



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

King Cetshwayo District Newsletter March to August 2018

NEWS



Renaming of Lower Umfolozi War Memorial Hospital to Queen Nandi Regional Hospital was one of the happiest days.





King Cetshwayo shines again in the 2017/2018 MEC's Annual Service Excellence Awards.

The 2017/2018 MEC'S ANNUAL SERVICE EXCELLENCE AWARDS(MASEA)

Ceremony was held on Friday the 1st of June

2018 at Durban International Convention Centre. This day has been treated as a day for celebrating health success in a period of a financial year in all health spheres. This is the day to celebrate the year long hard work of health work force which is based on scientific evidence in terms of performance.

King Cetshwayo District health facilities entered in different categories and as a district we did not disappoint. The district managed to scoop nine awards in different categories. The following are the list of MASEA received by the district:

- The District received Gold award on achievement of the 90-90-90 HIV strategy, obtained second position as a Best Performing district on Male Medical Circumcision and fourth position on 90-90-90 TB management strategy.
- Mr SI Chonco from King Cetshwayo Emergency Medical Services obtained third position as the Best Emergency Medical Services Practitioner advance life support.

- Queen Nandi Regional Hospital received a Gold MASEA as a Best performing facility in financial management.
- Fourth position on Improved Viral Load coverage at 12 months went to Nkwalini clinic under Eshowe District Hospital and fourth position on Best Performing Paediatric Outpatient Department for District Hospitals went to Eshowe District Hospital.
- Ngwelezana Tertiary Hospital obtained Silver MASEA in Waste Management and third position in an Outreach Project which went to ENT unit.

This is the day to celebrate and reflect on the hard work and sacrifices done by health work force in saving citizen's lives of the Province of KwaZulu Natal. marks the hard work Great and humble appreciation has to go to

all health officials from all the corners of the Province of KwaZulu Natal for the excellent work done under taxing and challenging conditions. High standard in provision of health services is non negotiable so the health workforce has to rejoice and celebrate when excellence has been achieved.

King Cetshwayo District is a district of excellence that is guided by visionary managers and energetic work force. These awards are a true reflection of the dedication and hard work of district operational cadres at different platforms of the district. A word of appreciation goes to all stakeholders who continuously support the district as a whole that the Health workforce, governance structures, community leadership in different spheres and different partners in the district. The district was not going to achieve what it has achieved without their meaningful contribution. These are the results of a team work efforts.





KZN Legislature health facility functionality visit

KwaZulu Natal Legislature Health Portfolio Committee visited different King Cetshwayo health facilities in a two day session.

The purpose of the visit is to support and provide an oversight role to provision of health services. The targeted level of health services to be visited were Primary Health Care level in form of clinics. Other facilities that were visited had been visited before like King Dinuzulu Clinic under Eshowe Hospital, in this clinic the Legislature team was making follow ups on items that were identified as challenges during the first visit.



Pharmacy extension and pharmacy waiting area for patients. Pharmacy extension for King Dinuzulu Clinic has been completed, this was achieved through Department of Health partner which is Medecins SANS Frontieres (MSF) that is supporting part of uMlalazi sub -district. First phase of the project has been completed and the second phase of the project which is a pharmacy waiting area is in it's final planning stage. King Dinuzulu is a 24 hour clinic which is a high volume site.

The other clinics that were visited were Ewangu clinic under Nkandla Hospital, this a small, deep rural clinic which is 43 kilometers from Nkandla Hospital, with average monthly headcount of 750. The Legislature team was happy with Ewangu clinic operations and recommendations were to be tabled at parliament.

The last clinic that was visited is Mkhontokayise clinic under Ngwelezana Hospital, this clinic is situated at Port Dunford area under ward 18 of uMhlathuze Municipality. This was the first visit by portfolio committee. The clinic was found to be operating effectively. Legislature members were happy with what they found at the clinic.

