

**INSIDE THIS ISSUE:**

<i>Umphathi wesib-</i>	1
<i>hedlela</i>	
<i>Abasebenzi abasha</i>	1
<i>Usuku lwengculazi</i>	2
<i>Ukhisimuzi egumbini</i>	3
<i>abantwana</i>	
<i>Ezasemithini</i>	3
<i>Ezivela kvezobuk-</i>	4
<i>hulu nokudla okufan-</i>	
<i>ele</i>	
<i>Usuku lwemiklomelo</i>	4

IZIMEMEZOLO

- Sicela nisixhase ngezincwadi zokufunda ezizoba kumtapo lwazi lwethu (thintana ne PRO u Sandra)
- Udokotela wokukhuluma nezindlebe usekhona thintana no Lee-Anne ku nombolo 4168
- Izinkonzo zisekhona futhi ziyaqhubeza niyamenya ngobuningi benu. Ziba njalo ngolwezibili e Chapel noma kwelinje lamagumbi eziguli. Isikhathi kusayilo ihora lesikhombisa ntambama.

EZIVELA KUMPHATHI WESIBHEDLELA...

Kuyamangaza ukuthi lelib-huku kube elokuphela nokugala konyaka. Unyaka ka 2004 ufikile wedlula futhi uyokhumbulela njengonyaka ebesiqeda iminyaka ey-ishumi kuhulumeni wenini. Unyaka wokukhumbulleka ngezinginamba eziningi nezibophezelo ezanikezwia imikhakha eyahlukene yesib-hedlela ukuze bazifeze zonke ngendlela nokuphelela.

Umbuso uthi, ingabe Umphumulo wenze kanjani? Ingabe isibhedlela siphumelelile yine ukufenza izinhlelo? Ingabe sikhazile yini ukuphumelisa izidingo zempilo zezakhamuzi zakwa-Maphumulo? Ingabe izakhamuzi zikuthozelile yini ezi-kukhokhelle? Ingabe imibono yabo ibilalelwu yini? Sithithini ke ngalabo abangaphakathi- ingabe bona izikhalo zabo bezizwakala na?
Yonke lemibuso esibuziwe iphonsa insefelo kulonyak

omusha, lapho se-sizozipholela ezinhlweni ezintsha ezizokwenziwa yiwo wonke umuntu. Lezizinhlelo belu, kufanele ziphelezewa ukugcinwa kwasikhathi esiz-inquemele sona, izifiso esifisa ukufinyelela kuzo nendlela yokubona inqbekela phambili ukuze ekupheleni kon-yaka sibone umehlulo phakathi kokuqala nokuphela konyaka.

Abaphathi bafisa ukubonga bonke labo abenze kahle ekuhlangabezeni umbono nomgomu wesibhedlela. Kulabo abasebenza unyaka owdowa sithemba ukuthi ninemicabango emihle ngathi. Kulabo abalohlek-elwa noma ngayiphi indlela, siyewelana kakhulu nani. Kulabo ababebhekene nobunzima ku 2004, u 2005 awube ngcono. Kubonke abafike ngonyaka odlule Siyanemukela ngezandla ezimhlophe.

Abaphathi bafisa ukwamukela odokotela abasha bemikhakha yonke abozoba nathi lonyaka kuphela. Si-yethemba nizoba nokuhlala obunofofo nibuye sefundekakhulu.

MRS T.D. CHILIZA
HOSPITAL MANAGER

UKHISIMUZI OMUHLE

Saba nenhlanhla enku kabi ukuthi sizitholele ingelosi eyazizwa izikhalo zethu ephephandaben i las-eStange, ukuthi basiphe izipho zeingane ezazilele la esibhedlela ngokhisimuzi.

Umphathi wodokotela no Dokotela omkhulu, Dokt. Paratszak no Dokt. Pharik bebehlanganye kanye nathi ekupheni izingane izipho egumbini lezingane. Sibonga kakhulu kubonke abasilekelela ekucazeni lezizipho ezinhle kangaka.

