

**Fighting Disease. Fighting Poverty. Giving Hope.**

### WELCOMING MESSAGE FROM THE CEO'S OFFICE

**T**he year 2010 is exciting for the country. It is also exciting for the institution as personnel are refocusing on quality issues. The past couple of years the focus has been how to make the hospital habitable. It has suddenly been realized that in some areas this is a pipedream which will take decades to fully address as the backlog is immense. There is however a lot that can be achieved despite limited resources.

The Nursing personnel have been encouraged to have "quality afternoons" in their sections. This it is believed will streamline care towards increased patient satisfaction as the sole purpose of these afternoons is how to make the lives of patients more comfortable whilst in hospital and also empower them to be able to look after themselves after discharge.

The "make me look like a hospital project" is not targeting this institution per se but has also been adopted as a grounding tool that will assist in identifying shortcomings and planning feasible interventions where possible whilst identifying challenges in order to source assistance.

The TB clinic has eventually been relocated to a suitable spot. The District Office has been very helpful in the re-vamping of the old laundry that has been turned into a clinic. This has been an encouraging initiative in an attempt of addressing space challenges. The defaulter tracing is achieving 90 % success which is commendable considering the terrain and sometimes shortage of vehicles.



**Mrs T.D. Chiliza: Hospital CEO**

It prides the institution that the District hospital package is almost complete despite many challenges. Cataract surgery is presently at a standstill in the absence of regular support visits from suitably qualified Doctors.

There is hope however that IECC and Red Cross might come to assist. The long waiting will presently experienced will in future hopefully be curtailed

Lastly, welcome to all personnel that have joined the Umphumulo staff. Most of these will spend only 1 year as Community Service Personnel. Most are very talented young individuals who have already started making their presence felt by their good contributions to the well being of staff and patients. May they enjoy their stay and learn more about the rendering of health care in the rural setting.

Enjoy 2010 and continue to strive for better patient care. "Remember the person who aims at nothing is sure to hit it" (Author unknown) So do aim at something.



## UMPHUMULO HOSPITAL OFFICIAL NEWSLETTER

VOLUME I, ISSUE 4 . APRIL—MAY 2010

### CONTENTS: INSIDE THIS ISSUE:



CEO's corner

1



Hospital received beds donations

6



Sigubha usuku lwengculazi

3



Hosp. development

7



20 days of World Cup

4



Taking service delivery to the comm.

5



Usuku lomana elinesasasa

9



Ezikanobhujuzwayo

10



AIDS HELPLINE  
T: 0800-012-323



**Fighting Disease. Fighting Poverty. Giving Hope.**

# SIQWASHISA NGESANDULELA GCIWANE LENGCULAZI NENGCULAZI

**U**mkhankaso wokuqwashisa ngesandulela ngenkulazi kanye nengculazi uqobo lwayo kubonakala kusazohamba ibanga elide ngenxa yezinselelo ezihlukahlukene ezivela minyaka yonke.

Isibhedlela saseMphumulo besingazibekile phansi ngalolusuku lwangomhlaka 02 kuLwezi 2009, ngoba bekumele siluthokozele ngokuligubha futhi Nobekubalulekile kakhulu ukuthi sihlale siphakathi wakithi ulwazi nangokuhlala ukhumbuzeka ngalesisifo esiwumashayabhuqe.

Singabasebenzi saqala emasangweni asesibhedlela ukucula nalapho sasihlanganyele khona sonke. Sasicula amaculo anhlobonhlobo achaza ngobungozi balesisifo, siphethe izingqwembe, sigcwele amagceke esibhedlela. Imashi yethu yayinokukhulu ukuzithoba lapho kwathi uma sesifika ewodini labesifazane nokuyilapho safike salayitha amakhandlela nokwakuwuphawu lokuthi sasikhumbula asebasishiya ngaso lesisifo kanye nalabo abasaphila naso. Ngaphandle kwaloko neziquli zaziyizwa inkulamo eyayizakha futhi izikhuthaza ngokwezempilo. Ukubaluleka kokudla okuyizakhamzimba kanye nokubaluleka kwamasupport groups nakho kwaba yinto eyaphawuleka, nangosizo anawo, kanye nokunikana uthando nethemba emphakathini wethu.

Ekugcineni, imashi yaphelela eOPD lapho kwakuhona umphakathi owawuzolashwa ngalo lolosuku. UMatron wase VCT uMatron Khuzwayo washaya ngegalelo eliseqophelweni eliphezulu kakhulu kubantu asebhophila naleligciwane ngokuthi bangabuki izimpilo zabo bagcine nje ngokuthi banaleligciwane kodwa babe namaphupho abalulekile ngezimpilo zabo nangekusasa labo.

