



health

Department:

Health

PROVINCE OF KWAZULU-NATAL

ST ANDREWS HOSPITAL

NEWSLETTER: APRIL-JUNE

2015

## ST ANDREWS CEO MRS. NTLEKO'S FAREWELL: A HUGE BLAST!!!



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Oh Yes! It was indeed a wonderful day for St. Andrews Hospital on the 28<sup>th</sup> May 2015 as we bid Farewell to Mrs. T.L. Ntleko our CEO. The special event was attended by 250 people i.e. the Ntleko family and friends, the board members, Amakhosi's and their Induna's, NCS team, Umuziwabantu Municipality team, Religious leaders, traditional healers and of course the St. Andrews hospital staff.

# 36 YEARS OF EXCELLENT SERVICE



Mam Ntleko gave her time serving the community in the early 1980's. She left no stone unturned during her visits to the clinics. We are definitely going to learn from the legacy that she left behind. Serving the community is not an easy task but with all the experience she acquired, she ploughed it. "We are all reading with pride from the book that you wrote" these were the words articulated by Mr. Nguza from the District office directed to the CEO.

"My 'F' you are now going to the world of sweets and honey - the retirement village but you are still our pioneer" expressed Mrs. Ngesi, spoken on behalf of Mrs. Ntleko's friends. All the speakers congratulated St. Andrews for all its achievements; They also stated that it is not easy losing such a great person. Matron Vane revealed that we have a wonderful hospital board and thanked the board for their impact in the hospital and also motivated the Management and staff to stay on the map and maintain the standard that Thandazile has left. The hospital staff was encouraged to work as a team at all times

Mrs Ntleko is a good leader as she leads by example. We learned a lot from you even when you were not aware, we looked at you and learnt something new everyday. You have worked hard in striving for a better life for all, You are leaving a united workforce. There were programmes which you started which were not there i.e. Dental clinic, More doctors etc. Through your passion, we now have a gateway clinic, ARV clinic and many others. Mrs Ntleko took the hospital to another level.

# HAPPY ENDINGS AND NEW BEGINNINGS TO OUR P.R.O



Hello everyone! It is the beginning of the financial year and just 2 months down the line, we receive electrifying news that our P.R.O is leaving St. Andrews hospital for greener pastures. “Miss. Nkosikhona Zwane is our mentor and tutor, we learnt from her even when she was not aware; Working with Ms. Zwane brought us laughter and a lesson each and every day and we will surely miss her” cries the PR team. She taught her in-service trainees how to implement the skills they have acquired in the classroom to the workplace and groomed her intern to grow and expand in the PR domain. She leaves behind a strong and united PR team that is motivated, energized and inspired. She taught

the team how to handle pressure, meet deadlines, early submissions etc. “We are now ready to face any challenge to come, we are the Go-getter's, the doers and the ambitious P.R.O’s that walk and talk with confidence and we feel that we are ready to overcome the corporate world” and this is all thanks to Ms. Zwane.



**SALUTE!!!**

# 108 YEARS YET SHE'S STRONG AS AN OX.



Nzimande Paslina an old granny from Gugwini was admitted at St Andrews hospital and is without a doubt 108 years old , the granny is still strong as an ox and she could remember everything from where she was born , who are her children, what they are currently doing in life and she could recall all her grand children. This was an amazing experience for St. Andrews hospital as it was the first time they ever had a 108 year old patient admitted in the hospital. The hospital acknowledged the granny by throwing her a small festivity along with some of her ward mates, Matron Vane and Matron Karuhije were present on the day. She enjoyed every bit of it as she danced and laughed all the way, she thanked the hospital for showing companionship and love towards her.

# World No tobacco day

St Andrews hospital held a 'No tobacco day' on the 10th June 2015, The purpose of the event was to raise awareness on substance abuse, fighting discrimination against HIV infected people in the workplace and absenteeism. Amongst the speakers were Sister Zikizela (OHS) who spoke about HIV in the workplace, Mrs. Khowa (Social worker) who spoke about Child protection and Miss N.V. Ndlovu (HRM) spoke about absenteeism in the workplace. The emphasis was on the formation of support groups. Substance abuse leads to absenteeism and once there is absenteeism in the workplace there will be no service delivery. The department of Health encourages people to abstain from abusing any kind of substance and those who are already hooked are encouraged to be part of these support groups to assist them to quit. Mr. T. K. Ndebele is our mentor because having learnt so much from substances himself he is now able to assist others to quit. All the attendees mentioned that indeed this informative event was an eye opener to them and they will continue spreading the word in the workplace and in the community.



Mrs. Cele (EAP) coordinated the whole event



Sister Zikizela spoke a lot on HIV in the workplace.

