



health

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

UMKHANYAKUDE  
HEALTH DISTRICT

# SIKHANYAKUDE

# NEWS

STAY INFORMED

Jan-Mar 2020

## SIYAYINQOBA I—CORONA VIRUS /COVID -19



KWAZULU-NATAL  
PROVINCIAL GOVERNMENT



MR SIHLE ZIKALALA  
PREMIER OF KWAZULU-NATAL

# Siyayinqoba

## CORONA VIRUS

COVID-19

**THERE'S ONLY ONE THING YOU NEED TO  
UNDERSTAND ABOUT HOW IT SPREADS**

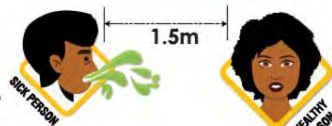
Coronaviruses are a large family of viruses which may cause respiratory infections ranging from the common cold to more severe diseases such as Middle East Respiratory Syndrome (MERS) and Severe Acute Respiratory Syndrome (SARS).

THE VIRUS SPREADS WHEN SALIVA DROPLETS GET INTO YOUR:



So if you see someone who is visibly coughing/sneezing/sick, you can choose to:

1. Keep your distance at 1.5 meters.



(1.5m will keep you safe from large droplets)

2. Avoid crowds



(People who are infected can show no symptoms, but are still infectious)

SOMETIMES A SICK PERSON'S SALIVA CAN GET ON OTHER THINGS...



AND IF YOU TOUCH ANY OF THESE THINGS BY ACCIDENT, AND THEN TOUCH YOUR FACE, RUB YOUR EYES OR YOUR LOVED ONES FACE, YOU MIGHT ALL FALL SICK.

**GROWING  
KWAZULU-NATAL  
TOGETHER**

KZN Provincial Communications\_2020



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MY HEALTH, YOUR HEALTH, OUR HEALTH: A HEALTHY KWAZULU-NATAL.

## Health portfolio committee assessed readiness for COVID19 at Manguzi

**O**n 10 March 2020 the Portfolio Committee on Health from KwaZulu Natal Legislature led by Chair Hon. N.R. Majola visited Manguzi Hospital to assess readiness and capacity to accommodate Covid-19 cases.

The committee was satisfied with the facility (isolation unit), but recommended more preparation with regards to possible huge number of corona virus cases; the committee also requested for more community awareness/health education of the disease to empower people with information so that they can take preventative measures.



Hon. NPF Mavuso and Hon. N.R. Majola conducting oversight at Manguzi Hospital.

## MEC for Health in KZN assessed readiness for COVID19 at Manguzi

**O**n 13th February 2019 MEC for Health in KwaZulu-Natal Ms Nomagugu Simelane-Zulu visited Manguzi Hospital which has a state of the art Isolation ward. This visit was aimed at assessing readiness of the district for Covid-19/ Coronavirus cases.

Units like Manguzi Isolation Ward are used to deal with infectious illnesses such as TB XDR; and also to anticipate any other outbreaks such as Ebola et cetera that may occur unexpectedly.

MEC was satisfied with the state of readiness of the isolation unit. The entire district is continuously conducting major awarenesses and health education to patients and communities about Covid-19/Coronavirus. The facility has since successfully treated and discharged Covid-19 cases.



MEC for Health in KZN Ms. Nomagugu Simelane-Zulu, Head: Health Dr. Sandile Tshabalala, Umkhanyakude District Director Ms. Themba & Manguzi Hospital CEO assessing the readiness of Manguzi Hospital isolation ward.



## Farewell to Mseleni Hospital CEO

**O**n 29th January 2020 Mseleni Hospital bid farewell to its CEO Mrs. P.S. Khumalo. She was described as a hard-working, informative, and very strict manager who influenced and implemented positive change at Mseleni Hospital during the past three (3) years since she joined the facility.

Mrs. P.S. Khumalo was no stranger in a leadership environment; she was also for many years a CEO for Bethesda Hospital where the facility acquired numerous awards under her administration. She has also worked in many facilities in the Province of KwaZulu-Natal i.e. Untunjambili, Ngwelezane, Grace, Queen Nandi, and other hospitals. On the 26th January 2020, a day before her farewell party; she received an exit gift from the Office of Standard Compliance with an announcement that Ntshongwe Clinic under Mseleni Hospital was the only clinic out of eight (8) found to be compliant in UMkhanyakude following an audit that was conducted during 2019/20 financial year.