**Hospital staff singing with Matron khuzwazo from CVT wearing a grey suite**



O



# WAR ON POVERTY FLAGSHIP PROGRAMME

U

mphumulo hospital is playing a major role on the Premiers Project War on Poverty where by we deliver services to the community of Maphumulo on their doors. The project started last year July to date and is ongoing . All the Government departments are on board and are taking a project very seriously. We have a fully trained number of community Health workers to assist in locating and collection of data from houses in each identified ward as there should not be a single house left out without any intervention on services they need. Maphumulo sub district has 11 wards with a biggest number of population and households. Each community Health Worker has to visit 50 houses a day with questionnaires to be filled with detailed family particulars. This enables Departments to identify gaps and plan for interventions accordingly. The home visits started with ward 11 which were identified as the most deprived ward in a district that needed the comprehensive followed by ward 6, the least deprived wards in Maphumulo sub-district have pockets of poverty within the wards which requires comprehensive services.

All teams including departmental Managers/CEO's have to meet once or twice a week to discuss challenges in order to address gaps as identified through the questionnaires.



## 20 DAYS OF FIFA WORLD CUP COUNT DOWN

**S**A games are just around the corner. Excitement is high for everyone. Umphumulo did not want to be left behind, this was proved when we celebrated two events: 100 days count-down and 20 days countdown. Everyone wants to make a mark with the 2010 FIFA world cup, guess what?... even Health facilities don't want to be left behind too.

On the 15th of May, Umphumulo hospital staff took to the street with their flags and full SA gear to celebrate and show support for the upcoming FIFA 2010 world cup. A combination of pictures that were symbolizing that we are of a true rainbow nation were yellows, greens and SA flags in the air with the crowd cheering for our country. All the employees were taking a health walk to Maphumulo Primary school while they kicked balls, danced the Diski with the school children. It was beautiful and exciting.

Let us welcome our visitors with a spirit of Batho Pele, show love, courtesy and let's make them feel at home.

SIYABONGA TATA.....**FEEL IT, IT IS HERE!**



**Top left:** seen are the hospital staff taking a health walk, celebrating and singing

**Top right:** Ms Ntenga leading Maphumulo primary school children in the singing of the National Anthem

**Bottom right:** Umphumulo hospital staff on the day



# NATIONAL FLY THE FLAG EVENT 100 DAYS COUNTDOWN

**U**mphumulo hospital celebrated 100 days FIFA World Cup count down in the hospital as a sign of showing happiness, appreciation and a support as we will be a continent that will be having an opportunity to be hosting a FIFA World Cup for the first time ever.

The SA games are just around the corner. We are amongst the hospitals that are supporting our Babana Bafana by wearing the soccer jersey every Friday. The world cup will start on the 11 June and end on the 11 July 2010. let us welcome our visitors with a spirit of Batho Pele, show love, courtesy and let's make them feel at home.

**FEEL IT, IT IS HERE!**



## HOSPITAL RECEIVED BEDS DONATIONS

**C**ity hospital in Durban has offered our hospital with beds, foot stools and cardiac tables, we would like to thank them for what they have done, its shows that there is a very a good relationships between private and public hospitals.

# HOSPITAL IMPROVEMENTS

## EXCITEMENT ON THE LABORATORY STAFF RECEIVING A NEW PARK HOME!

**F**ree at last! These were the exciting words coming from the Laboratory staff. There are very excited to be offered with a new convenient and spacious place to work. Our Laboratory department is one of the busiest place within the hospital, hence they have been also operating in a busy and congested area for the past ten years, however all that is over for them. It is a dream come true indeed.

From the beginning the space they worked in had been an issue of health and safety for the past 10 Years of its operation, eventually NHLS has managed to place a beautiful park home that will provide them with enough space and all the required facilities.

The Laboratory unit has now moved from their old area next to the pharmacy. Currently they are situated between PHC offices and TB Clinic. This is also going to benefit other departments and other necessary services in terms of space that would be available after the laboratory has vacated to their new unit.

One may not stop to wonder how they managed to keep their heads up beside the critical nature of their work for all these years!!



SEEN ABOVE IS NEW PARKHOME & THE HAPPY LABORATORY STAFF

# EZISELE ZIXOXWA NGEZITHOMBE BAKWETHU





## SIGUBHA USUKU LOMAMA NGESASASA

Usuku loMama phecelezi imothers day luwusuku olubaluleke kakhulu lapha emzansi neAfrica nokuyilapho kuphakanyiswa khona inzalabantu. Lolusuku luphinde lenze omama begqugquzelane baphinde bathole izeluleko ezisemqoka nezibenza bavusane ngokubaluleka kokwenza okuhle kanye futhi nokuhle asebekwenzile.

