



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

St. Aidan's Regional Hospital

The Voice/ Izwi NEWS

January—May 2019

'A HEALTHY EMPLOYEE IS A PRODUCTIVE EMPLOYEE'



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WORLD KIDNEY DAY

'Kidney Health for Everyone Everywhere' was the theme for this year's world kidney awareness campaign that was held at St Aidan's Regional Hospital for staff, patients, relatives and clients.

A comprehensive health education on the burden of the wide spreading Kidney Disease was conducted by the Professional Nursing Staff from the Nephrology Unit. The emphasis was more on healthy lifestyle, the attendees were advised on the importance of eating a healthy diet, engaging themselves in fitness programmes in order to prevent Kidney Disease.

At the moment St Aidan's Hospital is servicing +/- 48 Chronic Patients who come on various days (2-3 times a week) for dialyses, their age groups is between 19-73, both males and females, all racial types. This is a proof that kidney disease can affect any one irrespective of the age, race or gender.

This turned out to be a very informative campaign as the attendees had lots of questions to ask and the presenters were able to provide clarity for them. At the end the presenters asked questions to check if the attendees were listening, and there were prizes for those who answered the questions correctly.



WORLD TB DAY

St Aidans regional hospital commemorated World TB Day on 27 March 2019 under the theme “ITS TIME”. The event was held at St Aidan’s Urology Clinic for both patients and relatives to raise awareness about the devastating health, social and economic consequences of TB, and to step up efforts to end the global TB epidemic..

Health education on Prevention of TB, Cough Hygiene and Hand Hygiene was conducted by Mrs. VV Ndlovu and Mrs. C Reddy. There was also a song that was composed by the IPC Team which says (Isikhathi Sifikile) which was sang by all St Aidan’s Staff members both clinical and non clinical, the parade began from Patient Administration Department to the Urology Observation Room. Both patients and visitors seemed to enjoy this activity and some joined in.

TB screening was performed for everyone that attended the clinic on that day including relatives. 15 relatives were screened and 03 were referred to their local clinic.



WORK AND PLAY



‘A healthy employee is a productive employee’

In support of the call that was made by The MEC Dr Sibongiseni Dlomo for Healthy Lifestyle for all health care workers in the Province of KwaZulu Natal. St Aidan’s Hospital hosted a wellness day for the employees on the 12th of April 2019. The following services were provided for the staff members: Breast cancer examination, pap smear, HIV testing and counseling, BP and HB testing, Eye screening, neck and head massage, financial wellness, and aerobics. The Programme was beneficial to all staff members due to the quality accessible health care that was provided for them on this day



WORLD HAND HYGIENE DAY



The 05th of May is World Hand Hygiene Day , this day is commemorated globally to raise awareness on the importance of hand washing. This years theme was “ Clean Care for All, Its In Your Hands” , St Aidan’s Regional Hospital also participated in this global event. Since the 05th of May fell on a Sunday St Aidan’s Regional Hospital commemorated this event on the 13th of May 2019. All components both clinical and non clinical were instructed to conduct health education for both staff and patients on hand washing as well as have displays that portrayed the theme for the year 2019.

A quality auditing team was nominated to go around the facility and audit all departments using the audit tool that was designed in-house. All audit tools were analyzed by the team and collated to compile the scores. It was agreed that the scores will be announced on the Quality Day. In November 2019

On 17 May 2019 as part of the Presidents Thuma Mina Campaign the IPC Team visited St Anthony’s Primary School where health education about the importance of hand washing was conducted by Mrs. VV Ndlovu and Miss FC Luthuli.

PHOTO GALLERY

WORLD KIDNEY DAY



Audience listening to the presentation on the Importance of Kidney Care



One of the patients receiving a prize

WORLD TB DAY



Staff Members attending the World TB Day event



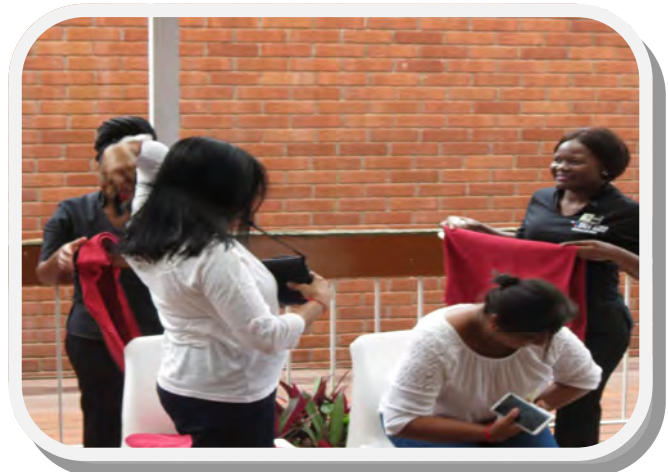
Patients listening to the TB Awareness presentation that was conducted by Mrs. VV Ndlovu and Mrs. C Reddy.

PHOTO GALLERY

WORLD HEALTH DAY



Staff members registering for breast examination



Staff preparing for head and neck massage by DUT somatology students.



Health screening



Eye examination

PHOTO GALLERY

WORLD HAND HYGIENE DAY



Auditing team



Haemodialysis Ward Hand Washing Display



Audit team– Analyzing the tools



St Anthony's Visit by St Aidan's IPC

PHOTO GALLERY

ST AIDAN'S SUPPORTING DURBAN UNIVERSITY OF TECHNOLOGY: DUT ANNUAL STAFF WELLNESS DAY



Social Work Team



HD and PD Team



Pharmacy Team



St. Aidan's Team

ACKNOWLEDGEMENTS



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