



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

RK KHAN HOSPITAL



THE HEARTBEAT



NEWS

The heart of healthcare

OCT–DEC 2019

SAILING STRONG SINCE 1969

RK Khan Hospital bears the name of renowned philanthropist and humanitarian, the late Advocate Rahim Karim Khan who founded the R. K. Khan Hospital and Dispensary Trust. Through the offer, of a substantial financial contribution, the trustees of the trust succeeded in persuading the Natal Provincial Administration to establish a hospital in Chatsworth to serve not only the population of this extensive township but also the communities of the greater Durban region.

The gates opened to allow entry of the first outpatient on 03 March 1969, originally only a restricted service at general practitioner's level was available, for a limited period of the day.

From July 1969, patients were admitted to the wards. Here again there were limitations to the treatment available in the initial years. By April 1972, the position had altered radically and services had extended beyond all expectations.

As the demographics of our society and country evolved and progressed, so has our population. Today, 50 years later, we stand tall, offering a wide range of services to all our patients and more importantly fulfilling the dreams and upholding the ethos of the founder, Advocate R. K. Khan.

Hospital management wish to thank the community of Chatsworth and surrounding areas for partnering with RK Khan Hospital for the past 50 year .



FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE

IT'S A CELEBRATION!!

The atmosphere was lively and energetic as the day of our hospitals 50th anniversary celebration finally came to pass after months and weeks of planning. The date was 4 December when RK Khan Nurses Residence was transformed into a beautifully decorated function venue of ICC standard! Management, staff, board members, community organizations eagerly made their way to the nurses residence hall and were ushered to their seats by RK Khan College students and the festivities began with an opening prayer by Pastor Pentiah from Tea for Africa followed by the singing of the National Anthem. Programme Director, for the morning kept guests enthralled and the College Choir gave our guest a taste of traditional with their performance.

CEO, Mrs CNN Mkhwanazi gave the audience her state of the hospital address which was informative and gave clear direction of where we are and where we wish to be as a facility. Guest Speaker, Reverend, S Shangase gave a motivational talk which kept in line with our chosen theme which was "Sailing strong, since 1969" and highlighted the importance of every member on board the ship and the roles they contribute to the success or downfall of the institution. Reverend C Pillay shared some fond memories of his life-long relationship with the hospital and acknowledged the contribution of former CEO, Dr PS Subban into making RK Khan the hospital it is today.

The words of motivation by Chief Director of Ethekewini District Mrs P Msimang on weathering the storms that we as a facility have faced left everyone eager to go back and ensure that they play their part in ensuring that the ship sails on for the next 50 years to come.

Michael John kept the audience in stitches with his dance moves as he gave his rendition of popular songs.

The day culminated to a close with a toast and cake cutting ceremony before lunch was served.

This event has brought back staff morale and unity amongst staff and I believe all are geared up to



Staff toasted to 50 Years and to the 50 fifty years to come

50th Anniversary Picture Gallery



Rev C Pillay spoke on behalf of the Hospital Board



Doctors and nurses joined in the festivities of the day and had a good time.



Programme Director Ms M Mthlane



The RKK College Choir brought a traditional element to the event



Rev Shangase—Keynote Address





Christmas came early for children in our Paediatric Ward P5 as they received an unexpected visit from East Coast Radio's annual Toy Story Drive and were treated to a lovely toy that made their hospital a little more bearable. The smiles on the faces of some of the children was absolutely priceless and motivated them to get better and be able to go home and show-off their presents to friends and loved ones at home.



The team lead by Darren Maul and Msizi Maphumulo left the hospital with their hearts full at the difference that such a gesture makes on the lives of children who may have to spend their Christmas in

hospital instead of at home with friends and family.

