



## WINTER ISSUE



### GRAND OL' LADY AT ONE HUNDRED & TWO



A grand old lady at 102! Mrs Lutchmee Moodley was born on 2 February 1900. She was recently admitted to Ward M3. Mrs Moodley groomed her own

hair and had her ear - rings put on to pose for this photograph.

OUR VERY OWN  
ROYAL

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### LOOKING FOR NEW WRITERS

THE NEWSLETTER COMMITTEE IS SEEKING STAFF INTERESTED IN WRITING ARTICLES OR CONTRIBUTING INFORMATION ON NEWS-WORTHY EVENTS. WE WOULD LOVE TO FEATURE A DEPARTMENT OR INDIVIDUAL ACHIEVEMENTS. TAKE THE CHALLENGE AND CALL US.



# HUMAN RESOURCE DEVELOPMENT COMMITTEE

## HUMAN RESOURCE DEVELOPMENT COMMITTEE.....

has a new Chairperson at the helm, Mr H Sahadeo from the Human Resources Department. Each discipline has a nominated representative who attends the monthly institutional meetings and is responsible to disseminate information to staff.

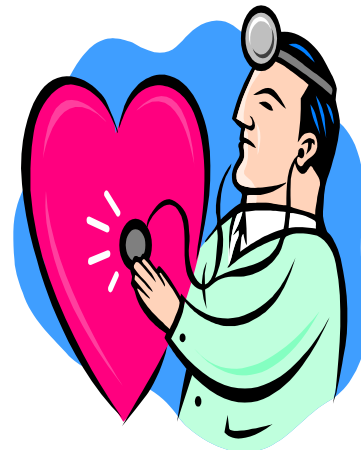
The Committee has received a budget of R65 000 for skills development. The Steering Committee is presently working with the skills plan to determine the training required and the allocation of the budget. The Committee will welcome ideas and assistance from staff in respect of training required and names of service providers.

37 staff have successfully completed the various training courses:- Health & Safety Induction, Disaster Management, First Aid Level 1, Defensive Driving and Battery Operated Tow Truck. An official tea will be held on 31 July 2002 to hand over certificates to staff.

Mrs. C Naidu (Senior Social Worker) deserves to be mentioned for her role as the previous Chairperson. The committee thanks Mrs. Naidu for her leadership and guidance.

## LIST OF NOMINATED REPRESENTATIVES

Dr D Behadar	Management and Doctors
Matron A F Khan	Nursing
Matron R Samy	Nursing
Mrs K Chetty	Co-Opted ( Public Relations )
Miss I Maharaj	Paramedical
Mr M Matthew	X-Ray
Mr B George	Skills Facilitator
Mr H Naicker	Revenue
Mr Lesley Marimuthoo	Laboratory
Mr Ravi Munien	Abet/Skills Facilitator
Mr Radeep Singh	DENOSA
Mrs M Naidoo	College
Mr S Perumal	Workshop
Miss S Sookoo	Pharmacy
Mr G M Moodley	Admit/OPD
Mr L Govender	Stores
Mrs G Moodley ( Shireen )	General Assistants



## MY VISIT.....

Many of us have not seen the inside of the CCU, however of recent I have had occasion to visit the department, though not as a patient.

Striking your entrance is a huge notice board, covered in thank you cards and letters of appreciation from the many patients and family members that have passed through. Reading them gave me a feeling of admiration for the staff, both

nurses and doctors.

A 6 bedded ward with patients having major medical complications, but surprisingly are very high-spirited, which I assume is unique to the Cardiology Department. The ward has no windows and patients are therefore unable to see the outside. They have a self-appointed pilot whose bed faces the doorway and is able to see outside. From this quarter comes the weather report, visitors entering the ward and an update of staff activities.

A patient discharged was not happy to go home, as he was concerned about fellow patients remaining in the ward. The nursing staff are referred to as "angles" and doctors, possibly "gods".

The relationship between the patients and staff is heartwarming and makes one feel proud to be part of R K Khan.

Cheers to the team.

## BIRTH REGISTRATIONS

"Customer focus," a not so new word in our vocabulary. Our aim is to take account of our customers needs by producing a service that exceeds their expectations.

Since 1 October 2000 the staff of the Antenatal Department have been registering the births of newborn babies. This service was initially initiated by Matron K F Abdullah and is being continued by the Antenatal Staff.

Registration days are each Wednesday, from 10.00 to 14.30 hrs. An average of 10 registrations per session, there have been close to 900 registrations since the inception of this service.



GARLIC MAKES IT GOOD

Tossing a couple of garlic into your cooking is an easy way to get more cancer fighting compound into your diet.

