

UNTUNJA2 NEWS

Volume 1, Issue 1

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Untunjambili Hospital Newsletter

INTRODUCTION

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Special points of interest:

We are all equal in the eyes of God, so let us love and support those who are infected and affected with Hiv and Aids

"I wanted to change the world. I have found that the only thing one can be sure of changing is oneself" Untunjambili hospital is a district hospital situated at untunjambili deep rural area, 20km's away from Kranskop. Untunjambili has 128 beds and approximately 350 staff members.

BRIEF HISTORY

Untunjambili hospital was formed by missioneries in 1930's. Originally was a Norwegian's Lutheran Church of S.A, which started in 1 January 1844 under the guidance of Bishop Schoeler (Umankankane). The name Untunjambili was named after the landmark Untunja means "hole" Mbili means "Two". There were two holes in the mountain.

VISION OF UNTUNJAMBILI

To achieve optimal health



Untunjambili Hospital

status of all persons within our cathment area (kz 294).

The hospital has two clinics which is Amandlalathi clinic and Mphise clinic.

MISSION OF UNTUNJAMBILI

To render sustainable, high quality, cost effective, compassionate and comprehensive health care services. Page 2 UNTUNJA2 NEWS

PATIENTS FUNCTION AT UNTUNJAMBILI

On the 20th of April 2005 H and I wards of Untunjambili Hospital hosted a function for patients of these wards.

The main purpose of the day was to promote Batho Pele Principle, said Doctor Mngadi, he continued "We at Untunjambili need to pull up our socks in bringing efficient health care to our patients, we must all remember that patients are our first priority: "IZIGULU PHAMBILI".

Amongst the speakers of the day the ward manager mentioned that patients need to be treated with respect and dignity. They also have a right to a better life.

Batho Pele Principle was explained to all patients in

isiZulu

SPEECH BY PA-TIENT

Mr B. Mpanza

Sibonga kakhulu kubaphathi besibhedlela ngokuvumela abasebenzi ukuba basenzele umcimbi onjengalona. Sibonge nakubo abasebenzi basiphethe kahle kakhulu futhi kuyasijabulusa lokhu



Sister Cele(left) Mr Bheki Mpanza (Right)

OPEN DAY- IMBIZO

On 15 July 2005, Untunjambili Hospital hosted Imbizo plus open day. The main purpose of the day was to promote Batho Pele Principles, and the theme of the day was "People's First" Umphakathi Phambili.

The guest speaker for the day was Mr Shezi from department of Education, who spoke about the changes that are taking place at Untunjambili and he then emphasized about bringing the services to the public.

Amongst the speakers of the day were Mr P.K Sikhosana, Hospital Manager of Untunjambili Hospital, Miss N.E Ndlovu Nursing Services Manager and Mr Goge

(Inkosi) was present.

About 1 500 people attended. Miss Nomcebo Ndlovu a teenage poet from



"ZIFUNDELE WENA UKUTHI ITHINI INTUNJA2"

KwaNgqunggqushe Primary School stole the heart of the crowds, as well as traditional music were entertaining.

There were also stalls with a variety of health promotion pamphlets.

The services offered in the institution were explained to the public as a whole.

Ngomhla ziyishumi nesihlanu kuNtulikazi kuwolonyaka isibhedlela saseNtunjambili sasigubha umcimbi owawubizwa ngokuthi "imbizo". Lomcimbi wawuhlose kakhulu ukwa-



VIP TABLE AND THE AUDIENCE

zisa umphakathi noma amakhasimende ngezinhlobo ezahlune zosizo ezitholaka kulesisbhedlela. Lomcimbi waba enkulu impulelo, umphakathi wawuthokozela kakhulu. Lomcimbi wawuhanjelwe izicukuthwane zomnyango wezempilo kanye nezomnyango wezemfundo, kangangokuba nje isikhulumi sosuku sasivela kuwo umnyango wezemfundo Umnumzane Shezi onguthishanhloko eTshutshutshu High School, lapho ayekhuluma khona ngezinguquko ezikhona esibhedlela.

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FROM THE DESK OF PHYSIOTHERAPHY DEPARTMENT

Miss Preshanthi Pillay completed matric at Verulam Secondary School in 1999, she studied at University of Durban Westville, she did one year in Bachelor of Science and then completed her degree in Bachelor of Physiotheraphy in 2004. Here future plans are to work at overseas (UK) and eventually run a successful practise. Miss Pillay is currently serving the community at Untunjambili Hospital as from January 2005 until up to date.

The physiotherapy department comprises of a physiotherapist. The department itself is made up of a waiting room, a treatment room, a small gym room, a stock room, and an office. It has all bars, a roller, two physiotherapy balls and a mat. She has an ultrasound combo machine and an APS machines, hot packs and ice packs. Miss P Pillay is trying to build up stock of wheelchairs, elbow crutches, auxiliary crutches and walking frames. Miss Prishanthi Pillay sees an average of 120 patients a month. The most common conditions being seen are osteoarthristis, stroke and cerebral palsy.

