KWAZULU-NATAL PROVINCE
HEALTH
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UMPHUMULO
DISTRICT HOSPITAL

INKANYEZI YASEMPHUMULO NEWS

OCTOBER 2024

GROWING KWAZULU-NATAL TOGETHER

READY FOR NATIONAL HEALTH INSURANCE (NHI)

Operational Managers from Maphumulo PHC facilities that were assessed by OHSC

Without a shadow of doubt Maphumulo PHC facilities are more than ready for National Health Insurance (NHI) . It was witnessed during a celebration held on the 5th March 2024 at Umphumulo Hospital Chapel .The main purpose of this significant celebration was to appreciate the Operational Managers and staff in the clinics for the hard work and dedication shown towards the OHSC assessments conducted at the clinics in preparation for NHI.

The hospital's Chief Executive Officer Dr. M.J. Zulu said he was more than excited to lead such a great team. **Continues on pg. 02**

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READY FOR NATIONAL HEALTH INSURANCE

Dr. M.J. Zulu commended everyone who had been part of the journey. He said it had never been easy but the staff made sure that everything was in order. The staff went an extra mile in their facilities preparing for the Office of Health Standards and Compliance , team work amongst Operational Managers was also witnessed during this period. He said their hard work indeed paid off . Dr M. J. Zulu said out of 7 clinics and Gateway Clinic only one clinic (Otimati) was not yet assessed and he was confident the clinic was going to achieve the OHSC Status.

In his closing remarks Dr. M. J. Zulu pleaded with all the Operational Managers to ensure that the OHSC Status is maintained at all times and they should never loose it by any chance.

The event was also attended by the Hospital Board Members and Ward Councilors from the respective clinics.

Mr. K. Xhakaza (The Hospital Board Chairperson) extended his heartfelt gratitude to all Operational Managers for their commitment towards service delivery. He said their hard work has never gone unnoticed. “Your have put us on the map as Maphumulo and we are really proud of you and I wish and pray that you continue to provide high level of care on all our facilities”, said Mr. Xhakaza

The guests were treated into a mouthwatering lunch

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UMPHUMULO GATEWAY STAFF APPRECIATION AWARDS

UMPHUMULO GATEWAY STAFF AFTER RECEIVING THEIR AWARDS

It was indeed a joyful day for Umphumulo Gateway Clinic staff as they celebrated their achievement for Ideal Clinic Status. Gateway Clinic has done us proud in the past four (4)financial years as they have achieved only Platinum Status during Ideal Clinic Peer Review Assessments which are conducted yearly.

Sister Thwala (Operational Manager) warmly welcomed all guests present and thanked them for being part of their celebration. Thwala said she would not be serving any justice to her staff if she had not thank them in a most appropriate manner after they had raised the flag for the fourth time.

She said during the preparations she saw an amazing teamwork amongst her staff . Sometimes staff would come to her office and ask if she needed any assistance because they knew these annual assessments are not only for the Operational Manager but for the whole facility and everyone was hands-on.

Matron J. M. Ndlovu (Nursing Manager) said she did not have words to describe her joy for what Gateway Clinic has done. She commended all staff for working so hard to achieve the platinum status.

OPERATIONAL MANAGER—SR. B.B. THWALA

UMPHUMULO GATEWAY STAFF AND GUESTS DURING THE CER-EMONY

USUKU LWESIKHUMBUZO SABASEBENZI ASEBADLULA EMHLABENI

UMPHATHI WESIBHEDLELA U-DR M. J. ZULU KANYE NOMPHATHI WABAHLENGIKAZI U-MRS J.M. NDLOVU NGESIKHATHI BEMBULA IBHODI ELINEZITHOMBE ZABASEBENZI ASEBADLULA EMHLABE-

Isibhedlela Umphumulo sibe nomkhuleko wokukhumbula bonke abasebenzi asebadlula emhlabeni. Lokhu kwenziwe emva kokuba besekunesikhathi eside ingenziwa inkonzo yokukhumbula abasebenzi (memorial service) ngenxa yezizathu ezithile okubalwa kuzona ukuhlangana ngesikhathi se-covid 19 kanye nokuthi bekusanenkinga yendawo yokwenzela izinkonzo zesikhumbuzo.

