

St Andrews Hospital awards excellent workers

December 15th 2004 was D-Day for the recognition of excellence and hard work by dedicated workers at St Andrews Hospital.

Extra-ordinary staffers at the hospital were awarded for their contribution in keeping the country's health care system efficient and capable of meeting the needs of the sick.

The management of St Andrews Hospital together with the Hospital Board initiated the End of the Year Awards that were conferred during a glamorous ceremony at the Recreational Hall.

The awards are also meant to encourage those hospital workers who have embraced the government's principle of Batho Pele or putting the interests of the people first to ensure efficient service delivery.

Certificates of commendation were given to all departments for their hard work as well as the soccer team, netball team and the hospital choir. Adult Basic Education and Training (ABET) students were also not forgotten in this event, they received certificates from ABET coordinators.

It was a joyous and tense

moment. There were two main categories the best Batho Pele department and the department with the best Quality Improvement Programme that kept most people holding their breath.

As the event proceeded, everybody was becoming anxious as to which departments will win these categories since the competition was tough. A panel of judges was there to ensure that everything went smoothly without any hiccups.

One of the judges Mrs Joyce Webster from Quality Assurance Unit gave the keynote address before announcing the winners of these categories. Her speech was more focused on patients' rights charter and Batho Pele. She emphasized the importance of practicing Batho Pele when dealing with clients.

Moment of truth ...

The moment of truth arrived. It was time for the judges to announce the winners of both of these categories. The winner of the best Batho Pele department was A-ward and the winner of the department with the best Quality Improvement Programme was the Pediatric ward.



Mr Gounden accepting a certificate from the Hospital Manager, Mrs TL Ntleko



QUOTES ...

