



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

Umgeni Hospital

Umgeni NEWS

STAY INFORMED

February—June 2017

MAIN STORY HEADLINE



Umgeni Hospital Band Playing at the Royal Show River Stage



Royal Show
[READ MORE ON PAGE 1](#)



Human Rights Day
[READ MORE ON PAGE 3](#)



Social Workers Day
[READ MORE ON PAGE 5](#)

Royal Show

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ietermaritzburg's Royal Agricultural Show is the continent's largest mixed exhibition, incorporating a fully-fledged agricultural component facility which is open, friendly and relaxed with a charm and ambience of its own!

The recently refurbished Crafts and Home Industries Hall affords the young and the old with diverse displays and interactive demonstrations of extraordinary talent. These include embroidery, needlework, knitting, painting, photography, beading and wood sculpting. Umgeni Hospital Occupational Therapy Department sends the hand crafts made by Mental Health Care User's for entry.

A group of talented Mental Health Care User's (MHCUs) from Umgeni Hospital called the Unforgettables plays instrumental music at the KFC River Stage. Their music is enjoyed by the scholars as they visit the stage and dance to their music. The River Stage includes a mix of informative entertainment and educational sessions like shark dissections done by the Natal Sharks Board.

The Friends of Umgeni (FoU) has always been instrumental in ensuring that twenty MHCUs are funded to attend the Royal Agricultural Show and have pocket money for spending. The Management would like to thank the FoU for their continuous support in orientating MHCUs with the outside world through their generous offerings and resources.



MHCUs at the Royal Show

Pictures for The Royal Show



Band Members during shark dissection



MHCU's dancing at the River Stage



MHCU dancing with staff member



MHCU's with their items on display at the Royal Show



Scholars enjoying the music

HUMAN RIGHTS DAY CELEBRATION

“Human rights are the basic rights and freedoms that belong to every person in the world, from birth until death; it is a privilege of humankind”.

Human rights are relevant to all of us, not just those who are suppressed or mistreated by the community. The rights of citizens are there to protect all of us in our daily living. The main rights for citizens are:

- ⇒ The right for a person to a private and family life as well as expressing their opinions, and
- ⇒ The right not to be mistreated or wrongly punished by the state.

“In South Africa, Human Rights Day is celebrated on 21 March, in remembrance of the Sharpeville massacre which took place on 21 March 1960. ...Parliament's role on this day is to empower the people so that the democratic processes become known to all South Africans”.

Umgeni Hospital commemorated Human Rights Day on 30 March 2017 using the national theme: “The Year of O.R. Tambo: Unity in Action in Advancing Human Rights”

The institution liaised with the Office of the Premier to source a speaker for the keynote address. Mrs. N. Xulu (Deputy Director: Human Rights Office) was then allocated to be guest speaker. On the day of the event she spoke about the importance of upholding human rights as well as the fact that the day was originally referred to as “Sharpeville” Day. “The Bill of Rights is the cornerstone of democracy in South Africa, and Human Rights are there to deal with the challenges faced by people who were previously disadvantaged or oppressed” said Mrs. Xulu. She further unpacked the Constitution stating that: It is a tool for transformation and restores the dignity of all people.

The constitution enshrines the rights of all people in our country and affirms the democratic values of human dignity, equality and freedom. “The state must respect, protect, promote and fulfil the rights in the Bill of Rights. Mrs. Xulu further encouraged the staff to read the constitution of South Africa and share the knowledge with their children. “Asiqale sizithande senze okuhle emakhaya, by teaching our children and doing what is good”. Mrs. Xulu encouraged those that may have been previously disadvantaged to do their best and carry the legacy of the leaders who fought for democracy to the future.



Pictures for Human Rights Day



Miss. N.E. Ndlovu (CEO)
Welcoming the Audience



Mrs. N. Xulu
Guest Speaker



Durban University of Technology Student Nurses Choir



Special Events Committee Members

SOCIAL WORKERS DAY



The Social Work Department commemorated World Social Work Day on the 22 March 2017. The World Social Work Day creates an opportunity for the social workers to express international solidarity and to bring common messages to Government, regional bodies and to our community. The event was commemorated under the Theme **‘Promoting community and environment sustainability’**

PURPOSE OF THE DAY.

