

December 2015

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Laba abangenhla uPhilile Mzolo noSinenhlanhla Mkhize abayingxenywe yabayisihlanu abesibhedlela uNtunjambili kwabaya kofundela ubudokotela eCuba.

Nakuba kunamahlebezi okungenzi okufanele kwabafundi abathile abangabokudabuka bakaZulu-Natali, iNtunjambili bekusahamba kahle ngamathemba ethu. Ihhovisi likaSomlomo walesibhedlela lixoxisane nalaba abangenhla njengoba bebekade bebuyile ukuzovakashela imindeni yabo ngokunjalo nesibhedlela. Kusijabulisile ukuzwa besho ukuthi kulaba abasuka Untunjambili akekho noyedwa ongamatani swa nesenzo sokungaziphathi kahle.

Sifisa uma bebona lezizindaba ezikhulunywa ngabo ezinhle bakugcine ezinhliziyweni zabo ukuthi bamele umphakathi wangakubo lapho bekhona, kanjalo nesibhedlela UNtunjambili uyazigqaja ngabo. "Fundani nazi ukuthi niyathandwa futhi ninxuselwa kuJehova mihla yonke ukuthi abe nani lapho nikhona, nilonde nasezinhliziyweni zenu iziyalo enazithola ngamhla nihamba. Nibuye nentobeko ningamphakameli uJehova nganenzele khona. Niyithemba lethu kulesibhedlela nasemphakathini wonke wase Ningizimu Afrika.

December 2015

HOME VISITS ON A MANDELA DAY

Untunjambili Hospital hosted the Mandela Day in a different way this year. The event took place on 04 August 2015.

The Untunjambili staff bought some groceries, clothes and blankets to give to the community and some delegated staff members had to visit houses that were on the list to receive donations. All this happened through CCGs assistance.

The families that received gifts were very excited and the scream was making it obvious that they are happy, and also it was a good experience to see the distance km they walk to get to the hospital.

Untunjambili Hospital staff loves the community and are willing give more that what they gave by rendering services the way the community is expecting them to do. Giving back to the community has become a habit to the staff of Untunjambili Hospital. The hospital has gained more trust from the clients. The clients from outside the boarder is also having a strong bond with the hospital. The number of compliments is showing a satisfaction they have with service rendered, and also the kindness of staff is attracting the eyes of more internal and external community.

Untunjambili Hospital, your number one hospital that makes sure that saving your is a priority. An appreciation goes to the Kwa Siyabonga Supermarket for the support the show in everything that the hospital does.

The department of health is fighting diseases, fighting poverty, and giving hope



BIGGEST LOOSER COMPETITION

December 2015

Healthy lifestyle played a big role to support Women's Month, the Corm-serve, Mr. Siphwe Hlatshwayo brought up a dynamic and brilliant idea of starting a good diet in order to live healthy. From August to November 2015, the staff has committed themselves in changing from unhealthy to healthy lifestyle. This has been beneficial to both males and females staff.

Mr. Phumlani Khumalo and Miss Slindile Mchunu (Instructors) worked hand in hand to ensure the proper weight lose of the participants within 3 months. We are looking forward to see the results end of November 2015.



ABOVE: AEROBICS



ABOVE PICS: FUN WALK



A good diet together with aerobics makes wonders in the body shape, this was confirmed by the results during screening. Most staff members lost some kilograms, the staff is convinced keep

Aaaasha amahoots as a sign of support by vehicles



**STRETCHING BEFORE
THE WALK**



**STRETCHING AFTER
THE WALK**

24 AUGUST –24

25 NOVEMBER 2015

- ◆ Aerobics classes: Every Tues & Thurs @15-16H00 from 24th August –25 November 2015
- ◆ 1st Fun Run/ Walk on 18 September 2015
- ◆ 4 weeks screening @ Staff Clinic: 14-16H00 21-23 September 2015
- ◆ 2nd Fun Run/ Walk on 16 October 2015
- ◆ 8 weeks screening @ Staff Clinic: 14-16H00 19-23 October 2015
- ◆ Last screening from 16-20 November 2015
- ◆ Wellness Day on 25 November 2015