In deed this time of year is one to share love and



KNOW YOUR STATUS THIS WORLD AIDS DAY

R K Khan Hospital has been hosting WORLD AIDS DAY annually since 2004 and in the last three years, the event has grown significantly and it required a bigger venue which could hold the volumes of patients that came to make use of the many services that were on offer on the day. This year the event will be held at the Shallcross Sports Ground on 29 November 2019 between 9am and 2pm.

South Africa has the biggest burden of HIV in the world and have adopted the WHO 90 90 90 target. (90% of people living with HIV should know their status, 90% of people who know their status should be on treatment and 90% of people on treatment should be virally suppressed). Hence there is a drive to test as many people as possible and put all who test positive on treatment.

On the day of the event several services were provided for free of charge. HIV testing, TB screening, Blood pressure and Blood sugar screening, Dental services, self-examination breast cancer screening, recruitment for male medical circumcision. Male medical circumcision is an important method of preventing HIV infection. Studies have shown that MMC can reduce the risk of HIV infection by 60%. It is safe and performed by trained and well experienced doctors. Doctors were on site on at the sports ground for treatment of minor ailments on the day. Nutrition screening(BMI), screening for prostate cancer, linkage to care were also available.

This event could not have been possible without the collaboration of the staff of R K Khan Hospital, the **local councilor's office, Chatsworth SAPS, Queensburgh Metro Police, Pink Drive, MaTCH and the generous donations from the Shallcross Business District (Labora shoes, Rexview Investments and Shallcross Storage Unit), Adonai Evangelic Fire ministries and Care Network International.**

The event commenced in prayer and a candle-lighting ceremony in remembrance of those who have lost their lives due to the disease.

Close to 400 people were seen and screened on this day and treatment would commence right away to those who were found to be HIV +. Each patient left with a goody bag filled with informative brochures and a sandwich. A big thank you to the RK Khan Outreach Clinic whose brainchild this has been.



The joint team that worked tirelessly to ensure that the event was the huge success that it was. Well Done!

Newsletter Name

On 12 December 2019 R K Khan Hospital staff conducted an unannounced disaster drill to ensure our preparedness in the event of a disaster taking place. The scenario unfolded as follow:

The Emergency and Trauma Unit received a call at 12h30 that there was a gas explosion and leak at the Fragrance Street Market and a total of were expected to be brought to the hospital.

Trauma department informed the Nursing manager who then informed the CEO.

The CEO then initiated the external disaster drill. The disaster team was informed and met in the CEO's office which was the Joint Operation Command Center.

The Medical manager informed the Head of Surgery, Medicine and Orthopedics who then mobilized their staff to Trauma department. The OM of trauma mobilized her staff and cleared the area for the arrival of the patients. Security cordoned off an area for family members and relatives of the injured patients and exercised strict access control.

The Nursing, clerical and doctors were in Trauma department before the first patient arrived.

Patients were triaged and attended to immediately. There were 31 green codes, 19 yellow codes and 2 red codes. All patients were attended to by 13h15.



