



# St Aidans Mission Regional Hospital: The Voice Newsletter



## WORLD POPULATION DAY



Ms G Mathe Occupational Health Nurse

On the 14th July 2010, St Aidans Hospital Health Promotions Committee did a presentation on World population day.

The objective of the presentation was to educate our patients and staff members about the importance of family planning. The second objective was to motivate patients and staff to get tested for HIV/ AIDS. Mr. M.M. Dlamini opened the presentation with a prayer and welcomed all present; he gave a brief overview of the presentation. Attendees of the presentation were patients and staff members of the hospital.

Ms G Mathe conducted a presentation that focused on issues revolving around sexuality and family planning.



Attendees to the event

The presentation benefited our patients as they had a chance to ask questions regarding contraceptives and sexuality. The presenter encouraged the attendees to ensure that they check the expiry date of condoms before they use them.

Ms G Mathe also stressed on the importance of knowing their HIV status. She said "It is important that all people know their HIV/AIDS status so that they can get help as soon as possible."

The Health Promotions Committee would like to thank all members who attended and made the event a success.

HAPPY RETIREMENT TO Mrs. Jack Jackson  
ST AIDANS IS PROUD OF YOUR CONTRIBUTIONS TOWARDS SERVICE DELIVERY

On the 28 July 2010 St Aidans Staff said farewell to Mrs. Jacky Jackson. Mrs. Jackson had been working at St Aidans Hospital for twenty eight years. Her colleagues described her as a very kind person who was very passionate about her job.

Mrs. Jackson’s family accompanied her to the event. Mrs. Jackson thanked management and her colleagues for their contribution towards service delivery.

Mrs. Jackson said “even though she had to retire she will always remember her Theatre colleagues as they were her second family”. Theatre staff prepared a number of activities for the retirement party this included a Zulu dance and presentation of gifts. We thank the retirement committee for their contribution towards this function.

The Jackson family extended their appreciation Mrs. Jackson’s colleagues as they were part of Mrs. Jackson life.



**Mrs. J. Jackson delivering her speech**



**The Jackson family**



**The retirement committee**



**Theater staff doing the Zulu Dance**

# HERITAGE DAY CELEBRATION

Heritage Day, 24 September, is a [Public Holiday](#) on which [South Africans](#) across the spectrum are encouraged to celebrate their cultural heritage and the diversity of their beliefs and traditions, in the wider context of a nation that belongs to all its people.

South Africans celebrate Heritage Day by remembering the cultural heritage of the many cultures that make up the population of South Africa. Various events are staged throughout the country to commemorate this day.

St Aidans Hospital staff members commemorated this day by dressing in their traditional attire and also by sharing different traditional food. The C.E.O gave a brief message on the importance of celebrating our different cultures and embracing unity. Staff members sang their different cultural songs.



THIS HOW WE CELEBRATED HERITAGE DAY



## MMC LAUNCH AT ST AIDANS HOSPITAL

The Male Medical Circumcision campaign was launched in April this year at Nongoma. This was in response to the call after His Majesty, Goodwill Zwelithini ka Bhekuzulu announcing the need for a collaborated effort in fighting the spread of HIV in the province and to return the custom of passage for young men.

Within three weeks of the initial meeting with MATch NGO, St Aidan's Mission Regional Hospital



**Dr P. Dayaram delivering a speech on the purpose on the day**



**From left : Dr S Tshabalala, Dr Mbuli Mr L Naidoo (Duty Mayor), Mr. D. Luthuli, Dr P Sigh, Dr R. Badal (Hospital C.E.O) Rev I Cele (Hospital Board Member)**

embarked on this programme. On the 29 September 2010 we launched the MMC programme and were graced by a number of dignitaries among them being Vice Chancellor Prof Bawa from the DUT, Deputy Mayor of eThekweni, Mr Logie Naidoo, Dr S Tshabala from the DOH who is responsible for this programme and Mr. D Luthuli from the MEC's office, was the guest speaker.