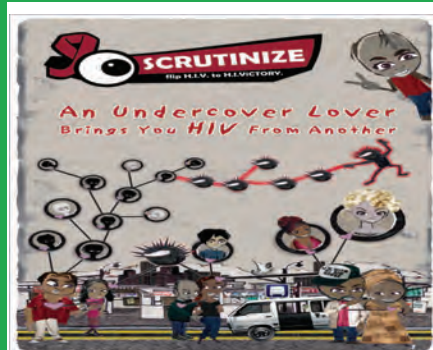
The visit was concluded by a debriefing where a question and answer session. Recommendations into challenges identified in different facilities during the visit, the team engaged on proposed solution. It was a great honour to host Legislature members in the district .



2017/2018 MASEA Photo Gallery



KZN Legislature health facility functionality visit



New Beginning for a revamped hospital renamed Queen Nandi Regional Hospital



Renaming of Lower Umfolozi Hospital to Queen Nandi Regional Hospital was one of the happiest days.

This state of the art health facility has been revamped and expanded. It is dedicated exclusively to care for obstetrical, gynaecological and neonatal patients in the Northern part of KwaZulu Natal. Although geographically located in Empangeni under King Cetshwayo District but it also caters for two other Northern districts which are Zululand District and uMkhanyakude Districts. This facility deals with complicated referrals from the district and the other two neighboring districts. The hospital has 369 beds and an average of approximately 10,000 deliveries per year. KZN HEALTH MEC Dr Sibongiseni Dhlomo said that the renaming of Lower Umfolozi War Memorial Hospital after Queen Nandi is a big sign of an affirmation of the big role played by women in our society. The official renaming ceremony was graced by the attendance of His Majesty King Goodwill Zwelithini and the Hon. Premier of KZN Mr Willies Mchunu. The ceremony began with the plague by His Majesty King Goodwill Zwelithini and the Hon. Premier of KZN Mr Willies Mchunu followed by the community engagement activity that was held at Esikhaleni TVET sports grounds where thousands of community members attended. The MEC Dr Sibongiseni Dhlomo urge the community to come early to get screened for cancer since this facility is already a centre of excellence to support the provision of oncology services, as well as all

other ailments that target women and children in the Province.

KZN Hon. Premier Mr Willies Mchunu speaking at the ceremony, he said the renaming of the hospital is going to clear all confusions around the real name of the this facility as before some people were calling it NPA and other names so the new name will bring new proper identity. It will assist to conserve our history and those that do not know Queen Nandi will have an opportunity to relate to the history around this new facility name. Premier Mchunu urged all men in the province to visit a primary healthcare facility (clinic) at least once a year, to get free comprehensive health screening.

Speaking at the ceremony, His Majesty King Goodwill Zwelithini thanked the KwaZulu-Natal Government for renaming of the hospital after Queen Nandi, only a few years after the renaming of Durban's King George Hospital after King Dinizulu.



**SMOKING KILLS
14,000 PEOPLE
EVERYDAY**

FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE



World TB Day in King Cetshwayo District

MEC Dhlomo accompanied by the Health Department's TB ambassador, Prince Nhlanganiso Zulu at Eshowe Taxi Rank

March is a TB month and the 24th of March is celebrated as World TB Day. As King Cetshwayo District TB day was commemorated on the 27th of March 2018. This commemoration formed part of celebrating the strides and achievement of the district as a whole in TB management. In the three consecutive years King Cetshwayo District had been maintaining Gold status in TB management during MEC Annual Service Excellence Awards (MASEA). These achievements are through hard work that has been put by the district and it's facilities.

As part of the build up activities to sensitize communities, Empangeni Taxi Rank was visited on the 26th of March 2018 with an aim to provide TB education and other health related matters to Taxi Operators and commuters about TB . Educational materials were distributed and screening services was site on the day. This was not a once off since the Taxi Rank is periodically visited on scheduled day of the month by the team fro Ngwelezana Hospital. The visit was part of the activation for the TB Day commemoration was to be held in ward 12 of uMlalazi Local Municipality at King Dinuzulu Sports Ground on the following day.