DLALA MSEBENZI

Right photo: Untunjambili Hospital ladies were ready to get into the ground and do **their thing**. Netball is what they are good at, netball, netball



2015 SPAR WOMAN'S RACE FOR 2015, The below ladies are multi-skilled when it come to the sports



BELOW PHOTO: UNTUNJAMBILI HOSPITAL SOCCER TEAM 2015 is known as a winning team ever since. You better think twice before you get into the ground with them. They have been respected for their great performance. The secret lies on staff support.



Breastfeeding Event

The Department of Health has celebrated the Breastfeeding Week from 1 to 5 August 2015 in respect of the norm that every first week of August there must be activities encouraging and appreciating mothers that still makes sure that their babies are breastfed. Mr S. Hlatshwayo (Dietetics Com-serve) made sure that he works hard to prepare for this day

Untunjambili Hospital hosted an amazing Breastfeeding Event on 05 August 2015, It was hot but the staff could not feel it because of the high spirit that they had during this day. Ululating, singing, marching and dancing was part of this event to ensure that the attention of the community is drawn. The staff marched for about 5 km outside the community, and came back to the Hospital Dining Hall where health educating talks to the staff and mothers were conducted, all staff members that were a part of the march got themselves some gifts.

Untunjambili Hospital staff would like to honour our stakeholders Liberty Life for sponsoring the event with beautiful hampers to give to the winning mothers. The staff was walking with pride because no one was going to be dehydrated



since we had enough Aquelle still and flavoured water from (KwaSizabantu Mission) EKhamanzi Springs. Thank you to our local store Siyabonga Supermarket, they always hear our voices when we shout for some donations e.g. grocery and gifts to



give to the guests. The amazing Untunjambili Hospital staff is also appreciated for always availing themselves to support the events with donations and participation. The



Untunjambili Hospital CEO- Dr. N.L Phakathi and Management are proud of all the above mentioned internal and external stakeholders.



NEW SERVICE ADDED

TERMINATION OF PREGNANCY

The Department of Health urges the women to use legal Termination of Pregnancy (TOP).

The women in South Africa used to sit in the corner with problems. Looking at the results of the women that has died or body damaged by lack of support, the TOP became a solution.

Speak out to be assisted, suicide is not a solution. The service is free and confidential.

Untunjambili Hospital has made it accessible by ensuring that the resources are there. The professional Nurse will give you a counselling and help through the whole process.

Make an appointment with the Professional Health Worker-Sir PP Jali. He will be available in his cell phone number during working hours 06H45-16H00 on Monday-Friday. Contact details: 072 136 4671

Unwanted pregnancy can be prevented. Visit the local clinic for professional advises.

The illegal TOP can destroy your womb, Be clever and go professional help.

EXPANSION OF SERVICE

The Untunjambili Hospital is now one of the District Hospitals that the Eye Care Unity is functioning.

The Optometrist (Ms. Nonjabulo Ndlovu) has started rendering this service, although we had Sr. N.B. Mnyandu (Ophthalmic Nurse) who did an excellent job but having no Optometrist was a challenge to her and the patients because they had to wait for some date to be seen by an Optometrist.