Men are like used cars They are both

? *cheap*

? *easy to find*

? *and unreliable*

~~~~~  
*Speak when you're angry and you'll make the best speech you'll ever regret*

*There is no oil, if olives are not squeezed... No wine, if grapes are not pressed... No perfume, if flowers are not crushed... Have you felt any pressure in life today???*  
*Don't worry... God is just bringing out the best in you!! Stay happy!"*

## ‘Batho-Pele nurse’ to the rescue

Sister Manning who runs the TB office at St Andrews Hospital has demonstrated how to put government’s principle of Batho Pele by visiting a TB sufferer at home and saved the patient who had dehydration.

Batho-Pele is SeSotho for putting the people or their interests first. The government adopted this principle as part of its endeavor to ensure civil servants put the interest of people first as part of ensuring quality service delivery.

Mrs Manning first received a telephone call from a concerned relative detailing the health condition of Terence Fynn (58), the father of Etienne Fynn, captain of the provincial rugby team, the Natal Sharks.

After receiving the call on December 5, Mrs Manning immediately headed for Mr Terence Fynn’s home to assess him and discovered that he was dehydrated. She also checked his health treatment records and found Mr Terence Fynn was on Rifafour, which is a TB treatment.

“His son then told me his father was diagnosed with TB in September 2004 and he was currently treated at Scottsville Clinic in Pietermaritzburg,” explained Sister Manning.

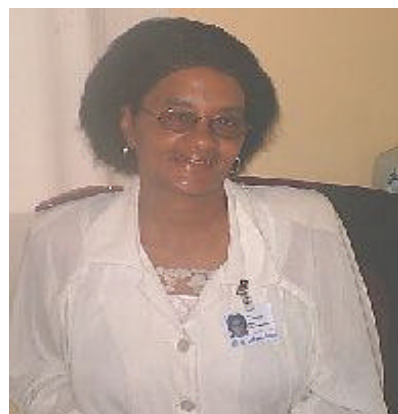
“I then gave them three options to consider, first to refer him to the hospital to have his condition optimized and then back home as a Home Base Care patient, the second option was to have his condition optimized and then referred to a Hospice or optimize his condition and then refer to Grey’s Hospital ” said Sister Manning.

The family then asked her to make necessary arrangements with Dr Moodley for Mr Fynn to be admitted at St Andrews Hospital so that his condition would be stabilized.

“He was then admitted to A-ward, which is St Andrews’ private ward and then the next morning I went to see him, we exchanged a few words but he sounded tired,” continued Sister Manning.

“When I got to the ward I noticed a drastic change in Mr Fynn’s condition. After major discussions with the Fynn family, they agreed to have the patient sent for brain scan and have him admitted to Grey’s Hospital,” she added.

Dr Raju and Dr C. Govender then intuited Mr Fynn successfully. He was airlifted to Grey’s Hospital by the helicopter.



Sister Manning

## Pediatric ward’s Christmas Party

The 24<sup>th</sup> of December was a joyous day for all children who are in pediatric ward when the children from the Harding area visited them in their ward to entertain them and give them presents.

Joy was written on the faces of each and every child and they enjoyed the entertainment that was provided by the local children. The local children entertained them with music and dance. Towards the end of the party the children then received juices, chips and gifts from the hospital.



Local children entertaining the kids in pediatric ward



There were lots and lots of presents

Do you have any story or joke that you would like to contribute? Well if you do you can submit your story to the office of the Public Relations Officer Miss N. Zwane or call her at ext. 237.

# St Andrews Hospital and Kwabhekilanga signify a true public/private partnership

St Andrews Hospital and Kwabhekilanga a non-governmental organization focusing on Home Based Care, have spearheaded a partnership as part of ensuring quality health service and life for all people.

The partnership is part of the hospital's commitment to give the best of life to the terminally ill people and it is in line with government's public/private partnerships in which non-governmental organizations and private sector work together with government in a bid to meet some of this country's service delivery needs.

Kwabhekilanga is a Non-Governmental Organization established in 1998 and it is a legally constituted organization in Harding focusing on Home Based Care.

One of its main objectives is to provide health care, spiritual and emotional support to people with life threatening diseases and their families.

St Andrews hospital has been working together with Kwabhekilanga by organizing training workshops for volunteers who want to look after the terminally ill. The Nursing Manager Mrs Sihlali together with HIV/AIDS coordinators often evaluate nursing care and skills among volunteers during workshops held mainly on Saturdays at Weza.

The volunteers work tirelessly without any incentive caring for terminally ill patients in the comfort of their homes with their loved ones around them.

From the 15<sup>th</sup> to the 26<sup>th</sup> of November, the hospital has trained these volunteers as HIV/AIDS councilors. Matron Molefe and Sister CH Manning who are HIV/AIDS trainers conducted the training. When she was asked about the purpose of this training, Sister Manning said the main aim was to further empower these volunteers with counseling skills and HIV information.

"This will help these volunteers with the management of Home Based Care patients that are referred back home by the hospital," said Sister Manning.

The workshop was a great success and the volunteers showed a lot of enthusiasm - according to one of the students this workshop was what they needed because it gave them more insight on what is HIV/AIDS all about.