In cell studies, garlic has demonstrated a remarkable ability to inhibit the growth of many types of cancer, including stomach and colo - rectal cancers. Researchers speculate that garlic may stimulate the immune system, setting off a string of immune- supportive reactions that help the body fight diseases and infection.

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## WHAT ARE THE MOST SERIOUS FAULTS OF EXECUTIVES IN DEALING WITH THEIR ASSOCIATES AND SUBORDINATES?

- 15% bias and letting emotions rule
- 15% indecision
- 21% miscellaneous, which includes lack of courtesy, loss of temper, sarcasm, jealousy, nervousness, etc.
- 17% failure to delegate authority
- 17% arrogance
- 17% arbitrariness
- 19% lack of frankness and sincerity
- 24% lack of leadership
- 34% failure to size up employees correctly
- 36% failure to show appreciation or give credit
- 68% failure to see the other person's point of view

EXTRACT FROM > STEVE GOODIER'S BOOK – " A LIFE THAT MAKES A DIFFERENCE "

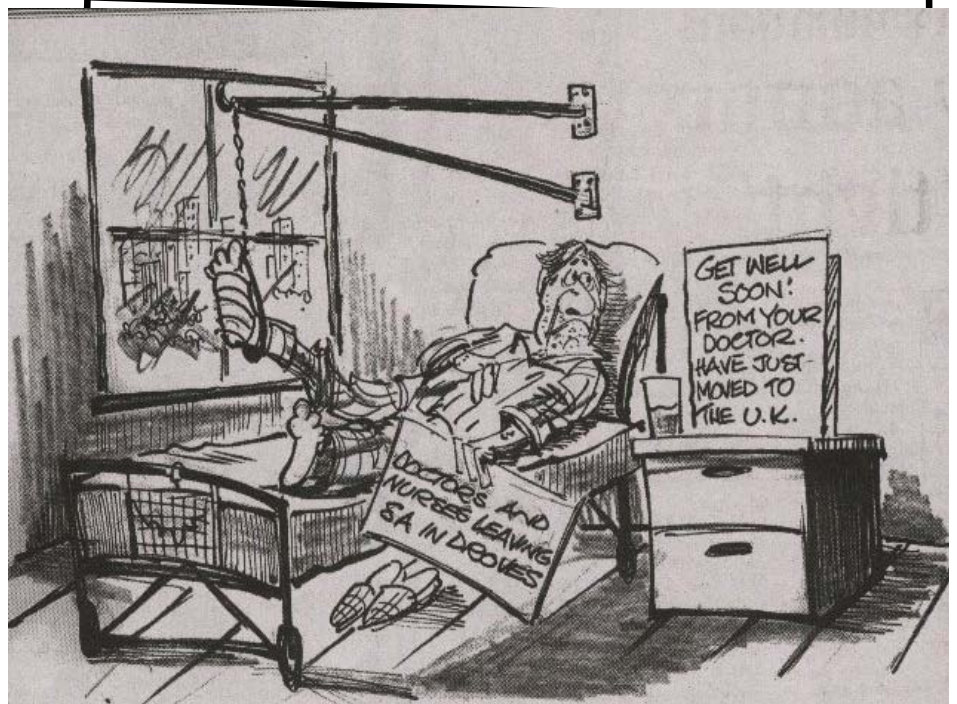
**R.K.KHAN KRONIC  
(LE)**

PRIVATE BAG X004  
CHATSWORTH 4030  
(T) 4033223 EXT 2126  
FAX 4011427

E-MAIL: H002461@ dohho.  
kzntl.gov.za.

EDITOR: KAMLA CHETTY  
LAYOUT: SHARON GOUNDEN

Cartoon by Napier Dunn  
Mercury Wouldn't you say  
relevant to our situation!



**HOSPITAL STIMULATION PROGRAMME (PAEDIATRICS)**

The Very Special Arts KZN are a NGO, receiving its funding from various outside sources. We are proud to have them on board and look forward to this new partnership. The Hospital Stimulation Programme officially commenced on 11 June 2002. The two warm and friendly co-ordinators Jody and Verushka have already captured the hearts of our little patients.

The Arts envision themselves as being part of the holistic approach in the healing process. The clinical atmosphere can be intimidating to any child and can be a traumatic experience to a sick child. The programme aims at diffusing the tension and fears of children.

The programme involves story - telling through puppets, role - playing, movement and dance, music, art, play and drama therapy.



VERUSHKA & JODY AT PLAY  
WITH ORTHOPAEDIC PATIENTS