



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

King Cetshwayo District Newsletter March to May 2019



MEC SERVICE EXCELLENCE AWARDS ALWAYS BRING JOY TO THE HARD WORKERS



2019 TB DAY WAS CELEBRATED IN STYLE AT NTOLWANE UNDER NKANDLA MUNICIPALITY



King Cetshwayo **scoops** important awards during MEC's Annual Service Excellence Awards.

Hard work pays all the time; this message is always shared with all Health care officials during the MEC Services Excellence Awards commonly known as MASEA which was held on the 26th of April 2019 at Royal Show Grounds in Pietermaritzburg. During this glamorous event where precise excellence is rewarded King Cetshwayo facilities excellent performance did not go unnoticed, when winners were called up to the stage. King Cetshwayo facilities names were being mentioned in one way or the other. One has to congratulate the hard work, commitment and excellent work ethics shown by King Cetshwayo health care workers in different levels of service points.

MASEA is the highest level of achievement that any health care service point or individual would like to achieve. MASEA provides opportunity to celebrate excellent performance of individuals and teams in rendering of health care services. It is a form of appreciating those teams and individuals that have gone beyond the call of duty to execute their duties. Some awardees received their accolades on the bases of brilliance and heroism in the execution of their duties, award received by King Cetshwayo Emergency Medical Service team consisting of Mr MD Laing, Mr S Makhanya and Mr BV Ndwandwe for assisting 20 year old woman while experiencing sudden complications in her pregnancy.

Gugu Mlotshwa Community Health Facilitator from Eshowe District hospital received a Special Recognition for dedication, responsibility, compassion and the spirit of "Thuma Mina" shown for going the extra mile in assisting a physical disabled teenager to access Social Welfare and Home Affairs services. Other awardees were Mrs H Dirksen from Eshowe District hospital, third position in the category of Outstanding Achievement for Innovation by using novel ways to improve food taste by growing a herb garden, to enhance meals and improve overall patient experience of care. Mr S Mhlanga: Special Recognition for dedication and commitment to the promotion of healthy lifestyles through running of Comrades Marathon in 2018 and achieved best time in male category.

Queen Nandi Regional Hospital received 4th position in the category, Best Performance: Neonatal Services in the Regional Hospital, 4th position in the category, Best Implemented Programme/ Project (non clinical) Improvement in Revenue Generation and Collection beyond the targeted revenue, 4th position in the category, Best Performance in Financial Management, least error rate, Queen Regional Hospital also received a Certificate of Commendation for Best Performance in Complaints resolution and also achieved 4th position in the category: Best Implemented Programme/ Project

(non clinical) use of Extraordinary Methods and Audit Tools in promotion and Maintenance Hospital Cleanliness.

Mbongolwane District Hospital received 4th position in the category: Improvement in Maternal Mortality/ consistently low maternal mortality for hospitals conducting less than 1500 deliveries per year. Nkandla District Hospital received Gold status which is the first position as Best Performance on Neonatal Services under District Hospital. Catherine Booth Hospital received 4th position in the category: Improvement in Maternal Mortality/ consistently low maternal mortality for hospitals conducting less than 1500 deliveries per year and Certificate of Commendation for Best Performance in Complaints resolution. Other achievements were desk top performance where King Cetshwayo District obtained Gold status which is the first position as Best Performance in Medical Male Circumcision and 4th position in the Achievement of 90-90-90 Strategy in HIV and AIDS Treatment Cascades. 90-90-90 Strategy says 90% of the population, 90% of the population that is HIV positive must be on treatment and 90% of those on treatment must be virally suppressed.

Congratulations to all winners, you have made King Cetshwayo Health district proud and we are all winners through your hard work.



New Wave to stop TB

March is a TB month and in King Cetshwayo TB is given serious attention it deserves. That is why King Cetshwayo has been dominating the top bracket of the National Barometer report on TB cure rate and dominating 90 - 90 - 90 Strategy on TB treatment back to back on MEC Annual Service Excellence Awards. That is not a fluke but it is achieved through a systematically planned approach to deal with TB in the district. HAST ensures performance analyses to determine root causes and a coordinated action plan is executed to the problem areas through a multidisciplinary approach based Community Based Model.

District HAST coordinate facility TB teams on quarterly bases to converge on one problematic area in a sub district and embark on door-to-door campaign. Nkandla sub district was chosen as an area of focus during TB month. HAST jointly with other stakeholders embarked on a door to door campaign in Ward 6, Mathiya and Mazambaneni areas under Nkandla Municipality. Activities were conducted from the 18th to 22nd of March 2019 mainly as a build-up to District TB Day that was to be hosted under Nkandla Local Municipality. 11 teams from various facilities of the district were part of this campaign. 249 households were reached and 618 people attended to and a variety of health services including health education were offered . 1150 IEC were materials distributed. 432 people managed to produce sputa for TB investigation and only 6 came back with positive results and were all initiated within that week.



354 people were tested for offered HIV Testing Services and 3 tested positive then physically linked to nearest Vumanhlamvu clinic. They were 12 dogs found not to have been vaccinated and the issue was forwarded to local Department of Agriculture

A number of socio-economic issues were identified that people are without Identity documents, illegal foreigners, children who are not immunized, number of orphans that are not receiving Social State grant and children that are not schooling. All those issues were raised and referred to the Ward Committee member and local Municipal Operation Sukuma Sakhe representative Official. HAST Blitz was a success considering the support that was received from the local Municipal office and the success on problematic issues identified for intervention.

