



health

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

# St Andrews Hospital

## St and news

STAY INFORMED

JUNE 2017

### 2017 MASEA AWARDS



St Andrews hospital took 2nd place in the innovation category during this year's MASEA awards that took place at the Durban ICC on 2nd of June 2017. pictured above from left to right are;- Mr. R. Govender( finance manager), Dr. Sibongiseni Dhlomo (MEC Health KZN), Nay Maps, Mrs. Mkhize (UGU district DM), Mr. Pun-gavanam (systems manager), Mr. Moodley (Workshop) Ms. MM Vane (St Andrews CEO) Dr. Mtshali (HOD Health) . **Cont. on page 2**

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# MASEA AWARDS 2017

**O**n the 2<sup>nd</sup> of June

2017 the KZN department of health held its annual MASEA Awards, an initiative of our MEC for health, Dr. Sibongiseni Dhlo-mo. The KZN department of health employees traded in their work uniforms for elegant evening wear as they stepped out in style at the Durban ICC to witness this auspicious occasion...



This night was aimed to shine some light on some of the good practices that our KZN institutions are implementing and to award excellence. St Andrews Hospital of course was amongst those institutions that walked away with prizes on the night. We achieved second place in the innovation category, for the Boreholes that were installed at our institution in order to save money and water. This initiative was championed by our systems manager (Mr. Pungavanam) and Mr. Moodley (Workshop department), who will retire at the end of June 2017. What a way to conclude your career Mr. Moodley. We are proud of your hard work.



Ms. MM Vane CEO, Mr. Pungavanam (Systems Manager) & Mr. Moodley (Workshop)



Mr. Pungavanam (Systems Manager) & Mr. Moodley (Workshop)

# OPEN DAY 2017

**O**n the 24<sup>th</sup> of April 2017 St Andrews Hospital hosted its annual Open day. The purpose of this event was to educate the community about health issues and the services that can be accessed in the Hospital. The presence of the C.E.O, Nursing Manager , Board members, Traditional healers, Ward Councilors, Staff members and the Community members made the event to be huge success...

The programme started with high note as Ms. Ndlovu (Programme Director) called Pastor Nzama to open with prayer. Pastor Nzama also shared the word of God and the audience was ready for the programme. Matron Sigh Nursing manager welcomed the audience and shared the vision and the mission of the hospital.

Representatives from different departments also addressed the Community members, informing them about the different services that are available at our hospital. Ms. Mqadi (Human Resource Development) gave an insight on how the community (esp. youth and students) can access bursaries, internships and learnerships that are offered by the KwaZulu Natal Department of Health on annual basis. Sister Mthembu from B-Ward educated the audience about the importance of pregnant women attending ANC from the early stage of their pregnancy to ensure that they eliminate risks of losing their babies. Sr. Mkhashana from Crisis Centre highlighted the importance of reporting any kind of abuse specifically rape, within 72 hours. Ms. Matiwane from revenue talked about what the revenue department does for the hospital and patients.

Other issues that were also discussed includes, Breastfeeding presented by Sister Dondashe, Teenage Pregnancy by Sister Nogwina, Male Medical Circumcision by Sir Mdiya from Simunye Clinic. Mr. Dahl, Chairman of the Board thanked the St Andrews Hospital staff for their hard work and the members of the community for their attendance.

The C.E.O Ms. M.M Vane answered the questions that members of the Community raised and she thanked all who made the day a success and the Community for their attendance. The ceremony was closed with Prayer by Pastor Nzama.

*The Management, hospital Board and Staff of St. Andrews would like to thank all who took their time and attended this event, and those who made it a success...*



**Ms. NV Ndlovu (HR manager)**



St Andrews Dental Clinic visited KwaMachi Community.



**O**n the 18<sup>th</sup> April St Andrews Dental Department had a dental awareness at Phumza Hall in KwaMachi which was attended by the members of the community and the Ward Councilor. The objective behind the awareness was to create awareness on oral health and the importance of health promotion. They were also informed on the various services offered at the dental clinic. As a department the dental team realized that people only visit their clinic when they want a tooth extracted, of which we always indicate to patient that extracting should be your last

option once all other treatment options have been exhausted. Most of the community members were uneducated on how to prevent dental caries from occurring.

The dental team also stressed on the importance preventative treatment such as getting their teeth cleaned and shallow carious lesions filled. Community members were given the chance to ask questions related to dental issues and they also had the opportunity to be screened at end of the programme.

