



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

St Andrews Hospital.

ST ANDREWS

NEWS

OCT-DEC 2023



Rewarding Excellence®

St Andrews Hospital together with its clinics celebrated the quality month in style. Rewarding Excellence and encouraging innovation is one of the Batho Pele principles that gave birth to this Quality day initiative held on the 12th of December 2023. St Andrews hospital Departments worked tirelessly on their quality improvement projects throughout the year. They worked hard in preparing the Hospital to be Ideal and striving to meet the OHSC standards. Management recognised their efforts and dedication. Different categories were rewarded such as, IPC continuous adherence, best monitored QIP, most complemented staff member with positive staff attitude to name a few. The quality day was led by the quality Assurance Coordinator Mr. N Sithole who ensure compliance by all department. The Hospital CEO

acknowledge the hard work put in by the departments and encouraged all staff member to strive to producing excellent patient care and achieving an optimal health status to all who live in the community of Umuziwabantu. She thanked all who participated in organizing the day. She appreciated the management team for leading alongside her and for the tremendous support she receives from each executive member.

MORE STORIES INSIDE THIS ISSUE



NUTRITION WEEK



WORLD PREMATURETY WEEK PAGE 17



PEADS CHRISTMAS PARTY PAGE 2

Nutrition Week 9-15 October



Mr Madume with the hospital management and kitchen management team.

Each day, what we eat impacts on our physical and cognitive abilities, as well as our emotional well being. Health eating powers our performance at work and enables us to enjoy our lives more fully.

National Nutrition Week is celebrated every year from 9-15 October to create awareness of the importance of eating healthy. The ever energetic Dietetics and Food service team commemorated nutrition week under the theme “ Feel good with food”. This year’s theme aims to encourage residents to make affordable healthy food choices every day. “Proper nutrition is vital for good health and we must remind people to consistently eat well” said Hombakazi Madikizela (St Andrews Hospital Dietician) .

The dietetics team visited different departments within the Hospital calculating the BMI and distributing meal plans for the staff and patients. The team also went to Olwazini Creche located in Bashaweni (Harding) to offer their services. The kids were delighted with the activities that were done, they enjoyed each and every game played on this day. These games were educating the children on the different food groups and how these foods help the mind and body grow. During the nutrition week our Food service department was assessed by the National Nutrition Office. The assessment was aimed at assessing the kitchen where food preparation takes place. The food nutritional contents were also reviewed and found that our patients meals



Olwazi Creche children with Dietician Ms Hombakazi Madikizela

are comprising of well balanced food groups and is prepared in a hygienic environment that meets all the health standards. St Andrews Hospital kitchen staff were commended on the food presentation of patients meal. The Management team would like to congratulate the Nutrition and Kitchen team for the outstanding performance during the assessment . May they continue to serve dignified food to the community of Umuziwabantu.

NUTRITION WEEK PICTURES



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SAH STAFF BIDS FAREWELL TO DR LUMEYA

After an illustrious 16 years at the helm of St Andrews Hospital, Dr. S.K Lumeya accorded farewell to the institution. Commenced his tenure in 2007, Dr. Lumeya spent most of his service years as the Medical Manager responsible for managing hospital Medical Officers, Interns, Community service doctors and sessional doctors. He was also responsible for Pharmacy, X-Ray department, Dietetics, rehabilitation services and social worker services. He positively impacted many lives with his teachings, warm personality, and for his



dedication throughout these years. He has worked well with EXCO members and other departments which he was managing.

To bid him farewell, a function was organized by the Hospital Management and was held at A new Resort Ingeli Forest on the 30th October 2023. The Hospital CEO Thanked Dr. Lumeya for managing the Medical and allied services in the hospital. She stated that it is a vast unit to run but Dr Lumeya made it look effortless through his exceptional experience. The staff described Dr. Lumeya as an honest, dedicated and hard working Medical Manager who always put the needs of his patients first. Everyone expressed how much they will miss seeing him walking the corridors and wards of St Andrew's Hospital. St Andrews Hospital CEO Ms. MM Vane said working with Dr. Lumeya has been an exceptional experience and made her duties as a CEO much lighter as she knew when tasks were given to him he would execute them with commitment. She described him as a manager that you can depend on. The CEO thanked Dr. Lumeya for the support he gave her as the Hospital CEO. She thanked his family for allowing him to share his time with the department.



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PICTURE GALLERY



DR. LUMEYA AND FAMILY WITH THE ST ANDREWS TEAM.