- o To celebrate world social work day
- o To sensitize Umgeni Hospital staff about the role of social workers
- o To officially launch the Social Workers’ uniform.

The Social Work department distributed information brochures about the services rendered by their department and also encourage the staff members to refer cases that require their intervention.

The Clinical Governance Committee, Events Committee and Management joined the official launch of Social Workers’ uniform (i.e. royal blue shirts embroidered with the name of the Social Worker in orange and black skirt). The royal blue colour symbolizes Social Worker Principles which are: strength, truth, stability, hope, honesty and loyalty.

The major roles of Social Workers are strengthening families, giving hope to the hopeless, bringing stability to unstable families and communities. They are to remain truthful, honest and loyal to their clients. The orange embroidery on the shirt symbolizes care for mental illness and ringing the bell of hope for the Mental Health Care User who is diagnosed with intellectual disability.

Article submitted by: Social Work Department

Pictures for Social Workers Day



Pamphlets on display



Social Work Department Staff

From left: Miss. P. Makhathini,
Mrs. P. Hadebe &
Miss. N. Hadebe



Social Work Department Staff

From left: Miss. P. Makhathini,
Miss. N. Hadebe & Mrs. P. Hadebe



“Child Protection Week (CPW) is an annual campaign that was initiated in 1997. This campaign is led by the Department of Social Development (DSD) in partnership with all government departments.”

OBJECTIVES OF CHILD PROTECTION WEEK

- To advocate for children’s rights
- To educate and mobilize communities to put children first.
- To ensure the safety, well-being, care and protection of children through an integrated multi-disciplinary approach. .
- To inform and educate the public on the comprehensive services needed by children in their emotional, cognitive and physical development.

The CPW was commemorated under the national theme “**Let us all protect children to move South Africa forward**”. The event was officially launched on the 29th of May 2017 and a banner was displayed at the hospital entrance to sensitise the community about Child Protection Week and Umgeni Hospital’s commitment to protect children. On the same day green ribbons were provided to all staff members to be worn for the entire week, as a symbol to support children's rights, as well as commitment to care and protect children.

On the 31st of May 2017, Social Workers went to Nogqaza Primary School to conduct a campaign on abuse of children. The participation of all school children and all teachers went well. Questions that were posed by the children showed that they were listening and wanted to know more about child abuse.

On the 1st of June 2017 the Social Workers from (Umgeni Hospital, Department of Social Development (DSD): Howick Service Office, Social Workers from Angels Care and Howick Department of Justice) visited Injoloba Secondary School to continue with the Child Abuse Awareness. The topics that the students were educated on was **emotional abuse, sexual abuse and physical abuse**. The Department of Justice covered their role after the abuse has been reported.

On the 2nd of June 2017 Social Workers from Umgeni Hospital and from DSD went to God’s Little Lamb Crèche in Howick West for another awareness campaign on child abuse. There was also a banner written **WE ARE THE FUTURE, PROTECT US**: where children put their right hand prints with different colours as a symbol of pleading for parents and the community to protect them.

To end CPW there was a march for Umgeni Hospital staff. Staff were encouraged to wear black with red lipstick. The march was from the hospital entrance to the recreational hall; led by male staff. The social workers addressed the audience about human trafficking that is currently on the rise around the world and Miss Ndlovu (CEO) also emphasised the importance of observing and caring our children.

Article submitted by: Social Work Department

Pictures for Child Protection Week



Valentines and Easter Celebration Events

The Friends of Umgeni (FoU) work in co-operation with the management of Umgeni Hospital to identify the needs for Mental Health Care User's (MHCU's) by sponsoring special events and activities like sports. Further to this, in 2017 they have organised a Valentines dance and an Easter celebration for MHCU's.