During TB commemoration in Eshowe MEC Dhlomo was accompanied by the Health Department's TB ambassador, Prince

Nhlanganiso Zulu, began the day visiting Eshowe Taxi Rank where pamphlets with TB information were handed out and also engaged with taxi operators and commuters about how to prevent TB, how to spot its signs and symptoms as well as the importance of adhering to the correct treatment schedule in order to prevent Drug-Resistant TB. MEC Dhlomo also visited Eshowe Build It Store and certain units of Eshowe District Hospital to assess functionality of decentralization of Drug Resistant TB cases.

Speaking at the main event in King Dinuzulu Sports Ground, MEC urged communities to partner with the government to fight the scourge of TB. MEC strongly emphasized that one Department alone can win the TB fight , he urged all stakeholders and leadership to contribute to the fight against TB. MEC also pleaded with the community on adherence to complete TB treatment to avoid worst consequences of acquiring the Drug Resistant TB which is more dangerous and expensive to cure or manage. As part of celebration on the day, certification of patients that have completed treatment.

Special gratitude to the following stakeholders King Cetshwayo District Municipality, MSF, uMlalazi Local Municipality , without their contributions this day was not going to be the same.





King Cetshwayo District office Youth Day celebration 2018.

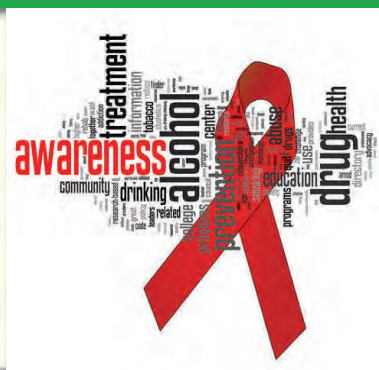
With all the sacrifices, enthusiasm; bravery and determination great courage that was displayed by the youth of our country where young man and women took a stand to eradicate the demon of apartheid regime in our society. On the 16th of June in 1976, South African youth took a stand and unity by marching peacefully against the oppressing of that time.

Not only do we celebrate this day to educate on the role the youth played in the South African liberation and also to honour the youth of our country who strengthened the struggle for emancipation of those that were

oppressed and contributed to the creation of an equal society where opportunities are shared and competed for under fair and conducive environment. Their bravery in confronting the apartheid domination and its many social-ills contributed immensely to the democracy we enjoy today.

King Cetshwayo District Office grateful celebrated the heroes who dismantled the shackles of apartheid. The day started bright and beautiful on the 15th of June 2018, where hot beverages and sweet nibbles were sold and enjoyed as part of fundraising. When the bell rang at around 11am, the learners were assembled to the boardroom to

watch a documentary of June 16 1976. The documentary was more than just enlightening of the past but it was also a great reminder that our liberty foundation is of pain, blood and lives. Struggle songs were sang as part of a reminder, school games were played and happiness was shared, this created a networking session and team building for District staff. Staff members were in full uniforms which served as a sign of unity that as the current generation. This was also used as weapon to shackle struggles of today that are affecting today's youth; which are drugs; alcohol and visionless.





FINDING MISSING CASES THROUGH TB BLITZ

In adhering to 2018 International TB Conference theme which said “ Finding missing cases”, King Cetshwayo TB team decided to embark on a year long plan to find missing cases through TB blitz aimed at uprooting all TB cases through a systematic door-to-door campaigns. During this programme, all District TB resources are converged into one area in the chosen sub district. A mother hospital in a Sub District identifies problematic areas under it's catchment area to be visited. When TB teams visit a household, the team looks at all aspects in the household including immunizations, and conduct health education and health screening.

The plan is to visit all sub districts hence the team started at Mbongolwane under uMlalazi Sub District, the team visited two areas under Inkosi S Ntuli which is Masundwini and Edakeni areas . Cases identified which are not health related are referred accordingly to relevant government departments. Team members are using a comprehensive data collection tool for a campaign. Main priority is on TB & HIV screening but also addressing other programmes and non-clinical issues. Each person reached to be offered health services and health education.

