

UNTUNJAMBILI HOSPITAL

Volume 1, Issue 1

OCTOBER 2009

UNTUNJA2

Welcome to Untunjambili hospital



VISION/ MISSION AND CORE VALUES

Vision

Achieve optimal health status of persons within our catchments area (KZN)

Mission

To render sustainable, high quality, effective, compassionate and

comprehensive health care services through a district system packages

Core values

Inside this issue:

Content

Hospital Entry Point
CEO's Corner
DMN's Corner
HRM Corner
Finance & Systems

Page
1
2
3
4
5

Mental Health awareness

Page 3

6

Breast Cancer

7

Outreach HAST

8

Sports Corner

9

Infrastructure development

10

Meet PRO Intern

11

Hospital CEO's Corner



Mr. P.K, Sikhosana
Hospital CEO

CEO's remarks

Welcome to our internal newsletter issue.

As the year begins for normal calendar, for Department of Health financial year has only three months left on it.2009/2010 financial year has been a challenging but I am grateful that institution did not fail to provide it's core -function of rendering health care services to the people of our catchment area.

I, personally like forward my special thanks to good governance structures, that the hospital and it's clinics operate under, that is the hospital board, the support the hospital board has provided us as the hospital management can not go unnoticed and their co-operation on different issues has a noticeable impact. The clinic committees too have supported and served our clinics very well, we thank them for their unconditional contribution.

The government of the day speaks of business unusual, as one of the governments wings providing health care services we are fully taking that mandate, there will never be any excuse of not to adhere to service delivery rendered in line with Batho-Pele principle, patient's rights and human right's charter.

Untunjambili hospital management would like to extend its gratitude to its staff who have gone beyond the call of duty to ensure service delivery. Their dedication has not gone unnoticed. With this 2010 issue also we pay tribute to all those who have lost their lives whilst in the employ of the Dept of health may their soul rest in peace.

In closing I wish everyone all the best in 2010 and beyond.

DEPUTY NURSING MANAGER



Ms. N.E.Ndlovu
Deputy Manager Nursing

It has been a very taxing year, but we are looking forward to new beginnings. Challenges are testing us on our endurance and commitment to serve our people that we pledged to serve. We have managed to develop our nursing personnel to our maximum ability in as far as skills development is concerned. We managed to retain our Baby Friendly Initiative Status, that was through team effort shown by our non-clinical and clinical staff and we are very proud for the commitment shown.

In our general hospital wards I can not really say we are battling in terms of staff compliance but the areas that are now a challenge are our satellite clinics where in one of the clinics we are operating with **(opposite page)**

Deputy manager Nursling's Pledge

I NOMPUMELELO E. NDLOVU
DEPUTY NURSING MANAGER

HEREBY COMMIT MYSELF TO PROTECT, SUPPORT AND PROMOTE BREAST FEEDING IN OUR CATCHMENT AREA KZ294.

I WILL ENSURE THAT I ABIDE BY THE CODE OF BREASTMILK SUBSTITUTE AS LAID DOWN BY THE INFANT AND YOUNG CHILD FEEDING POLICIES

DEPUTY NURSING MANAGER'S PLEDGE

I NOMPUMELELO E. NDLOVU FROM UNTUNJAMBILI HOSPITAL HEREBY PLEDGE MY COMMITMENT TO STRIVE FOR EXCELLENCE IN ACHIEVEMENT OF OPTIMAL HEALTH STATUS OF ALL PERSON WITHIN CATCTMENT AREA KZ 29. THROUGH FIGHTING DISEASES, FIGHTING POVERTY AND GIVING HOPE

one Professional Nurse that is also suppose to be off duty and do on call for the clinic coverage which is highly impossible and we are trying our level best to fill the second post for Mphise clinic.

TB programme manager got promotional position to District Office which left this critical programme with no hands on manager to drive it but we are utilising our available resources to provide proper service up until we got a suitable candidate to man that programme.

2010 is our year to work harder than before we shall get there 'nama kanjani'

HUMAN RESOURCE MANAGER



MRS P Z MBATHA HUMAN RESOURCE MANAGER

Human resource indicator for 2009

Equity rate =i.2%	EQUITY RATIOS
Absenteeism = 2.1 %	African =97%
Vacancy = 47.38%	White =1%
Turn over rate = 2.1 %	Col =0.1%
Service leave rate =1.1 %	Indians =1.9%

Vacancy Rate as at 31.09.2009 = 47.38%
 Vacancy rate is high in medical component and maintenance section there is a gross shortage of staff

Labour Relations

DISCIPLINARY CASES

From April we have managed to resolve 4 misconduct cases.

Human resource component has four component HR Practices, Labour Relation, Human Resource Development and Training and Wellness Center.

I remember four years ago when this component was operating with only 2 H R officers because of the various factor e.g. moratorium and financial constraints.

