



# THE HEARTBEAT

# NEWS

OCTOBER– DECEMBER

## FROM THE CEO'S DESK

**I** would like to thank the staff of RK KHAN for their resilience shown over the busy festive season time and the challenges it presented.

The enthusiasm shown last year during the implementation of Quality Improvement projects and the commemoration of Health Days in 2025 showed that we are a resilient , dedicated and make a very formidable team!

In 2026 let us go all out in full force with our Quality Improvement projects and aim to achieve better outcomes in the areas where we are most challenged.

A warm welcome to Dr Xhakaza our Senior Manager - Medical Services .



Ms NN Ndadane  
Chief Executive Officer

I would like to wish our staff and our community a healthy and blessed New Year.

# RKKH WELCOMES NEW MEDICAL MANAGER

Dr Ndumiso Xhakaza has been appointed as Senior Medical Management Services (SMMS) position, bringing extensive experience in clinical care, hospital management, and health systems leadership. He holds an MBChB from the University of KwaZulu-Natal and a Master of Clinical Epidemiology from Stellenbosch University, with additional postgraduate qualifications in Project Management, HIV Management, and Forensic Pathology. He is currently completing an MBA, further strengthening his strategic, financial, and leadership capabilities. His previous roles include Clinical Manager, Medical Manger and Acting Chief Executive Officer at district hospitals, with responsibilities spanning



Dr N Xhakaza  
Senior Manager—Medical Services

clinical governance, quality improvement, and operational oversight.

In his role as SMMS, Dr Xhakaza aims to strengthen clinical governance, improve patient outcomes, and enhance managerial efficiency across services. His focus will be on aligning clinical excellence with effective financial and operational management, strengthening accountability systems, building leadership capacity, and supporting sustainable, high-quality healthcare delivery in line with provincial and national health priorities. We wish him a long and fulfilling career at RKKH.

02



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# TIS THE SEASON TO BE JOLLY!

It was the

season to be jolly in deed at the RKKH Year end function which was organized by the Events Committee. The nurses residence hall was transformed into a Christmas themed banquet hall and staff came in their numbers to enjoy the festivities.



Hospital CEO, Ms Ndadane acknowledged the contribution of Rev C Pillay as hospital board chairperson for 3 consecutive terms and thanked him for his continued support of RKKH.

The music kept the vibe festive and food , drinks and of course cake brought the day to a resounding success. Staff had only gratitude for this event saying it was the best year end function we have ever had!

We thank the leadership of Ms Ndadane for allowing us to celebrate the year that had many highs and lows and allowing the team to let down their hair and connect with other staff from different departments.



Enjoy the pictures in the picture gallery on the next page!

# WORTH A THOUSAND WORDS!



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# WORLD PREMMIE DAY



November 17th marks World Prematurity Day, a global awareness campaign to highlight the challenges faced by preterm babies and their families. Preterm birth is a leading cause of infant mortality and morbidity worldwide. Staff at our KMC commemorated this day by hosting an informative programme which was educational to all in attendance.

On this day, we honor the strength and resilience of premature babies and their families. We also recognize the dedication of healthcare professionals who provide life-saving care.

Let's work together to improve preterm birth outcomes and ensure every baby receives the best possible start in life. #WorldPrematurityDay

06



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# ACCOLADES FOR QUALITY DAY

We commemorated Quality Day at RK Khan Hospital by reaffirming our unwavering commitment to delivering exceptional patient care. We recognize the tireless efforts of our healthcare professionals who strive for excellence every day. Outstanding Quality Improvement Projects were presented on the day

Clinical Service Areas and Maintenance were awarded with certificates and trophies each for attainment of 100%: Non Negotiable vitals with OHSC assessment.

**Other Certificates awarded for Participation were awarded to these departments:**

- ◆ Participation in hand hygiene day 2025: Chronic Clinic and Operating Theatre
- ◆ Participation in Back care awareness: Physio Department
- ◆ Participation in World OT day: Occupational Therapy department
- ◆ World Eye awareness day: Eye clinic
- ◆ World Prematurity day: KMC Unit

**RKKH also scooped up many awards at the Ethekwini District Quality Day including:**

- ◆ **Audiology QIP - 1st Position**
- ◆ **Pharmacy - Availability of Medication**
- ◆ **Psychiatry: Best Practice in Case Identification & Management**
- ◆ **Outreach Clinic - Retention of Patients on ARV Treatment**
- ◆ **Gateway - Initiating Health Promotion in Schools, Outstanding performance in TROA**
- ◆ **Most Active Quality Learning Centre: QLC 7**



*Well done and congratulation to TEAM RKKH - Let's continue to elevate the standard of care and make a difference in the lives of our patients!*

07



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# Chronic Clinic Christmas Hamper Drive

Chronic Clinic hosted their annual hamper drive for all their patient with this year being its 15th year since its inception.

This programme started due to many patients having financial difficulty, living below the poverty line and experiencing many hardships over the festive season.

The team from Chronic Clinic worked in partnership with Evangelist J Samuel who secured the hampers from friends, family, church and business associates. The hampers provide patients and their families groceries over the Christmas period, whilst instilling dignity and hope to patient on chronic medication.

85 patients benefited from the programme which was supported by our management and included prayer, fun activities, lucky draws and song & dance. Patient living with TB & HIV shared their journey to ensure others to adhere to medication.

We are grateful for the kindness of the many sponsors and our staff who worked tirelessly to plan and execute the event and made it a success.



# Quality Day



09



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## EDITORIAL TEAM / DETAILS



**MRS MP MNUKWA**  
**PUBLIC RELATIONS OFFICER**



**MS NN NDADANE**  
**CHIEF EXECUTIVE OFFICER**

### CONTACT US

Postal Address: Private Bag X004, Chatsworth, 4030

Physical Address: 336 RK Khan Circle, Croftdene, Chatsworth, 4023

Tel: 031 459 6126 Fax: 031 4011247 Cell: 067 451 2634

Email: [Mbali.Mnukwa@kznhealth.gov.za](mailto:Mbali.Mnukwa@kznhealth.gov.za)

05



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