



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

Umphumulo Hospital

Inkanyezi yaseMphumulo

NEWS

STAY INFORMED

Feb/June 2019

FAREWELL NOTE FROM OUR FORMER CEO DR. N.N. GUMEDE

It is with a confusing mixture of sadness and joy, and a little apprehension of the future as I leave Umpumulo which has been my home for almost 4 years.

The last 4 years have been very challenging and fruitful. There has been laughter and sadness and tears among a myriad of emotions. As a family we grew to a hospital that performed with excellence: We achieved in the National Core Standards Assessments and Ideal Clinic Assessments.....continues on page 02



**Former Umpumulo Hospital CEO/Medical Manager
Dr. N.N. Gumede**



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FORMER CEO'S FAREWELL MESSAGE CONTINUES.....

We received 2 MASEA's for achievement in Ideal Clinic Assessment and Zero Maternal Deaths for 3 years. These were not easy achievements especially with the challenges we have but despite them you did excellently and I was exceptionally proud CEO.

In Umphumulo I learnt to be a Manager and the lessons are what I will take forth in my career. As I depart I will be keeping an eye on the great things you will still do and achieve.

To the Management team , thank you for all the support you truly were a strong foundation for me, and the staff as a whole, thank you for your respect and co-operation, you were and are still great. We will meet I am sure.

I bid you adieu with my favourite scripture : **AmaHubo 40: "17Noma ngihlupheka,ngimpofu,Inkosi iyanginaka;wena ungumsizi wami noMsindisi wami;NkuluNkulu wami,Mawungalibali."**

NB: Dr Gumede took a transfer to Hlengisizwe CHC . Wishing her all the best !!



Hospital and clinic staff members during former CEO's farewell party



Former CEO-Dr N.N. Gumede on her Farewell party

MEET OUR HUMAN RESOURCE MANAGER—MR R.B.N CHIRWA

Mr. R.B. N. Chirwa was appointed as Human Resource Manager on the 1st of January 2019, at Umphumulo Hospital. Public Relations Officer (PRO) got a chance to interview him, and this is what he had to say.

PRO : Briefly please tell us about yourself.

Mr. Chirwa : I am a family man of one wife and 3 children. I'm soft-spoken and somehow reserved. I love reading , listening to Gospel music and sometimes working in the garden. I also love good things and clean environment. Chat with people, especially with good influence. I love new challenges, especially those that make me grow.

PRO : Please share with us your educational background

Mr. Chirwa : I went to Bandawe Secondary School and then to Umsunduzi Finishing School. I enrolled with Professional College which is based in the (UK) and I got a Diploma in Business Management and Administration. I also enrolled with Unisa where I did my Human Resource Management course. I did many Departmental courses : Skills Development Course (School of Government) , Define target audience profiles and skills gaps (IPM) , Develop an Organizational Training and Development plan (IPM) , Conduct an analysis to determine outcomes of learning for skills development , and many more.

PRO : Please tell us about your work experience

Mr. Chirwa : I joined Human Resource Component in year 2000, from Systems Component at Umngeni Hospital (Howick) . I worked as HR Officer in Practices from year 2000 to August 2007. I was then promoted to a Supervisory level, doing HR Planning and Development & Performance Management. Since then I had been acting on HR Manager's post from time and again. On the 1st January 2019 I was promoted to HR Manager's post at Umphumulo Hospital on transfer from Umngeni Hospital.

PRO : Basically , what are your duties as Human Resource Manager ?

Mr. Chirwa : First , it is to plan work. Putting plans and systems in place , train and develop, manage performance and ensure good employee– employer relationship . Manage people, systems, resolve problems and bringing solutions to problems. To treat people with dignity and to implement Departmental policies. Human Resource work is a challenging work, on one hand you are required to implement the will of the employer and on the other hand , the employees want something contrary, reconciling the two sometimes could be a challenge.

PRO : Is there any other thing that you would like to share with us, regarding you respective Component ?

Mr. Chirwa : I have wonderful people in the component, who are willing to learn and work, with good guidance, we can go very far in terms of Service Delivery. This is my dream that , collectively we work together as a team to serve people at Umphumulo Hospital without reservations. And with the support of the Management and Employees, we will actualize our dreams to serve the people with the whole length of our arms.

We wish you a wonderful stay at Umphumulo Hospital .



MR. R.B.N. CHIRWA—HUMAN RESOURCE MANAGER

STI /CONDOM WEEK—ISITHUNDU CLINIC



Isithundu Clinic held STI/Condom week which was aimed at raising an awareness about STI's and the importance of using condoms when engaging in sexual activities.

This awareness took place as from 11-14 February 2019 inside the clinic's waiting area.

Clients were given health education about different types of STI's as well as of its management . Apart from health

education on these days, clinic staff did a demonstration on how to use both male and female condoms respectively.

A total number of 10 200 condoms were distributed on the day.

