



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

RK KHAN

REGIONAL HOSPITAL

THE HEARTBEAT



SPECIAL
EDITION

2 OF 2022

"At the heart of healthcare"

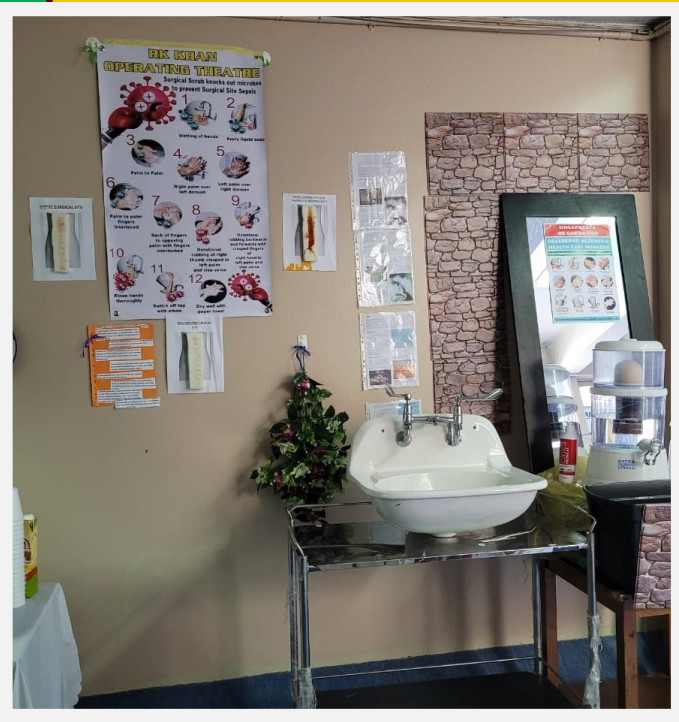
TOUCH THE WORLD WITH CLEAN HANDS

RK Khan IPC Department held a hand hygiene awareness day to emphasize the importance of hand washing. Handwashing is one of the best ways to protect oneself and family from getting germs. It must be done regularly to avoid getting sick, and prevent the spread of germs to others whether one is at home, work, travelling, or out in the community. As a healthcare worker, have you mastered the handwashing technique to ensure that your hands are clean? Outpatients' Department can demonstrate to one exactly how it is done as they were once again awarded the title of champions of hand washing!

OM Allie and her team showing that clean hands save lives.



HAND HYGIENE PHOTO GALLERY



Operating Theatre's display which emphasized importance of hand hygiene in preventing wound sepsis.



Thuthezela Crisis Centre asked, "are your hands clean?"



Main Kitchen displaying that food preparation and hand hygiene cannot be separated.



Accident and Trauma unit squashes those germs through hand washing!

World Hearing Day 2022

“To hear for life, listen with

This World Hearing Day 2022, RK Khan Hospital ENT Department spread the message to patients in Outpatients, Pharmacy and Paediatric Outpatients to ensure that they are empowered to identify hearing problems within their households and communities. Dr Sigonya, HCU of ENT and her team emphasized the importance of *safe* listening so as to hear across the life's course, also shared statistics on the increasing number of people living with or at risk of hearing loss. Dr Sigonya highlighted noise control as one of the key interventions and stressed the importance of mitigating exposure to loud noise. Patients were warned if they have signs of hearing loss, they should get their hearing checked by consulting a health professional who would facilitate appropriate referral.



WORLD HEARING DAY PHOTO GALLERY



ENT team sharing with mums in POPD on how to identify possible hearing problems in children.



ENT teamed up with Audiology to give advise and ways to prevent hearing loss to patients in OPD.



Spreading the message - "to hear for life, listen with care"



PRO was present to give support and interpret the messages.

HAPPY NURSES DAY

12 MAY 2022





I'm a NURSE
what's your SUPERPOWER?

CHOOSE



#Vaccination

MS NOMAGUGU SIMELANE
MEC FOR HEALTH



NURSES

BACKBONE

are the **BACKBONE** of the health sector and make us proud everyday.

Thank you for your remarkable work

#HappyNursesDay



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