



Volume 1, Issue 7
December to January 2007

INKANYEZI YASEMPHUMULO



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HOSPITAL MANAGER'S DESK

2006 has come and gone. All workers have put in their best performance and achieved the goals they set themselves to achieve. Others have put in their best efforts but have not achieved what they had set out to do because of various reasons. At the end of the year I want us to reflect on the achievements and disappointments that we experienced.

- It has been good to witness the activities that were taking place as the two blocks of residences were coming up and completion.
- It has also been good to see most of the residences renovated so that the personnel could be accommodated in conducive environments.
- The acquisition of the Park home female ward brought much joy and enthusiasm to both personnel and the community.
- The Crisis Centre and

ART Park home also brought much relief to personnel and clients. These services make a big difference in the quality of life for the affected individuals.

- The New theatre and Casualty - it is believed they are going to make life easier for Doctors, Nurses and Patients.
- Lastly, the new mortuary enables the institution to offer dignity to patients even after they passed away
- The cherry on top has been the achieving the Baby Friendly status which has been covered for years.
- All the above could not have been achieved if there weren't people who had the heart to make these happen. A heartfelt gratitude goes to you all.

There were a few disappointments:

- * The loss of a number of the staff came caused the institution much grief. Some units lost more than one person during the year.

- * The slow pace that has been experienced in the completion of some R&R projects.
- * Management would like to thank everyone who has made a difference in the lives of Patients and colleagues. A special thank you to the young Professionals who have spent a year at the institution doing community service. The lives that have been touched have benefited from your presence.

As we look forward to 2007 we end the year by reflecting and learning from what has happened and planning to do even better for the Maphumulo citizens. 'ASISUKUME SAKHE'



Mrs T.D Chiliza [Umphumulo]



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The Opening of the Female Ward



The New Crisis Centre



The New Nurses Home [UMHLANGA ROCKS]



UMPHUMULO HOSPITAL MANAGEMENT TOUR

It was Thursday morning on the 16th of November when Umphumulo Hospital Management embarked on the tour around Maphumulo Area. The whole idea of the tour was to see places where our personnel are working at, and also to have an idea of the services that need to be developed or increased. It was of great experience for management to witness the difficulties that our personnel are exposed to on daily basis. And they also acknowledge the work of our dedicated staff e.g our Mobile Service Team, Community Health Workers, School Health Team and TB Tracing Team.

Sihlale sisho ukuthi isibhedlela sase Mphumulo sizifikela mathupha kumphakathi. Engathi nezinye izibhedlela zingenza okufa-

nayo, kuthi noma kukhulunywa ngesabelo sezimali emahhovisini amakhulu ube waziwa umphakathi ukuthi udin-gani.



From Left: Ms Z Nkwanzana, Dr M Parasztsak, Mrs E.D Ngiba, Mrs T.D Chiliza. Mrs E.N Ngobese and Mrs S Sankar

KWAVAKASHA UNQONGQOSHE EMPHUMULO...

Kwakuwusuku olujwayelekile eMphumulo izisebenzi zasesibhedlela zisebenza ngokujwayelekile kanti azibuzanga elangeni, thushu! UMEC uNkk Johnson waka Public Works ehambisana nethimba elalivela kwa DPSA. Inhloso yalezizivakashi kwakuwukuzohlola imisebenzi kahulumeni ukuthi ngabe kusahamba kahle noma qha.

Kwabe ukufika kwabo, abazange besafuna nokuphuza amanzi kwazise phela nelanga lalishisa likhipha inhlazi emanzini bangena ngaphakathi esibhedlela, yabe njalo isiyaqala imibuzo. Kwaba ongaphansi nongaphezulu kodokotela nabahlengikazi behlohlwa ngemibuzo ngapha nangapha.

Kwabakhona lapho UMEC engazange ahlabeke khona umxhwele kodwa wafisa ukwazi ukuthi kungani kube njalo.

Okuhle ngokuba nezivakashi ezinjengalezi ukuthi yilapho ubona khona kuthi yikuphi lapho okufoneka uphakamise khona amasokisi. Emva kohambo lwangaphakathi esibhedlela sabe sesihlala naye phansi kwaxoxwa.

Siyambonga uNqongqoshe nabakwa DPSA NGOKUSIVAKAnSHELA KWABO ENGATHI BENGAPHINDE BEBUYE FUTHI!



Ophakathi nendawo UMEC Nkk Johnson kanye nethimba labakwa DPSA nabaphathi besibhedlela uMphumulo.



UMEC UHLABA UNESI NGEMIBUZO



'AWU NGAZE NGAZUMEKA MADODA' SENGATHI USHO NJALO Mrs Chiliza



KWABE SEKUBA YISO ISIKHATHI SAMAXOXO



ASISIKE ELIJKAYO NOSOMLOMO

Kuliqiniso ukuthi unyaka ka 2006 siyawusonga manje, kuyiqiniso futhi ukuthi lesikhathi yilapho wonke umuntu ebheka emuva lapho unyaka uqala ukuthi ngabe konke khambe ngohlelo noma cha!