Symptoms of STIs

Many STIs have no signs and therefore a person with an STI can have one of these symptoms:

- Abnormal Vaginal or penile discharge
- Burning Urine
- Genital Ulcer
- Painful Intercourse
- Lower abdominal pain
- Scrotal swelling

Risk Factors of getting infected with an STI

- Inconsistent or no of condom use
- Use of hormonal contraceptive without condom use
- History of diagnosed and untreated STI.
- If you have a partner who has an STI or who once had an STI in the last 8 weeks
- Periodic separation of partners (Partner not always available e.g. travelling partner)
- Uncircumcised males

INDUCTION & ORIENTATION PROGRAMME

Most organizations still believe that induction and orientation for new employees is not important, yet the main purpose of the induction is to integrate new employees into the organization and make them understand the systems and procedures followed by the company. Induction and orientation helps new employees settle down quickly in the new work environment and gives them a sense of belonging.



Ms. Thandeka (Public Relations Officer) doing her presentation

Umphumulo Hospital employees are very much fortunate as they always get this kind of training upon their appointment. Human Resource Development always make sure that all newly appointed and those employees who are transfer-ins from other institutions are given an opportunity to attend induction and orientation programme.

To witness this, a two-day session took place on the 30 & 31 January 2019 at Umphumulo Hospital Board Room. Hospital Management, Line Managers and Supervisors met with the new group of employees introduced themselves , gave

them background about their respective departments ,roles of each and every component within the facility.

Public Relations Officer Miss T.F. Ngubane also did her presentation based on Batho Pele , Patients Rights and Complaints Management.

It was indeed a very informative session.



Participants listening attentively to the presentations done by Head of Sections.

VALENTINE'S DAY CELEBRATION



Her Worship Cnllr Z.F. Khuzwayo-Dlamini interacting with patients in Male TB Ward

The 14th of February known as Valentine's day, the day where people around the world celebrate their love with their families and their loved ones . On this day people dress in special colours (black, red & white) and exchange gifts . Umphumulo Hospital received a blessing from above on this special day when they were visited by the Maphumulo Local Municipality Honourable Mayor Cnllr Z.F.Khuzwayo– Dlamini. She was accompanied by the Local Ward Councillors and members from the Municipality's Council Chamber.

Her Worship first met with the Hospital Management, explained the purpose of the day to handover gifts to the in-patients especially those who were admitted in TB wards. She expressed that sometimes when you are very sick for a long time, some people tend to forget about you and as an individual you start to lose hope that you will ever get better and be with your family, so her main intention was to restore hope in those people's lives.

After that short briefing they proceeded to Male and Female TB wards to meet with patients and handed over gifts. Those patients who were not critically ill recognised the presence of the Honourable Mayor's visit, thanked her and her team for doing such a wonderful thing for them .

Mr. N.A Mbele (Nursing Manager) thanked the Maphumulo Municipality Officials for showing so much love for the hospital's patients

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Maphumulo Municipality Officials & Hospital Management handing over gifts.



Officials getting ready to enter Male TB Ward.

TB AWARENESS MONTH CAMPAIGNS



Sister Ngubane screening patients during TB Awareness Day .

Umphumulo Hospital and clinics under the hospital conducted several TB Awareness Campaigns in commemoration of World TB day .

The main purpose of these mini-campaigns was to create an awareness about TB , educate people about the importance of screening for TB as well as taking their medication regularly.

Campaigns were held as follows :

- ◆ 18/03/2019 -Masiwela Primary School Hall
- ◆ 19/03/2019 -Umphumulo Gateway Clinic
- ◆ 27/03/2019 - Isithundu Clinic

- ◆ 27/03/2019– Mbhekaphansi Clinic
- ◆ 27/03/2019– Oqaqeni Clinic (KwaNdaba Area)
- ◆ 29/03/2019—Siyacathula Creche (Mabhobhane Area)
- ◆ 03/04/2019—Umphumulo Hospital (OPD)

TB screening and other health screenings were done on these days.

The campaigns were indeed very fruitful and it was noted that most clients have a better understanding of TB and its symptoms.



Clients listening to the Health Education at Gateway Waiting Area

TRAINING FOR COMMUNITY HEALTH WORKERS

Community Health Workers employed by KZN Department of Health under Maphumulo Sub-District as well as from Maphumulo Department of Social Development were given training on Skills Development and Work-Integrated Learning. Training commenced from the 11th February 2019 to the 1st March 2019 and it was done for 3 consecutive weeks (2 weeks at Umphumulo Hospital Chapel & 1 week at Maqumbi Community Hall). The programme facilitators were Sister B.B. Sibisi (Umphumulo Hospital), Sister L.O. Ngubane (Untunjambili Hospital) and Ms. K. Mokoena (DSD –Ilembe District) .



The main objectives of the training were :

- To strengthen the capacity of Ward-based Primary Healthcare Outreach Teams (WBPHCOTS) .
- To provide quality health services in the community, through building community health workers competence.
- To promote overall health and well-being within the households and communities.
- To train CHWP on how to conduct household screening and profiling to identify health needs.
- To provide information, health education and promote healthy behaviours and disease prevention.