Nathi lapha eMphumulo asizibekanga phansi, saqoqana singo mama kanye nabasebenzi bonke sakhumbuzana ngezinhlelo ezihlukahlukene ezixoxa indaba nokuqonda ukuba ngumama oqotho kusho ukuthini. Kwakukuhle kudelile. Ithimba le HPH lase sibhedlela lahlala labonisana ukuthi inzalabantu ngalolusuku kokubaluleka kwabo, izitholele okuzojabulisa bonke omama. Lalilungisele omama izithelo ezinempilo nokuyizo eziyizakha mzimba kakhulu kubantu besifazane kanye nencwajana eqoqele lonke ulwazi olubalulekile ngokuqonda kokusebenza kwalelithimba.

Lapho sesiqedile ukunikeza abasebenzi izibiliboco zabo, neziguli ezazifikele ukuzolashwa zazihlomulela ngezithelo ngalolusuku, phakathi kwabo kwakukhona nabesiliza kodwa abazange bashiyeke ngaphandle.



Above: Hospital CEO Mrs. T. Chiliza receiving a mothers day gift from Mr Ninela

## EZEMIDLALO: INGQUNGUTHELA YEZEMIDLALO KWEZEMINYANGO EHLUKAHLUKENE

**S**iwuMphumlo siyohlale sihamba phambili kwezebhora lamantombazane nelabafana noma un-gathini. Ngomhlaka 27 kuNhlaba, sihlangane nazo zonke izikhungo zikahulumeni ezisemnyangweni yakaMaphumulo yonkana ukuyodlala imidlalo emikhulu eSabuyaze imidlalo ebizwa ngokuthi phecelezi (Interdepartmental Games). Ukuhleleka kwalemidlalo yayihlelwe uMasipala wendawo, ukuqguqguzela zonke izikhungo zikahulumeni walendawo umoya owodwa wozwano nobumbano nokuthi sazane kakhulu ngakwezemidlalo. Ekugcineni kwalemidlalo kuyobe sekuhlomulwa nge Ligi yakaMaphumulo.

okufakazela ukuthi singompetha bangampela kulendawo, siyisibhedlela siye saphumelela kakhulu emantombazaneni lapho sidle sabhubhisa, siye sashaya kwasani emidlalweni yonke ebesinikezwe yona namanye amaqembu. Siye sazihlomulela ngamajezi ayizinhlobo ezihlukene kabili, sathola izimpempe zokudlalisa ezimbili, amabhola okudlala amabili, iwashi lezemidlalo kanye **Nenkomishi yosuku** lwezemidlalo. Njengamanje silungiselela ukuyongenela umncintiswano oseqophelweni lokugcina kakhulu (semi fanals) futhi nalapho asizingabazi ukuthi sizoshaya sibhubhise kwasani ngalolosuku siphinde sibuye nenye inkomishi. **EYETHU INKOMISHI!!!**



## BIGGEST LOOSER

**A**s staff from our hospital we have risen to the challenge and enrolled in the programme of the biggest loser. This includes doctors, nurses, therapists and some Managers. They have given themselves 3 months period to lose as much weight as possible. The biggest loser started in April and each participant has to weigh every month and the final prize will be given in October. A surprise final prize will be taken home. Results will be announced in October.

We wish them luck and feel sure that by December they will be almost unrecognizable. Mind the December goodies-you might be back where you started!

# WELCOMING NEW STAFF

Welcome to all new staff, community service officers and interns for joining us in our warm home. We wish them all the best for their community service year and future endeavors.

## Our New staff that joined us this year are:

1. Mr M. Maharaj - Pharmacist
2. Mr D. Singh - Pharmacist
3. S.G Mzobe - Community Serve Nursing Dept
4. NZ Tharliwe - Community Serve Nursing Dept
5. Ms. S.J Msomi—Physio comm. serve
6. T.P Mnguni - Community Serve Nursing Dept
7. C.Z.P Nzuzo - Community Serve Nursing Dept
8. S.B Sibiya - Community Serve Nursing Dept
9. B.B. Zulu - Community Serve Nursing Dept

## Staff that have exited:

Ms Q Tshabalala - Receiving clerk (Transfer)

Sr Baloyi—Nursing Dept. (retirement)

Mrs Nzama (VCT) (retirement)

Mrs Ntuli - Catering Dept. (retirement)

We are on the web

INKANYEZI YASEMPHUMULO

R 74 Greytown Road  
P.O. BOX 9219  
Maphumulo  
4470

Telephone: 032-4814100  
Fax: 032-4812009  
Email: [lungile.ntenga@kznhealth.gov.za](mailto:lungile.ntenga@kznhealth.gov.za)

**F**

or your inputs, comments, suggestions and enquiries -the suggestion box is always provided below ! Or kindly contact

the Public Relations Officer Ms L. Ntenga on:  
032 4814193,  
[lungile.ntenga@kznhealth.gov.za](mailto:lungile.ntenga@kznhealth.gov.za)

<http://www.kznhealth.gov.za/umphumulohospital.gov.za>