Kulengosi ngithanda ukuthi kesikhumbuzane usiko lwesintu lokubonga futhi uphinde uhalalisele omunye umuntu lapho enzekahle khona. Ngithi angikhulume ngalokhu ngoba ngibona kwanda usiko lokuthanda ukugxeka nalapho kufanele umuntu ancome khona. Lokhu engikhuluma ngakho ngikubona kwanda ezikhungweni zikahulumeni lapho singabasebenzi singakwazi ukuhalalisela omunye umuntu lapho enzekahle khona. Esikhathini esincane engisihlalile

njengomsebenzi kahulumeni yilokhu engikuqaphelile futhi ngakufunda. Kodwa ke noma kunjalo lokhu akusho ukuthi lesisimo esikhona angeke sisashitsha kodwa kufanele kukhulunywe ngaso kuphinde kubuyiswe usiko lokubonga kutuswe into enhle.

Ngalamazwi ngithanda ukubongela abaphathi besibhedlela saseMphumulo ngomsebenzi wabo omuhle wokuthuthukisa lesisikhungo sezempilo sibe kulelizinga esikulona manje. Kuyaqondeka ukuthi yebo usemningi umsebenzi osasele kodwa kulokhu osekwenzekile impumputhe kuphela engeke ikubone. Ukuzikhandla kwenu kuyabonakala baphathi 'Nime njalo'

Kubasenzi bonke ngithanda ukusho ukuthi intuthuko yesibhedlela ikuthina sonke!



'NGIYABONGA SOMLOMO' JOBE! Wayesho lamazwi umama, uJobe esefikile neziph ezinhle.

Umphumulo Hospital Children's X-mas Party

On 05 December 2006, Pharmacy Department of Umphumulo Hospital together with the Kwa-Dukuza Rotary Club and Provisional interacts from Glenhills Secondary School hosted a Funny Christmas Party for the children at the Hospital.

The programme was filled with games, laughter, fun, music and dancing and even got the Hospital Manager Mrs Chiliza and Doctor Parik dancing along.

The Kids were all given an opportunity on Santa's lap and received gifts from the inter-

acts and the Hospital. Afterwards they were treated with cakes, biscuits, sweets, chocolates and juices.

The event was one which the kids are sure will remember for many years to come.

The interacts from Glenhills Secondary School ensured that the children of Umphumulo Hospital will always be surrounded with colourful pictures. They made a great effort and sacrificed many hours painting beautiful pictures which

were put up in the wards. Both staff and the kids were very pleased with this as it really helped in brightening up the children's stay in the ward.



MEMBERS OF STANGER ROTARY CLUB



WHO SAID DOCTORS CAN'T DANCE! HERE IS Dr PARIK AND Mrs CHILIZA DOING KWASAKWASA.

THANKS A LOT TO STANGER ROTARY CLUB GOD BLESS YOU!!



What is a Crisis Centre?

It is a unique place where people's emotional, physical needs are met within the Hospital setting. It is a Centre which deals with what termed as a Taboo in the society

Crisis Centre is a home away from home to the sexual abused, sodomised, raped, emotional and physical abused clients. We also do notification of all sexual assault of victims under the age of 17 for statistic purposes.

-Thereunder are cases seen at the Centre.

- Raped children and Adults.
- Sodomised Males

- Teenagers under the age of 18 who are mothers and pregnant.
- Physical abused children.
- Domestic and Family violence
- Drunken Drivers
- Rape suspects
- Para suicide
- Depressed children and Adults

What is the purpose of the Crisis Centre?

-It is to provide emotional stability on the already shattered mind.

-To prevent HIV to those who tested negative Within 72 HRS post sexual explore

-To render physical support and also observe closely for signs of post traumatic stress disorder [PTSD] and refer should the need arise.

-To prevent sexual transmitted infections with antibiotics and also to alleviate pains.

-To prevent unwanted pregnancies by giving 12hr pill post exposure.

-To give Health Education in the community by encouraging disclosure.

-Report cases in order for Police to trace perpetrator and bring him to justice.

-To do notification for statistic purposes of all rape cases under the age of 17.

-To do awareness un the community and offer assistance where deemed fit.

HOW CAN THIS SERVICED BE ACCESSED

The Centre is a Parkhome situated near VCT at Umphumulo Hospital-opened Monday to Friday for now, but will resume to be a 24hr Centre soon.

'Umphumulo Hopital Crisis Centre Welcomes everyone without discrimination or prejudice.'

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EXAMINATION COUCH

COUNSELLING SESSION

OUR CRISIS CENTRE, THE HOME OF HOPE!



MEET OUR NEW SOLDIERS



Mr I.Y Moorald [Pharmacist]



Mr S.S Nxumalo[Pharmacy Orderly]



Mrs S.P Hlongwane[Senior Prof Nurse]



**Mr N.H Nene
[Pharmacy Orderly]**



**Mrs S.M Ngubane
[Prof Nurse]**



Miss N.N.R Khomo[Senior Prof Nurse]



**Mrs L.E Ntuli
[Enrolled Nurse]**



**Miss S.M Myeza
[Prof Nurse]**



**Mr M.F Luthuli
[Data Capturer]**



**Miss Amanda Hoatson
[Occupational Therapist]**



**Miss T.M Mdlalose
[Physiotherapist]**



**Mrs F.J Mzoneli
[Consultant]**

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AIDS HELPLINE
☎ 0800-012-322



UMPHUMULO HOSPITAL WELCOMES YOU!!!



UMPHUMULO HOSPITAL CHOIR



UMPHUMULO HOSPITAL SOCCER TEAM
ILEMBE HEALTH DISTRICT CHAMPIONS

IF YOU CAN'T BEAT US JOIN US!!!