This achievement was described as a result of her direct involvement in Primary Health Care programmes where multi-disciplinary teams from hospital visit clinics and provide technical support to clinics.

Although she was arguably the strictest CEO Mseleni Hospital ever had; but deep down she was described as motherly and caring.

Her farewell event was graced by the presence of Inkosi YeSizwe KTH Nxumalo, UMhlabuyalingana Local Municipality Mayor Cllr Nkululeko Mthethwa, CEOs for Umkhanyakude Hospitals, Hospital board members, Mseleni staff and many other esteemed guests.



Mrs. P.S. Khumalo during her farewell ceremony



Ms. L.B. Manukuza, Ms. B.P. Mhlongo and charismatic Ms T.R. Sibisi graced the party with their soothing voices



Inkosi K.T.H. Nxumalo & His Worship the Mayor Cllr N.S. Mthethwa provided messages of support and encouraged staff to work in unity and embrace the new CEO who will be appointed.



District Director Ms. M.P. Themba wished Mrs. P.S. Khumalo well and thanked her for service to the people



## Nqo Nqo Sikhulekile eKhaya

Nqo Nqo Sikhulekile eKhaya is a programme launched by MEC for Health in KwaZulu-Natal Ms Nomagugu Simelane-Zulu; through this initiative, health workers conduct door-to-door once a month in community households; and do health screening and provide health services on the spot; this is done by each and every district in the province.

On 23rd January 2020 UMkhanyakude Health District conducted Nqo Nqo Sikhulekile eKhaya in Bhambanani, Ward 12 under Jozini Local Municipality. Health services were provided.

On the 18th February 2020, Nqo Nqo Sikhulekile eKhaya was done at Nibela, under Big 5 Hlabisa Local Municipality.



## Strengthening stakeholder relations



UMkhanyakude Health District has standing relations with various stakeholders ranging from business sector, non-governmental organizations, local government, sector departments and list goes on.

On the 5<sup>th</sup> February 2020, the district office and hospital management teams had an engagement session with one

of its stakeholders, Old Mutual. The session was organized to strengthen relations and establish how best both institutions can benefit from each other. Old Mutual offered financial management education to all staff in clinics and hospitals under Umkhanyakude. It is true that staff members can be in financial crises and as a result perform poorly at work; hence such trainings would improve performance of staff. Old Mutual and Umkhanyakude Health District have a long standing relations that has reaped

fruits; during 2019 Nelson Mandela Day, Old Mutual donated chairs and tables to an Early Childhood Development Centre in Umhlabuyalingana ward 2; Premier of KwaZulu Natal Mr Sihle Zikalala appreciated that efforts as he was the one who launched that ECD centre.



## Isibaya samadoda launch by Manguzi Hospital



Men came in numbers to discuss issues



Cllrs from Umhlabuyalingana: Cllr L D Tembe, Cllr SN Tembe, Cllr DA Tembe, Cllr TJ Nxumalo & Cllr KO Tembe



Health talks during the launch



Dr SB Vumase, CEO Manguzi Hospital



**I**sibaya samadoda structure was launched at KwaNgwanase by Tembe Traditional Administration, Umhlabuyalingana Local Municipality, Manguzi Hospital and many other sectors through the Operation Sukuma Sakhe programme on 06<sup>th</sup> February 2020.

The Prince Nhlanganiso Zulu who was the main speaker urged men to play an active role in their respective communities when it comes to addressing social ills such as substance and drug abuse, teenage pregnancy, crime, and rape. Isibaya samadoda is expected to conduct dialogues going forward and on issues of concern in order to influence behavioral change among men.



The Prince Nhlanganiso Zulu addressing males at Tembe Hall KwaNgwanase

During the launch, present were young and old males from all walks of life who had gathered to discuss many issues affecting the society and come up with solutions on how to address them. Among many issues that were discussed include: Gender Based Violence, Men's Health, Religion, Substance & Alcohol abuse, et cetera.

Formulation of such structure is deemed necessary by Provincial Government of KwaZulu Natal, The House of Traditional Leaders, and of course the entire people of KwaZulu Natal. This is because there has been a scourge of unacceptable behavior the society by males such as: rapes, killing of women and children, substance & alcohol abuse, failure to support children and families. Therefore it became necessary that Isibaya samadoda structure be formulated where young males will be mentored about the acceptable way that they should conduct themselves in the society for a better KwaZulu Natal.