The procedure was performed both on the 29<sup>th</sup> & 30<sup>th</sup> of September 2010, were 120 and 136 circumcisions were done respectively. Together with our staff, Doctors and Nurses from various institutions assisted in making this a success. Ethekewini district office stated that St Aidans was the best organized hospital thus far, and congratulations must go to our nursing department.



**Above Pictures: Males who came to be circumcised on the day.**

## Deaf Awareness Programme

The Social Work Department held a successful in-service programme on Deaf Awareness on the 21<sup>st</sup> September 2010. The guest speaker was Ms. Dale Schonewolf, the director of the KZN Association for the Deaf. She was assisted by social worker, Ms. Upasna Rambally and community development worker, Ms Truelove Ndlovu.



FROM LEFT TO RIGHT: Ms U Rambally, Ms T. Ndlovu and Ms D Schonewolf

KZN Association for the Deaf is an affiliate to DEAFSA and networks with several stakeholders in the public, private and corporate sectors. They informed us of the various programmes and projects that they were involved in, such as life skills training with deaf learners and adults, job placement programmes and the Deafness Awareness and Disability Sensitisation Project. Of particular interest was the HIV/AIDS awareness, counselling, testing and training services provided to the Deaf community.

This in-service was well attended and generated much interest amongst our staff, who undoubtedly benefited from the relevant and informative programme.

Surie Govender  
Senior Social Worker

## CONDOLENCES TO THE FOLLOWING FAMILIES

|   |  |   |
|---|--|---|
| Ms T. Mdlalose                                | Ms. Ganesh   | Mrs. K. Somers  |
| Rank: ENA<br>Worked at St Aidans for 20 years | Rank: Profession Nurse<br>Worked at St Aidans for 29 years | Rank: Pharmacy manager<br>Worked at St Aidans for 6 years |

# COMPLIMENTS FROM OUR PATIENTS

Igama lami uMbuso Mabhida kude Mnandi ukuhlala esibhedlela abahlengikazi baphathana kahle akekho onomoya obubi bonke banezinhliziyo ezivumayo abasebusuku nabasemini bayafana. uNkulunkulu abagcine bakwenze nakwabanye ngiyafisa futhi uma ngingenkinga ngiphinde ngihlangabezane nabo kube yibo abangisizayo. Ukudla kuyanelisa angisokolanga ndawo, indawo yokulala ibihlanzekile ngaso sonke isikhathi. Uma kukhona okudingayo bebeshesha bakunikeze usizo besihlalisene ngokuthula angikaze ngikhululeke kanjena esibhedlela besekufana nasekhaya. Bahlengikazi nodokotela sebenzani ngokubambisana njalo njalo ukuze sizothokoza njalo, kubonakale ukuthi siphila ezwenilenkululeko. Halala ngesibhedlela esinokuthula St Aidans.

## **FROM Mbuso Mabhida, Kwandengezi**

When I entered into the High Care Ward it was painful and discomfoting. As the days went along I felt superb recovering taking place on my illness. The day shift staff all of them were a brilliant pillar of strength to my recovery. Their polite and caring character of this lovely staff have taught me a lot to be helpful to others when. I am out in society the night shift staff also as great as the day shift, shared a lot of comfort and ,motivation with me. Their immediate approach on my cry's showed that they are very passionate people. I love all u guys for being there for me may God bless each and everyone of you with the richest of his blessing. **From Neville A Ponnenn, PHOENIX**

Thanks to one and all for the attention and service given to my son. I have experienced here. Many thanks.

**Anonymous**

Abasebenzi bonke banobubele bayaqikelela kukho konke abankwenzayo siyabonga. **Anonymous**

## WELCOMING NEW APPOINTEES

*Dr Ameer*

*Dr Chohan*



***Mrs. T Chili - Pharmacist***



***Mr. B. Mwsani -SCM intern***



***Mr. Mwandla -Tradesman***



***Mr. Ngidl -Handy man***



***Prof Nurse - Z. Farjan***

## PREMIERS GOVERNANCE AWARD PRESENTATION (by Ethekwini District Office)

On the 15 October 2010, Ethekwini district office Quality Assurance Co-ordinator Mrs. N. Ngcobo and Mrs. D. Hadebe Deputy Manager (logistics) visited St Aidans Hospital. The objective of the visit was to in-service management and MANCO members about how to prepare themselves to enter the Premiers Service Excellence Award Programme.