# *St. Andrews says goodbye to one of its own*



On the 25th of June 2015 St Andrews hospital staff bid a great farewell to Miss Ngwenya, the Systems Manager. She has served St Andrews with pride, dedication, honor and commitment, this celebration included some of her management colleagues, supervisors that were under her leadership and the general staff. The farewell marks a new era as she is now leaving the hospital for greener pastures and her influence and fearless approach will solely be remembered by the management and all systems individuals under her guidance. Miss Ngwenya is promoted to be amongst the hospital management team Newcastle. She was delighted to be united with her family after so much time apart, she believes that St Andrews groomed her to be the best and she is now prepared to occupy the Management position.

Miss P.S Mgobhozi welcomed all the dignitaries and she stated the purpose of the day which was to thank and say farewell to Miss Ngwenya on her new adventurer. Qual Care supervisor Happy thanked Miss Ngwenya for being a good leader and she emphasized the sadness of seeing her leaving as she was their mentor, she also alluded that she must continue making the St Andrews proud. Mr. Mazingisa as the supervisors representative under system department said he has worked with Miss Ngwenya for many years and she never allowed anyone to force her in agreeing with that particular person without analyzing the situation. He mentioned that he learned a lot from her management tactics, her philosophy was always be 'step ahead' as she usually says.

Miss Ngwenya lives and breathes "SYSTEMS" .....concluded Mazingisa

## Miss Ngwenya Farewell Conti....



Matron Vane gave a heartfelt farewell speech



Mr. Mazingisa spoke for the systems dept. as a whole

Matron Vane embraced her presence by describing Miss Ngwenya as a colleague who can be relied on and who knows her work quite well. She is now going to take a role of a management senior position. "I have no doubt she is going to excel as she has done here at St. Andrews Hospital." Ngwenya was appointed as the System Manager in 2012, she supervised several departments including services that were not her jurisdictions because she only wanted what's best for patients. Miss Ngwenya was part of the team that helped St. Andrews win the competition facing one of the top hospitals in KZN and she thanked her for her contribution. Systems is also included in six priorities, She made her department shine with her politeness and courtesy. "She monitored all adverse events, security services, sometimes I may not be aware of other hospital issues but Miss Ngwenya would raise that subject, we must focus on our own services rather than our status" said Matron Vane. 'Love each other for the benefit of our patients' Miss Ngwenya is a lady, she doesn't laugh out loud but she smiles and I hope she continue doing what she did here at St Andrews and more, thank you Miss Ngwenya we wish you all the best.

Miss Ngwenya thanked the System department for putting her name out there. Even though they had challenges but they were all work related and they dealt with them professionally. "I would like to apologize if I ever got personal but it was driven by the love of my work" said Miss Ngwenya. She addressed all system supervisor by requesting them to show cohesiveness and always be 'one step ahead' she further thanked all departments from laundry, system, pharmacy and St Andrews staff for their love and the wonderful gifts they gave her. "Grateful" is now my new name because of you..... Completed Ngwenya

## SUPERB FAREWELL: MRS. RADEBE(PRO)



After almost 11 years under the Department of Health, Miss Zwane found greener pastures and the St. Andrews Management and staff had to bid a great farewell to our PRO. The event was held on the 29th of July 2015 and it was a huge success yet it was sad to see her go. Amongst the speakers was B.N. Lulu Hlophe who spoke as her supervisee and said she only knew Miss Zwane for 2 months but it felt like she has known her for a lifetime, she have learnt a lot as she had to grow fast since she had to run the PR department, she further

thanked the In-serves for their cooperation and support. " They are lucky at Umuziwabantu Municipality to have a person of your caliber, we will miss you dearly"...ended Hlophe. Mr. Dahl (Board chairperson) mentioned that it was very shocking when he received the news that Ms Zwane is going because they come a very long way with her, he thanked her for her contribution, she was the best when it comes to dealing with complaints and her contribution is overwhelming.

Matron Vane represented the hospital Management and stated that Miss Zwane is very enthusiastic and she has great passion for her work, she was also part of the hospital Management and she took their recommendations and applied them. Vane outlined all her duties and stated that she outperformed them all. She congratulated her on her new post.

In reply, Miss Zwane specified that she was surprised as she wasn't expecting this wonderful farewell. She is so used to planning events for other people so it was touching when it happened to her. She thanked the Management and staff for their enormous support and she mentioned that she was taught a great lesson at St. Andrews hospital. She also encouraged the PR staff to keep on shining and keep up their good work. She thanked the Management for assisting her when dealing with complaints and Mr. Dahl for always lending a helping hand.



