



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

UMKHANYAKUDE
HEALTH DISTRICT OFFICE

SIKHANYAKUDE

NEWS

STAY INFORMED

OCT-DEC 2025

QUALITY OF LIFE COMMITTEE CONDUCTS OVERSIGHT VISIT TO JOZINI THUTHUZELA CARE CENTRE.



**FULL
STORY ON
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Left: Hon. Fikile Tshazi, Member of the Provincial Legislature (MPL) in KwaZulu-Natal and Chairperson of the Quality of Life Committee, during an oversight visit at Othobothini Community Health Centre.

Right: Mrs D.S. Mkhwanazi, Chief Executive Officer of Othobothini CHC, providing background information on the functionality of the Thuthuzela Care Centre



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Strengthening GBV Response Through Multi-Sectoral Collaboration.



Members of KZN Legislature interacting with Othobothini CHC and District teams

The Quality of Life Committee of the KwaZulu-Natal Legislature, led by its Chairperson, Hon. Fikile Tshazi, conducted an oversight visit to the Jozini Thuthuzela Care Centre (TCC), located at Othobothini Community Health Centre. The visit formed part of the Committee's ongoing mandate to monitor the provision of essential services, as well as its participation in the national 16 Days of Activism for No Violence Against Women and Children campaign.

Thuthuzela Care Centres play a critical role in the fight against gender-based violence and sexual offences. These specialised, one-stop facilities offer survivors a safe and supportive environment where they can access comprehensive assistance. Services available at the centres include immediate medical care, psychosocial support, counselling, and legal guidance, all provided within a coordinated and survivor-centred framework.



Members of KZN Legislature conducting a tour to Thuthuzela Care Centre

The Jozini TCC is supported by a dedicated multi-sectoral team comprising professionals from the National Prosecuting Authority (NPA), South African Police Service (SAPS), Department of Health, Department of Social Development, Department of Justice, and various partner organisations.

This integrated approach ensures that survivors receive timely, compassionate and well-coordinated care, while also strengthening efforts to combat GBV at community level. The Committee commended the staff and stakeholders for their commitment to protecting vulnerable groups and encouraged continued collaboration to improve service delivery and support for survivors.

Umkhanyakude Health District Leads 16 Days of Activism Drive in Jozini

Under the theme “Letsema: Men, Women, Boys and Girls Working Together to End Gender-Based Violence and Femicide (GBVF)”, the Umkhanyakude Health District conducted a 16 Days of Activism activation at the Jozini Taxi Rank on 5th December 2025, joining national efforts to end violence against women and children.

The activation aimed to raise awareness about the realities of gender-based violence (GBV), promote community safety, and empower residents to report incidents of abuse. Health officials, stakeholders, and community members engaged in dialogue, educational outreach, and distribution of information materials to encourage reporting and ensure that survivors know where to access help.

According to district representatives, the outreach forms part of an ongoing commitment to foster safer communities, strengthen prevention efforts, and mobilise all sectors of society to work collectively against GBV and femicide.

Community members were urged to speak out, support survivors, and actively advocate for a society free from violence.

The district reaffirmed its dedication to ensuring that no one remains silent in the face of abuse.



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Umkhanyakude Health Facilities Shine at the “1.1 Million ART/TB Closing the Gap” Recognition Awards

Umkhanyakude health facilities emerged as top performers during the ground-breaking “1.1 Million ART/TB Closing the Gap” recognition awards held on 27 November 2025 at Meet Mekaar Resorts. Hlabisa Hospital, Mosvold Hospital, Mseleni Hospital, and Othobothini Community Health Centre were among the facilities honoured for excellence in key programme indicators.

These awards serve as tokens of appreciation and motivation for staff whose dedicated efforts are helping to strengthen healthcare delivery and support a long and healthy life for all citizens.

The ceremony formed part of the Region 4 performance review meeting, where the best-performing facilities across Umkhanyakude, King Cetshwayo, and Zululand Districts received accolades for their achievements.