The event was made possible by assistance from municipality, special programmes office which organized for us the sound system and they also helped us to mobilize the community members with the Councilor.



## Mr. Mazingisa's Farewell

**O**n the 25<sup>th</sup> of April 2017 St Andrews Management and Staff bade a farewell Party to Mr. Mazingisa who has for past sixteen years occupied various positions in the Hospital.

The Management and staff commended Mr. Mazingisa as a dedicated health service worker, who worked tirelessly during his time of office. Mr. Govender System Manager said Mr. Mazingisa worked with passion and showed dedication even in difficult situations. *"Mr. Mazingisa showed dedication to his work, he worked tirelessly and more than anything, he liked his work. I would like him to come back and continue working at St Andrews"*, said Mr. Govender. Mr. Shebi, who worked closely to Mazingisa, complimented him as a person with good heart and friendly. *"It was interesting working with him and I wish him happy retirement"*, added Mr. Shebi. The compliments continued and Ms. Ndlovu, Human resources manager briefed the audience about the history of Mazingisa as a worker at St Andrews.

It was such a lavish party and the CEO Ms. Vane, thanked all who made the party a success. Mr. Mazingisa also thanked the Management and staff for this huge surprise. *"I wasn't expecting this, the love you showing is so surprising, I thank you, and may you also do this to others and continue providing valuable service to community"*, said humbled Mr. Mazingisa.



## ENA Fuller Farewell

**S**t Andrews hosted another marvelous farewell party, for ENA Fuller who worked as Enrolled Nurse Assistant for 32 years. It was an event that was filled with jokes, laughter, and praise. Fuller was described as being a person with a great sense of humor by her colleagues and Management. She is also commended by her colleagues as a person who worked productively in all aspects.

Sr. Nogwina opened with prayer and Sr. Ntuzela highlighted the purpose of the day. The speakers who witnessed kindness and humorous character of ENA Fuller were Sr. Nogwina, Sr. Mbekwana, Sr. Ngaleka, Sr. Cele, Matron Magubane, and Sr. Cwele. They all congratulated ENA Fuller on her farewell and they reminisced about all the good times they have shared with ENA Fuller as their colleague. ENA Fuller thanked the staff for the surprise party and said the day was one of the best days of her life. Presents were read by ENA Njongwe and Mzobe, Sr. Ngaleka thanked all who participated on the preparations of the party.



# Gateway Clinic Handwashing Campaign

On the 5<sup>th</sup> May 2017 Gateway Clinic held a Hand washing campaign, which is the best way to remove germs, avoid getting sick, and prevent the spread of germs to others. It can keep us all from getting sick. Sr. Shazi (infection prevention and control practitioner) who championed the hand washing campaign, educated the community on the importance of hand washing.



Frequent hand-washing is one of the best ways to avoid getting sick and spreading illness. Hand-washing requires only soap and water or an alcohol-based hand sanitizer — a cleanser that doesn't require water. As you touch people, surfaces and objects throughout the day, you accumulate germs on your hands. In turn, you can infect yourself with these germs by touching your eyes, nose or mouth. Although it's impossible to keep your hands germ-free, washing your hands frequently can help limit the transfer of bacteria, viruses and other microbes.

Always wash your hands before:



Preparing food or eating, breastfeeding, Treating wounds, giving medicine, or caring for a sick or Injured person Inserting or Removing contact lenses.

Always wash your hands after: Preparing food, especially raw meat or poultry, Using the toilet or changing a diaper, Touching an animal or animal toys or waste, Blowing your nose, coughing or sneezing into your hands, treating wounds or caring for a sick or injured person, handling garbage, household or garden chemicals, or anything that could be contaminated — such as a cleaning cloth or soiled shoes, Shaking hands with others In addition, wash your hands whenever they look dirty.



It's generally best to wash your hands with soap and water. Wet your hands with running water — either warm or cold. Apply liquid, bar or powder soap. Rub your hands vigorously for at least 20 seconds. Remember to scrub all surfaces, including the backs of your hands, wrists, between your fingers and under your fingernails and rinse well. Dry your hands with a clean or disposable towel or air dryer. If possible, use a towel or your elbow to turn off the faucet.

## CCMDD WALK— 02 JUNE 2017

Central Chronic Medication Dispensary Distribution (CCMDD) is a programme launched by National Department of Health in collaboration with Medipost. Its aim is to facilitate chronic medication distribution to patients. The targeted patients are those who take medication on daily basis and thus need to collect them from hospitals and clinics on monthly basis. At St Andrews Hospital this programme has already started and the response from the community is positive. However there is still a need to spread a word about the programme.

