



CONDOM BASH

The purpose for the campaign was to offer a full package of HIV counseling, testing (HCT) and TB screening and to screen other chronic illnesses like diabetes and hypertension. The campaign was based mostly on increasing awareness on prevention of sexually transmitted diseases, adherence on condom usage, positive lifestyle and abstinence.

Activities of the day:

- ◆ Due to bad weather conditions 58 clients were screened for different illnesses.+
- ◆ + 6000 condoms were distributed .
- ◆ Clients were also screened for minor ailments.
- ◆ 34 clients were tested for HIV.
- ◆ Clients were addressed on the above-mentioned topics.
- ◆ There was a question and answer session



What to look for?

- ◆ Condom bash
- ◆ Ombudsman Visit

- ◆ Wellness training
- ◆ ECHOD benchmarking
- ◆ Open day
- ◆ Farewell to Matron Silwane

WELLNESS AWARENESS

OLD MUTUAL AND GEMS PERFORMS HEALTH SCREENINGS

On the 23rd –24th February 2015, the wellness committee held a wellness awareness session at the Recreational hall where the staff got the fitness training for an hour to ensure that they stay healthy and fit as the health practitioners.

The purpose of the event was to promote healthy lifestyles and to ensure that the staff is maintaining their weight in order to stay healthy and fit, to boost staff morale, promote health awareness amongst staff and to strengthen team work.

Old Mutual and GEMS were invited to perform health screenings, the staff were checked for BP, BMI, their Cholesterol I and blood sugar levels were tested.

The outcome was very good as the event was attended by more than 122 staff members.



Different staff members consulted with Old Mutual representatives seeking financial advice.



Hospital staff engaging in a boot camp exercise

PROVINCIAL OMBUDSMAN VISIT

The department's Ombudsman Mr. M. Bhekiswayo visited St Andrews Hospital on the 20th March 2015. His visit started off with walkabouts to certain departments where he was observing different issues pertaining to the hospital's service delivery and he also interviewed hospital staff members and clients.

During his visit Mr. Bhekiswayo explained that his office is a responding office to complaints that are reported by the community. He also mentioned that this was a follow up following a hospital visit done by the KZN legislature team. His visit was to check issues regarding patient care and generate a report regarding his visit.

The hospital management team led by the Hospital CEO Mrs. T.L. Ntleko presented the challenges and achievements of the institution and also gave a progress report on what has been done following the legislature visit.

Mrs. Ntleko together with the Acting District Manager Mr. Nguza appreciated the Ombudsman for coming to the institution to lend an ear to the hospital management, staff and the clients.



St Andrews hospital management with Mr. Bhekiswayo, Ombudsman (third from left) and Mr. M. C. Nguza, Acting District Manager (right)

ECDOH BENCHMARKING MEETING

On the 11th of March 2015 the hospital was visited by the Eastern Cape health department for benchmarking purposes. The core of the meeting was to benchmark on quality assurance strategies, where the Quality Manager Mrs.M.C.Maqtu presented the hospital's strategies. Maqtu also outlined the multi disciplinary committee that formulates the quality assurance team. Matron Edonga shared with the Eastern Cape team on how the hospital develops its policies.

The Eastern Cape Managers needed assistance with all quality issues and they were more interested in the issue of developing policies and protocols.

Mrs. Ntleko thanked the ECDOH for facilitating the benchmarking session, she emphasized that she loves quality since the hospital prioritizes quality assurance.



Sr. Maqtu Quality Manager conducting the



CEO Mrs. Ntleko briefing the panel about hospital

OPEN DAY



Sr. Mbekwana explaining the referral system



The hospital management at the event

On the 24th of March 2015, St Andrews held an Open day, the purpose was to have a dialogue with the stakeholders and the clients as they got the chance to ask questions and receive answers about the issues affecting the hospital service delivery. The emphasis was on the issue of hospital referral system as patients come to hospital without their clinic referral letters and they end up being sent back to their clinics. The community was encouraged to utilize their local clinics (patients were informed on how the casualty dept. works and the type of patients expected in casualty). The issue of clients using traditional medications especially pregnant women using isihlambezo was discussed as the traditional healers were represented. March is also the TB awareness month, the community was encouraged to test for TB.

CIRCUMCISION 2015

On the 27th of March 2015 St. Andrews hospital conducted a circumcision campaign for young and older boys around Umuziwabantu Municipality, a strategy to reduce HIV and STI transmission in males, the event was held in Casualty department. This circumcision also ensures that boys are clean, and healthy. Health education was given to help the boys understand sexual related issues.

The day was a success because young and old males came in numbers, 72 boys and 18 old people were circumcised. The overall attendance was 90.



Boys waiting for circumcision



This is after circumcision



Miss Ndwane in operation



The organizers and team of Doctors

St Andrews donates school uniforms to needy children

St. Andrews staff made a donation to help the needy children. On the 30th of March 2015 PRO and in-service trainee went to Ikhwezilamachi primary school to give the children, school shoes, uniforms, jerseys, grey school pants, track-suits. At least 6 pupils got something to wear as we approach winter.



Pupils before receiving the uniform



After receiving their new uniform



The PRO, pupils and their parents



The package of Donation

HOSPITAL STAFF BID FAREWELL TO MATRON SILWANE

On the 28th January 2015, the hospital staff organized a very well planned and entertaining farewell for the Assistant Nursing Manager, Matron Silwane in charge of Operating Theatre, OPD, Casualty, Crisis Centre and Simunye Support Centre. She has worked for the Department of Health for 30 years.

The event was attended by over 100 staff members including the guest of honor's family and children. The event was also attended by Mr. Mohloali Special Programmes Manager (Umuziwabantu) Municipality and Mr. Dahl Chairperson of the Hospital Board). The speakers highlighted the huge role she played in management of HIV/AIDS and Male Medical Circumcision.



Miss Madikizela (Lay counselor from OPD) enjoying the moment by praise singing for the guest of honor.



The hospital management saying goodbye to matron Silwane



The gifts given to the matron



Gifts handed over to the lady of the moment

IMPROVING COMMUNICATION.

Effective communication help us better understand a person or a situation and enable us to resolve differences, build trust and respect, and create environment where creative ideas, problem solving, affection and caring can flourish. As simple as communication seems ,much of what we try to communicate to others and what others try to communicate to us get misunderstood, which can cause conflict and frustration in personal and professional relationships.

By learning these effective communication skills, you can better connect with your spouse, kids, friends and co-workers. Effective communication can improve relationships at home, work and in social situations by deepening your connection to others and improving team work, decision making and problem solving.

It enables you to communicate even negative or difficult messages without creating conflict or destroying trust.

'WE CANNOT NOT COMMUNICATE.'

Source .Robinson, J. Segal (Feb2015)

Jokes...

“I forgot to post on Facebook that I was going to the gym. Now this whole work-out was a waste of time”

“I always go to the gym, but when I do, I make sure Facebook knows about it”

I’ve been trying to diet and work out but I’ve come to the realization that the only way I’m going to get ‘smoke and hot’ is by being cremated.

MEET THE NEW PUBLIC RELATIONS TEAM



B.HLOPHE(INTERN)



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