A total number of 114 Community Care Givers were trained and were given certificates of attendance. The training was also supported by Wild Flower Organization who catered for the participants.



CHW from Maphumulo area with their Facilitators.



CHW from Maqumbi area with their Facilitators

(Article and photos submitted by : Sister B.B. Sibisi)

PRAYER DAY—UMPHUMULO HOSPITAL

Mhla zingama –29 kuNhlaba (May) 2019, isibhedlela saseMphumulo sivakashelwe ithimba labefundisi bamahlelo ahlukeno endaweni yakwaMaphumulo.

Inhloso yokufika kwabefundisi bekuwukuzokhulekela abaphathi besibhedlela, abasebenzi bonke kanyeneziguli. Umfundisi K.S. Nzama owu– Chaplain wethu uye wachaza ukuthi ziningi izingqinamba isibhedlela sethu esibhekene nakho ingakho beye basukumela phezulu uma ithimba le Healthcare-Christian Fellowship (HCF) libacela ukuba bezoletsa umkhuleko.

“ Abasebenzi bezempilo kuningi abahlangabezana nakho mihla namalanga njengoba bebhekene nomsebenzi onzima wokuletha abantu emhlabeni, ukubanakekela uma begula, kanjalo baphinde babavale amehlo uma kwenzeka imiphefumulo yabagulayo iphelela phambi kwabo” , kuchaza uNzama.

Ngalokho-ke nabasebenzi bonkana bayadinga ukuthwalwa ngemikhuleko njengoba kwabona begula emzimbeni nasemoyeni. Abanye babo bashiya emakhaya abo izimo zingekho zinhle kepha bathatha izinyathelo ukuthi bazozabazohlenga izimpilo njengokwezifungo zabo abazenzayo.

Emva kwenkulo kaMfundisi Nzama kube sekukhulekelwa bonke abasebenzi ngokwezigaba zabo kanjalo nabagulayo.

U-Mrs. Selepe esebongela abaphathi besibhedlelawabe esenxusa abaphathi bemfihlakalo ukuba ben-gayeki ukubathwala njalo emikhulekweni yabo.



Ithimba labefundisi ababesizosiphisa umkhuleko



Abasebenzi belale izwi leNkosi



Abefundisi bekhulekela abasebenzi

EMERGENCY DRILL—ACCIDENT & EMERGENCY DEPARTMENT



On the 22nd of May 2019 Accident and Emergency Department conducted an emergency drill, based on the following scenario :

A phone call was received from EMRS reporting an accident which occurred at Magqibagqiba area involving 12 passengers, 3 were fatally injured. Switchboard Operator informed casualty staff and Matron's Office. Sister -in-charge informed the doctor, started preparing for a disaster and other departments were informed by blowing a whistle. Suddenly an ambulance arrived with the critically injured clients.

- ◆ 1st Red code sustained head injury with laceration on the head over the temporal bone. Suspected cervical injury- unable to move the lower limbs. He had severe pains, Vitals were done: BP 80/50 mmHg, P 122 bpm, 83% SPO2.
- ◆ 1 Red code – driver
- ◆ Green code passengers. Arrived with GCS 8/15, cervical collar, 2 bore lines. Patient was brought in the emergency resuscitation room. 2 bore IV lines running, continuous o2 given. Primary survey conducted. Dr Sithole ordered ranzol 1g given stat ivi, and X-ray for skull, C-spine, L-Spine. Patient kept on trauma board.
- ◆ 2nd Client sustained an open wound profuse bleeding on (L) humerus unable to mobilize arm, Bleeding controlled. 2 bore lines inserted, GCS 15/15. Arm immobilized with splints. Pain medication administered scheduled morphine 5mg imi stat.
- ◆ 3rd client sustained abrasions wounds over the elbow, on left knee complained with severe pain. Morphine 5mg imi stat. Wounds were irrigated, dry dressed. Quickly splints applied on right leg, and he was taken to the X-ray for radiology, which showed no fractures
- ◆ 1st client was attended by Dr. Sithole and Sister A.N Ngema, floor nurses ENA Nzama B.V and S. Gasela. On X–ray review, it revealed C3 spine and she was referred to GJG Mpanza Hospital. Skull laceration sutured.
- ◆ 2nd client was attended by Dr Khoza & PN E.B Zulu. Floor nurse ENA A.X Msomi. X –ray showed compound fracture on left arm, patient had ceased sensation on limb, U-Slab applied, and she was sent to ortho in GJGM Hospital later that day.
- ◆ 3rd client was attended by Sister Zama and ENA Khuzwayo. X-ray revealed haemathrosis on the knee, aspiration done, nil fracture observed.



ENDS

(Article & photos submitted by PN: E.B. Zulu)

PHOTO GALLERY

DR GUMEDE'S FAREWELL PARTY



EMERGENCY DRILL



ACKNOWLEDGEMENTS



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