Each TB team when visiting a household identifies issues that are

not health related like birth registrations, unavailability of Identity Documents and referee all those cases to be attended TB Co-ordinators such as Grant related ones and abuse. Visit by the Co-ordinator to local Tribal Council to address members and seek their support and involvement on health care issues

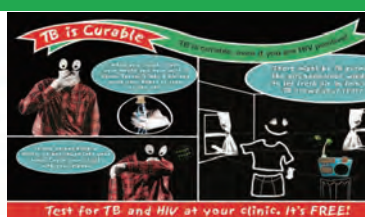
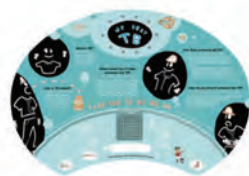
FINDINGS:

TB

- Total number of households reached:**192**
- Total number of suspects identified:**521**
- Total number of sputa collected:**521**
- Total number of suspects with positive results:**06**
(All Drug Sensitive TB)
- Total number of positive suspects initiated within 48 hours on treatment:**06**
- Total number already on TB Treatment:**09**
- Total number found to have defaulted TB Treatment:**00**

HAST

- Total number of HIV tests done:**64**
- Total number of clients who were reactive:**06**(01 being a child)
- Total number physically linked to care and initiated on Anti Retroviral Treatment : **06**(MSF assisted with transportation for clients to be initiated on Anti Retroviral Treatment





District Professional Nurse Mduduzi Mbatha receive global recognition!!

It is with great honor to have one of the District Professional Nurse Mduduzi Mbatha receive global recognition by International Council of Nurses for his delightful contribution to the TB management in the King Cetshwayo District. Mduduzi Mbatha who has been a TB manager since 2006. The Leading Lights Award highlights the contribution of those involved with caring for people affected by any form of TB and shows the world what an impact effective training and resources can have on this global disease. Mduduzi has been a professional nurse since 1996 and is certified as a PHC-trained nurse, NIMART and nurse initiated MDR-TB (NIMDR-TB) nurse. He has been a district TB coordinator since 2006 and attended the ICN TB/MDR-TB training in 2014. Since then, Mduduzi Introduced the use of the TB Appointment diary to all facilities and introduced and rolled out the implementation of sticker system for all TB/HIV co-infected clients at the facility level to ensure all co-infected clients are receiving the appropriate treatment. He introduced TB monthly door-to-door campaigns carried out by TB Teams throughout the district aimed at improving case finding, early detection, and to educate the community about TB. Additionally, he visits TB clients at their homes to address socio-economic issues and assists with Temporary Disability Grants through the Department of Social Development. Mr. Mbatha who's received recognition alongside nurses from Russia, China Swaziland and Zambia says "this is a huge recognition. **Bernard Mulonga**, Enrolled Nurse/ District TB Focal Person, Isoka District Hospital (Zambia), **Thandazile L. Simelane** Registered Nurse, National TB Hospital, Manzini (Swaziland), **Chen Danping**, Chief Nurse, Shanghai Pulmonary Hospital, Shanghai (China), **Alla Olegovna Bykova**, Bronchoscopy Unit Nurse, Vladimir Regional TB Control Centre, Vladimir (Russian Federation)

The 45 year old who was born and raised in Mahlabathini in eDlebe Reserve says he is proud to have contributed to changing the picture relating to the TB epidemic in South Africa." He claims that due to his upbringing and rural back ground nursing wasn't something he dreamed of, as it was a carrier that was deemed to be feminine but all that changed when he sustained a leg fracture while playing professional soccer that landed him in hospital where a matron persuaded him to join the profession. King Cetshwayo health District is proud to hold the Gold MASEA award received at

Provincial Annual Service Excellence Awards for best performance , for the past three years. King Cetshwayo District reduces TB cases from 1 141 per 100 000 population in 2011 to 616 in the 2016/17 financial year. "As the District team, we aim to aggressively reduce TB incidences through door-to-door campaigns which we are conducting once a month around district and targeting remote areas." Says Mr. Mbatha

