



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

St Andrews Hospital

St And News

STAY INFORMED

DECEMBER 2016

QUALITY DAY/YEAR END PARTY



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On 13 December 2016, St Andrews Hospital hosted its annual

Quality and year end event. This day was dedicated to recognizing those employees and departments that have performed well throughout the year and those who went far beyond their call of duty to maintain and improve the quality of service that we as an institution offer to our clients. Before the year end celebrations began we first had the different departments presenting their QIP's for the year 2016, in which the radiology department (pictured above) took 1st place, runner up was our maternity ward and third place was occupied by our casualty department. There were various other categories that were awarded on the day including Best IPC practices awards, Most complemented departments and individuals, Long service awards, the CEO's special awards and the Dance competition award. We extend our appreciation to our Hospital board, who made it possible for us to have this event with the generous donations that they made. More Quality day/year end celebration pictures on pages 7-9.

Happy Bandana Day

We  Bandana Day

National Bandana day is an initiative of the Sunflower fund, which was founded in 1999, and has been working tirelessly to raise awareness about leukaemia. Their main goal is to raise funds, educate and recruit bone marrow donors in South Africa.

Leukaemia is a type of cancer that affects the blood, bone marrow and lymphoid system. The best way for patients to get treated is by undergoing bone marrow stem cell transplants.

However this is no easy task according to Fund's Chief Operations Officer, Taryn Corlett-Boden.

“There are 65500 bone marrow donors today but it’s not enough, to reach our goal we need to have 100 000 donors per ethnic group in South Africa as the odds of a patient finding their match is 1:100 000.”



St Andrews Hospital HR team, with HR manager Ms. NV Ndlovu in support of Bandana Day 2016



FAREWELL MATRON KARUHIJE !!!!!



The day was filled with bitter sweet joy as the St Andrews staff and management bid farewell to Matron Karuhije who has received a post of being the CEO of Dr. Malizo mpehle Memorial hospital in the Eastern Cape. Matron Singh (Deputy Manager Nursing) who delivered a speech, described Matron Karuhije as a lady with a never fading smile who is ever so calm and a hard worker, Ms. MM Vane (CEO) described her a team player and a person who delivered.

All the speakers who spoke at the farewell wished her well on her new venture and assured her that the Lord will be with her as he begins a new page in her career. St Andrews hospital has indeed lost one of its best matrons but we are not disheartened because we are glad that God has lifted you to a higher post. Having you in our institution has been a pleasure and a fantastic learning experience.

Farewell Matron Karuhije, you will be greatly missed..



Matron Karuhije receiving her farewell gifts.. (Mrs. Mdolomba handing over the gifts)

St Andrews Hospital Rehab team Christmas party for children with special needs

Caring for a child with a physical or mental impairment is a lifelong commitment and takes a lot of love, time and sacrifice. As therapists we are faced with being witness to the struggles that many of these caregivers and children face. We assist as much as we can but the lion's share of the work is done away from the hospital and in the patient's homes. It is a 24hour job looking after a child with special needs and our patients mothers, grandmothers and caregivers are true warriors in the way they love and care for their children.

We as a rehabilitation team decided that we would like to honour the children and their caregivers for their commitment to attending their rehab appointments and for being dedicated to continuing their rehabilitation at home. Our patients bring so much joy into our lives by achieving their milestones or just by being their happy selves in spite of their challenges. Thus the Rehab Paediatric Christmas party for children with special needs came about.

The Christmas party was held to thank our patients and their caregivers as well as to have a celebration of their progress throughout the year. A lot of the children that we see are from impoverished families and have never owned a toy; therefore getting them a present that would not only be fun but also better for their development was an important aspect to the party.

Hosting a Christmas party for 75 plus children with special needs and their caregivers was no easy fete, but thanks to the amazing community of Harding who opened up their hearts we were able to make it a great success. As the rehabilitation team at St. Andrews Hospital we would like to thank the following people for their generous and heart felt contributions:

Muhammed Moosa from Moosa's wholesalers, PEP store in Harding, Fishaways in Harding, KFC in Harding, Spar in Harding, Shoprite in Harding, Alan and Carol Warren, Dr. Magwaza, Doctors and staff from St. Andrews Hospital, Umuziwabantu Municipality and lastly the Family and friends of the rehabilitation team.