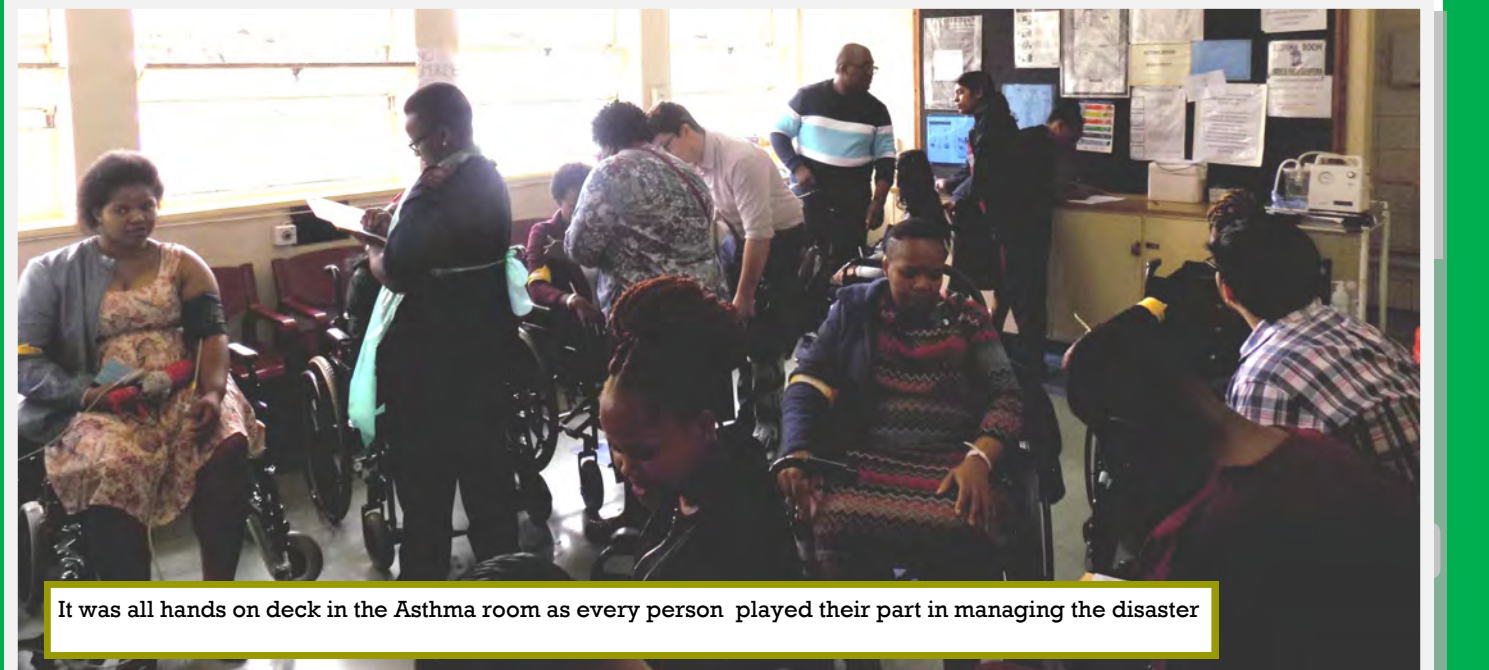
Rapid triaging of patients by sisters



Doctors ensured that each patient was attended to timeously

The drill was found to be effective and showed that all the departments were aware of their rolls and responsibilities and executed them as expected. There were gaps identified which allowed the relevant stakeholder to make the necessary improvements.

Well done and thank you to all who were involved in the drill especially the students from our Nursing College and EMRS for ensuring that the drill was real as possible.



It was all hands on deck in the Asthma room as every person played their part in managing the disaster

CHRISTMAS IS A TIME FOR GIVING



It is in this spirit of Christmas that the team from ARV/Outreach Clinic hosted their 13th annual Christmas Hamper Drive. 200 grocery hampers were given to patients from disadvantaged background so that they too could have something to share with their loved one. The day was filled with fun and laughter as Pastor James Samuel the main sponsor of the event shared a word of encouragement with the patients and gave away spot prizes to those lucky patients.

The morning culminated to a close on a high note as every patient was given a hot meal and water.

This event was also made possible by other sponsors who contributed the following items towards the event:

Labora Shoes—100 pairs of school shoes

Darul Ihsaan— Water and biscuits

Ashrafi Water—200 Bottled Water

Pastor James Samuel , Babes Govender, Sharon Taryn, Naidoo family, Sister Barbara and Dr T Naidoo for contributing items that went into the grocery hampers.

Aritha Pillay and James for the delicious meals

Any event of this nature always has a driving force behind it and acknowledgement to the Team from ARV clinic for their tireless efforts towards service delivery but special mention of Sally Ramnaraian and Sharmeela Singh.



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*The Public Relations Department
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with stories and pictures towards this newsletter.*

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