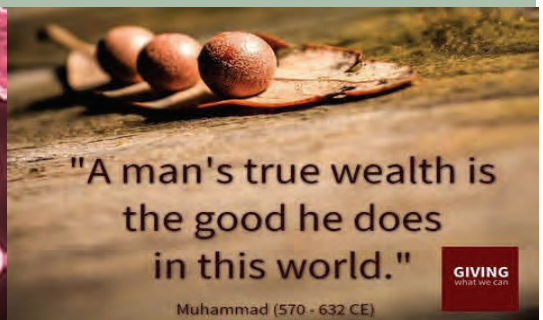
The king Cetshwayo District appreciates the effort and the time that Mr. Mbatha contributes in order to achieve phenomenal results in his job. The International Council of Nurses TB/MDR-TB Leading Lights initiative aims to showcase the work of exceptional nurses trained by the International Council of Nurses on TB/MDR-TB project who are making an outstanding contribution to TB prevention, care and management in their local facility and/or community.

Mduduzi has actively engaged key community stakeholders in the fight against TB through engaging and educating traditional leaders and traditional health practitioners and trains some of them to be Direct Observed Treatment supporters (DOT). Mr Mbatha trains up to 130 clinicians and nurses every year on TB and conducts quarterly meetings with facilities to share performance and discuss possible solutions to issues with clinicians and facility management. He has trained 520 non-clinicians (traditional healers, traditional leaders, DOT supporters, and volunteers) about TB and more than 930 community care-givers to improve case finding, DOT and health education.

The district was ranked as the best district for TB cure rates and ranked 8th nationally for having the most co-infected clients on antiretroviral therapy. Additionally, the TB incidence in his district has fallen from 1,400/100,000 in 2005 to 582/100,000 in 2017. The cure rate is currently 96% up from 24%, the loss to follow-up rate has decreased from 19% to 3%, and the death rate has decreased from 32% to 3% under Mduduzi's leadership and his TB team



INTERNATIONAL
COUNCIL
OF NURSES



"A man's true wealth is the good he does in this world."

Muhammad (570 - 632 CE)





100 YEARS OF CELEBRATING MADIBA'S LIFE

Nelson Mandela International Day 2018 marks 100 years since the birth of the great World Icon leader Nelson Mandela. The Centenary is an occasion to reflect on his life and legacy, and to follow his plea to "make of the world a better place." Mandela Day is a plea to urge communities to lend a helping hand to those in need. "One small step at a time", just as Nelson Mandela said. King Cetshwayo Health District office dedicated Mandela Day - 67 Minutes in to lending a helping hand to Ethembeni Care Centre which step down facilities.

This facility is an Non Profit Organization that provides palliative care health care for King Cetshwayo communities who have been down referred from different hospitals for palliative care. The

facility accommodates about 50 patients, 45 of those being adults and 5 being children. Nelson Mandela once said "Overcoming poverty is not a gesture of charity. It is an act of justice" and that is what the team had in mind when they went to the Ethembeni Care Center to spend time with patients bearing gifts for them as well. District Office employees contributions to raise funds to buy different items that were to be donated to the Centre, items ranged from food parcels; pajamas; tracksuits; soccer balls; hats and scuffs.

The district also did some gardening in the Centre after donating parcels to patients and participated in daily activities of caring for the patients in the Centre like helping in the kitchen in preparing lunch meals for patients and also serv-

ing meals to patients. The day was a great success, as the Mandela Day initiative of kindness was extended to those who need it. The purpose of this day was to more than just donate items but also to rejuvenate life and smiles to the patients of Ethembeni Care Center and show them that they are not alone. The gifts handed to them were greatly appreciated but it was the spirit of Ubuntu that kept them warm on the day and it's all thanks to the King Cetshwayo District Office Recreation Committee for organizing this day and to all District Office employees who contributed monetary towards buying needed items.

THE SPIRIT OF MADIBA LIVES ON !!!!!!!