## Enabling patient's right to voice their opinions



MEC for Health, Ms Nomagugu Simelane-Zulu introduced that contact numbers and photos of all Hospital Chief Executive Officers (CEOs) and Public Relations Officers (PROs) must be made public and have since been published in some print media.

This initiative improves access to information; improves accountability, and enables the right to complaint for patients/community members. However, this platform also encourages suggestions and complements.

## Health Education on COVID-19

**O**ur health workers conducting health promotion and awareness on COVID-19

After Covid-19 suspected cases had been picked up in one of game reserves; health workers stood up and offered to provide health education on the disease. This was very important as it assisted staff members as it empowered them with information they would use to protect themselves. More awareness sessions are conducted in the community across the Umkhanyakude District.

The best actions you can take to reduce your chance of getting COVID-19 are:

- Wash your hands frequently with soap and water. Need to wash your hands but there is no soap and water? Use an alcohol-based hand sanitizer with at least 60% alcohol.
- Avoid touching your eyes, nose and mouth
- Cover your cough or sneeze with a tissue, and throw it away after use.
- Avoid close contact with infected people.
- Practice Social Distancing.

There are currently no vaccines available to protect you against COVID-19 infection. If you are mildly sick, keep yourself hydrated, stay at home, and rest.



District Health Promoter Mrs. L Gumede and Mr Thabathe conducting health awareness on field rangers from local game reserve.



## Human Rights Launch by Jozini Local Municipality


**O**n 6th March 2020 Jozini Local Municipality launched a Human Rights Month at Jozini Mall through which a complaints management system for community was introduced.

This according to the Mayor of Jozini Local Municipality Cllr D. Mabika would reduce community unrests.


The programme started off with a healthy lifestyle 3KM walk from Sinethezekile to Jozini mall. Sir Skhosana from Othobothini Community Health Centre grabbed the opportunity and educated community about hygienic precautionary measures that should be taken to prevent the spread of Covid-19/Coronavirus.



District Health Promoter Mrs. L Gumede and Ms. ZN Mtshali (Othobothini CHC PRO).



**KWAZULU-NATAL  
PROVINCIAL GOVERNMENT**



**MR SIBILE ZIKALALA  
PREMIER OF KWAZULU-NATAL**


# Siyayingoba

## CORONA VIRUS

COVID-19



4

4 PRECAUTIONS TO FOLLOW TO AVOID BEING INFECTED


- 

### 1 WASH YOUR HANDS


Wash your hands with soap thoroughly. Wash the back of your hands, between the fingers and under the nails. Always wash your hands with soap before you eat and after being out in public.


- 

### 2 GOOD PERSONAL HYGIENE

Cover your mouth with a tissue paper when coughing or sneezing. Avoid touching your face with dirty hands at all times. If you have to, be sure to wash your hands with soap thoroughly first.
- 

### 3 DO NOT SHARE FOOD AND UTENSILS


Bacteria can be transmitted onto knives, forks, spoons and straws. Only use clean utensils and do not share drinks. Always clean your hands before eating.
- 

### 4 SEE A DOCTOR IF YOU ARE UNWELL

Typical symptoms include cough, runny nose, fever and shortness of breath. If you are experiencing any of these symptoms, seek medical attention promptly. Call the clinic or doctor ahead of your visit and inform them of your symptoms and travel history.

24HR NICD HOTLINE 0800 029 999

REMAIN VIGILANT AND ADOPT GOOD PERSONAL HYGIENE PRACTICES  
 The situation is evolving check update on [www.health.gov.za](http://www.health.gov.za) and [www.nicd.ac.za](http://www.nicd.ac.za)



[www.kznonline.gov.za](http://www.kznonline.gov.za)

### KEY MESSAGES

- ◆ Wash your hands frequently with soap and water. Need to wash your hands but there is no soap and water? Use an alcohol-based hand sanitizer with at least 60% alcohol.
- ◆ Avoid touching your eyes, nose and mouth
- ◆ Cover your cough or sneeze with a tissue, and throw it away after use.
- ◆ Avoid close contact with infected people.
- ◆ Practice Social Distancing.



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**Siyayinqoba**  
**CORONA**  
**VIRUS**  
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**24HR NICD HOTLINE 0800 029 999**

4 PRECAUTIONS TO FOLLOW TO AVOID  
**4 BEING INFECTED**



WASH YOUR HANDS



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