On the 2<sup>nd</sup> of June 2017 Pharmacy department and staff from St Andrews hosted a march to Harding town to inform the public about CCMDD. It began with slogans that attracted the crowds of people in the streets of the town to join and listen to what was being addressed. The march started at St Andrews Hospital then it went to town outside Spar, and then proceeded near Moosa's wholesale then to Harding Corner Mall and ended at Harding Taxi rank. In these places the community was addressed about CCMDD. Mrs. Tshengisile Qikani, the pharmacy manager, Ms. Nomonde Ngubelanga and Mrs. Ndlangisa addressed the Community about CCMDD. The community was told that CCMDD programme is designed for people who use chronic medication, and who collect their medication on monthly basis. *"It is easy to join CCMDD programme, you just bring your Identity book, your active cellphone number, and you can register other two people who can collect medication on your behalf"* said Mrs. Qikani. However the patient needs to ensure that he or she takes medication properly and exactly as recommended", she added. The community was urged to use this programme as it is designed for them. Audience members were then asked questions about CCMDD and they also received prizes for correct answers. Pamphlets with information about CCMDD were also distributed to the community.

This march was very insightful and the message about the CCMDD programme was spread successfully. The community response showed that this programme will be a huge success.



HEALTH MATTERS  
MAY— TOBACCO MONTH

No matter how you smoke it, tobacco is dangerous to your health. There are no safe substances in any tobacco products, from acetone and tar to nicotine and carbon monoxide. The substances you inhale don't just affect your lungs. They can affect your entire body. Smoking can lead to a variety of ongoing complications in the body, as well as long-term effects on your body systems. While smoking can increase your risk of a variety of problems over several years, some of the bodily effects are immediate. Learn more about the symptoms and overall effects of smoking on the body below.



## Digestive system

Smoking increases the risk of mouth, throat, larynx, and esophagus cancer. Smokers also have higher rates of pancreatic cancer. Even people who "smoke but don't inhale" face an increased risk of mouth cancer. Smoking also has an effect on insulin, making it more likely that you'll develop insulin resistance. That puts you at increased risk of type 2 diabetes and its complications, which tend to develop at a faster rate than in people who don't smoke.



Tobacco smoke is incredibly harmful to your health. There's no safe way to smoke. Replacing your cigarette with a cigar, pipe, or hookah won't help you avoid the health risks. Cigarettes contain about 600 ingredients, many of which can also be found in cigars and hookahs. When these ingredients burn, they generate more than 7,000 chemicals. Many of those chemicals are poisonous and at least 69 of them are linked to cancer. The mortality rate for smokers is three times more than that of people who never smoked. In fact, the Centers for Disease Control and Prevention (CDC) says that smoking is the most common "preventable cause of death". While the effects of smoking may not be immediate, the complications and damage can last for years. The good news is that quitting smoking can reverse many effects. One of the ingredients in tobacco is a mood-altering drug called nicotine. Nicotine reaches your brain in mere seconds and makes you feel more energized for a while. But as that effect wears off, you feel tired and crave more. Nicotine is extremely habit-forming, which is why people find smoking so difficult to quit. Physical withdrawal from nicotine can impair your cognitive functioning and make you feel anxious, irritated, and depressed. Withdrawal can also cause headaches and sleep problems.



## SAH Surprise Triplets

A 39 year old woman was in Labour and came to deliver her baby at St Andrews hospital. After nine months of waiting she was eager to finally hold her baby in her arms but little did she know that she would receive not one or two but three babies.

The maternity staff worked hard to deliver all three babies successfully even though the mother had never had any anti natal care during her pregnancy making her delivery a very high risk.

We thank the maternity staff for being passionate and hardworking and for ensuring that all babies were delivered safely. Unfortunately a week after the birth of the triplets one of them passed on . Our condolences to the family.



