



THE HEARTBEAT

NEWS

JULY–SEPTEMBER 2025

RK KHAN HOSPITAL WELCOMED ITS NEWLY APPOINTED CEO

Ms Ndadane was officially introduced to RKKH on 1 September 2025 by Mrs T Dube, Chief Director – Hospital Services KZN Health in the presence of the Hospital Board members, Senior Management and Extended Management of the hospital.

Ms Ndadane who stems from the small town of High Flats on the KZN South Coast brings with her a wealth of knowledge and experience in a patient setting and a passion for patient care, having started from the bottom and worked her way up the ranks from being a Professional Nurse, Operational Manager and Assistant Nurse Manager. This allows her to be able to relate to all levels of staff. She joins RKKH from Untunjambili Hospital in the Ilembe District where she worked for 8 years as Chief Executive Officer. She has also worked on the Department of Health programme of Prevention of Mother To Child Transmission (PMTCT) and HAST in Ilembe and Zululand Districts respectively.

Ms Ndadane states that she is grateful for the warm reception she has received from the RKKH community, adding that she aims to contribute to RKKH by bringing unity to the staff and changing community perception of the hospital by reducing complaints, improving the Patient Experience of Care, the positive outcomes and life expectancy at birth in line with the Department of Health's Priorities and by so doing realising the hospital's vision 'to be the leading health establishment in KZN.

With a lively and captivating smile, Ms Ndadane shares her personal views and the Bible verse which keeps her grounded and motivated which is taken from the book of Galatians 6:9 which reads "So let us not get tired of doing what is good. At the right time, we will reap a harvest of blessing if we don't give up."

She spends her free time serving in the church social and welfare committee, lost in the pages of a good book or blowing off steam at the gym.



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CELEBRATING MEN'S MONTH

July is designated as Men's Health Month in South Africa, focusing on promoting men's overall well-being, raising awareness of preventable health issues, and encouraging early detection and treatment of diseases.

This year, the gentlemen from our Senior Management Team and Nursing Management decided to commemorate Men's Month by combining it 67 Minutes for Mandela as a way of recognizing and giving back to the patients specifically in our Ward AB1 which is designated for men suffering from mental health conditions.



They contributed towards paint and rolled up their sleeves and painted Ward AB1 giving it a much needed face lift. This gesture of giving back celebrates the **“67 Minutes for Mandela”** call to action to helping others or serving the community as an act of kindness to making a difference in the world.

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“BE THE QUEEN YOU THINK YOU ARE”

This was the theme for this year's celebration of Women's Day

Our Women's Forum put together an enjoyable, motivational and inspiring event in celebration of Women's Month this year.

A dynamic group of women speakers were invited for the day including Dr I Mkhize and Ms A Pillay—both lecturers at DUT, and Ms Anele Ndlovu who shared on her journey of surviving suicide and using the experience to empower other women through her “Tea with Anele Ndlovu” initiative. She encouraged self



affirmation using the phrase “I'm beautiful and I'm wild about myself.” Nurse Samantha brought the entertainment with her vibrant Indian dance. The morning ended with tea and eats which was enjoyed by all.

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WOMEN'S DAY



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DEAF AWARENESS MONTH



Our Speech Therapy & Audiology Department commemorated "Deaf Awareness Month this September with a jam packed programme of activities that promoted social inclusion, raising awareness about South African Sign Language (SASL), and advocating for the rights of the Deaf community. Activities including song, dance and poetry from various KwaThintwa School for the Deaf, Fulton School and Durban School. KZN Blind and Deaf Association shared an educational talk on deaf etiquette and Mrs M Naidoo from RKK Nursing College shared a motivational talk. The hundredth birthday of the oldest Audiology patient Mr S Pillay was celebrated with a cake and a speech from him on what he did to ensure such a long and full life. The day culminated to a resounding success as certificates were given out to all who participated and a good hearty meal was enjoyed by all. Appreciation to Mrs Padayachee and her team for putting together such an informative programme.

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DEAF AWARENESS



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