MATRON MBUWAKO



NURSING MANAGEMENT



LUMEYA FAMILY



SMT MEMBERS WITH DR LUMEYA

SUCCESSFUL OPEN DAY AT ELIM CLINIC



Elim Clinic operating under St Andrews Hospital hosted imbizo for the community of Umuziwabantu and surrounding areas. The event was on Wednesday 08th November 2023.

The purpose of the imbizo/ open day was to raise awareness and educate the public about the various services that Elim Clinic renders and also to familiarize the public with the clinic. The main aim for this event was also to encourage effective face to face interaction between St Andrews Hospital management and its stakeholders to ensure the delivery of health care services to the community of Umuziwabantu and surrounding areas. Councilor mayor Mr S. Zungu welcomed all stakeholders who attended the event. Among the things he addressed was the role of OSS in empowering the community. He further stated that the community is also facing other concerning health related issues, increasing number of crime, unemployment and poverty.

Ms. MM Vane (St Andrews Hospital CEO) gave a brief overview of the history of Elim Clinic and further encouraged the community to participate freely during the plenary discussion, she went on to say the other purpose of this day was to give feedback to the community of how far are we with the clinics' development, what is expected from us and what we are expecting from our clients. She concluded by marketing the Complaints, Compliments and Suggestions procedure for an effective and healthy relationship between the facility and the community.

Services rendered on the day included health education, motivational talks, HIV tests, blood pressure checks, general health checks. Other attendees were Department of social development, SASSA representatives, SAPS, IEC, Isixaxa Disability and an NGO named MINA which deals more with health related matters concerning men. To keep the audience entertained the Mbeleni Primary School kids performed their poem which was very educative.

Mr S. Mohlaoli (Umuziwabantu Special programs coordinator) explained the Sukumasakhe program (Basket of services) and its operations, he then urged the community to participate in war rooms.

SPEAKERS ELIM CLINIC OPEN DAY



From the left : Mr Ndlovu AD: Systems St Andrews Hospital), Ms Mbuwako :AMN -M&E St Andrews Hospital, Ms MM Vane :St Andrews Hospital CEO, Mr S.Zungu: Umuziwabantu Municipality Mayor cllr and on the right is Mr Siphengane (OSS deployee ward 5) from Treasury Head office.



Mr S. Mkane – Program Director



Ms. Ncane (Elim Clinic OM)



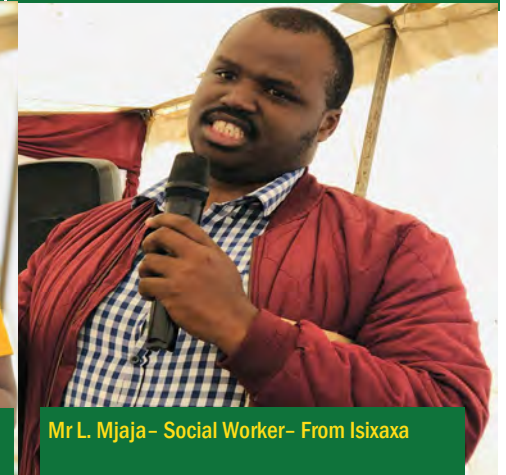
Sister Khomo – Informing the community about the clinic services



Ms. D. Nyoka (St Andrews Hospital Speech Therapist Com Serv.)



Mr S.T Mohlaoli – Umuziwabantu Special Programs Co-ordinator



Mr L. Mjaja – Social Worker – From Isixaxa

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QUALITY DAY PICTURES



Ms NV Ndlovu(HRM)– Program Director



Ms MM Vane– CEO



Mr NA Sithole– QAM



Mrs Singh– DMN



Mrs V.V Ncume– PHC AMN



Ms TM Mbuwako(AMN M&E)



Dr Mtolo was awarded for being a flexible and best performing doctor



Dr B.Hadebe was awarded for his dedication and outstanding performance



INFECTION PREVENTION AND CONTROL CONTINUOUS ADHERENCE.
DENTAL DEPARTMENT TOOK THE 1ST PLACE
2ND PLACE- X- RAY
3RD PLACE- PHYSIOTHERAPY



PEADIATRIC WARD– IMPROVED SAM MANAGEMENT



SIMUNYE – IMPROVED CERVICAL CANCER SCREENING

SAH Quality Day 2023 Winners



S. Ngema- Best Performing Pharmacist



H. Dladla
Best Performing Pharmacy Assistant



Tl. Kheswa- Takes lead without being asked, Good Management Skills



On behalf of PN Sotyatho- Best Employee from Mbonwa Clinic



N. T. Langa- Best Employee(Harding Mobile 1 Clinic)



On behalf of K. G. Zondi- Best Employee from Xhamini Clinic.