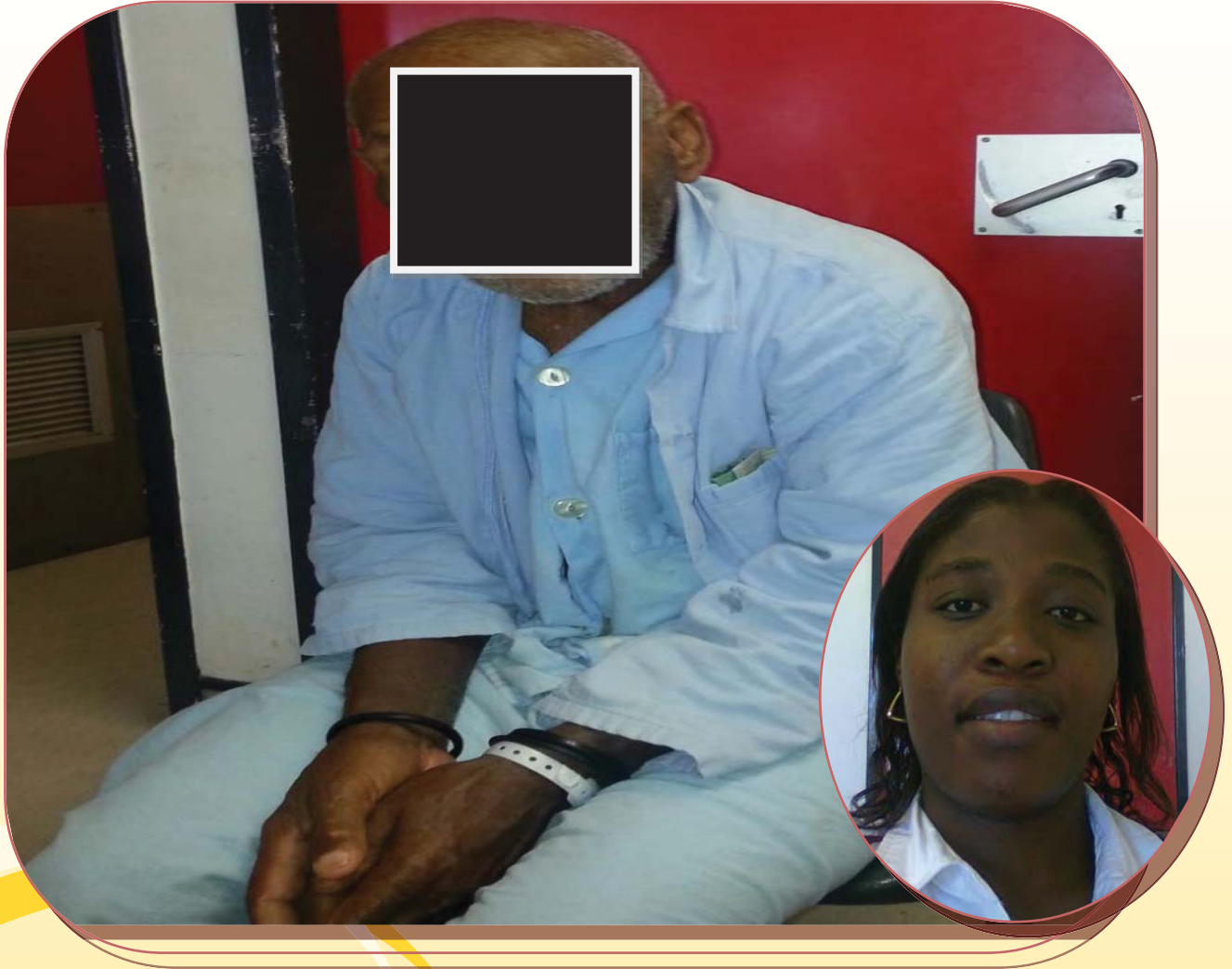
Patients are invited to come in numbers to test their eyes as this service is now rendered from Monday to Friday at 08H00-16H00 except Wednesdays because she will have to render the service to clinics.

The Giving Sight to Africa in KwaZulu Natal Project was launched on World Sight Day, 11 October 2007 and was aiming to extend eye care services to all KwaZulu Natal citizens.

The invitation is aimed to reach all Untunjambili Community and the neighboring external departments that deals with the public to refer the young and adults who are having a challenge of accessing the gift of sight.