In March 2005 she started the community visits to Amandlalathi and Mphise Clinics. She's also doing a home visits as a lot of people cannot

get to the hospital or clinics.

Miss Pillay started a stroke clinic in the department on Tuesdays. She is also conducting and in-service training with the nurses and community health workers on the correct handling of stroke patients. This should take place during the course of the year. Miss Pillay also planning on

Promoting physiotherapy within the institution by having and educational programme.

Miss Pillay hopes that by 2010, Untunjam-Hospital will grows from strength to strength and will have a fully fledged physiotherapy department cluding a Head, a Chief and Comunity Physiotherapy.

For any information about physiotheraphy department you may contact Miss P.Pillay on (033) 444 0818/ you May fax her on (033) 444 0987.



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in-Sevice

Miss P. Pillay

UNTUNJAMBILI HOSPITAL STRUGGLE AGAINST TB/HIV and AIDS

On Thursday, April 21 2005 Untunjambili Hospital visited Ophofini Community Hall, the main purpose of the day was to enhance the struggle of TB / HIV & Aids awareness and also to make sure that the community of Untunjambili and surrounding areas are well educated.

This campaign was the biggest one that we ever had this year, traditional leaders of Ophofini, teachers of Ophofini Secondary School, HIV&AIDS Counselors, as well as the learners of Ophofini were part of the campaign.

Isiqubulo sosuku: PHANSI NGENGCULAZA PHANSI!!!

All the above-mentioned people were singing one song, **PHANSI NGENGCULAZA PHANSI!!!**Ngolwesine mhlaka 21 April 2005 isibhedlela sasentunjambili savashela Ophofini Cmmunity hall ngenhloso

yokuqwashisa ngesifo sengculaza. Lomcimbi wawumkhulu kakhulu wawuhanjelwe abalaphi bendabuko basentunjambili kanye nabaphathi bakwaTB?HIV & Aids baseNtunjambili esibhedlela



"Lets come together and fight against TB/ HIV&AIDS Remember, People with HIV&Aids can live happy lives for many years after infection.

ILEMBE HEALTH DISTRICT TOGETHER WITH UNTUNJAMBILI

Ilembe Health District was celebrating the youth day on the $17^{\rm th}$ of June 2005 at Untunjambili hospital's premises. The theme of the day was `` LOVE LIFE – THANDI MPILO ``

The challenges facing the youth were highlighted like drug and substance abuse, alcohol, and their negative impact on the individual's lifestyle like STI/HIV/AIDS/ Teenage pregnancy etc.



Mr Mkhize from SANCA

Miss S.D. Dube, the district manager and her team were present. The guest speaker for the day was Mr Mkhize from South African National Council for Alcohol and drug dependency (SANCAD)

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We're on the Web! Www.kznhealth.gov.za/untunjambilihospital.htm



SERVICES OFFERED

- General Medical
- General surgical
- Infectious cases
 - Maternity
- Medical laboratory services
 - Theatres
 - Orthopaedic
 - Psychiatric
 - TB
 - X-Ray

ILEMBE HEALTH DISTRICT WITH UNTUNJAMBILI HOSPITAL

About 2 500 youth from local schools and community attended. Nomcebo Ndlovu a teenage poet from KwaNgqungqushe Primary School stole the hearts of the crowds!

There were also stalls with a variety of pamphlets from all programmes with health promotion messages. They were distributed to the youth to read and stay healthy.

UNTUNJAMBILI EMBARK ON "TAKE A GIRL CHILD TO WORK PROJECT"

The Public Relations Department of Untunjambili Hospital has conducted the above -mentioned project on 24 August 2005 with the aim of exposing the school - girls to the public sector and the project formed part of women's month.

Thirty matric children were invited; fifteen from Kranskop High School and another fifteen from Ngcolosi High School, they were all matric students. They were briefed about career opportunities and bursaries available and bursay forms were issued regarding this careers.

SIYAKUQALA – KE LOKHU! Those were words from students expressing their appreciation about the project. They urged the Public Relations Department to do this project yearly, because it really opened their eyes.

UNTUNJAMBILI EMBARK ON "TAKE A GIRL CHILD TO WORK PROJECT"

NGANGITHI KULULA UKUBA UMHLENGIKAZI! Lawo ngamazwi akhishwa umfundi wase Kranskop High School uMiss Nokukhanya Zondi owayengumhlengikazi wosuku ewodini labesilisa

Breakfast and lunch were provided to all of them. Bags and pencil cases were distributed to all students with promotional message.

Public Relations Department would like to thank the Management and Staff for great support that they provided during the day of the project.



Future Nurses