



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

Ungeni

NEWS

Special Edition 01/2018

MANDELA DAY CELEBRATION



FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE

Nelson Mandela Day 2018

“It is in your hands to make the world a better place” - **Nelson Mandela**. Umgeni Hospital joined the world in commemoration of the Nelson Mandela Centenary on 18 July 2018. The management and staff of the hospital decided to honour the day by getting involved in various activities characterized by selflessness. The main activities were solely for the benefit of Mental Health Care Users (MHCUs) directly; with one particular one being for the benefit of the community. The activities included:

- Painting of Ward 8 (children's ward);
- Donating used clothing to Users;
- Trimming of trees;
- Provincial Sports Gala for KwaZulu-Natal Psychiatric Hospitals;
- Provision of cup cakes to all (341) Users by Dr Naicker.

On the same token and for the benefit of in-patients, Ekuhlengeni Psychiatric Hospital hosted the 2018 Sports Gala at Howick sports field on 18 July 2018. The event includes six (6) specialized psychiatric hospitals within the province of KwaZulu-Natal namely Ekuhlengeni, Madadeni, Umgeni, Umzimkhulu, Townhill and Fort Napier Hospitals. The event seeks to create awareness on mental illness and the theme for 2018 was: “Depression: let's talk”.

The Sport Gala had a number of different games in which Users participated. These included: tug of war, potato race, soccer, track races, soccer and many more.

The infamous Unforgettable Band from Umgeni Hospital entertained the audience and participants with their music. The atmosphere was marked with cohesion among staff and patients present.

Umgeni Hospital received a trophy for being the Best Organized institution. Thank you to staff and management from all institutions that participated in this wonderful and joyous event for our Users.



NELSON
MANDELA
INTERNATIONAL DAY
18 July



MANDELA DAY



Mr. M.V. Ngcobo (Assistant Director: Systems) trimming the tree outside the administration building



Mr. M.H. Mathobela (Assistant Director: Finance) cutting the trees outside the administration building



Human Resource Staff digging an ant hill

MANDELA DAY



From right Mr. R.B.N. Chirwa (Acting Human Resource Manager), Mr. M.H. Mathobela (Assistant Director: Finance) and Mr. M. Lutchman (Operational Manager: Ward Saamstap (Frail & Geriatric Unit))



Mrs. S. T. Chule (Assistant Manager: Nursing) interacting with Users about the meaning of Mandela Day

MANDELA DAY

Painting of Ward 8 (Children's Ward)



Provincial Sports Gala: 2018



Mental Health Care User's who participated during 2018 Sports Gala



Mental Health Care Users (MHCUs) from Ekuhlangeni (left & centre) and Umgeni MHCU after receiving their medals for participating in walk race

Provincial Sports Gala: 2018



MHCU from Umgeni Hospital (left) receiving the trophy from Mr. Titi (Sports Gala Official) as the best organized institution



Miss. Ndlovu (Umgeni Hospital CEO) with User after receiving the trophy for "most organized institution"



User awarded a medal by Mr. O. Hlatshwayo (Provincial Sports Gala Committee Member)

MANDELA DAY OUTREACH EVENT

Ethembeni runs an Education Support programme at Family Centre in Mpophomeni (township in Howick) which assists children educationally. The centre also runs a Dignity Programme which focuses on young girls; they educate them on their menstrual cycles and work towards improving their self image and self confidence; included in the programme is HIV awareness and prevention. "Through donations of sanitary wear we are able to help the girls with this very basic need" said Gail Louw (Administrator – Ethembeni)

"Thank you Umgeni Hospital for your donations of sanitary wear, this has really assisted us to make a difference in the community and it has meant so much to our girls at the Family Centre". said Gail Louw



Students from various schools in Howick acknowledging a donation of sanitary towels from Umgeni Hospital



Student excited to receive the pack of sanitary towels



The day was sealed with some cake; all thanks to Sister Manser



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