namhlanje intombi

2h Like Reply

Simekahle Nyawo
Rising contributor · 01 Feb

Ngicela ukudlulisa ukubonga kubonke abasebenzi base Queen Nandi ngangena ingane Yami ifile kodwa bangibuyisela umphefumulo wayo uthando nesineke abanaso uJehova abalondolze njalo nje

7 comments

Asanda Asoh
👑 Top contributor · 26 Feb

E NPA MASQEDA UKUTETA SIYAGQUTSHWA NGAMA WHEEL CHAIR. 🍀

Philisiwe Kupeng + 96

Babei Yayar
Eyi lesosbhedlela nkosyami...baphathana kahle jehova ngangiqala ukuzizwa ngisekhaya esbhedlela yuu

1h Like Reply

Nenezi Sdufuza
Ave besebenza abahle ngikazi balesosbhedlela

16h Like Reply

Sihle Angel Nolo Manqele

6h Like Reply

Nonhlanhla Sbiya

Gugu Mpumih
Ay iqiniso lelo nam ngihamb kakhulu clinic ngikhulelw ng 2022 bangiphath kahl ngisho sengiteta

2h Like Reply



Maphilly Nomcebo Bethwana

16h Like Reply


Hlengiwe Pinky
Yabonake laphana baphathana kahl

Ntombeyodwa Manqele
20 Mar

Thina sinitshele ngezangane zika DR KAP...vee muntu kalahlwa bafethu komama bakwa ARDIAC laphana kudingeka uthando yokubekezela landele mthetho kuyaphilwa.nangu muntu abangasaz story sakhe bayaphika isibekezele bomama


PREGNANCY AWARENESS



TEENAGE PREGNANCY AFFECTING GIRL EDUCATION

Teens who report they received comprehensive sex education are **50%** likely to experience unintended pregnancy.

Teen girls who become pregnant end up dropping out of school and finding it difficult to resume education again in later years.



Pregnancy is a beautiful and exciting time for expectant mothers and their families. However, it is also a time that requires proper care, support and education to ensure a healthy pregnancy and delivery.

Queen Nandi Regional Hospital but not limited to outreach team joined the world in observing pregnancy awareness week from 03-07 February 2025. The main aim of the pregnancy awareness week is to educate people about the importance of prenatal care and to promote healthy pregnancy practices. This includes regular check-ups with primary healthcare professionals, healthy eating habits, regular exercise and stress management.

Pregnant women should start attending antenatal care as soon as they suspect that they are pregnant and certainly within their first trimester.

Early antenatal care attendance provides:

- * The opportunity to exclude and manage existing medical conditions which can be aggravated by the pregnancy, such as hypertension, diabetes, infections, and anemia.
- * Free HIV testing and voluntary counseling (VCT).
early recognition of danger signs in pregnancy and post delivery.
- * Birth preparedness and complication readiness.
- * Self-care including nutrition and high standard of hygiene.
- * Information on the role of the father, the male partner, and the family.

Outreach team visited students at UNIZULU with an aim of assisting students to prevent teenage pregnancy and with family planning methods that can assist them in fulfilling their dreams.



ACKNOWLEDGEMENTS



Mrs. CNN Mkhwanazi
(Chief Editor)



Mrs. J. Marais
(Deputy Manager: Nursing)



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Public Relations Officer (Writer)

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