Launched in February 2025, the “1.1 Million ART/TB Closing the Gap” campaign is an ambitious national initiative aimed at placing an additional 1.1 million people living with HIV on life-saving antiretroviral therapy (ART) by December 2025. The campaign plays a vital role in advancing South Africa’s progress towards the UNAIDS 95–95–95 targets and ultimately ending the AIDS epidemic by 2030.



Hlabisa Hospital Team



Mseleni Hospital Team



Mosvold Hospital Team



Othobothini CHC Team



Photo Gallery: Spotted during 1.1 Million HIV Treatment Gap Review/Recognition Awards



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Bethesda Hospital Leads Renewed Efforts in the Fight Against HIV/AIDS



Bethesda staff commemorating World Aids Day with an awareness campaign on HIV/AIDS

Bethesda Hospital HAST team hosted a successful World AIDS Campaign on 3 December 2025, under the theme “Renewed Efforts and Sustainable Commitment to End AIDS.” The event aimed to promote medication adherence, strengthen HIV prevention, and reinforce messages of non-discrimination toward people living with HIV and AIDS.

Staff members moved through the hospital’s corridors and wards, encouraging patients to stay on treatment and to use available prevention options such as PrEP. As part of the day’s activities, the hospital also introduced a new programme designed to support individuals who have defaulted on their medication, offering them an opportunity to re-enrol and reconnect with care.

The campaign highlighted the facility’s ongoing commitment to building communities that are informed, compliant, and empowered in HIV prevention and treatment. By supporting those affected and promoting adherence, Bethesda Hospital continues to contribute to a future where HIV is no longer a significant public health threat.

The enthusiasm and dedication of the staff were evident as they engaged patients, shared messages of hope, and demonstrated the power of collective effort. The event served as a reminder that through unity, compassion, and persistent action, we can make meaningful progress in the fight against HIV/AIDS.

U EQUALS U
IDLA IMISHANGUZO
YAKHO NGENDLELA
OYALELWE NGAYO

UMA I-HIV
INGASATHOLAKALI
EGAZINI LAKHO
AYIDLULISELEKI
KOMUNYE



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Umkhanyakude Choral Music Choir Shines at Provincial Festival

Umkhanyakude Choral Music Choir serenaded guests with a beautiful and captivating performance during the Provincial Choral Music Competition held at Grey's Hospital Recreational Hall in Pietermaritzburg on 21 November 2025. The event featured talented choirs from 11 districts, all showcasing their musical excellence on one vibrant platform.

This highly anticipated annual Choral Music Festival brings together choirs and music enthusiasts from across the province to celebrate the

richness and beauty of choral music. It also provides an important platform for choirs to showcase their vocal talent, creativity, and teamwork.

Umkhanyakude District represented the region with pride and distinction, walking away with well-deserved prizes and leaving the audience inspired by their harmonious performance.



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MR. THABANI S NTULI
ASSISTANT DIRECTOR
COMMUNICATION
WRITER, DESIGNER

EDITORIAL TEAM



MR. BHEKI FAKUDE
ACTING DISTRICT DIRECTOR
EDITOR

STAY UPDATED

- ON**
- health concepts
 - health programmes
 - & health activities/events



LIVE
FOLLOW OUR
HEALTH CHAT
PROGRAMME

ON SOCIAL MEDIA EVERY FRIDAY AT 13H00
& ON SOME COMMUNITY RADIO STATIONS



FACEBOOK

KwaZulu-Natal Department of Health



TIKTOK

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OR ON

SUNDAYS

17H30 - 18H15



UKHOZI FM

10H00 - 11H00



VUMA FM

SATURDAYS

14H30 - 15H30



1KZN TV

END TB CAMPAIGN

"End TB Campaign" aims to test 5 million people for tuberculosis in South Africa by March 2026, mainly focusing on increasing testing and treatment enrolment.

TB is preventable and curable!

CLOSING 1.1 MILLION HIV TREATMENT GAP

A national **Close The Gap** campaign has been launched under the theme "**Start and Stay on HIV Treatment**" to close the 1.1 million HIV treatment gap and achieve the second 95% target. The campaign is crucial in meeting the UNAIDS 95-95-95 targets, ultimately reducing HIV transmission and advancing the goal of ending AIDS by 2030.

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Start and Stay on HIV Treatment

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