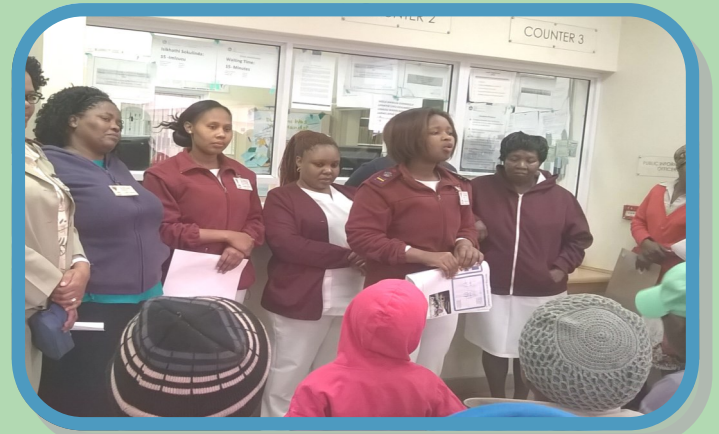
GOODLUCK!!!

Left : Mr. Mbotho (MC) & the audience as they sing along with joy



# HEALTH AWARENESS CAMPAIGN

On the 15th June 2015, the OPD staff held a health awareness campaign aimed at increasing alertness on diseases such as High blood pressure and diabetes. Sr. Cele highlighted that diabetes is a dangerous disease which can be controlled though it cannot be cured. She also



Sr. Cele addressing the audience about the dangers of diabetes

stated that it is sometimes passed on from generation to generation but the 1st step is to know the symptoms i.e. weight loss, drowsiness, dehydration etc. She gave the patients tips on what to do if you do have diabetes i.e. Change diet, stay away from alcohol, refrain from products that contain a lot of sugar and exercise regularly. She further explained the importance of protecting your body and especially ones' feet. Sr. Mbekwana spoke about Blood Pressure and its dangers, she informed the patients that if ones' BP is high than this might be the start of hypertension and in most cases we bring this on ourselves by not following a healthy diet and not exercising. The elderly were encouraged to go back to their garden because that is also an exercise on its own. The patients



Sr. Mbekwana spoke on the prevention of High blood pressure and maintaining a healthy diet.

were very amazed when they discovered that the salt they eat also has a negative effect on them and were happy to say that they will now minimize their salt and oil intake. In closure Sr Mbekwana made it clear that it is important that each and every patient finishes their medication in order to be 100% OK.

## A VERY CANDID FAREWELL KERRY-LYN ARM- STRONG (NOBUHLE)

Kerry-Lyn was named “Nobuhle” because of her politeness and willingness. She was our Occupational therapist and has served St. Andrews hospital for over 3years. Rochelle Romer worked very closely with Nobuhle as she is doing her com-serve in the Occupational Therapy department. She described her as a very passionate, enthusiastic and pro-active person who advocates for her patients. Nobuhle left the department to go to bible school in Australia as she has a calling. She is a fiery Christian who never starts her day without prayer. She brought hope, belief and a new life to the children and adults who came to her department. Through her dedication and passion

her department is now recognized as the preeminent department. Her departure at St Andrews sparks a great challenge for our hospital and also opens up a new beginning for Kerry-Lyn Armstrong as she will embark on a new journey. Farewell Nobuhle St Andrews and your department will miss you.



# JXOXWA NGEZJTHOMBE



The hospital Management



Mrs. Ngesi spoke as a dear friend



Mrs. Ntleko and her secretary : Mrs. Mdolomba



The Acting District Manager : Mr. Nguza



The CEO and her daughter



The staff attended in numbers



The St. Andrews hospital choir



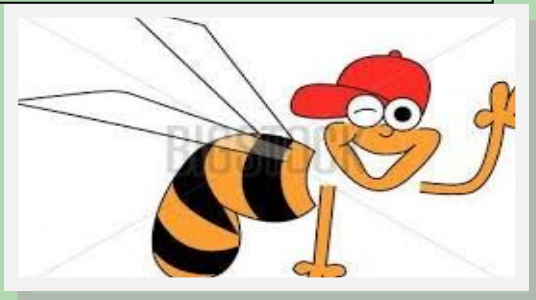
**36** years of service

# P.R CORNER

2015 has been a good year thus far even though we had to bid farewell to most of our coworkers including our Retiree CEO, Mrs. Ntleko. We said goodbye to four of our most valuable women in the Health department, We wish them all the best on their new accomplishments in saying “A woman who walks in purpose does not have to chase people or opportunities, her light causes people and opportunities to pursue her” HATS OFF ladies!!

Thank you for taking your time in reading our newsletter.

Should you wish to mm or lay a complaint please don't hesitate to contact the Public Relations Department at:



## SMILE A WHILE

Teacher: “Kids, what does chicken give you?”

Students: “Meat”

Teacher: “Very good!

Now what does the pig give you?”

Students: “Bacon”

Teacher: “Great! And what does the fat cow give you?”

Students: “Homework”

The teacher fainted!

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