Without the kindness of the community we would not have been able to give the caregivers and the children gifts, lunch, sweetie packs and a fun filled day. The children and their caregivers thoroughly enjoyed themselves as did the rehabilitation team.

A heartfelt thanks to all those who helped make the Rehab Paediatric Christmas party for children with special needs a great success.

With gratitude, the Rehabilitation team at St. Andrews Hospital

"Children with special needs are not disabled; they are differently abled. "





HEALTH MATTERS

OCTOBER IS BREAST CANCER AWARENESS MONTH Let's Talk About Breast Cancer

Did you know?

1 in 8 women will be diagnosed with breast cancer
A healthy diet & exercise routine can reduce your chance for breast cancer by nearly 40%
When caught early, breast cancer has a 98% survival rate
Nearly 85% of women diagnosed with breast cancer DO NOT have a family history
Over 2 Million women have been diagnosed and treated for breast cancer

Know the symptoms of breast cancer

Early breast cancer usually doesn't cause symptoms. But as the tumor grows, it can change how the breast looks or feels.

- A lump or thickening in or near the breast or in the underarm area
- A change in the size or shape of the breast
- Dimpling or puckering in the skin of the breast
- A nipple turned inward into the breast
- Discharge (fluid) from the nipple, especially if it's bloody
- Scaly, red, or swollen skin on the breast or nipple
- The skin may have pitting so that it looks like an orange

These symptoms do not automatically indicate breast cancer. But, if you have any of these conditions, you should tell your health care provider so that the problems can be diagnosed and treated

Knowing Your Body:

For women under 50-years old:

- Employ annual clinical breast examinations and monthly breast self-examinations as your primary early detection protocol.
- Once a year, every year, without fail, schedule an appointment with your healthcare provider to perform a clinical breast examination. We recommend you schedule it on or near your birthday.
- Once a month, every month, without fail, set aside 15 minutes to conduct thorough breast self-examination. We recommend you schedule it on the first day of menstruation.
- Schedule a mammogram only if needed for diagnosis of a suspected lump. Even then, be sure to schedule that mammogram within the first 14 days of your menstrual cycle.

For women over 50-years old:

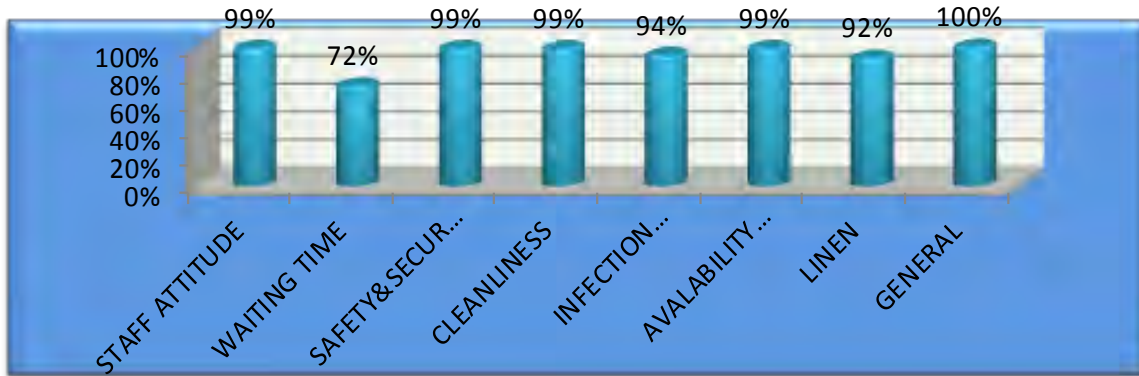
- Employ annual clinical breast examinations and monthly breast self-examinations as your primary early detection protocol.
- Once a year, every year, without fail, schedule an appointment with your healthcare provider to perform a clinical breast examination. We recommend you schedule it on or near your birthday.
- Once a month, every month, without fail, set aside 15 minutes to conduct a thorough breast self-examination.
- Schedule a mammogram if you discover a lump. Even then, be sure to schedule that mammogram within the first 14 days of your menstrual cycle if you are still menstruating.
- Employ mammography screening every other year.
- Consider thermography screening on alternate years.