Untunjambili Hospital says **“BONA, ABONE , NGIBONE, SIBONE”**

UHLANGENE NOMNDENI WAKE UMADALA



Kwaba usuku oluyintokozo ukuba umkhulu ayohlangana nomndeni wakhe emva kwesikhathi eside egcinwe esibhedlela uNtunjambili. Kuyiqiniso ukuthi wonke umuntu unomuntu wakhe amuzwa ngaphakathi.

Ngokokuvikela isithunzi sakhe igama siligodlile. Umkhulu wafika esibhedlela elethwa esinye esibhedlela okwesikhashana kusafunwa izihlobo zakhe, kuyilapho umkhulu ubengakukhonzile ukukhuluma ngemvelaphi yakhe, kanti okuningi ubesekukhohlwa. Okuningi uma ethuke wakukhumbula ubekuxoxa kuphela uma kukhona uSr. PF Duma (osesithombeni esishuthekiwe) nokunguyena ogcine esefune izihlobo waze wazithola, wahamba esemphelezela eyomnikezela kuSocial Worker osebenzela indawo yangakubo kamkhulu.

Abasebenzi basesibhedlela bese bemthatha njengomkhulu wabo bemthanda. Sibonga uSr.PF Duma ngokwenza umsebenzi wakhe ngendlela enokuzimisela esiza ngokudlulele aze anikele nangesikhathi

BATHO PELE TRAINING

Untunjambili Hospital has overcome so many challenges through the Batho Pele workshops that are conducted inside the institution. The trainings are led by Hospital Public Relations Officer Miss Smangele Mthembu.

The trainings has made wonders to the Hospital and the mothered clinics Mphise, Amandlathi and Gateway. The PRO has make it a priority to ensure that whoever joins the institution will have to be trained. The Private Companies, Trainees and the community are also equipped on how the eleven principles are practiced. Batho Pele Principles are displayed all over the institution hoping to get a big noticeable board of Batho Pele Principles.

Purpose is to ensure that the principles are properly implemented and everyone is aware of it. This has changed the staff and the community to see things in a different way. Each staff member needs to be remembered of what is expected of him/her year-

to forget their used to their titude has im- solving of becoming



each and year, every through the looking of things we trust the current to keep

PRO is with the class of Student Nurses and office Trainees

plaint of staff atti- Hospital

tionship the community, wit- nessed by the increasing ber of compliments received from patients.



with num-

Sr N.L. Libela (Amandlalathi Clinic OM) and the clinic staff were sorting themselves waiting for the training to start

ly, since people tend role once they are jobs. The staff atti- proved a lot. The complain is more easier

PRO is training the patients in OPD waiting area on the eleven Batho Pele principles.

away from the com- this nature (negative tude). Untunjambili has a good rela-

ORAL HYGIENE CAMPAIGN

Untunjambili Hospital Dental Department with the help of Colgate Agents visited the Untunjambili Local Schools and Crèches, and were equipping learners to know how to keep and maintain their teeth healthy. The Campaign was led by Dental Department (Dentist) B. Gangai, (Dental Therapist) Sugan Pillay and (Dental Assistant) Thokozani Khumalo. They believe that any knowledge that is invested in

young mind has got strong in influence in the growth of human being and will not be easily wiped away. The hospital congratulates all the Learners that have experienced the luck of Oral Hygiene demonstration.

“KNOWLEDGE IS POWER”

Says Dental Department



UMTHANDAZO WOKUVALA UNYAKA

“UJesu Kristu uyiNkosi uyabusa”, kwakushiwo kanje ngomhlaka 18 December 2015 enkonzweini yokuvala unyaka esibhedlela Untunjambili. UMr M. Mkhathini wasiphathela izwi leNkosi uLuke 17: 11-19 . Sasimdumisa UJehova sibonga ukusindiswa kuzo zonke izimo nezinhlopheko ebezifuna ukusinqoba enyakeni ka2015. Abasebenzi baphinda bamnxusa ngomkhuleko ukuba angene nabo ku2016.

