



**KWAZULU-NATAL PROVINCE**  
HEALTH  
REPUBLIC OF SOUTH AFRICA

# KING CETSHWAYO DISTRICT NEWSLETTER

JANUARY TO MAY 2024





The dream manifested for Mpaphala community, when MEC for Health in KwaZulu Natal, Ms. Nomagugu Simelane, presided over the sod turning for the construction of Mpaphala clinic.

**K**ZN MEC for Health Ms Nomagugu Simelane, on Friday 03 May 2024, presided over the sod-turning ceremony for the Mpaphala Clinic in King Cetshwayo District. Mpaphala area is under ward four of uMlalazi Local Municipality, under Inkosi S. Ntuli of Mzungezi Tribal Authority. This is a long lived community dream that was manifested on the day. Local leaders and community at large were extremely excited by this project handover. The completion of construction for this clinic, will be a long lived legacy that will be enjoyed by the people of this community in so many years to come. This construction site is expected to boost the economy of the province, specifically of the area through job creation and business opportunities during different phases of construction. Building of this Clinic, is part of the department's health infrastructure development programme, as the country is preparing for the implementation of the National Health Insurance (NHI).

The NHI paves the way for citizens to achieve universal access to quality healthcare services, regardless of their socio-economic status, and to ensure that all South Africans have equitable access to affordable healthcare. One of the Department's core preventive care measure and mandate is that of engaging, informing and educating the public through Community Outreach Programmes on health matters.

Through **Isibhedlela Kubantu** (Healthcare services to the People) as one of our advocacy and community based health care service, the public received health services. The department ensure that vulnerable communities that are staying very far from our health institutions enjoy comprehensive health service, strategically focusing on HIV prevention and STIs.



## Social Worker Day celebration



**A**cross all health facilities in KwaZulu Natal, Social Workers gathered together to celebrate World Social Work Day on the 19th of March 2024, the event took place at the University of Zululand, Bhekuzulu hall. This day was observed in partnership with University of Zululand, Social Work Department. World Social Work Day is celebrated every third Tuesday of March every year.

This day is used as a reminder of the ethical obligations to Human Rights and humanity that Social Workers are advocates of. It is the day to showcase best practices in social work services. This year's emphasis was on transformative change which is rooted in the Global Agenda which is based on the need for social work responding to community needs through all innovative community led approaches that are grounded in indigenous wisdom and harmonious coexistence with nature.

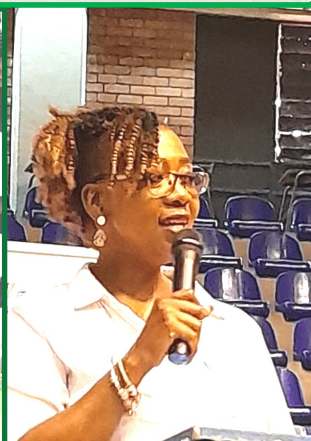
The partnership with University of Zululand made this day a memorable one. The day was field with motivational talks, which were meant to mold and groom young students that are the future Social Workers and emphasis was also on reminding Social Workers to take care of themselves as the burden of work pressure can consume an individual which then can lead to a burn out. Social work is a Godly practice, taking care of the vulnerable people is not an easy task to fulfill.

Social Work is a practice-based profession and an academic discipline that promotes social change and development, social cohesion, and the empowerment and liberation of people. Principles of social justice, human rights, collective responsibility and respect for diversities are central to social work. Underpinned by theories of social work, social sciences, humanities and indigenous knowledge. Social work engages people and structures to address life challenges and enhance wellbeing.

A Social Worker's role in the health field is to enhance the person's social and emotional functioning through targeted interventions and the mobilization of services and support. Social Workers intervene in the context of a person's social environment and relationships, recognizing the impact of the socioeconomic, cultural, psychological and political determinants on health and overall wellbeing. In their commitment to human rights and social justice, social workers advocate for the rights of patients, against discrimination, reduced opportunities and abuse.