Sibonga u Fiona, umndeni nabangane bakhe ukwenza umehluko kulabomuntuza abagulayo bengekho eduze kwabathandiweyo yabo kulesisikhathi esimnandi sikakhisisimuzi, bona, besezinhlung-wini.

ABASEBENZI ABASHA

Xaba N.—Prof. Nurse
Khumalo N.—Prof. Nurse
Ndlovu B.—Artisan
Pillay T.—Radiographer
Mhlekazi—S. Senior Radiographer
Christopher N.—Physiotherapist
Bodasing Z.S.—Med. Officer

Naidoo P.—Speech Therapist
Damon M.M.—Med. Officer
Mathenjwa Z.N.—Med. Officer
De Carvalho B.R.—Med. Officer

ABAKHUSHULELWE EZIK-HUNDLENI EZITHE XAXA
Kotagiri U.S.S.R.R.—Chief Med. Officer

ABASHONILE

(Dec. & Jan.)
Sihlangu L.
Mthiyane S.J.

USUKU LWENGULAZI EMPHUMULO



I CHAPEL YAYIHLOTSHISWE
IYINHLE KANJE!



UMF. CEBEKHULU WAVULA
UMCIMBI NGOMKHULEKO



UMPHATHI HLELO UMNUZ. SSS
MAJOLA



UNKK CHILIZA WEMUKELA
BONKE ABABEKHONA NGA-
LOLOSUKU



ISIHAMBELI SETHU SOSUKU U
MNUZ. SBUSISO MBHELE
WAKWA NETCOM



IZIKHULU ZETHU ZOSUKU

USUKU LWENGULAZI



IKWAYA I FRIENDS YANAN-
DISA NGOMCULO



ITHIMBA LASE V.C.T. ALI-
ZANGE LIFUNE UKUZIBEKA
PHANSI NALO NGA-
MAPHIMBO ABO AMNANDI

UKUKHANYISWA KWAMAKHANDLELA SIKHUMBULA ABATHINTEKILE NABANASO ISANDULELA NGCULAZI



IZIHAMBELI ZETHU ZAK-
WANETCOM ZIKHANYISA
NAZO AMAKHANDLELA

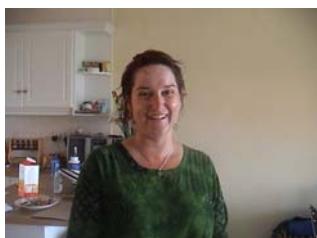


UMPHATHI WABAHLENGI-
KAZI EDLULISA AMAZWI
OKUBONGA



ABANYE BABASEBENZI

HO! HO! HO! UKHISIMUZI OMUHLE EGUMBINI LABANTWANA



U Fiona ingelosi yethu



Udokt. Parik enikeza enye yezingane isipho



Unesi N. Ngubane akazibekanga phansi



Fiona, izingane zakhe nomngane wakhe uMpho. Namaphasela abasixhase ngawo.



UNkk Nzama esiza u Dokt. Parik



Naye uMnuz. C. Majola wajobelela ebumnandini enikeza umzali womunye umtwana isipho.

UKHISIMUZI EGUMBINI LABANTWANA UYAQHUBEKA...



UDokt. Paratzsak, umphathi wodokotela washiya konke ayekwenza wasijoyina naye ebumnandini buka Khisimuzi



Udokotela wamathambo UMnz. S. Blose azange afune ukusala ngaphandle naye

UNesi P. Mkhize naye samudonsela phakathi.
Siyabonga kini nonke ngendima enayidlala. lyaphela

*"yazi kabanz
ngemithi—Nadia
Naidoo"*

AMAGAMA EMITHI, ILOTSHWE NGU NADIA NAIDOO WASEMITHINI

Sekube khona ukudideka okukhulu ngamagama emithi ikakhulukazi esikhathini esedlule, ikakhulukazi ngamagama ezinto okuyizona ezisebenzayo emithini leyo. Ngiyethembra ukuthi namuhla ngizokuqeda ukudideka ebantwini.