UNkk M. C. Shezi wavula ngomkhuleko wabuye wamukela bonke abazalwane ababeyinxenye yalolusuku esho ukuthi abalenzanga iphutha ukuzodumisa uNkulunkulu.

uMiss Zanele Ngubane wayesiphathele uhlelo losuku kanti Umphathi wesibhedlela uDr. N.L. Phakathi wadlulisa amazwi akhuthazayo wabonga kakhulu nangokuzimisela emsebenzini wabo abaqashelwe wona. UMphathi waka Systems wabe esebonga bonke abakaSystems ngegalelo labo ekwenzeni umsebenzi uqhubeke kahle. Abasebenzi basema Stores basipha umculo omnandi. USr S.D. Dladla wancoma igalelo lamanesi wabuye wagquguzela ukuthemba uJesu emsebenzini wabo wokuhlenga abantu 1 Timothy 2: 3. UNksz. Linda Ntuli wakhuthaza abasebenzi abasiphathela izimali babuye basithengele nezimpahla ebabonga nangokwenza kwabo okuhle. uNksz SGW Mthembu wabe esebonga.

Sibonga uNkulunkulu ngabo bonke abasebenzi abakhetha ukuphathelwa uJesu Kristu izimpilo zabo ngokuba imuva labo alisayikuphinda lifane nekusasa labo.



WARM WELCOME TO YOU



Back Row :

Naven Naidoo (Com- serve Pharmacist)
Simon Marcus (Comm serve Doctor)
Sphamandla Muthwa (Chief Artisan)
Mthokozisi Khanyile (Junior Technician)
Buhle Hlongwane (Com-serve PN)
Mpilonhle Mbhele (Com Serve Physio)
Snethemba Dlangisa (Com-serve PN)
Siboniso Isimayeli (COM-serve PN)

Front Row:

Yandisa Sikhafungana (Chief Dietician)
Geraldine Naicker (Com serve MO)
and Raksha Bipraj (Com-serve Pharmacist)

Far Right : Mr. Mthandeni Mahlaba
(Speech Therapist (Com serve))



FAREWELL TO OUR RETIRING STAFF

Untunjambili Hospital has celebrated the Farewell Party of four staff members that has spent their lives serving the hospital on 18 December 2015

It is amazing that they were all from Systems Department and have done their duties with love.

Seated on the above picture from left hand side is MR M. J. Gasa who worked as General Orderly from 1982-2015, Ms. G.T. Mkhize who also worked as a Senior G/O from October 1984-December 2015 and Mr. M.P.M Manyoni who worked at Admitting and ended up as Mortuary Manager, he started working from January 2001-December 2015 and far right is Ms. B.N. Xulu who worked as Food Service Aid from March 1990-December 2015 .



Systems Department has made their culture to ensure that they keep their relationship excellent by giving each other some gifts every end of the year. This is what we see happening in this picture. The gifts were handed over to the retired and also to the remaining staff, you can see the face of Mr W. Xulu (Kitchen Manager) is looking at the gifts with the smile. Mhhhhh how I wish to be Systems staff member so I can get something for myself as well.

Message: Untunjambili Management and staff wishes you all the best on your rest at home.

Advise: Make sure that you apply a healthy lifestyle e.g. gym and healthy food will do wonders on to your life and avoiding stress.
Treat your chronic and be honest to yourselves.



UMRS NOKUPHIWA MADONSELA UNIKEZELA IZIPHO EZIVELA KOMABHALANE KU NKSZ NELISIWE NDLOVU

Kuyajabulisa ukwazi
ukuthi kusenabantu
abenza umsebenzi
kuze kuthinteki
abantu ababonayo.

Abasebenzi beSibhedlela uNtunjambili
baseMnyangweni omukela, wenzele iziguli
amakhadi okubonwa ngezigulo zabo
(Mabhalane) wenze umcimbi ubonga ukusebenza
ngokuzimisela kukaNelisiwe Ndlovu osebenzela
inkampani ezimele ehlanza isibhedlela.

