

**ST ANDREWS HOSPITAL**

**ST AND NEWS**

**THEY ARRIVED ON CHRISTMAS DAY...WELCOME!**

ISSUE 24



**MS MKHIZE  
LINDENI  
LOOKING  
HAPPY ON B-  
WARD WITH  
HER CHRIST-  
MAS BORN  
BABY**

**INSIDE THIS  
ISSUE:**

- ◆ They arrived on Christmas day...welcome!
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Christmas is one of the special days in each year, for a child born on Christmas day it's a blessing but for a mother giving birth on Christmas day I am not so sure. Year 2010 did not only bring the world cup but more and more of wonderful things

St Andrews Hospital has achieved a lot this year also ended up with a lot of love giving with those who were blessed to have given birth on Christmas day, 4 children were born from midnight to 5am and 10 when covering the whole 24 hours, these mothers were lucky to have been given gifts like blankets and rompers. One of the mothers who gave birth that day is Ms Mkhize 27 years old and was blessed with a handsome little boy, "it feels good to give birth on a very important day like Christmas" she said.

Looking at previous years statistics shows that; comparing 2008 and 2009 this has been the year with more children being born on Christmas day, with all that being said year 2010 was indeed the year of luck, love and togetherness.

## HIV and AIDS support group is calling for more members



Mentor Mother Mrs Thulile Mkhwanazi and Sr Cynthia Manning enjoying food and cake during the year end party of the support group held on the 25th November 2010.

St Andrews Hospital has a new HIV and Aids support group for infected and affected, it is part of the wellness programme for the staff.

The group commenced in January 2010 and has planned on having meetings once a month with their targeted open group and making it gender sensitive in all age groups.

With few members in the group they have made it clear that they would love to see more staff members joining the group since everyone is affected by HIV/ Aids but not infected, with a mission of adding value to life by moving away from stigma related issues

Together we can beat it !!!!

## WORLD SIGHT DAY



HTT staff posing with the hospital staff



Sr Toni assisting one of the HTT employees



One of the HTT employees being done the visual acuity test

As part of celebrating world sight day St Andrews Hospital's eye clinic visited Umuziwabantu clinic and Harding Treated Timbers on the 14th of October 2010 . The purpose of the visit was to identify clients with eye sight problems and encourage them to come to the Hospital for eye checkup.

When sister Toni addressed clients she stressed the importance of taking care of their eyes and also encouraged them to tell their parents to come for a checkup so that they won't be robbed by their grandchildren when counting pension grant.

The total number of clients seen on that day was 48 and 27 clients with refractive errors were referred to the Hospital.

## AWARENESS DAY ON MANAGEMENT OF CHRONIC CONDITIONS



Sister Namba translating for Ms Moodley K (on the right). Lay Councillor G N Mteshane demonstrating how to use male condoms (on the left)

On the 14<sup>th</sup> of November 2010 Out Patient Department hosted their first awareness this year, where they sensitized hypertensive and diabetic clients also educating them on how to maintain lifestyle in all corners of health, as well as dwelling on importance of diet, exercising, eye care from birth to old age, knowing about HIV/ AIDS, and types of food to eat and not eat. The awareness was a success with most patients who took time to listened also paused questions where they did not understand.

On the 28<sup>th</sup> December 2010 Gateway Clinic hosted their awareness as well, where they did not only focus on giving patients information but made sure that they knew everything that was communicated to them by involving the patients in debating such issues. Gateway Clinic shifted their focus as they were more looking at HIV/ AIDS, of which they educated patients on how to prevent getting infected, how to get tested, how to take the treatment, and also how does HIV/ AIDS relates to TB.

## RESUSCITATION TRAINING



On the 6th December 2010, Mrs. C.M. Silwane conducted training on basic and advanced life support which included theory and practical.

The purpose of the training was to empower members of resuscitation committee with knowledge and skills to improve their resuscitation techniques for better outcomes as a life saving measure.

Participants were trained on cardio -pulmonary resuscitation (CPR), equipment required for resuscitation, drugs that are used for resuscitation and use of a defibrillator.

The training was a huge success as members had a good input and participated very well.

## ..Jokes..

### Christmas Prayers

Few days before Christmas, two young brothers were spending the night at their grandparent's house. When it was time to go to bed, and anxious to do the right thing, they both knelt down to say their prayers.

Suddenly, the younger one began to do so in a very loud voice.

"Dear Lord, please ask Santa Claus to bring me a play-station, a mountain-bike and a telescope."