**St Andrews Maternity Staff with the triplets**

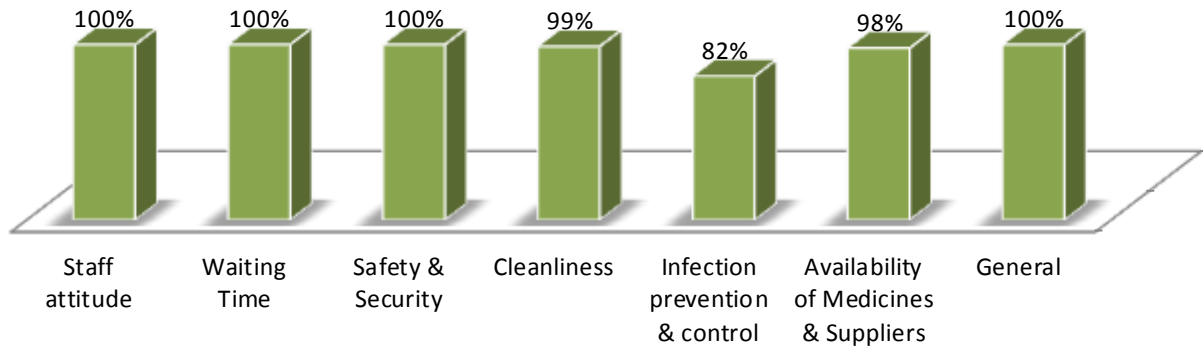


**Dr. Khowa and Sr. Mthembu**

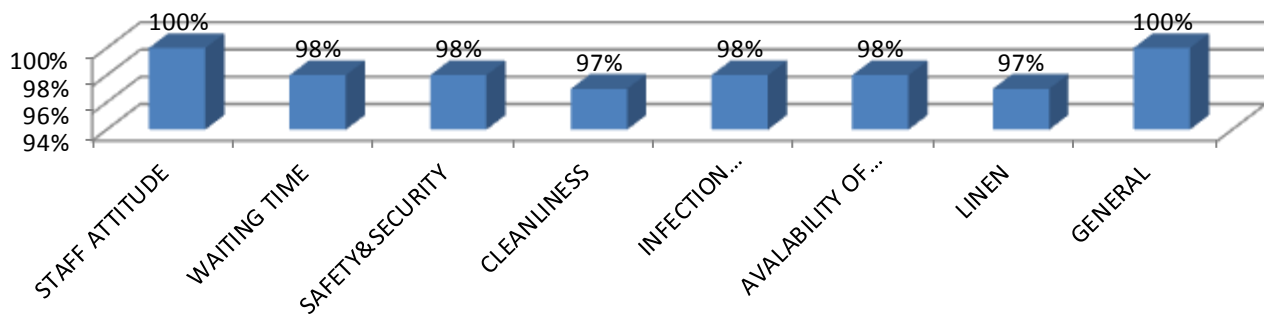


## PATIENT EXPERIENCE OF CARE RESULTS

### OUTPATIENT RATINGS MAY 2017- 97%



### INPATIENT RATINGS MAY 2017 - 98%



### COMPLAINTS RESOLUTION

During the first quarter we received 8 complaints under the following categories:-

- 1 Staff Attitude
- 5 Patient care
- 2 Waiting time

468 compliments were received .

5 complaints were resolved within 25 days, the other complaints are still within 25 days period.

## NEW APPOINTMENTS



<u>NAME</u>	<u>RANK</u>	<u>DATE OF APPOINTMENT</u>
MW Ngcobo	PN	01/04/2017
SR Ngcobo	PN	01/04/2017
MW Machi	ENA	01/04/2017
Z Mboyisa	PN	01/04/2017
PN Sigwebela	EN	01/04/2017
NT Langa	EN	01/04/2017
PZ Khoza	PN	01/04/2017
MN Malinga	PN	01/04/2017
HA Mlaba	EN	01/04/2017
CS Jali	PN	01/04/2017
NC Bhengu	EN	01/05/2017
A Sikhonje	Pharmacist	01/06/2017
BE Ndlovu	PN	01/06/2017
PZ Mkhize	EN	01/06/2017

### WELCOME OUR NEW PR IN-TERN



Mr. SV. Ncwane

On behalf of our managers, supervisors and staff we welcome you into our department. As part of our team, we believe that you are going to be an asset and that you will accomplish your day-to-day tasks. We are pleased to welcome you and we look forward of working with you.



# CHUCKLES



In the beginning, God created the earth and rested.  
 Then God created Man and rested.  
 Then God created Woman.  
 Since then, neither God nor Man has ever rested.

Doctor: "I'm sorry but you suffer from a terminal illness and have only 10 to live."

Patient: "What do you mean, 10? 10 what? Months? Weeks?!"

Doctor: "Nine."



## WHEN A WOMAN SAYS "WHAT?"

It's not because she didn't hear you. She's giving you a chance to change what you said.



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# PICTURE GALARY



# ACKNOWLEDGEMENTS



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