Drastic changes and improvement has swapped this component as it is currently operating with 7 officers to look after the hospital as well as two satellite clinics

CHALLENGES

- Budget is not enough to meet our demands as the institution, yes we know and we were informed that we must "CUT

OUR DRESSES ACCORDING TO OUR SIZE " Miss Dube quote " but still is not enough

- Shortage of staff accommodation
- Staff retention as we know that Untunjambili is a deep rural hospital as a result facilities are very scarce depending on

We have been joined by:

- Dr.A.Subrati
- Dr.T.Pillay
- Ms.N.G.Ngcobo-PN
- Ms.Z.Zondi-PN
- Mr.N.Dumakude-PN
- Ms.E.T.Sithole-PN
- Mr.P.E.Njoko-PN
- Mr.S.Nkosi-PN
- Mr.S.Khoza-Finance Officer
- R.Arumugam-Physio

Transfers out

- Ms.L.S.Zibula -PN
- Ms.G.B.Tshiseka-AMN
- Ms.B.M.Sikhakhane-PN
- Ms.B.P.Ngubane-PN
- Ms.H,G.L.Ngubane-PN
- Dr.I.Xulu
- Dr.R.Bipath

Dr.N.P.Gumede

FINANCE AND SYSTEMS



Mr. T J Malinga
Finance and Systems Manager

I am very grateful for the opportunity granted to have just a share in this Hospital newsletter issue, 2009/2010 financial year has been a very challenging as far the financial aspect is concerned. If one compares institutional needs versus budget in hand, one can see that things are not at the same level. One can not forget recession in the World economy that also came with lots of dents in the economical growth so the hospital budget. As an institution we managed to initiate and complete few projects, some have been completed already and few are at their completion stage.

The projects that I am talking about are the construction of roads to Umlindelo and Nurses home residences, construction of the mortuary shelter for privacy observation during issuing of bodies.

The relocation to new offices for Hospital management, Human Resource offices and Supply chain offices. We also installed aluminium doors in male and female ward respectively.

Having said all that one can not turn a blind eye on the challenges faced like problematic water supply at Mphise clinic, failing to fill posts that are left by officials either being transferred, promoted or pass on as a result of budgetary constrains. On that note certain areas are operating on a very tight man power availability but we shall soldier on for service delivery achievement. Our hospital is in deep rural areas, road infrastructure is in very terrible condition and that consequently leads to high fleet repair rate which dig deep in our budget.

In closing, I shall say challenges build us for future success, if we stand together as one big family nothing will tear us apart. The department has entrusted people's lives in our hands. We shall try to our best ability that service provision is at the maximum state on a hot or rainy days because people need us out there.

World mental health day

Enhancing treatment and promoting men-

What is mental health : State of well being in which the individual realizes his/ her own abilities, can

SCHIZOPHRE-NIA>Disease of the brain, chemical imbalance resulting in

Causes Of Mental illness

Physical /Organic

- Congenital; Intellectual Disability due to birth trauma/intra-uterine infections (syphilis)
- Incest (child born by relatives)
- Infections; Malaria/Pneumonia/AIDS
- Neurological ;Brain tumor/hemorrhage/ degeneration (ageing)
- Toxins; Alcohol/Drug abuse (Faetal alcohol syndrome-failure to thrive usually pregnant women)

Psychological

- Depends on early childhood experiences (traumatic events ,victim of crime, exposure to disaster, discrimination, loss of loved one, job loss, unemployment, divorce, homeless, poverty, inadequate health care services etc)
- Parent child relationship

SIGNS & SYMPTOMS:

- Thoughts confused/ disorientation to time and place and person
- Unrealistic anxiety
- False fixed beliefs (is God), people read mind. radio is talking about him:Delusions
- Hearing voices (Hallucination)
- Feels objects/animal in her/his body
- Poor personal behavior; Refuse to bath



O/M Mental Health N A Mbali addressing patients



Mr. S Blose STA:District office did a presentation



Posing for a pic Sister N A Mbali and some of the staff of OPD and patients



Sister Mbali handing out caps and key holders to patients who attended



Sister. N .A. Mbali and Dr Combrink

BREAST CANCER

One in every women in SA is affected .It's the most commonly diagnosed cancer among women worldwide, and every woman is at risk. But it can be beaten through early detection.

ARE YOU AT HIGH RISK

- ◆ Are over 40
 - ◆ Have a mother or sister who has been diagnosed with breast cancer
 - ◆ Started your period at a young age
 - ◆ Went through menopause at a later stage
 - ◆ Had children after the age of 30 or not at all
 - ◆ Are on hormone replacement therapy
 - ◆ Drink more than two glasses of alcohol per day
- You can reduce your risk by
- ◆ Exercising

Warning signs of breast cancer

- ◆ A lump in the breast or armpit
- ◆ Puckering of the skin of the breast
- ◆ A new dimpling of the nipple
- ◆ Nipple rash
- ◆ Nipple retraction or scaliness
- ◆ Enlargement of the glands
- ◆ A change in the skin around the nipple
- ◆ A change in the skin around the nipple
- ◆ Unusual swelling in the armpit
- ◆ If one breast is unusually lower than the other and the nipple are at different levels

Women are advised to do a monthly breast self-examination. Get to know the size, shape and feel of your breast so you can detect any changes. The best time to examine your breast is one week after your period, or for women who have stopped menstruating, on the same day every month.