The TB month was concluded by conducting a TB Day awareness in Ward 13, Tulwane area under Nkandla Local Municipal based on the recommendations that came out after the HAST Blitz conducted in October 2018 in the same ward. This formed part to assess progress of interventions done in 2018. TB Day was hosted in partnership with King Cetshwayo District led by the Honourable Mayor. The NPP Mkhulise who was in attendance on the day of event and also featured as a guest speaker. Event commemorated in an Operation Sukuma Sakhe Approach thus to afford the local communities to easily access different government Departments services. Most government Departments, District Support partners and Eskom attended this event and provided relevant services to the community. On average 500 people attended

Previously identified poverty-stricken families received food parcels from the office of King Cetshwayo District Mayor. District TB Event commemorated in the best way as it afforded local communities an opportunity to be informed on how State Departments operate, socio-economic issues addressed on site and people had an opportunity to engage with the District Mayor.



KCD LIVE Healthy lifestyle to the fullest

Our body machinery is designed for **activity**. Julian Melgosa (2013) mentions that the benefits of adding physical activity to our daily lives is not only to prevent but also to heal illnesses of a physical as well as mental nature. He further states that exercise does not need to be boring or difficult, nor should it be too complicated or expensive. Positive Mind by Julian Melgosa (2013) says that although there may be discomfort in the beginning, it becomes pleasant as it enhances your self-esteem and reduces tension and anxiety. If you persevere your own body will reward you with an additional dose of endorphins, causing well-being and pain relief. The MEC for Health in KwaZulu-Natal, Dr S.M Dlomo advocates for **Healthy Life Style**. Healthy body guarantees a productive and healthy nation hence increased life expectancy. Our sincere gratitude goes to the District Management team for allowing employees to participate in this wellness activities The day was a success and had full of fun and excitement. Colleagues, thank you very much for your full participation and cooperation. The third of May 2019 is a day that will never be forgotten in King Cetshwayo District Office wellness history. Engagement in different physical activities such as five km fun walk, aerobics, tug of war, relay, and sack racing by staff members added that vibrant and fun. Our gratitude goes to Ejimini Fitness Club Consultants who assisted with an aerobics Instructor and sharing gym information. Ejimini Fitness

Club also gave away 10 gyming vouchers to 10 employees with one month visitation and gyming for free. The special gratitude also has to go to our stakeholders such as Capitec, Avbob and Old Mutual for sponsoring the event with still water and fruits. King Cetshwayo Health District Office promotes Employee Healthy Lifestyle and prioritizes it as being a tool for healthy and productive employees. Happiness is not a station you arrive at, but a manner of travelling – Margaret Lee Runbeck.

Report Compiled by: Miss N.S Gumede – Employee Wellness Practitioner



Access to quality health care is a human right, so the department of health always prides itself when health services are rendered at high quality standard irrespective of challenges faced. This vision for provision of quality health care services to our communities will never be achieved with only government resources alone but through healthy and progressive partnership with communities that is served and the business sector to cover the gaps where the department can not reach.

Nhlabane clinic in ward 3 of uMfolozi Municipality with a Primary Health Care head count of +18,012 per annum and catchment population of 8,331

Umbonambi clinic in ward 5 of uMfolozi Municipality with a Primary Health Care head

count of 134,304 per annum and catchment population of +31590 are the examples of the positive outcome of the partnership of the department of health, Communities and Business, in this context Richards Bay Minerals commonly known as RBM. RBM donated with two back up generators to Nhlabane and Umbonambi clinics respectively. This donation will enable these two community clinics to function better in rendering of services to the communities of Mzingazi, Nzalabantu and Manqamu, Mankwathithini, Inkunzebomvu, Ezindabeni and Ndlabeyilandula areas are the beneficiaries of this partnership.

Private Public Partnership that put community

Challenges of power cuts where these two clinics operates were raised during Cabinet Operation Sukuma Sakhe visit in uMfolozi Municipality on the 30th of August 2017. As part of intervention the MEC for Health in KwaZulu Natal, Dr SM Dhlomo made a commitment to rally for support to assist these clinics to be provided with a power back up

system during power outages. There will never be darkness that will ever affect provision of quality health care services to the communities serviced by these two clinics thanks to Richards Bay Minerals, without their continuous support to provision of quality health care services to rural communities



Christmas came early for the needy family



From left is Mr N Khwela, Occupational Therapist-Ngwelezana Hospital, Ms S Mafuleka, Occupational Therapy 4th year Student-UKZN ,Mrs B Phungula, District Rehab Coordinator & Mental Health , Mrs Msweli, Operational Manager, Ntambanana Clinic and Mrs Cebekhulu, PHC Supervisor, Ngwelezana Hospital

On the 14th of March 2019, it was a to assist with. Interventions were done and the manifestation of real community house was electrified. Ngwelezana Hospital work that the Department of health is Rehabilitation team her caregivers were trained known for. Siziwe Mbuthu 24 year old about how to use the wheelchair, how it functions from Ntambanana with a physical health condition and how to take care of it and also assessed wheel that is Congenital deformity known as stunted chair mobility in her environment, which included growth. This condition affects her movement and inside the house, outside in different terrains . growth, she can not mobilize from one point to another easily or freely for she cannot ambulates, It was the happiest day for the Mbuthu family when Department of Health team came to deliver her she cannot only bum shift from one point to another wheelchair. Family members were excited to receive this assistive devise that was going to The initial home visit was done by Ngwelezana Hospital Rehabilitation team , after the case had reduce the burden in the household. This motorized been referred by Outreach team to Ntambanana wheelchair new wave and a fresh start for Mbuthu Clinic then to Ngwelezana Hospital. family. The family was so delighted for this intervention by Ngwelezana Rehabilitation team.

The initial home visit and environmental assessment recommended a specialized motorized wheelchair for her. There were structural challenges that were referred to the local Councillor



District Office Wellness Day





MASEA 2018/2019 - PHOTO GALLERY





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