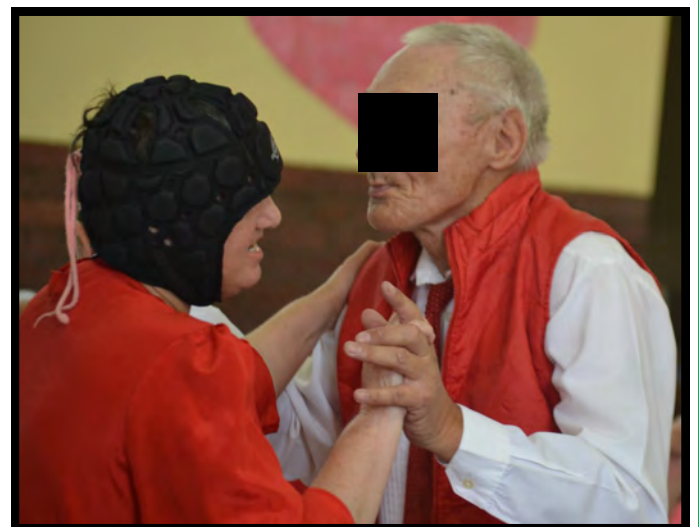
The Friends of Umgeni (FoU) have continuously fulfilled its mission which is: "To give love, support and care to the mentally and physically disabled at Umgeni Psychiatric Hospital in Howick, KZN, South Africa"

"FoU provides amenities that are not provided by the government and promote social and recreational activities which are vital for the patients' wellbeing".

A big thank you to the FoU for their support; their generosity is noticed at all times.



Best Dressed couple receiving a gift from Ms. Jade Neyt (Comm. Serve Occupational Therapist)



Community Service Therapists

Physiotherapist



Ly name is Lucy, I am 22 years old and I'm from Empangeni. I grew up on a farm in Zululand; went to a boarding school in Durban Kloof and then studied and qualified as a Physiotherapist at the University of Cape Town.

To be honest, I had never heard of Umgeni Hospital before last year; for my community service year I had always wanted to be back in KwaZulu-Natal giving back to the community of my home Province. Umgeni was one of the choices on the list, and after researching a bit, I realized that it was the perfect place. Not only is it located close to some family, but I have always loved the neuro side of physiotherapy and was excited about the range of conditions I would be exposed to.

This year for me is all about experience and making a difference. It is a goal of mine to learn as much as I can (not only in the physio field) as well as pass on knowledge and uplift the community. I have already stepped out of my comfort zone and started to be more active (especially with our amazing netball team) and I'm really looking forward to learning so much more from everyone (patients and staff) at Umgeni Hospital. I'm hoping to grow from my experience this year and help out wherever I can.

Occupational Therapist



Hello Umgeni Hospital! My name is Ms. Jade Neyt and I am the new Community Service Occupational Therapist (OT) working at Umgeni Hospital. I studied in Johannesburg at the University of Witwatersrand and am excited to have moved to KwaZulu-Natal and be working at Umgeni Hospital. I have chosen Umgeni for its uniqueness and variety of experiences it has to offer. Umgeni Hospital has a vibrant Occupational Therapy Department that runs different stimulation and work-related programs for the patients that are able to participate. In addition to this, the department has annual events in almost every month for the patients to look forward to and to have a chance to socialize with each other and staff. Lastly, the OT department services outpatients as well as clinics within the surrounding areas. I enjoy being part of the Umgeni team and hope to make a difference in as many lives as I am able to reach within the setting.

This year I hope to continue to learn about the different spheres of OT, more specifically how to be a well-rounded OT working with people who have intellectual as well as physical disabilities. My goal is to work within a multi-disciplinary team to provide the best service possible to the patients within the hospital as well as outside of hospital. So far I have thoroughly enjoyed getting to know the different wards and the patients, and I have learnt a lot about myself as well as about my profession. Thank you Umgeni for having me as your community service OT for 2017

Inkonzo yamazwi asikhombisa

Inhlangano ye Healthcare Christian Fellowship, okungukuthi asebenzi bezempilo abangama-Krestu, yase sibhedlela saseMngeni yahlela inkonzo yamazwi ayisikhombisa ngomhlaka 05 April 2017 ngaphambi kokuthi abasebenzi baye emaholidini ePhasika. Abahleli balenkono ngolwazi lokuthi kulesisibhedlela kuna basebenzi abavela kwizinkonzo eziningi ezahlukeneyo; bahlela ukuthi kushumayeke abasebenzi abasuka ezinkonzweni ezahlukeneyo. Kule nkonzo eyayihleliwe kwakubandakanyeka cishe onke amabandla.