On behalf of PP Silwana- Best Employee from Weza Clinic



On behalf of S. C. Jali- Best Employee From Pisgah Clinic



PN Gama- Best Employee from Santombe Clinic.



On behalf of T. P. Blose- Best Employee from St Andrews Gateway Clinic.



On behalf of A. B. Kunene- Best Employee from Elim Clinic



On behalf of T. N. Luthuli- Best Employee from Meadowsweet Clinic.



Staff Clinic- Best Performing HR Component



HRD- Best Performing HR Component



Labour Relations- Best Performing HR Component



SS Mnyandu- Best Employee from KwaJali Clinic



On behalf of N. Mbotho- Best employee from Harding Clinic

QUALITY DAY WINNERS CONT.



On behalf of N. Nongxeke for being dedicated,



N.M Mkhathshane– Excellent In Crisis Management



C. Wessels– Punctuality, Good work ethics and communication skills, Professionalism.



On behalf of B.M Mthembu– Dedication to work and Leadership.



B. De Vries

1. Outstanding Performance and commitment



W.Dzanibe– Leadership, Work dedicated and Work well with staff



K.Ndatyana– Leadership and dedication to work, Good Interpersonal skills, and Hardworking.



Z.S Malevu– Punctuality, Good Work ethics and job performance.



B.Madiya– Best Performing In duties (Food Service).



F.P Mabande

1. Best Performing supervisor (HR)
2. HR Practices- Best Performing HR Component



W.Gombela– Best Performing Em-



T.H Ndovela– Best Performing in



F.Z Mhlongo– Best Performing in duties(Mortuary Services)



Simunye – Improved on cervical cancer screen-



M.M Shezi– Best Performing in Duties(Laundry Section)



S.Ndlovu– Best Performing in duties (Maintenance Section)

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SAH MANAGEMENT CHRISTMAS PARTY

Christmas is a time for fun, food, festivities and family. Christmas parties provide a chance for colleagues, to relax, bond, and celebrate their year's achievements. St Andrews Exco members held their Christmas party. This gathering was on the 13th December 2023, at St Andrews Hospital boardroom. Ms. MM Vane (Hospital Manager) extended words of thanks to the team for their contributions in making the day a success. Pleasantries were exchanged over a delicious meal. The managers decided to make the day more fun in keeping with the Christmas spirit and agreed on an all white theme. This theme was symbolic as it represented purity, excellence, uniformity. All these being vital characteristics of a team. The day was filled with so much laughter. The managers got a chance to relax and simply enjoy a few hours at work without the stressed of deadlines and management issues. A fun balloon photo booth was enjoyed by all. We wish that this celebratory culture continues on years to come. Merry Christmas everyone and have a prosperous new year. We wish to see everyone back safely in the new year 2024.



SAH SMT CHRISTMAS LUNCH PARTY



Treat



Treat



*'Tis the
Season
to Be
Jolly*



Christmas came early for the Pediatric Ward



Christmas is meant to be the most wonderful time of the year. Spending Christmas in hospital is never ideal, but the staff always do their best to make sure patients have a good time.

Christmas came early for the pediatric ward at St Andrews Hospital as the Medical and Allied team took their time to visit this ward and came bearing gifts. The party was on the 18th December 2023. The staff made an effort to decorate the ward a little bit, but due to infection control rules they 'couldn't do too much.

"Beyond just providing entertainment, the event aims to offer these children a respite from the challenges they may face, allowing them to participate in uplifting activities that contribute to their emotional well-being ,we were really pleased and happy to bring a little smile to the children's faces while they're here in the hospital," Hombakazi said.

"Being away from home due to the hospitalization of your baby is challenging especially during this season, we are grateful to the team that organized this event, our kids had so much fun" a comment from one of the mothers. The children were treated to a delightful session of fun and games and a surprise visit from Santa as well as lots of beautiful gifts .Gifts handed to patients included toys, toiletries and fruits.



