



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

Queen Nandi Regional Hospital

BAMBINO

STAY INFORMED

NEWS

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Greeting Message: Public Relations Intern



Greetings to you all.

I am Slindile Nomthandazo Ntombela, a 26 year old woman. I started my primary Education at Bethangwe Primary School and went to Phiwamandla High School where I matriculated in 2009. In 2011 I started my Tertiary education at the University of Zululand, Richards bay campus. I hold a Diploma in Public Relation which I obtained in 2013.

In January 2014 I started job hunting and I was hired by Joshua Doore Furniture Shop in May 2014 for a three months contract as a Sales Representative. In June 2016 I was unemployed, and decided to study. I enrolled for Post Graduate Certificate in Education at the University of South Africa.

In March 2017, I was hired as an Admin clerk at SANTACO-KZN, UMkhanyakude Regional Office, which was a twelve months contract (March 2017-February 2018).

In April 2018 I was also provided with a great opportunity where I was offered an internship by King Cetshwayo District Health and I was placed at Queen Nandi Regional Hospital as a Public Relations Intern.

I am very happy to have received this opportunity and I will always appreciate the warm welcome I received in this facility from the day I assumed duty.

My mentor Mrs K.S Dlamini is a good hearted woman and I am learning a lot from her and I can see a bright future ahead of me. I am an individual who is always up for a challenge, always willing to learn and an innovative person, diverse and a determined people's person. I am so grateful to Almighty God and to King Cetshwayo District Health for this wonderful opportunity.

Written by: Ms. SN Ntombela

**80% of
infectious
diseases**



are
transmitted
by touch.

Source

LU Oncology Services Functioning...

READ MORE ON PAGE 2



More of Triplets...

READ MORE ON PAGE 3



Healthy Staff, More Productivity...

VIEW MORE ON PAGE 4



World Hand Hygiene Awareness Day—2018

World Hand Hygiene day was commemorated on 16th May 2018 at Queen Nandi Regional Hospital Foyer. Special thanks goes to our programme director Mr. PB Khumalo for a job well done. The awareness was conducted enthusiastically with the full support of the Province, Top Management, Managers and their teams from various departments. They were all keen to internalize as well as implement everything that was going to be mentioned about hand hygiene as the fundamental strategy for prevention of sepsis in healthcare.

The WHO, like many other years, provided all Public and Private Sectors with a very important theme Clean Hand Save Lives: "It's in Your Hands-Prevent Sepsis in Health Care".

Failure to wash hands properly cause sepsis which results to health care associated infections which can either be in the form of urinary tract, respiratory tract, gastro-intestinal, surgical site and blood stream with major implications on the patient, the patient's family, health care worker, and the facility itself. Hands can be the constructive force if hand hygiene is done technically well and maintained timeously, thereby ensuring that millions and millions of lives are saved from before conception, during conception, during delivery, post-delivery and throughout the rest of life.

Hands can also be a destructive force if hand hygiene is not performed at all. They can be causes of outbreak of infections, healthcare associated infections, morbidity and mortality in the healthcare as could be seen in this picture



Queen Nandi staff pledge and commit to perform hand hygiene 24 hours around the clock using correct techniques and this was also publicly demonstrated by IPC Team as seen in the following pictures.

We were also being uplifted about the motivational talk and presentation from our Guest Speaker from Province, Mrs Reshma Misra who left no stone unturned with regards to the importance of hand hygiene in the prevention and control of infection in healthcare as follows:



Simplest, most cost efficient and most effective strategy for prevention of healthcare associated infections (HCAI). It is fundamental to IPC.

WHY SHOULD YOU CLEAN YOUR HANDS?

Any health-care worker, caregiver or person involved in patient care needs to be concerned about hand hygiene. Therefore hand hygiene concerns **you!** **You** must perform hand hygiene to:

- 1. Protect the patient** against harmful germs carried on **your** hands or present on his/her own skin
- 2. Protect yourself** and the health-care environment from harmful germs



The Queen's Hospital Delivers Queens Of Triplets

Queen Nandi Regional hospital delivered 4 sets of triplets in 2017, 1 in January, 1 in February, 1 in March and 1 in October, but in 2018 we have seen an



escalating number as we have received 5 sets already. The first set was born in February, 2 sets in April and 1 set in May. We are seeing more and more of these miracles and the great story is they are going home healthy! They are transferred from within the district and

2018 at 07H45, 07H47 and 07H49. Labour Ward staff was great they saved our lives! "In the family my aunt had a set of triplets who are now 21 years old, and I believe my babies will come home with me because Neonatal staff is excellent, especially Dr. Duze, Sr. Nikiwe and Sr. Ntuli; I can't thank them enough. We also interviewed the proud father, Jabulani who said he expected only one baby, but he is happy and surprised. She is happily breastfeeding her smallest triplet and the other two are on formula. She thanked the staff for all the support they provide.