Umphathi wesibhedlela u-Dr. M. J. Zulu uthe bekubakhathaza kakhulu njengabaphathi ukuthi zingabi khona izinkonzo uma kukhona umsebenzi odlulile emhlabeni njengoba bekunganiki isithombe esihle kubasebenzi kanye nasemndenini walowo osuke esedlulile emhlabeni. Ube esekuqinekisa ukuthi kusukela manje sezizoba khona izinkonzo njengoba nendawo isivulekile.

Kube sekuba nomkhuleko ukubeka yonke imindeni elahlekelwe kanye nabo bonke abasebenzi basesibhedlela kanye nasemitholampilo. Emva komkhuleko kube sekubekwa izimbali eduzane nezithombe zabo bonke asebasishiya emhlabeni , okuwuphawu lokubakhumbula ezinhliziyweni zethu.

KUGUJWE USUKU LWABAHLENGI NABAHLENGIKAZI

Kube injabulo yodwa esibhedlela Umphumulo mhlazane kubungazwa usuku lwabahlengi nabahlengikazi lapho kusuke kuhlonishwa wonke amanesi ngegalelo kanye neqhaza abalidlalayo ukusindisa izimpilo zabantu . Lolusuku olukhulu kangaka lugujwe mhlaka 27 May 2024 e-Chapel ngaphakathi esibhedlela.

Umphathi wabahlengikazi u-Mrs. J. M. Ndlovu uthe kuyintokozo enkulu ukuthi lolusuku lugcine lufikile njengoba bekuhlezi kuyisifiso kuyena ukuba lubekhona kepha kugcine kungasenzekanga. Uphinde wachaza ukuthi eminyakeni edlule bekuthi noma bezama ukulilungiselela kubekhona izingqinamba ezivimbayo kugcine kungenzekanga, okubalwa phakathi kwazo ukuhlasela kwesifo se-Covid19.U-Mrs. Ndlovu ube esebonga bonke abahlengikazi ngokusebenza ngokuzikhandla kanye nokuzimisela ekuqinisekiseni ukuthi banikezela ngosizo olulindelekile kuzona zonke iziguli. Ube esenxusa ukuba baqhubeke nokuzihlonipha kanjalo nokuhlonipha zonke iziguli .

Inkulumo ka-Mrs. J. M. Ndlovu ibe isilandelwa ekaMphathi wesibhedlela u-Dr M. J. Zulu uqale ngokubonga bonke abenze lolusuku lwaba impumelelo. Enkulumweni yakhe ugcizilele indlela yokuziphatha kwabasebenzi , wathi kubalulekile ukuba baziphathe ngendlela efanele noma ngabe basemsebenzini noma bengaphandle , egcizelela ukuthi kumele abahlengikazi bazigqaje ngabo. Ube esephinda enxusa ukuba baqhubeke baphathe kahle zonke iziguli ezivakashela isibhedlela kanye nemitholampilo yethu.

UMKHANKASO WOKUGQUGQUZELA UKUNCELISA UBISI LWEBELE

Isonto likamhlaka 1-7 Agasti umhlaba wonke usuke ugqugquzela ukubaluleka kokuncelisa ubisi lwebele. Isibhedlela Umphumulo kanye nemitholampilo engaphansi kwesibhedlela babe ingxenye yalemikhankaso njengoba bekufundiswa omama kanye nomphakathi wonkana ngemiphumela emihle yokuncelisa ubisi lwebele.

Umama okhetha ukuncelisa umntwana wakhe ibele lodwa wenza into engcono angayenzela umntwana wakhe ukuze akhule kahle enempilo.