Event co-ordinators



Peads Christmas Party Gallery



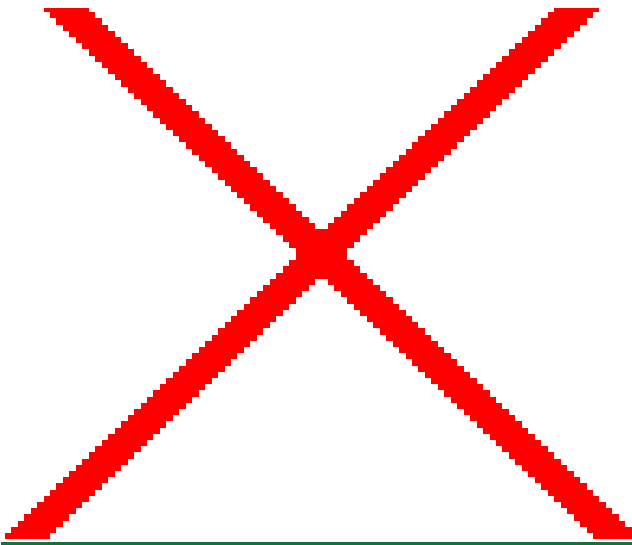
PIC



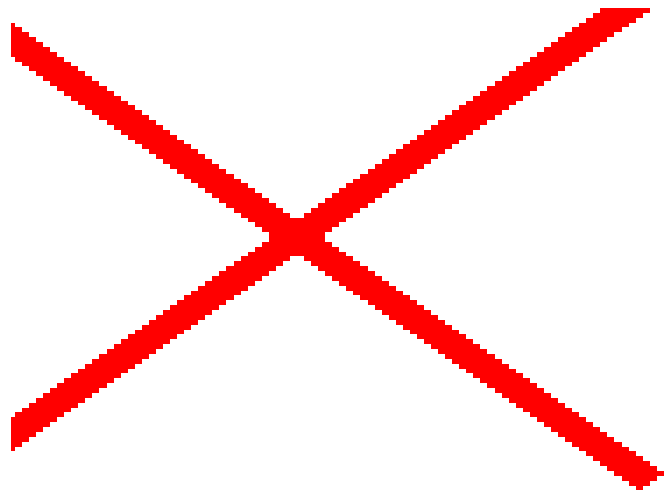
PIC



Diabetes Awareness Month



Dietician Ms Hombakazi and Comm serve Dietician Ms Amy giving a health talk on the dangers of sugar .



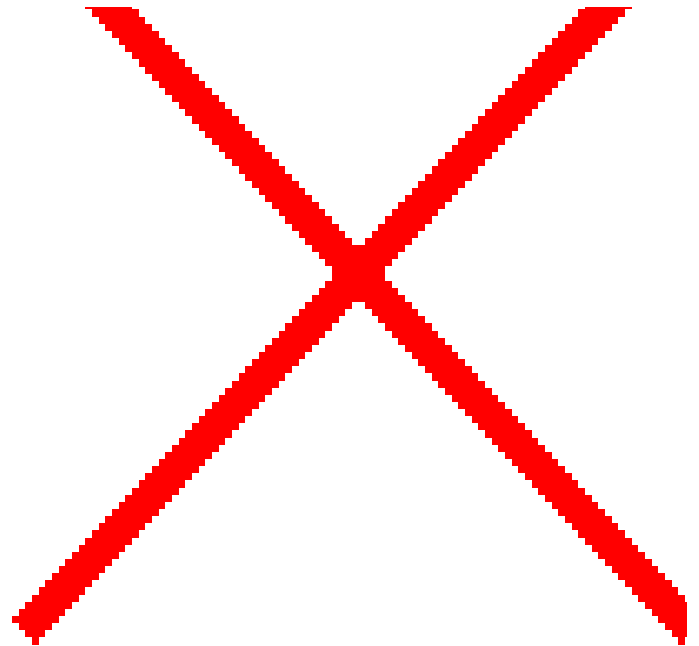
Dr. Nuruddin (Family Physician), Amy (Comm. Serv Dietician) and Nompilo (Occupational Therapist)

The Medical and Allied dept. lead by dietetics team took opportunity to raise awareness about the impact of diabetes on the health of people and to highlight the opportunities to strengthen the prevention, diagnosis, and treatment of diabetes.

The team worked hand in hand to educate patients on how diabetes is linked with losing eye sight, dental and foot problems.

“If you have diabetes, it’s important to get a comprehensive dilated eye exam at least once a year,

diabetes can make you more likely to develop several other eye conditions. Managing your diabetes by staying physically active, eating healthy, and taking your medicine can also help you prevent or delay vision loss” Said Mr Kheswa(St Andrews H. Optometrist). Dr.B. Dlamini (Dentist– Com Serv. said “People with diabetes are more likely to have gum disease NIH external link, cavities, and other problems with their teeth and gums and some of these mouth problems can make your diabetes worse. Taking good care of your teeth and gums, including getting regular cleanings and needed treatments, will help you prevent these problems or stop them from getting worse.



