



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

St. Aidan's Regional Hospital

The Voice/ Izwi NEWS

January-June 2020

COVID-19 PREPAREDNESS

INSIDE THIS ISSUE

- Page 2 Editor's Corner
- Page 3 Covid-19 Preparedness
- Page 4 World Kidney Day
- Page 5 TB Day
- Page 6 Global Hand Hygiene Day
- Page 7 Acknowledgements



FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE



[READ MORE ON PAGE 3](#)



[READ MORE ON PAGE 4](#)



[READ MORE ON PAGE 6](#)

FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE

EDITOR'S CORNER

In retrospect nobody knew that wearing a mask was going to be the way of

life.



Well we all started the year on a sad note when the World Health Organization declared the COVID-19 outbreak a Public Health Emergency of International Concern on 30 January 2020. Which was later on declared a pandemic in March 2020. However, in all saying that we give thanks to the Almighty God who has blessed us with the dedicated health care workers across the Globe.

We also had to take precautions in ensuring that both the internal and external clients are safe during this trying time. The following measures were put in place:



Schedule of training of staff and patients about the Covid -19 pandemic was initiated by our IPC Manager (Mrs. VV Ndlovu), doffing and donning in service was conducted for all staff members including the cleaning staff, security guards and kitchen staff.

Hand hygiene was enforced at all entrance points, Screening of all visitors and staff members was initiated by the nursing department. Information brochures regarding hand hygiene and Covid-19 were made available for everyone using the hospital.

Cutting off all visiting hours was implemented and all patients were informed. Notices for wearing of masks were displayed. Onwards only patients are allowed to access the hospital in order to minimize congestion and to ensure proper social distancing is practiced at all times, 2 meters of social distancing is demarcated in all waiting areas.

We would like to thank the Department of Health for availability of information and transparency regarding the Covid-19, Management for support and always ensuring service delivery is not compromised, Staff members for adhering to all the regulations, and for their effortless patient care. Our clients and patients for adhering to the regulations and all its implications. We pray that everyone remains safe under the circumstances. Bearing in mind that it is everyone's responsibility to flatten the curve and stop the spread of corona virus.

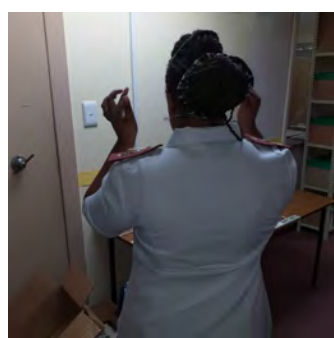
MY HEALTH, YOUR HEALTH, OUR HEALTH: A HEALTHY KWAZULU -NATAL

COVID-19 PREPAREDNESS



During the month of February 2020 Novel Coronavirus training took place at St Aidan's Hospital for all clinical and non clinical staff including the doctors. The training involved hand washing, signs and symptoms, prevention , mode of transmission, case definition , donning and doffing of PPE. The aim was to bring awareness to all members about the corona virus outbreak that was reported by the WHO .

The IPC coordinator and IPC champions were emphasizing staff and patients to wash and disinfect their hands at all times.



WORLD KIDNEY DAY



This year World Kidney Day continues to raise awareness of the increasing burden of kidney diseases worldwide and to strive for kidney health for everyone, everywhere. Specifically, the 2020 campaign highlights the importance of preventive interventions to avert the onset and progression of kidney disease. The awareness campaign was held at St Aidan's Hospital for both internal and external clients. The campaign was coordinated by Prof N T Maseko who emphasized on a **Preventative Intervention**.

The term "prevention" refers to activities that are typically categorized by the following three definitions: (1) **Primary Prevention**, implies intervening before health effects occur in an effort to prevent the onset of kidney disease before the disease process begins (2) **Secondary Prevention** suggests preventive measures that lead to early diagnosis and prompt treatment of kidney disease to prevent more severe problems developing and (3) **Tertiary Prevention** indicates managing kidney disease after it is well established in order to control disease progression and the emergence of more severe complications.



TB DAY



World TB Day was commemorated on the 24th of MARCH 2020, patient education was conducted in the Urology Clinic and in the Wards.

Mrs Lutcherprsdad from KKS served a healthy snack to the patients.



WORLD HAND HYGIENE DAY



The 05th of May is globally commemorated as the World Hand Hygiene Day. St Aidan's staff performed the hand hygiene relay, recited the IPC pledged lead by Mrs. VV Ndlovu –IPC Co-ordinator.

Covid-19 Mock drill was also conducted on the same day. In closing the IPC Song was sung.



ACKNOWLEDGEMENTS



**MRS SD PILLAY –
NURSING MANAGER**



**MRS. HE MNCIBI- PRO
WRITER, DESIGNER,
PHOTOGRAPHER AND
EDITOR**



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

CONTACT DETAILS

Physical Address:

33 ML SULTAN ROAD

DURBAN

4001

**Postal Address: PRIVATE BAG X1
OVERPORT**

Web Address:

www.kznhealth.gov.za

SWITCHBOARD:

031 314 2200

SWITCHBOARD FAX NUMBER:

031 – 309 2200