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Next month's issue:

- *Our Logo and more!*
- *Don't miss it!!!!*

Special points of interest:

- To all staff members please take an advantage of this publication for anything and everything that is of interest to you and everybody else!! So please all sections contribute.
- Poems, suggestions, ideas, birthdays, functions, invitations, announcements, weddings, engagements, graduations, short stories, book reviews etc. We want to hear all about them, Please TELL US!!

FROM THE MANAGER'S DESK...



It has been yet another two months and the year is nearly over. It has been a very productive year and the hospital has improved drastically and am satisfied with the changes.

Let me take this opportunity to welcome all new staff members who will be mentioned as you page through the newsletter. It is always good to receive more family members and I

wish you all, well in your stay whilst in our care. To all those who have left us for greener pastures, farewell, go out there and represent Umphumulo Hospital, and do us proud. We will always remember you.

I would also like to encourage all staff members, from all sections within the hospital to contribute towards the newsletter. Inform the world of your wonderful work, thoughts and ideas.

Mrs. T.D. Chiliza
Hospital Manager

CONGRATUALATIONS ON YOUR PROMOTIONS!!!!

Sir N.A. Mbhele
Deputy Nursing Manager

Matron D. Shange
Assist. Nursing Manager

Matron Z.V. Khuzwayo
Assist. Nursing Manager

Matron G.N. Luthuli
Assist. Nursing Manager

Matron S. Moodley
Assist. Nursing Manager

Mr P.A. Ngcobo
Senior Staff Nurse

Ms I.N. Fihlela
Senior Staff Nurse

Ms M.N. Nene
Senior Staff Nurse

Ms H.P. Dladla
Senior Staff Nurse

Ms N.A. Nomgu
Senior Staff Nurse



OUR FAMILY IS GROWING... WELCOME TO OUR HOME!!! NEW STAFF MEMBERS

Dr Parik
Chief Medical Officer

Ms N. Mthiyane
Social Worker

Ms F.C. Mbhele

Mr SSS Majola
Ms P.S. Ndlovu
Ms Z.M. Mngomezulu

Ms F.N. Sibisi
Ms JD Zibane

Ns A.H. Gumede
Mr S.A. Mbhele

Ms L.P. Hlongwa
Ms P.V. Dumakude
Ms N.B. Nzimande
Mr S.F. Ngubane

All the best in your stay!!

INTRODUCING UMPHUMULO HOSPITAL MANAGEMENT TEAM!!



Mrs. T.D. Chiliza
Hospital Manager



Mrs. E.N. Ngobese
Finance & Systems
Manager



Miss S.G. Mabaso
Management Secretary



Matron Ngiba
Nursing Manager



Mr. B.J. Adams
Pharmacy Manager



Mr. P. Sithole
Principal Human Resources
Practitioner/Officer



Dr M. Parasztsak
Medical Manager



Miss S.N. Xulu
Public Relations Officer

“These are the faces behind the scenes ladies and gentlemen”

IT IS NOT JUST TELEVISION THAT THEY NEED...

“empowering the minds of the people through reading is one of the best remedies this hospital can offer”

Umphumulo Hospital has decided that it is not just Television our patients need. We believe empowering the minds of the people through reading is one of the best remedies this hospital can offer.

Management have therefore agreed that having a

“mobile” library will be the start of a whole new dimension. One of the staff members, Ms Slindile Mabaso, have volunteered to be responsible person to visit the wards each day with the books trolley asking the patients if they would like anything to read. She would then collect the books when the patients have finished

reading and store them back in our books trolley. This will be an excellent venture by management if we are supported by all staff members. It does not mean this library cannot be used by staff members but they will have to use the books at their leisure.

ABOUT THE COMMUNITY HEALTH CARE WORKERS

Umphumulo Hospital have 63 Community Health Workers (Onompilo), under the management of Mr P. Ngcobo.

Each Community Health Worker visits 5 houses per day and 100 houses per month. They treat minor ailments and ensure that they are treated. “We work according to places of Izinduna, each of Induna is given a group of community health workers to cover that whole area under him”, said Neli Khuzwayo a Community Health Worker.



Ms Neli Khuzwayo — A CHW

CHW are very important in any institution especially in rural areas, as geographically, people do not always reach health institutions and transport is one of the major concerns. The community get to learn a lot about health issues and

diseases that they never knew about. CHW’s also work hand in hand with other govt. components, like Home Affairs Dept. and Social Services etc.

They work under the “prevention is better than cure” slogan. Which they instill in their patients.

CHWs are important and they need to be given full recognition for their hard work.

WHAT IS HAPPENING AT V.C.T.?

We are a fairly small institution with major hopes, dreams and most importantly bigger responsibilities.