Amagama ezinto okuyizona ezisebena kakhulu emithini awafani namagama umuthi oqanjwa ngawo uma usu-yothengiswa kabantu.

Ngamanye amazwi umkhiqizi wemithi uyena oqamba umuthi lowo ngegama lelo aliqamba ngalo.

Ake ngeze isibonelo, inkampani l Adcock Ingram iworm-khiqizi we Panado, iPanado le iqanjwe yiyo lenkampani. I Panado ke inesithako esisebenza kakhlulu ekuqedeni izinhlungu, njenge Parecetamol.

Manje ngikholwa ukuthi niy-

abona ke umehlulo wamagama wezinkampani ezikhisiqiza imithi efanayo kodwa iyibize ngamagama ahlukena. Ngakho ke kumele niqaphele ukushintshashintsha kwamagama ngoba ahlala eshintshwa abakhiqizi abahlukene.

Kubalulekile ke ukwazi ngemithi eniyisebenzisayo. Kungcono abantu basebenzise amagama ezithako akuyiwo asebenza kakhlulu emithini ukuze bangadideki.

Izindaba zaseMphumulo

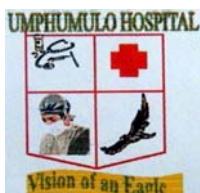
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Www.kznhealth.gov.za/umphumulohospital.htm

NO NEWS IS OLD NEWS



EZOBUKHULU NOKUDLA OKUFANELE

UHLELO LOKUNAKEKELA ISISINDO

Ukuba mkhulu kakhulu weqe isisindo ofanele engabe uyiso, kuyingozi kakhulu empilweni yakho, ikubeka emathuben i wokuba nezifo eziyingozi njengokukhuluphala kakhulu, ushukela nesifo senhliziyo.

Kubaluleke kakhulu ukwazi ukuthi isisindo sakho ukuze wenze okufanele ngaphambi kokuba ungakwazi ukusizeka.

Udokotela walokhu ke uthanda ukusiza bonke abasebenzi abanogqozi lokunakekela izimpilo zabo ngokuqala loluhlelo lweisisindo. Uzobheka isisino, ubude bomuntu ebese eyabona ke ukuthi usesimweni esinjani sempilo noma usengozini yokuba nalezizifo ebesezibaliwe ngendlela ophila ngayo. Uzothola ukusizakala ngokuthola uhlala lwezinhllobonhlobo zokudla okufanele ululanlele nokunciphisa isisindo uma kufanele. Kuyomele ke ubuye emuva kokufika okukuqala phela, khona kuzobonakala ukuthi ukhona yini umehluko.

Loluhlelo luzokwensiwa kanye ngesonto, ngoLwesibili kuphela. (Kuyadingeka ukuthi ubhalise kuqala).

"NDAWONYE ASIZAME IMIPO YOKUDLA EPHAKEME UKUNCIPHISA IZIFO EZIYINGOZI NGENXA YEZIMIPO ESIZIPHILAYO"

Ilotshwe ngu: T.C. Madlala

Udokotela onakekela izifo zobukhulu no kudla okufanele

USUKU LWEMIKLOMELO



ayeshilo ukuthi umcimi onjen-galona, umcimbi wokubonga nokuncoma abasebenzi abese-benze kokuzinikela okukhulu

Njen-goba um-phathi wesib-hedlela

Emisbenzini
yabo kwizinhlobonhlobo
zemikhakha yesibhedlela.
Kulabonke ke labo aban-gazuzanga lutho, akusho

phela ukuthi abaseben-zanga. Kusho ukuthi nabo mabazikhandle basebeze kakhulu bagqame ukuze ngozayo kuge yibo abathola imiklomelo.

**Khulani nikokhobe
S'lindile Mabaso
&S'thembiso Blose**

Unkk. Thwala nguye owayeni-kezela ngemiklomelo.