Mrs. D Hadebe delivered a presentation which outlined the history and the vision of these awards. Premiers Service Excellence Awards started in 1999 with the aim to improve service delivery and to inculcate a culture of high quality service delivery. The awards are driven by the Batho Pele Principles which makes it crucial to have a file for each principle in order to assess yourself on the impact you have for each principle.

She emphasized the importance of team work when entering for the awards. St Aidans staff members are looking forward to entering for these awards which will build our image as an institution.

We would like to express our appreciation to Ethekwini district for making the time to in-service our staff members. This will assist us in preparing to gain the awards.

## LAUGHTER IS THE BEST MEDICINE !!!

### Couples Conversations:--

1

Male: I could go to the end of the world for you.

Female: Yes, but would you stay there?

2

Male: I want to share everything with you.

Female: Let's start with your bank account.

3

**Wife: I have great news for you, very soon we are going three instead of two in this house.**

**Husband: Wow, I love you honey, I am the happiest person in the world."**

**Wife: Thank you so much. I am glad you feel that way because as of tomorrow evening my mother will stay with us!!**

4

Girl: What is the price of this dress?

Shopkeeper: Only 10 kisses....

Girl: and what about that dress?

Shopkeeper: 20 kisses..

Girl: OK, pack both, my father will pay the bill...

## Special Notice

DEPARTMENT OF HEALTH  
PROVINCE OF KWAZULU-NATAL

### St Aidans Mission Regional Hospital

*Cordially invites you to attend Our*

#### Quality Day Open Day HCT Launch

Date : 2 December 2010  
Venue : St Aidans Church Hall  
Time : 9h00

RSVP by 26/11/2010 : Mr. Trevor Dlamini—PRO : 031 314 2224  
Ms Mbali Mahlangu—Secretary : 031 314 2267

## The Hospital Vision and Mission

### ST AIDANS MISSION REGIONAL HOSPITAL

#### VISION

Excellent, health care for all persons within the prescribed referral systems and disciplines, specific to St Aidans Mission Regional Hospital

#### MISSION

To provide a sustainable and improved health care system through committed leadership for better health outcomes within the available resources.

#### OBJECTIVES

To have the necessary governance structures in place for the maintenance of a high quality of patient care.

To focus on enhancing accountability for delivering quality care.

To use quality improvement methodology by management and staff to ensure the best possible outcomes within the available resources.

Strengthen communication

between the different management structures.

To periodically review and update core standards of the institution.

To develop and implement an integrated strategy for the delivery of key health messages to our staff

\_\_\_\_\_  
Dr R.R Badal

Thank you



## **ST AIDANS MISSION REGIONAL HOSPITAL**

### **UMBONO WETHU**

Unakekelo lwezinga eliphezulu kuzozenke izinhlelo nezinhlaka zokwelashwa.

### **UMGOMO WETHU**

Ukwenza ngcono izinga lokwelapha ngokusebenzisa izinsiza ezikhona nobuholi obuphambili.

### **IZINHLOSO-NGQANGI**

Ukwenza izinhlelo zokuphatha iziguli zibesezingeni eliphambili.

Ukwenza ngcono izihlelo zokuphathwa nokwamukelwa kwezikhalazo nokuxazululwa kwazo.

Ukusebenzisa izindlela ezinentuthuko engcono ukuthola imiphumela emihle ekwelapheni kwethu.

Ukuthuthukisa izinhlelo zokuxhumana emazingeni ahlukene.

Ukuvuselela nokubuyekeza izinga lemigomo esizibekele yona ngokwezifo ezelashwa esibhedlela.

Ukukhulisa izindlela izinhlobonhlobo zoku xhumana phakathi kwaba sebenzi

### **SIYABONGA**