In the shower Raise one arm at a time behind your head and explore the breast and underarm area in a circular motion with your fingertips. Don't forget to feel the armpit and nipple areas

In front of the mirror Raise your arms above your head to check for changes in size, shape and contour of each breast. Also check for any nipple discharge.

Lying down With one arm tucked behind your head, use the other hand with your fingers flattened to feel the opposite breast by methodically moving your fingertips in a circular motion over the breast



OUTREACH PROGRAMME



Above Community members listening to health workers giving health talks during HAST community visits to different areas.

Service Delivery is at our finger tips at Untunjambili Hospital.

As part of AIDS conglomeration Untunjambili decided to take HAST service to the people by HAST door to door campaign which bared positive results at the end. Hospital HAST teams visited the following areas as part of their campaign, the team visited Oqaqeni area, Kwa-Magqwabaza area, Groundini area and Kwa-Vutha area.

The aim of these visits was to encourage people on how to access VCT, condom demonstration, STI screening, TB screening, doing pap smears from 30 years of age and above. This practice is going to continue on strategic calendar dates or when service needs arises. What the team experienced during campaign which was an eye opener was that people are more comfortable in the

Areas then going to health care facilities and the other challenge is transport to health care facilities.

Behavioral change as the motto of the day was discussed intensively, general health hygiene and one home one garden were also tackled. During the campaign people were officered VCT, TB screened and pap smears were done to those requiring such services. Total number of people tested for VCT was 80, Screened for TB were 09 and 05 were done pap smears.

Untunjambili hospital is committed to service excellence at all health care points, we strive to promote preventive approach then curative. We shall serve you with dignity and respect all the times.

SPORTS CORNER/EZEMIDLALO



Kwesingenhla kwesobunxele bahlanganisa amaqhinga onkabi okuzama ukudla umhlanganiso labo phela umama uMzila waseThembeni Clinic nomama uDladla wase-Maternity, akutetiswa lapha kuyagijinjwa Dladla.

Kwesokudla ngenhla uMphathi omkhulu wabaHlengikazi uMa-Gatsheni naye bandla uzozama inhlanhla

Eceleni kwesokudla abagijima kusekuhle kodwa

Kusazoshuba kuzophela yonke lenjabulo



Untunjambili hosted/held a sport day on the 23 of September and the day was filled with fun games and joy these were the following activities: Funwalk; funrun sack race, relay, mixed netball, mixed soccer. Special thanks go to local business for making staff sports day a success without their support Untunjambili Hospital would not have had this special team building day. The day was full of joy laughter and competition amongst four houses formed by hospital staff.

The day promoted teamwork amongst staff that ultimately results profitable productivity in the workforce so benefiting service delivery.

Page 10 Hospital photo gallery



Old Human Resources Offices



New Human Resources Offices– These offices are more spacious and user friendly for staff.



Old Supply Chain Offices



New Supply Chain Offices that are accommodative of all supply chain wings for efficient service delivery targets.



Our new Hospital Tuck Shop which is going to a great help to our patients and staff, it has been a big challenge not to have a place to buy small things around and worse experience for relatives and clients but all that is now water under the bridge, we hope that it will be of grate help to the hospital at large



New Hospital gas bank recently install for oxygen gas generation to minimize renting and high ordering of oxygen gas cylinders, this initiative is going to relieve cost burden on the Hospital budget.

UNTUNJA2

MEET OUR PRO INTERN
Ms.Nombulelo Lukhozi



A little reading is dangerous

A man has just finished reading a book called "MAN OF THE HOUSE" when he wakes up his wife sticks his finger in her face and says, "From now on I want you to know I'm the man of the house and my word is law.

I want you to prepare me a gourmet meal tonight and when I'm finished eating it I expect a scrumptious dessert. Then after dinner you're going to run a bath for me so I can relax. And when I'm finished with my bath guess who's going to dress me and comb my hair?"

His wife replies, The funeral director, I guess"

I would like to send out my greatest gratitude to Untunjambili Hospital Management for granting me the opportunity to do my work experience as a Public Relations Officer at there institution, and the staff for the warm welcome I received. The past months that I have been here I have learnt a lot of what goes into being a PRO.

I also learnt the role of a Public Relations Officer in the health department. Having the opportunity to work with dedicated individuals has also taught me a lot about the working environment.

To the staff of Untunjambili I would like to say thank you. To Sbongiseni Manqe Quality Assurance Manager for the guidance and valuable information you gave me, my few months stay with you 'guys 'was a fruitful and a very benefiting one in my career. It opened up my mind to really explore the realities of Public Relations in the Public service.

Thank you a million for the opportunity granted, I shall miss you a lot and I shall utilise knowledge that I gathered at Untunjambili in my career development.

Editorial Team:

- 1.Mr.S.Manqele
(Quality Assurance)**
- 2.MsN.Lukhozi
(PRO Intern)**
- 3.Ms.N.T.Maphanga
(Senior Physiotherapist)**

Phone: 033-444-0818/0717
Fax: 033-444-0987
E-mail: www.kznhealth.gov.za

Untunjambili hospital
Address
Private Bag X 216
KRANSKOP
3268