## St Andrews draws attention to eye care

St Andrews Hospital recently held an Eye Care and Eradication of Poverty Awareness Day as part of government's and health authorities' attempt to educate society about the need for serious eye care.

South Africa has many people suffering from eye care especially treatable conditions like cataract. The St Andrews public education campaign was held on the 22<sup>nd</sup> of October 2004.

The South African Government, through the department of health and various private and international health organizations often run anti-cataract campaigns in all provinces of the country.

The campaigns offers indigent people suffering from eye problems such as cataract free eye checks and operations.

A cataract is a cloudy area in the lens of the eye. A normal eye lens is clear and focuses light into the back of the eye but when a cataract develops some of this light is blocked out and or scattered.

As the cataract develops, it becomes harder for a person to see, however

cataracts are not a disability but a normal part of life predominant among the aging.

The campaign against cataract usually involves South Africa's and sometime foreign top ophthalmologists participating in cataract surgical marathon at the end of which hundreds of people regain their sight.

The operations to remove cataract takes about 15 to 30 minutes and patients usually regain their sight just after two hours. The ophthalmologists; or eye specialist in simple language, performs the surgical procedures.

Sister Mlambo of Port Edward Clinic was among the guest speakers during the function. She deals mainly with cataract cases. Sister Mlambo warned elderly people about the dangers of cataract.

She asked the senior citizens to contact nearest clinics and hospitals in order to remove cataract because it often lead to blindness. "The procedure doesn't even take long, it takes less than an hour," she assured the public.



St Andrews staff entertaining the crowd

Dr Kesi Naidoo who was also the guest speaker echoed Sister Mlambo's words, he also urged the community members to support those people with eye problems.

Apart from educational plays and speeches, the campaign day was also filled with other entertainments like music rendered by community health workers and St Andrews staff.

## St Andrews targets Church Leaders

During the 16 Days of Activism of No Violence Against Women and Children Campaign, St Andrews Hospital focused on addressing Church Leaders within the whole Ugu District.

The Social Worker Yola Dlulane and the Public Relations Officer Nkosikhona Zwane drove the campaign.

On the 3<sup>rd</sup> of December, they visited Dududu, near Scottburgh in Ugu North where the Social Worker addressed the Church Leaders on issues like domestic violence, emotional abuse, financial abuse, sexual abuse and physical abuse. Then on the 7<sup>th</sup> of December they met with Church leaders from Umuziwabantu Municipality in Ugu South.

When asked about the importance of focusing on Church Leaders, the Social Worker Miss Dlulane said the main aim for this was to arm these leaders with more information since they sometimes end up counselling people with different kinds of problems ranging from domestic violence, rape and physical abuse. "The information that we gave them will help a lot especially the new Domestic Violence Act this will become handy when they need to counsel the victims of domestic violence," she added.

The talks went very smoothly and the Church Leaders showed a lot of interest in these talks some of them even admitted that they have come across the victims of sexual abuse and domestic violence, previously, but they didn't know how to deal with them since they didn't have enough information.

The PRO, Miss Zwane will still plan more talks with Church Leaders since they failed to reach to all the leaders within the region due to the fact that some leaders had closed for the festive season.



Yola Dlulane

### FOOD FOR THOUGHT!!!

There is but one secret to success—  
*NEVER GIVE UP!*

Never look down on anybody, unless  
you're helping him up  
- Rev. Jesse Jackson

*Kind words can be short and easy to  
speak, but their echoes are truly end-  
less.*

- Mother Teresa

*The minute you start talking about what  
you're going to do if you lose, you have  
lost*

- George Shultz

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### JOKES!!! JOKES!!!

*Kids In Grade School Think Fast*

TEACHER: Why are you late?  
WEBSTER: Because of the sign.  
TEACHER: What sign  
WEBSTER: The one that says,  
"School Ahead, Go Slow."

TEACHER: Cindy, why are you do-  
ing your math multiplication on the  
floor?

CINDY: You told me to do it without  
using tables!

TEACHER: John, how do you spell  
"crocodile?"

JOHN: K-R-O-K-O-D-A-I-L"

TEACHER: No, that's wrong

JOHN: Maybe it s wrong, but you  
asked me how I spell it!

TEACHER: What is the chemical  
formula for water?

SARAH: H I J K L M N O!!

TEACHER: What are you talking  
about?

SARAH: Yesterday you said it's H to  
O!

### Message from the PRO!!!

Hello St Andrews staff and welcome to  
our third issue.

I would like to thank all those staff  
members who worked very hard into  
making our awards ceremony a great  
success and may God shower them with  
His blessings. I would also like to  
thank the hospital board and the hospi-  
tal's top management team for giving us  
great support when the task team was  
preparing for this event. S'yabonga  
kakhulu ngokusixhasa!!!

PS: Do not forget that schools will be  
opened very soon, make sure that you  
spend your money wisely so that you  
will be able to buy everything your chil-  
dren will need when the schools open.  
Ningayi komashonisa