



Umgeni

NEWS

STAY INFORMED

October—November 2016

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Heritage Day Event

“Culture allows people to identify with others of similar mindsets and backgrounds. Cultural Heritage can provide an automatic sense of unity and belonging within a group and allows us to better understand previous generations and the history of where we come from”. “People from the same culture tend to support one another (communal support). In a community setup those from certain heritage have a tendency of helping one another or group together”.

Umgeni Hospital celebrated its cultural diversity on 28 September 2016. With the background and understanding of the concept of “the rainbow nation”, different cultural groups were represented, i.e. Indians, Coloureds, Xhosas, Zulus, Whites and Congolese. The groups used different artifacts, pictures, photographs, food, clothing, cultural dances, customs followed, dress style, personal decoration like makeup and jewellery to showcase the different cultures.

“Cultural heritage is in the food we eat, the clothes we wear, the religions we follow, and the skills we learn. Sometimes we can touch and see what makes up a culture; other times it is intangible”.

During the event it was further portrayed that heritage is made up of practices and traditions that are passed on from generation to generation. Heritage is also about what has been passed on from the family, community and place where people have been raised.

The event provided a great opportunity for employees to learn about each others’ cultures. Management also gave out awards for the best displayed culture and best dressed culture. Working in unity all groups managed to get rewards. The hard work that was put into the displays, regalia and food was noted and greatly appreciated.



Pictures for Heritage Day



White Culture



Congolese Culture



Xhosa Culture



Coloured Culture



Indian Culture



Zulu Culture



A Special Kind of Class



“**C**hildren with special needs, are not weird or odd, they only want what everyone else wants: **TO BE ACCEPTED FOR WHO THEY ARE.**” by Desiree Govender

On the 3rd September 2016 *Umgeni Hospital* Mental Health Care Users (MHCUs) attended an event (Empathy Fun Day) that was organized by Project Life. Project Life is a Non-Profit Organisation, based in Estcourt, rendering services to children with the following conditions: Autism, Attention Deficit Hyperactive Disorder, Down Syndrome, Dyslexia, Dysgraphia, Dyscalculia, Cerebral Palsy, Slow Learners, Delayed Mildstones, Speech Impairments, Hydrocephalus.

The purpose of the event:

- To create awareness on how to deal with people with disabilities.
- To get community members to interact and socialize with people with disabilities.
- To break the barrier of isolation, stigmatization and build a society of inclusion and acceptance.

Approximately 28 MHCUs from *Umgeni Hospital* had the opportunity to interact and share their experiences with others from different institutions like Sunfield. Mental Health Care Users (MHCUs) participated in music, physical activities and received prizes as well as snacks. The bikers from Howick and surrounding areas were part of the event to entertain MHCUs. Different organisations including *Umgeni Hospital* displayed art work done by MHCUs; these pieces of art were also sold to the public.

Our sincere gratitude is extended to Project Life Organisation for arranging such an event for MHCUs; they enjoyed participating in social games and being part of the event.



Staff members from all institutions and Mental Health Care User's participated in a dance



Chair Game: chairs are less compared to the participants, music will play and anyone who does not have a chair is out of the game until there is a winner.



MHCUs enjoying a photo shoot on bikes

Community Outreach with Hilton & Howick Rotary Club



Working team during Community Outreach

Rotary Club is an international membership organization made up of people who share a passion and commitment to enhance communities and improve lives across the globe.

"Hilton and Howick Rotary Club was chartered way back in 1970 and is situated in the heart of the KwaZulu-Natal Midlands. This small club has sixteen members which is somewhat small but nevertheless it enjoys tremendous fellowship and any Rotarian or interested person is welcome to join any Monday evening". *source (rotary website)*

On the 12-14 October 2016 a coalition was formed between Hilton- Howick Rotary Club and *Umgeni Hospital* to tackle health matters. Both these entities targeted the community in Ward 9 (Howick West, Mathandubisi, Shiyabazali etc.)

The aim of the outreach was to create awareness about health issues and promote the health of community members by doing basic screenings, HCT, Physiotherapy, Occupational Therapy, Speech Therapy, Social Work services etc. This initiative supports the development of shared community goals for health improvement with the Primary Health Care approach. Although the Rotary Club initiated the programme, the leadership from both partners was crucial in ensuring the success of the outreach.

Feedback was conducted in the form of interviews with community members. The Public Relations Department captured 2 participants:

How do you feel about the initiative of bringing health services to your area?

Participant 1: We are happy about services rendered since we struggle for taxi fare to Northdale Hospital. We wish to have our own clinic

Participant 2: The services are excellent; such services should be provided often. In Howick Clinic we wait for the whole day to be attended.