One of these major dreams and hopes is to be counted amongst hospitals that are giving out anti retroviral to our H.I.V. positive patients. At the moment people do come to us for voluntary testing, but we refer the bloods to Stanger Hospital in their Laboratory and they send the results back to us.

We then counsel the clients on all aspects of their status and if the results are positive we then refer them to Stanger Hospital.

Stanger Hospital is currently

our pillar of strength, because we refer to them.

We are proud though to announce that more and more citizens of Kwa Maphumulo area are interested in knowing their H.I.V. status. We are also proud to announce that at the moment we are running the clinic to train our clients for six weeks, in seeking to know how cooperative they are and will be. We look at their behavior if they are able to finish the prescribed course of medication, and if they, are able to disclose their status to their families or communities in order to get help and support.

At the end of the training period, 28 days is given to clients to see if they will be able to take the drugs on daily basis and on time. If they do, then, that will mean they have passed. The main reason behind the 28 days period is to see the commitment of the patients and rate them on whether they will use the medication correctly once they are put on anti retroviral.

THE HEALING BEGINS WITH PLAYING...

Our last month issue contained a detailed article on a play station project that was initiated by our Physiotherapists. We are happy to announce that although we do not have all what we hoped for, at least the children are now able to play outside with their teddy bears and they are coloring in and drawing. It is really encouraging to see



Children playing outside pediatric ward

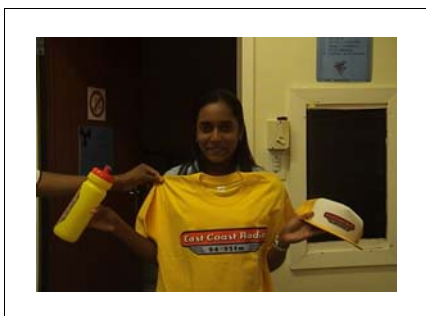
that we are getting somewhere. We are urging all staff members to please continue to support such a worthy course within the institution.

We desperately need more toys and fun books for the kids.

"Give and you shall receive even more than you gave"

THANK YOU ANITA

It is these kind of people that we need on board. Anita donated 5 teddy bears to our play station project and she was awarded East Coast goodies with compliment from East Coast Radio, the goodies included: a cap, water bottle and a T-shirt.



Anita receiving East Coast Radio Goodies after she donated 5 teddy bears to the children's ward

We hope more staff members will join suit and help us help the children.

Whilst we are still on donations, we also need books from all staff members. Books that our patients and staff members can read. These can include novels, bibles, educational books etc.

Therefore if you are doing your spring cleaning at home please keep us in them. Give more and you shall receive even more than you gave.

UMPHUMULO NEWS!

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We are on the web!
[www.kznhealth.gov.za/
umphumulohospital.htm](http://www.kznhealth.gov.za/umphumulohospital.htm)

"NO NEWS IS OLD NEWS"



SPORTING ACTIVITIES

We had Inkandla Hospital visitors, an interesting Saturday indeed! The results were as follows:



Netball: Inkandla		Umphumulo
9	-	8
Soccer: Inkandla		Umphumulo
0	-	4



Well done to both our teams especially the guys for doing us proud! Girls we did not loose it was just one of those hiccups that we need to sort out and I am certain it will not happen again.

FORTHCOMING SPORTING ACTIVITIES:

Itshelejuba vs Umphumulo at Umphumulo on 6 November 2004. Let us start to prepare ladies and gentlemen. All the players must start training on Monday Please!!!!!!!

WE NEED YOUR SUPPORT STAFF MEMBERS!!

WE LOOSE SOME WE GAIN SOME!

We are happy that we have additional family members on board, but sad that we loose some of them through transfers, promotions to other institutions and most sadly to death.

Allow me to bid farewell to the following persons:

1. Mr S. Govender
2. Mr N. Dladla
3. Mr D. Sosibo

For these kind of farewells, one have mixed feelings, because we want people to grow and have better lives, on the other hand, we do not want to let them go as we feel we are loosing only good people. But good luck and best wishes to you all!!!!



BEREVEREMENTS

ON A VERY SAD AND PAINFUL NOTE WE SAID OUR FINAL AND LAST GOOD-BYE TO ONE OF OUR SISTERS : MS NANA SIBIYA IN SEPTEMBER. OUR DEEPEST CONDOLENCES TO THE SIBIYA FAMILY.



We are also wishing Ms PP Mkhize from Pediatric ward a speedy recovery after a terrible and painful incident that nearly took her life. We say to her to be strong and thank Almighty God for being with her in the moment of darkness, because if He was not there on that day at that moment, her life would not be saved. That is how strong a Prayer can be. If you call out to Him in times of need, He hears your call and answers it, before you know it. GET WELL SOON PHUMZILE, we need you!



**HAPPY BIRTHDAY
TO
AUGUST & SEPTEMBER
PEOPLE!!!**