IKUPHI OKUMELE UKWAZI NGOKUNCELISA UBISI LWEBELE

1. Izinhlobo zokuncelisa azifani kunjalo nje **umehluko ubalulekile;** *Ukuncelisa ibele lodwa:*kusho ukuncelisa umntwana ibele lodwa, umgamuphi lutho okunye *okuxubile*: ukuncelisa ibele wengeze okunye okunjengamanzi, ujusi, itiye, ubisi olusethinini, amasiriyeli abantwana nokunye. Lendlela yokuncelisa yandisa-amathuba okuba umntwana angenwe izifo.
2. Abantwana abaphile kahle yilabo abancela **ibele *lodwa***.
3. Uma uncelisa ibele ulixube nebhodlela, itiye, ijusi, nokunye ezinyangeni eziyisithupha zokuqala wandisa amathuba okuba umntwana aguliswe izifo ezifana **nesifo sohudo isifo samaphaphu (pneumonia) kanye nesifo sendlala**. Kanti futhi uma esemdala kungenzeka kube nokudla angezwani nakho.
4. **Ukuncelisa zikhathi zonke kwenza izindlala zikhiqize ubisi oluningi**: Abantwana abanikwa imincumo, bayebe sebedembekisela ukudonsa ebeleni. Lokho kunciphisa inani lobisi oluphumayo. Abanye abantwana bagcina ngokuliduba ibele.
5. Ubisi lwebele lodwa lunawo wonke amanzi nomsoco umntwana awudingayo ezinyangeni eziyisithupha zokuqala zempilo yakhe
6. **Umthubi uhlanza isisu ukhiphe namakaka amnyama**; ubisi lwebele luhlanzekile. Akudingeki ukuba uthenge imithi yokuhlanza isisu.
7. Ubisi oluphuma kuqala olubukeka luhlambulukile lunomsoco futhi lubalulekile. Lolubisi luqeda ukoma kumntwana.
8. Ubisi olulandelayo yilona olusuthisa umntwana lunamafutha anika amandla ukuze akhule eqinile futhi asuthe. Ncelisa umntwana aze enele ebeleni elilodwa ngaphambi kokumshintshela kwelinye.
9. Ukuqunjelwa nokukhishwa isisu akwejwayelekile ezinganeni **ezincela ibele lodwa**. Emasontweni ambalwa okuqala umntwana uvama ukukaka njalo emva kokuncela. A bantwana asebekhulile bangakaka kanye ngesonto amakaka athambile, lokhu akuyona inkinga.

Omama abasebenzayo bangaqhubeka bancelise ibele *lodwa* uma belukhama ubisi besekhaya noma emsebenzini. Ungalugcina ubisi lumboziwe esitsheni esihlanzekile endaweni epholile ukuze osele nomntwana amphuzise ngesipuni. Lolubisi lungahlala amahora awu 8 kuya ku10 lungekho efrijini nomo izinsku ezintathu efrijini. Uma umama esebuyele ekhaya makancelise kakhulu ebusuku. (Source : KZN Health Website)

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PHARMACY WEEK

Umphumulo hospital pharmacy department celebrated pharmacy month during 2nd September 2024- 6th September 2024. The theme for this year's national pharmacy month was ' Let's talk about vaccines'. The main aim of this week was to educate patients on the importance of vaccines and promote its use whilst encouraging a healthy lifestyle and diet.

The pharmacy staff worked as a strong team to ensure this week was a success. We strived to make a difference in our patient's lives by fully utilizing this week. Some of the pharmacy activities included:

Activities	
2nd September	Issued hampers to maternity patients, patient education on importance of EPI. Handed fruit to maternity patients as well as all OPD patients.
3rd September	Mbhekaphansi clinic: Patient education on importance of EPI. Handed fruit to OPD patients. Handing of healthy snack to the patients in paediatric ward whilst educating mothers on the importance of EPI.
4th September	Handing toys to the paeds ward to ensure children are entertained during their recovery. Mothers were educated on the purpose of vaccines, the different types of vaccines as well as on catch up doses. Patients were given healthy snacks in the ward. Fruit handed to all OPD patients.
5th September	Gateway Clinic FUN DAY: Educational talks on vaccines whilst the children were entertained by the jumping castle, face painting, colouring and receiving of toys. Handing out of snacks and toys to the kids that attended the clinic as well as the hospital OPD.
6th September	Issuing of hampers to maternity patients, Hospital team building activity to promote team spirit and to promote the pharmacy profession.

Story & Photos submitted by Mrs. . R. Govender (Pharmacy Manager)

PHARMACY WEEK - PHOTO GALLERY

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