Written by: Mrs. KS Dlamini PR Officer

We interviewed Ms. Nokukhanya Zikhali (25) who is a proud mother of four. She already had one live child, a three year old daughter when she was blessed with the triplets. She suspected she was pregnant and decided to visit a private doctor on 27th December 2017 where she discovered she was 19 weeks pregnant. The news got more and more devastating when she learnt that she was expecting, not one, not two, but three souls! She went for a second opinion and the other Doctor said she was expecting one baby. She was then relieved and began to adjust to her pregnancy. On the following week she started her Antenatal care classes at Empangeni Clinic and to her surprise the Ultra-sonographer announced that she was carrying triplets. She knew then that she had to accept her fate. More scans were done when she attended our High Risk Clinic and the story didn't change. During an interview with her, she stated that the staff was amazing and their care was very good.

The babies were delivered here via emergency Caesarean Section at 33 weeks on the 5th April

On the other hand we received another set of triplets that were born in our hospital on 21st May 2018 to Nomcebo Mthethwa-Dladla (28) from Ndlangubo Area in Empangeni. She delivered via Caesarean Section as she presented as an emergency. She has four live children. In her family her mother-in-law has a set of twins.



She suspected that she was pregnant last October and booked very early so that her pregnancy would be well monitored. To her surprise she was informed that she had multiple pregnancies and she was booked for our High Risk Clinic and she complimented the service she received from our hospital and all the departments she went through are providing phenomenal service.

Written by: Ms. SN Ntombela—PR Intern



HEALTHY STAFF, MORE

On the 9TH of May 2018 Queen Nandi Hospital hosted Interdepartmental games.

It was a fun filled day where internal department played soccer and netball against each. Systems vs Nursing, Medical and Allied vs HR and Finance.

For soccer Finals = HR and Finance vs Systems

For Netball finals = Medical and Allied vs Nursing

Winners for the day

Soccer= HR and Finance

Netball = Nursing

The day was made possible by our sponsors, PPS. Thanks to the organizing team Wellness team, Management and Communications office.

Thanks to PPS for sponsoring us with water .



Written by: Ms. LS Mchunu—EAP

CHOLERA OUTBREAK RESPONSE DRILL



Cholera Outbreak Response Drill took place on the June 2018 in GOPD. The exercise was successful as the Staff responded promptly upon seeing patients flocking to GOPD.

Patients came being brought by ambulance and Paramedics were wheeling them and some were put on stretchers. They alerted staff that patients were having diarrhoea and vomiting. They warned staff to expect more patients. They also highlighted that some were sent to Ngwelezana hospital

Even though the OM forgot totally to inform the IPC department as she was busy attending to the patients, but IPC Team arrived on their own upon hearing rumors that there were patients brought by ambulance in GOPD with diarrhoea and vomiting from Kwa-Biyela reserve, Obuka.

The IPC Coordinators requested that the patients be nursed in one room with adequate space to prevent spread of infection, and the patients were indeed nursed in one room with adequate space and easy access to equipment that was required,

but one patient was sent to resuscitation room because she was critically ill.

The HCWS responded swiftly and positively. History taking and observations were done correctly and faster.

Other patients were informed to allay anxiety or avoid panic as other staff attended to them. The Security was there to direct them.

The HCWS were very much prepared as they were busy putting up IVI fluids, etc. Doctor on call was around and was informed immediately. He saw all patients and gave instructions promptly.



After the drill was completed, the evaluation done by the Team who were hands on during the drill. Successes and failures as mentioned before were highlighted. All gaps identified were to be corrected to avoid recurrence in near future.

Written by: Mrs. SN Zuma, IPC Coordinator



EMPLOYEE OF THE QUARTER

Queen Nandi Regional Hospital (QNRH) is committed to enhance performance of its employees. In response to that, the hospital is re-engineering the programme of “Best Employee”.

The aim is to award good performance and encourage employees of QNRH to go an extra mile and help them to boost their morale.

On a quarterly basis, Departments submit names of their candidates in a specified template together with evidence to support their motivation. The Committee sits for selection process and selects three best candidates. During the selection process motivations are presented and scored.

The Committee ensures that the selection criterion is fair and is based on valid methods that are not bias to anyone. It is equally presented and each department is represented in the Committee.

The Hospital CEO, Medical Manager, Finance Manager, Acting HRM, Systems Manager, Chief Artisan, Quality Manager and Employee Assistance Practitioner constitute the Panel.

The criteria include the following:

Performance beyond the call of duty,
Innovation,
Professionalism,
Dedication,
Support to the DOH and the hospital and
Team player.

One cannot deny the fact that the exercise was not an easy job to nominate the top three candidate since all of the candidates that entered have shown dedication and commitment to their work.

On the 16.05.2018, 3 employees were finally crowned for their outstanding performance and also showing call beyond duty.

Their names and positions were:

Best Employee: Ms LD Nxumalo – Systems Component

1st Best Miss FT Mlambo - Finance

2nd Best Dr VM Mpungose - Medical Component

Written by: Ms. BW Ntsele—Acting HRM

The Pics Say It All! Ixoxwa Ngezithombe!

Hand Hygiene Awareness Day - 2018



Autism Awareness Week - 2018



Before  & After

ACKNOWLEDGEMENTS & APPRECIATION



Mrs. KS Dlamini
Public Relations Officer
DESIGN & PHOTOGRAPHY



Mrs. CNN Mkhwanazi
Chief Executive Officer
EDITOR & SUPPORTER

“On the sands of time, you have
left your footprints with glory.
Everyone will know your name
and shall recall your story”.
Author : Unknown



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