His older brother leaned over and nudged his brother and said, "Why are you shouting your prayers? God isn't deaf."

"I know" he replied, "But Grandma is!"

### Shopping early

it was coming up to Christmas and the Judge was in a jolly frame of mind.

"Now then, please tell me, what is the charge against you?"

" I was caught doing my Christmas shopping very early." replied the man in the dock.

"That doesn't seem like an offence to me. What do you mean by 'very early'?"

"Well, your Honour." said the defendant, "It was before the shop was open."

### **TRADITIONAL HEALERS ORGANISATION RELATES TO SIMUNYE.**

On the 19<sup>th</sup> of November 2010 Traditional Healers Organisation hosted a graduation ceremony in Harding Town Hall.

Simunye support staff was invited to grace this occasion as they were to receive a certificate, But not only that the Simunye team also saw an opportunity to promote the HCT uptake, which was successfully conducted as well as offering services like BP, HGT and TB screening.

In everything that was said Traditional Healers made a request that in as much that they are currently referring patients to the Hospital, the Hospital should also start referring to them as well and that they should be invited in HAST meetings . Sister Manning then explained the DOH referral system to them in great detail which they understood and giving them word to propose this in the next meeting.

The traditional healers gave a message to everyone that "people need to understand how traditional healers work and appreciate them (forming a partnership with a hospital)...

## THANKSGIVING CEREMONY



The staff members who attended the ceremony were blown away by the powerful sermon.



Pastor G. Nzama (left) and Pastor Nkabinde during the praise and worship

The Healthcare Workers Christian Fellowship members from St Andrews Hospital recently hosted it's year end thanksgiving ceremony at the hospital's nurses home. The main aim behind the event was to praise, worship and also to reflect on the things that God has done for the institution.

The ceremony comprised of two parts the first part was about awarding and honouring all the individuals who have supported the hospital's HCF and the second part was a sermon. Pastor G. Nzama blew the audience with his powerful sermon.

By the end of the ceremony all staff members who were fortunate to attend the service left the hall with high spirit and well geared for the New Year and also humbled about the wonderful things that our Lord has done for us for the whole year.

**NEW APPOINTMENTS OCT-  
DEC 2010**

<b><u>NAME</u></b>	<b><u>RANK</u></b>
1.Mtungwana VS	General Orderly
2. Mqadi NF	Lay Counsellor
3. Ndebele SI	Pharmacist Assistant
4.Ngwenaya TR	Pharmacist
5.Ludongeni XS	Data Capturer
6. Dlamini NM	Data Capturer
7.Kayembe JMM	Medical Officer
8.Ngubane ZN	Nursing Assistant
9.Nthoba MM	Staff Nurse
11.Ndlovu NN	Staff Nurse
12.Jama SF	Nursing Assistant
13. Cele NC	Nursing Assistant
14. Gabayi N	Nursing Assistant
15.Gongwana N	Nursing Assistant
16.Mhlongo JP	Staff Nurse
17.Madlala EN	Staff Nurse
18. Mjoli CC	Nursing Assistant
19. Madiya NI	Staff Nurse
20. Sikobi XR	Nursing Assistant
21. Sibisi MC	Staff Nurse

**Show your talent**

**Count**

Count is not only about manipulation of statistics of figures but more

Count is not about A.B.C's but count its my poetry cells that deepens my poetry skills

Count is every soul that is free from moral wrong, destroyed by an repugnant soul that kills

Count is every sufficient amount of crying for whom who suffers the pain of violence

Count is of a man that uses his physical strength to young innocent infant for his horniness end

Count is every empty tummy that growls for food, a cold blood with no place to conceal oneself

Count is every single human being leaving in a dilapidated state of life, with deep, dark, aperture pockets

Count is every child leaving with disabilities, count is one question, What do you do as normal person ?..

Written by: M Thole

If you have a writing talent, this is an opportunity for you to show your talent. Language does not matter we are happy to give everyone a chance...contact PRO.

**DECEASED**

<b>NAME</b>	<b>RANK</b>
1. Bambelele AN	Operational Manager
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**AWARDED DEPARTMENTS ON INFECTION CONTROL INSPECTIONS FOR OCTOBER TO DECEMBER**

- ◆ PHARMACY
- ◆ DENTAL CLINIC
- ◆ MORTUARY

  
ST Andrews hospital

**We're on the web ! Website: [www.kznhealth.gov.za/standrewshospital.htm](http://www.kznhealth.gov.za/standrewshospital.htm)**