



THE HEARTBEAT

NEWS

“AT THE HEART OF HEALTHCARE MATTER”

April - June 2024

RKKH WELCOMES NEW DMN



Mr Mthandi Innocent Siyaya officially assumed his duties at RKKH as Deputy Nurse Manager on 2 April 2024 after leaving St Chads Community Health Center in Ladysmith where I was employed PHC Manager for the past six years.

Mr Siyaya had this to say: “As the Nurses Day of Prayer , I wish to pass the message to all nurses that they should always be proud of being part of this profession because they are carrying the mandate of God Himself.

I wish God would give us wisdom that will be heard in the words that we speak that flow like healing salve from our mouths.

May we be given an extra dose of patience to a deal with challenging people and circumstances on the front line.

May we be healthy and physically

find joy in coming to work.

Nurses should remember to make time to practice self-care, so that they will be spared from professional burnout.

With those word, I am excited to carry out this role as we change the lives of the patients that have been entrusted to us and are relying on us to be the light that shines even in the darkest moments.

strong so that our feet will move swiftly to provide empathetic care and they not become weary in ministering to others.”

He added that nurses should be provided the opportunity and time for continuing education and advanced training so that their knowledge and skills will expand and be a blessing to their patients.

Nurses should play a vital role of a supportive team of professional health care providers, including nurse , physicians, therapist, technicians and more so that they

NURSES DAY CELEBRATIONS

'Our Nurses. Our Future. The Economic Power of Care,'

In the spirit of International Nurses Day, it is crucial to reflect on the invaluable contributions of nurses to healthcare as well as their pivotal role in shaping the future of care. This year's theme, 'Our Nurses. Our Future. The Economic Power of Care,' highlights the significant impact that nurses have on the health and the economic stability of communities worldwide.

To commemorate International Nurses Day 2024, RKKH celebrated with a beautiful service honouring the hard work and dedication that our nurses give to our patients.

The day commenced with the recital of the Nurses Pledge which is a re-affirmation of each nurses dedication to the profession. Nurses who had passed on were remembered with a candle lighting ceremony and a Bible verse was shared by Hospital PRO Mrs Mnukwa.

Mr Siyaya, newly appointed DNM addressed the nurses for the first time in his new position and encouraged nurses to bring back the dignity to the profession.

Guest Speaker, Mrs Mkhize also shared some pearls of wisdom in her time of being a



Mr Siyaya (DNM) and Dr Bilenge (ACEO) cut the cake at the Nurses Day celebration

nurse, adding that nursing is a profession that you do not just choose but are born into and if this mindset could be adopted by all nurses, the dignity of the profession would be restored.

What is a celebration without song and dance! Dr Bilenge ACEO together with Mr

Siyaya cut the cake and the day culminated in dancing as the festivities came to an end. A big thank you to all the sponsors who made Nurses Day a memorable one for our nurses.

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HAND HYGIENE DAY OBSERVED

“Save lives: Clean Your Hands”

This year, the focus is on promoting knowledge and capacity building of health and care workers through innovative and impactful training and education on infection prevention and control, including hand hygiene. This global initiative raises awareness about hand hygiene as a strategy to reduce health care-associated infections.

Departments that participated at RK Khan included Operating Theatre, Food Services, O&G, Chronic Clinic, OPD, and out TCC. Each department went all out in demonstrating the importance of clean hands in their respective units and the corridor was a buzz of music, song and dance.

Of course the most important item on the programme was to re-educate all the staff about the hand washing technique which ensure s that all the most missed areas when one is washing their hands are covered.

The judges deliberated on the activities and displays of the day and the winning team was Operating Theatre—Well Done to them!

IPC encouraged more departments to take place in future including Patient Admin who handle patient records which are high carrier of germs.



Operating Theatre—the winners of this year's Hand Hygiene Day



PHOTO GALLERY



A candle lighting ceremony was observed at Nurses Day in remembrance of nurses who had passed on.



Mrs Ngcobo giving Mrs Mkhize a token of appreciation at Nurses Day



An event is not complete without cake!



The Nurses Pledge was recited as part of the programme of Nurses Day



PHOTO GALLERY—HAND HYGIENE DAY



ACKNOWLEDGEMENTS

EDITORIAL TEAM / DETAILS



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