Wethuka woma uNelisiwe ezwa kuthiwa
uyacelwa akaphuthume ngezithuba zehora
lokuqala ngomhla zili 18 kuAgasti 2015, engena
ehhovisi lokushaya amakhadi kwakucaca ukuthi
kuduma opotiyane futhi uxwayile ukuthi wenzeni ebizwa kugcwele abantu. Nokwathi esengena
kwaqubuka umsindo angawulindele othi “surpriseeeee” okwakuwukumtshela ukuthi lokhu azokuzwa
nazokubona angakulindele.

Kwathi lapho engena wabona itafula lidekiwe naye okwamxaka ukuthi kumayelana nani ngoba kwabe
kungelona nosuku lwakhe lokuzalwa kwazise uma kubonakala ikhekhe kuvame ukuthi kube khona
osuke ezalwa. Wahlaliswa phansi wabe esechazelwa ukuthi lomcimbi wenzelwe yena ngoba bebona
ebahlanzela kahle nangokuzimisela indawo abasebenzela kuyo. Kubukeka kuwubuntu nokukholwa
kwalaba basebenzi ukuba bazi ukuthi umuntu ubongwa esaphila.

Lokhu okwenzeke kuNelisiwe kuzoba isikhumbuzo sokuthi wake wanconywa ngenhlonipho
nangokuziphatha kwakhe emsebenzini. OMabhalane bethu baqhamukise okusha okuhle siyabonga.
Sibonga nje nendima edlalwa nguMphathi walelihhovisi uMr S. Khoza ukuba la ephethe khona kube

nobumbano oluhle kangaka. **PHAMBILI NGOBUMBANO**

PHAMBILI.



2015/2016 THE PUBLIC RELATIONS TRAINEE'S



I would like to take this opportunity to introduce myself to all of you. I am Sinenhlanhla Mkhize, Public Relations Trainee. I studied at Berea Technical College. I joined Untunjambili Hospital on 20 April 2015. I am grateful for the warm welcome I received, I learned a lot so far and would like to thank my Mentor Miss S.GW Mthembu for everything she taught me. The experience I have gained can make me a better PRO. I enjoy working with her.

THANK YOU!!!



I am Nomkhosi Ndlovu, Public Relations Trainee, I am grateful for the opportunity that I am given by Untunjambili Hospital. The experience I get will nature me to become a better PRO. I would like to thank my PRO SGW Mthembu for guiding and teaching me how to do PR duties. I learned a lot from her., working with her is grooming me a lot.

THANK
YOU!!!



MAY THEIR SOUL REST IN PEACE

IMIPHEFUMULO YABO AYIPHUMULE NGOKUTHULA



Miss Gugu Sibiya was born on 06 September 1986. She worked as an ENA at Church of Scotland Hospital and joined the family of Untunjambili Hospital on 01 April 2012 as an ENA up until she left to God on 15 August 2015.

She will be missed with her dedication in her work and for serving her homeland community. Untunjambili Hospital has lost an energetic, intelligent and young beautiful lady. We were still hoping to spend more years with her. The forever smile she had before mentioning each and every word out of her mouth.



Sr. E.K. Xulu was born on 16 December 1959. She started to work as a Professional Nurse in Stanger Hospital and joined Untunjambili Hospital on 01 September 2002. She passed on in 2015 November 02.

She was employed as a School Health Nurse. She ran this project in all schools from ward 01, 02 and 03. The pupils in schools has lost the mother who understood all their stages in their growth. The hospital has lost the energetic nurse who did her job with passion.



Mr. MMS Mchunu was born on 01 August 1974. He worked in Kombe Hospital as a Driver from 15 August 1995 and moved to Untunjambili Hospital on 01 August 2006. He served as a Driver until he left us to God on 31 October 2015. Mr. Mchunu will be missed for his honesty in his job, punctuality, smile and jokes that he used to share with the colleagues.

Word of God Mathew 6:34 "Do not worry about tomorrow, it will have enough worries of its own. There is no need to add to the troubles each day brings"