Social workers function within the parameters of a multidisciplinary team. They are best equipped to obtain the social history and composition of the family from the patient, and share this information with the members of the MDT. This is crucial in the health setting because certain illnesses cannot be treated effectively without taking into account the patient's social circumstances.

# Social Work Day Photo Gallery



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## Launching, Health Promoting Early Childhood Development Center

It was a very proud moment when the first Early Childhood Development Centre was launched as a Health Promoting ECDC in the district. It is important to teach children good health behaviors whilst still young. The partnership and hard work behind all process mapping of the project that a facility undergoes in order to achieve a status of being named a health promoting facility. The first step towards accreditation is a self status determination by the facility of which UMhlathuze crèche grabbed this opportunity with both hands, and that is where their journey began. This facility is looking after 226 children and it is imperative to ensure that basic health standards and hygiene and safety is maintained at all times.

There are five categories that a facility need to achieve in order to be regarded as compliant. Firstly, the facility needs to comply with development of personal skills, build healthy public policies, create a supportive , community action and reorient health services. An evidence during assessment that those policies are implanted and adhered to by all involved.

The second phase of the journey towards accreditation is where by the facility is being assessed by the multidisciplinary district team to determine operational effectiveness indicated in the first phase and physical observations are done.

UMhlathuze Crèche is the first Early Childhood Development Centre in the district that has embarked on the journey until the end. This was really a proud moment for the center and the district. Mrs. S. Mngomezulu, the principal of the center was so happy and indicated her joy by thanking her team for the hard work and going beyond a call of duty in order to ensure that the targeted objective is indeed achieved. This achievement is not only going to benefit the center but the community as a whole. Parents will be assured that their children are in good hands under a safe and protective environment. This achievement by the center will also encourage other centers to follow.



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## King Cetshwayo District celebrated Nurses Day in style

**T**he core for delivery of health services is Nursing service centered, nurses are valuable assets that health service provision can not continue effectively without. King Cetshwayo District came together at Imbizo Convention Center at Empangeni, on the 24th of May 2024. Nurses from all health facilities and partners came together to celebrate International Nurses Day. This was the day to rejoice and celebrate nurses' dedication to the call of duty, which is providing a caring service to the vulnerable, sick and weak people who solely depend on nursing care to recover. The theme of the day was "Our nurses our future", the economic power of care. Nurses provide tireless and affectionate service to patients, providing a strong foundation and spine for effective and efficient health care.

The focus of the day in most discussions was the professionalization of the nursing profession. The guest speaker on the day, Mrs. Penny Msimango, Deputy Director General – Clinical Support Services, indicated in her address the importance of changing the image of the nursing profession, though basics like dress code. The presentation of the way one looks says a lot about his or her profession and the response and trust that one will receive from the clients and public at large. Growing health demands force nursing skills

sharpening through investing in continuous academic and research in order to keep up with the speed. The guest speaker, Mrs. Msimango also appreciated a lot of good work that is done by nurses in different corners of the district and encouraged those that are doing good to do more as our communities entirely rely on their services. Part of the celebration of the Nurses Day was to refocusing on what Nursing is about through re-pledging their services to public.

This was done during the programme when all nurses sited the Nurses Pledge as a sign of the recommitment to the call to serve. This was part of rejuvenating the spirit of nursing care in integration to the holistic health provision. The other speakers put emphasis on the importance nurses taking care of their own health physically, mentally and financially, so they can take care of their patients. On a lighter note the day was filled with joy, music and dance. Thanks to all stakeholder who supported this day, their contribution in different aspects made this what it became, a wonderful day.

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# # KCD Nurses Day 2024



Galaxy S20 Ultra 5G



Galaxy S20 Ultra 5G



## # KING CETSHWAYO DISTRICT NURSES DAY 2024



Physical Address: 2nd Lood Avenue, Chrome and Crescent Road , Empangeni Rail.

SWITCHBOARD:

035-7876231

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