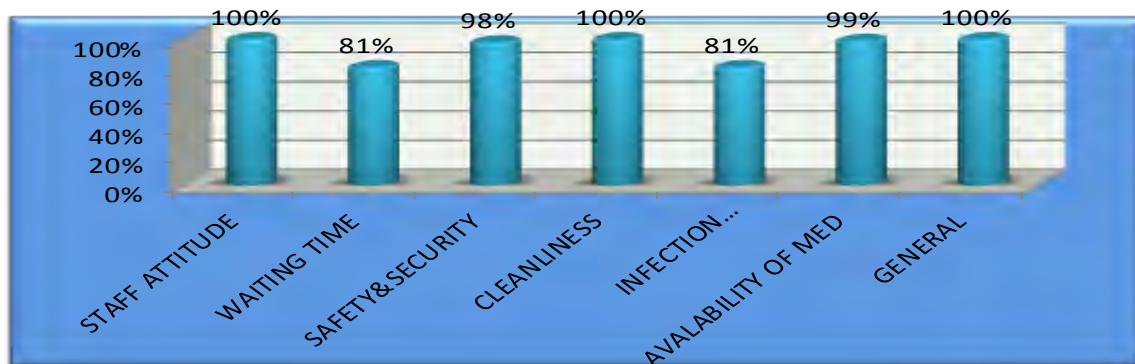
Contact your nearest health care facility for more information.

3RD QTR PATIENT EXPERIANCE OF CARE RESULTS

96% -INPATIENT RATINGS DECEMBER 2016



97% OUTPATIENT RATINGS DECEMBER 2016



COMPLAINTS RESOLUTION

During the 3rd Quarter we received a total number of 7 complaints under the following categories.

5 under Staff Attitude and 2 under Patient Care

The number of complaints resolved within 25 days is 7 out of 7 which gives us 100% resolution rate.

Total number of compliments received this QTR = 423

PICTURE GALLERY

STRATEGIC PLAN 2016



BANDANA DAY 2016



Quality day/ Year end party



Matron Karuhije's farewell



Christmas baby



Rehab Team Christmas party



NEW APPOINTMENTS

<u>NAME</u>	<u>RANK</u>	<u>DATE OF APPOINTMENT</u>
Matee ST	Pharmacist	2016/10/01
Ngeleka BG	ENA	2016/11/01
Ngobese NS	PN	2016/12/01

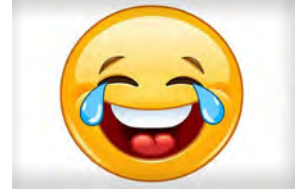


On behalf of our managers, supervisors and staff we welcome you to our institution, as part of our team, we believe that you are going to be an asset and that you will accomplish your day-to-day tasks. We are pleased to welcome you and we look forward of working with you.

GOOD LUCK!!



GIGGLES



An old man, Mr. Wallace, was living in a nursing home. One day he appeared to be very sad and depressed. Nurse Jane asked him if there was anything wrong, "Yes, Nurse Jane," said Mr. Wallace. "My Private Part died today, and I am very sad." Knowing her patients were a little forgetful and sometimes a little crazy, she replied, "Oh, I'm so sorry, Mr. Wallace. Please accept my condolences ." The following day, Mr. Wallace was walking down the hall with his Private Part hanging out of his pajamas. He met Nurse Jane. 'Mr. Wallace,' she said, "You shouldn't be walking down the hall like that. Please put your Private Part back inside your pajamas." "But, Nurse Jane I can't," replied Mr. Wallace. "I told you yesterday that my Private Part died."

"Yes," said Nurse Jane, "you did tell me that, but why is it hanging out of your pajamas?"

"Well," he replied, "Today is the viewing."



HUSBAND OF THE PATIENT: Our baby was born last week. When will my wife begin to feel and act normal again?
DOCTOR: When the kids are in college . . . !

LatestPicSMS.com



MEET THE TEAM



Mrs. T P Nxumalo (PRO)
EDITOR



Ms. M L Mjaji (PRO Intern)
DESIGNER

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(Physiotherapy department)for the
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Breast cancer information source: SAN-
CA.org.za

Bandana Day Information: sunflower-
fund.org.za



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

CONTACT DETAILS

**Physical Address: 14 Moodie
Street**

:Harding

:4680

Postal Address: P/Bag X1010

: Harding

:4680

Tel: 039 433 1955 Ext 301

Email: thandeka.nxumalo@kznhealth.gov.za