Continuation of pictures for Community Outreach



Occupational Therapy Awareness

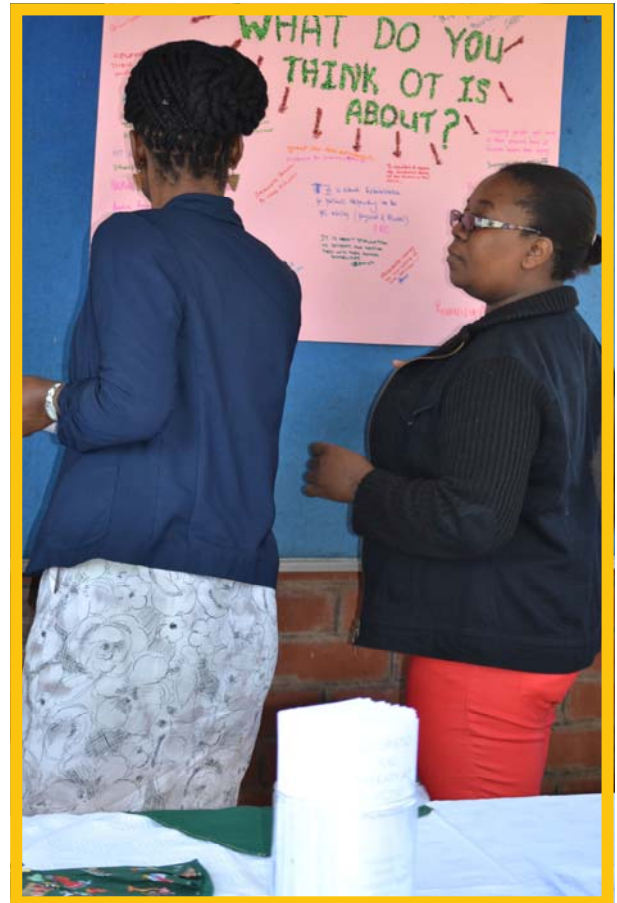
In the week of 16-22 October was National Occupational Therapy (OT) Awareness Week. At Umgeni Hospital it was officially commemorated on 19 October 2016.

The awareness campaign commenced at 10h00 and the targeted group was the entire staff complement of the hospital. Fifty staff members participated during the awareness campaign and we extend our gratitude to all those who participated and made the event a success.

The campaign was fruitful as it gave staff an opportunity to understand the role and profession of Occupational Therapy. Many, despite having many years of service at *Umgeni Hospital* did not fully understand what OT is about. OT staff availed themselves to verbally explain their roles and pamphlets were distributed with more in-depth information to those who participated.

The campaign ended at 12:30; however the OT awareness banner was left displayed for the entire week to create awareness even amongst our visitors.

Article submitted by: OT Therapist



ADULT EDUCATION & TRAINING

CLASS OF 2016



Front Row: from left Mr R.S. Mbhele, Mrs S.V. Mthethwa, Mrs C.N. Nkomo, Mrs N.E. Rausch, Mrs F.J. Ngobese, Mr B.C. Mpulo & Ms B.I. Xakaza

Back from left: Mr R.B.N. Chirwa (Skills Development Practitioner) & Miss C.K. Ntuli AET Tutor

“Adult Education and Training (AET) learners of *Umgeni Hospital* received computer certificates during Um-gungundlovu Health District AET celebrations hosted at Umgeni Hospital. The learners were sent to Olwazi-ni Training Centre by the Department of Health to impart computer skills. Learners were very grateful to have undergone computer training and be awarded certificates of Computer Literacy.”

Mhla zingamashumi amabili nanye enyangeni kaMfumfu 2016, isifunda soMgundundlovu sahlela umqhudelwano webhola lezinyawo kanye nebhola lomnqakiswa. Ngalelo langa zonke izikhungo zempilo phecelezi Public Health Hospitals and Community Health Centres zaziqhudelana.

Abadlali kanye nabaphathi besibhedlela saseMngeni babezimisele kakhulu, bebonisa amakhono abo. Kwalukhuni kwibhola lezinyawo ngoba izinsizwa zaphelela esigabeni sokuqala, zangakwazi ukudlulela kumkhumula jezi. Abesifazane kwibhola lomnqakiswa babezimisele kakhulu ngoba bakwazi ukuqhubekela phambili. Kodwa usuku lwemidlalo lwaphazanyiswa ukunetha kwemvula. Lokho kwaphoqa ukuthi imiswe imidlalo.

Yaqhubeka lemidlalo mhla zangamashumi amabili nesithupha kuMfumfu 2016 kumabala aseHowick. Iqembu lebhola lomnqakiswa lesibhedlela saseMngeni lazimisela kakhulu ngoba kwakufana nokuthi lidlalela ekhaya. Lagcina ngokufinyelela kowamanqamu lidlala neGreys, lapho kaphumelela khona ngamalengiso, laba ngompetha besifunda uMgungundlovu.

Abaphathi besibhedlela kunye nabasebenzi bayaziqhenya ngaleliqembu ngoba labonisa ukuzimisela okukhulu. Leliqembu liphinde labanabadlali abaningi abakhethelwa ukuyomela isifunda uMgungundlovu emidlalweni yesifundazwe. Ilapho-ke elabuya khona nendebe yokuba ngompetha emqhudelwaneni wezikhungo zezempilo kwa KwaZulu-Natal. Sithi halala mantombazane niyibekile induku ebandla kuze kube njalo nango 2017.



Netball Team with management



Soccer Team with management

ACKNOWLEDGEMENTS



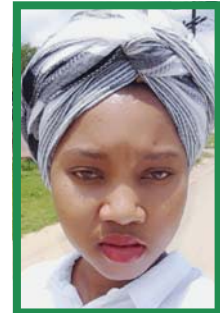
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