NELSON
MANDELA
INTERNATIONAL DAY
18 July



Nelson Mandela
Centenary
2018
Be the Legacy
A NELSON MANDELA FOUNDATION INITIATIVE



KING CETSHWAYO DISTRICT OFFICE MEN'S FORUM DONATED SCHOOL UNIFORMS TO THE NEEDY CHILDREN OF SIGISI PRIMARY SCHOOL.

In June 2016 King Cetshwayo Health District Office officially launched its new Men's Forum which will look into the issues that affect men and how men can play a role in our workplace and in our society at large. One of the projects that we identified was to donate school uniforms to disadvantaged school children through our fund that we had established.

Through consultation with

School Health Programme Manager we identified Sigisi Primary School as a school that fit our profile very well and 12 children were selected by the school principal (six boys and six girls) which benefitted from the initiative. On the KCD Men's Forum as a team went to Sigisi Primary School to deliver the full school uniform, the parents and School Governing Body were invited to the event. The event went very

well and the children were happy with their new full school uniform and the parents appreciated the initiative.

This was all done by KCD Men's Forum in the spirit of creating social cohesion destigmatising all Men as abusers of Woman and Children bringing front the other side of Men which care about the society they live amongst.



It takes a village to raise a child



District sport day was lit!!



The district sport day was an epic blend of fun on August 11 at the UMhlatuze Sport Complex, where different health facilities from the King Cetshwayo District gathered to participate in different sport codes. The atmosphere of the day was energetic, vibrant and competitive with massive participation on sport codes such as netball, soccer, chess, athletics and umlabalaba.

The competition was fierce on all sport codes as a champion had to be crowned on the day and take home the trophy. After a battle of the fittest in the netball sport

grounds Ngwelezana Nursing College wins the sport day champion beating Nkandla hospital and with that being said the dust was settled on the soccer fields as well, the newly crowned 2018 champions being Nkandla hospital after beating Eshowe hospital in the finals.

It wasn't easy for the board games as well, chess and umlabalaba participants tassel for the ultimate prize. They put their smart brains on board to outsmart each other. But the ultimate winner for chess was Mxolisi Nyawo from District Office and the champion for umlabalaba Siphon Mhlana

from Eshowe hospital. Well done to all the participants and all spectators who created such a positive, enthusiastic spirit on the day. A Job well done to the facilitators and organizers of the event, they hard work and determination was evident on the success of the event. Special gratitude to all Sanlam for their immense contribution for this day to be a success.





YOU STRIKE A WOMAN, YOU STRUCK A ROCK !!!

CHEERS TO QUEENS WHO FIX
EACH OTHERS CROWNS ...

Every year we come together on woman's day to celebrate woman from all walks of life. This day is a public holiday honoring the famous 1956 march of 20 000 women to the union building in Pretoria. **“Wathita Abafazi Wathinta Imbokodo”.**

Woman's day is not only to celebrate women but also to empower them and educate the world about women.

King Cetshwayo District came together to celebrate women and express huge sentiments about the power of woman and acknowledge women's contributions to life, society, family and work. The event that was held at the King Cetshwayo

District office, on the 22 August 2018 to raise awareness on issues affecting women in communities and in the work place, saluting their strength, flexibility and sacrifice. Diane Marie child, said “a woman is a full circle. Within her is the power to create nature and transform.”

The women of King Cetshwayo District dressed in black and red mourning and remembering women who've lost their lives due to crimes directed to women. United woman stated that “enough is enough” to violence against women. Women come together to release balloons, which were a symbol of any toxic emotion and burden they carried and embracing their free spirit.

The event was not only attended by woman who are employed at king Cetshwayo district but it was also impressively supported by men who showed up in black outfits and head raps. All women were encouraged to believe and honour themselves by treating oneself with respect and supporting other woman, after all women set the sail towards true women empowerment.

“There are two ways of spreading light, to be the candle, or be the mirror that reflects the light.”
Edith Wharton.





health

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