Mr . Kheswa Optometrist detailing how diabetics affects ones vision

Ms N. Magwaza(OT) stressed the importance of checking your feet everyday “Checking your feet each day will help you spot problems early before they get worse. A good way to remember is to check your feet each evening when you take off your shoes, also check between your toes . Look for problems such as cuts, sores, or red spots, swelling or fluid-filled blisters ingrown toenails, in which the edge of your nail grows into your skin, athlete's foot, warm spots, plantar warts, which are flesh-colored growths on the bottom of the feet”.

The patients showed interest and appreciation for this awareness and were free to ask questions.



Diabetes Awareness Month Pictures

C

PIC



Prematurity Day



Premature birth constitutes a big percentage of infant deaths worldwide. While that thought is a nightmare for parents, the grave dangers associated with premature birth can be dealt with in a controlled manner but that journey starts with avoiding conditions that lead to infections.

Premature babies require specialized attention and specific care to enable them to survive, grow and develop healthily. In order to give visibility to this problem and raise awareness of the needs and rights of premature babies and their families, 17 November is World Prematurity Day. In commemoration of this day, St Andrews Hospital maternity ward team took an initiative to raise awareness about preterm birth and the challenges faced by preterm babies and their families.

The maternity ward staff used the premature month awareness to celebrate the life of Ms. Mcobothi's premature baby.

It was hard to tell who was happier: baby Somusa, his mother or the staff at St Andrews Hospital(Maternity Ward). This little boy was born at 27 weeks, weighing 980g. Somusa spent 03 months in the Nursery unit, overseen by several influential doctors who helped navigate medical challenges tied to his prematurity.

"We had such a strong bond with the maternity staff, they became part of our family, It was hard being so far away from family, from friends, from all my support systems and not being able to rely on anyone," Ms. Mcobothi said. Sister Khatlisi said it was challenging in the beginning: "You don't always know which way they can go, but it's so rewarding to see the baby's development.

All premature babies lose weight in the beginning, struggle to gain weight, get small infections, have feeding problems, but it made this little boy stronger. Once we were over the hurdles, he was just growing and improving day by day. He was discharged on the 17th November 2023 weighing 1850g.

Feedback from our clients



Insimbi Online News

1d · 🌐

Asbonge lapha koNurse uNdatyana eSt Andrews kanye nethimba ebelinakekela ubhuti ka-Admin wenu obesesibhedlela kusukela mhlaka-17. Iphumile manje insizwa, iwumqemane uyabona ukuthi beyiphethwe kahle.

Siyabonga boNurse, Doctors, Securities, Cleaners, Cookers and other patients engifike encokola kamnandi nobafo. Niphile lapho bobaba.

👍👍 129

18 comments

👍 Like

💬 Comment

🔗 Share



Harding Is My Home

Mashamase Ndonga · Nov 11, 2023 · 🌐

ake ngincome isibhedlela saSt Andrews syabonga kwistaff esasaqashwa cha shem sekwaba necare eharding hospital yazi ngathi ngikwesinye isibhedlela engasazi niybambe njalo siyaziqhenya ngani 🙌

👍 Like

💬 Comment

📧 Send

👍👍 157

Top comments



Nqobile Qhawekazie Ntlokwana

Indeed 🙌🙌 from esangweni to phakathi inside esbhedlela ayshym basebenza ngokuzikhandla shym ❤️❤️ ngakhala nje sengi dischargwa kwasekumnandi kakhulu shym Smah Smah

15w Like Reply



Meloh Zuzy

Nqobile Qhawekazie Ntlokwana yhoouo waze wakhala 😊

15w Like Reply



Nqobile Qhawekazie Ntlokwana

Meloh Zuzy ewe 🙌🙌🙌



NEW APPOINTMENTS

NAME	RANK	DATE OF APPOINTMENT
S.Selepe	Audiologist	2023/10/01
N.P Nqana	PN(Speciality Occupational H.)	2023/10/16
T.T Ndwandwe	PN (General Stream)	2023/11/01
N.P Njobe	PN (General Stream)	2023/11/01
P.P Shozi	Staff Nurse	2023/12/01
N.V Sikwabu	Staff Nurse	2023/12/01
V.S Nzuzza	Staff Nurse	2023/12/01
H.R Magubane	Staff Nurse	2023/12/01
MBY Dlamini	Staff Nurse	2023/12/01
N. Dlomo	Radiographer	2023/12/01
B.P Mbekwana	AMN	2023/12/01
N.Nodada	AD: Pharmacy	2023/12/01
T.R Gumede	CNP	2024/01/01
M. Mantshinga	CNP	2024/01/01
Mcetywa LM	MO	2024/01/01



We're thrilled to have you join our team

ACKNOWLEDGEMENTS

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