Izinjongo zalezinkonzo kwakuyilezi ezilandelayo:

- Ukukhunjulwa kwesikhathi lapho indodana kaNkulunkulu uJesu Krestu ebethelwa esiphambanweni ngenxa yezono zehlabathi ukuze siphile ingunaphakade.
- Ukudumisa simoya munye sidlinza ngothando esalunikwa uJesu ngokuthi avume ukusifela.
- Abanye babasebenzi basuke besebenza ngesikhathi sePasika lokho okwenza ukuthi bangakwazi ukuba yingxenywe yezinkonzo zePhasika. Lenkonzo yamazwi ayisikhombisa ibanika ithuba lokuba nabo babungaze isikhathi sePhasika.

Siyabonga kubahleli balenkono, sithembe bazokwenza njalo nango 2018.



Abashumayeli bamazwi ayisikhombisa ashiwo indodana kaNkulunkulu ilenga esiphambanweni



WORLD HAND HYGIENE DAY

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orld Hand Hygiene Day (5 May) was celebrated at Umgeni Hospital on the 4th May. The 2017 Theme: **“Antibiotic Resistance, its in your hands”** was promoted through educational material and supported by handwashing awareness activities.

World Hand Hygiene day was conducted in the form of a relay event hosted by Ward 1, as a central venue. All wards, sections and departments were invited to participate. A competition element was added to motivate staff to support this initiative. Umgeni Hospital appreciated the encouragement from Mrs. Khumbuzile Khumalo (District IPC) who came and joined in with the activity.

Award Winners: Best Ward Participation ~ 100% : Wards One and Ward D1

Best Section Participation ~ 80%: Food Services

First Participant ~ Miss T Chellan, Physiotherapist

First Nursing Participant ~ Mr. W Ross (Professional Nurse)

Competition
element was added to
motivate staff

Seventy-five (75) staff members from all components and categories participated in this event, learning and growing together for better health, while having fun.

Article supplied by Sr S. Manser, ICP



From right: Miss T Chellan (Physiotherapist) receiving a certificate as first participant winner and a gift from Sr. Manser (IPC)



Best Section Participation : Food Services



Best Ward Participation: Ward D1

APPOINTMENTS, TERMINATIONS AND DEATHS

APPOINTMENTS

Initials and Surname	Rank	Department
S.B. Sibanyoni	Comm. Serve: Professional Nurse	Nursing
S.W. Sithole	Comm. Serve: Professional Nurse	Nursing
L. Beningfield	Comm. Serve: Physiotherapist	Physiotherapy
P.P. Hlongwane	Comm. Serve: Professional Nurse	Nursing
Mkhize XS	Comm. Serve Professional Nurse	Nursing
Jade Neyt	Comm. Serve: Occupational Therapist	Occupational Therapy

TERMINATIONS

Initials and Surname	Rank	Department
V.M. Mnikathi	General Orderly	Systems
Z.P. Mdluli	Enrolled Nurse	Nursing
M.P. Itizo	Operational Manager	Nursing
T.C. Duma	General Orderly	Systems
P.N. Hlasa	General Orderly	Systems
C.C. Edwards	Enrolled Nursing Assistant	Nursing
B.A. Ntombela	Linen Orderly	Systems

DEATHS

Initials and Surname	Rank	Department
J.J. Zuma	Enrolled Nurse	Nursing
S.M. Ndlela	Security Officer	Systems

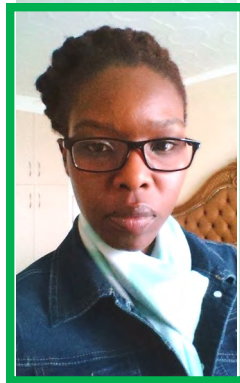
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