



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

King Cetshwayo Health District

King Cetshwayo

NEWS

STAY INFORMED

SEPTEMBER 2017

COMMUNITY SPEAKS DIRECT: OSS

"We are what we repeatedly do, excellence then is not an act, but a habit:" - Aristotle



Above Photos: Tree planting during Cabinet OSS visit to King Cetshwayo District Municipality where different uMfolozi Municipality wards were visited.

Provincial Government visited King Cetshwayo District under the banner of Cabinet Operation Sukuma Sakhe, which was hosted by uMfolozi Municipality on the 30th of August 2017. Eleven wards of uMfolozi Local Municipality were visited by different MECs. The purpose of the visit was to assess the progress made by different government services on different levels of service delivery. This assisted the leadership to better understand the community needs during community engagement and debates.

This visit also provided the local communities an opportunity to communicate with the leadership and to also voice out their service delivery needs. The MEC for Health, Dr SM Dhlomo was deployed in ward five and was accompanied by City Of uMhlatuze Mayor Cllr MG Mhlongo, District & Nseleni CHC Management.

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COMMUNITY SPEAKS OUT

Continues



The day started with a visit to UMbonambi Clinic where the leadership engaged with clinic management as the clinic is a Central Chronic Medicine Dispensing and Distribution (CCMDD) point. A clinic presentation was done by Ms NC Mdluli, the clinic Operational Manager who outlined UMbonambi Clinic activities including community based health activities in the area. The areas serviced by the UMbonambi clinic are Mzingazi, Khondweni, Nzalabantu, Nhlanzini, Shobeni Nkunzebomvu, Siyaqhubeka and Upper Sokhulu.

Successes and Clinic challenges were outlined since the clinic operates over 24 hours & constant power interruption challenges in the area, has a negative impact on the clinics operations. Deliberations and recommendations were made to improve on certain areas in order to make the clinic improve on certain outcomes. A second site which was visited was a sod turning for Keteza Crèche, uMfolozi Municipality has already awarded a tender

to the service provider for the construction of Keteza Crèche.

The last stop of the day before the debriefing was a community engagement at Nhlanzini community hall. And estimated 700 community members attended the Operation Sukuma Sakhe engagement programme. The leadership got a chance to listen to community issues and directly engage with the community on the issues raised. Nhlanzini hall is also used as a war room site, the MEC and City of uMhlathuze Mayor handed over office equipment that is going to assist in the functioning of the war room. Some community issues were dealt with on site and some were referred to the relevant departments and service points. All issues raised during this engagement will be compiled as a report and those that were not, were referred to the war room for further interventions.



Above Photos: This is during the briefing session at UMbonambi clinic outlining the programme of the day.

PHILANDODA CLINIC LAUNCH AT ESHOWE TAXI RANK



Most males are reluctant to seek medical care even when they are not well. HIV testing statistics also show that fewer males get tested for HIV, resulting in a lower number of clients on treatment and poor retention in care. The question is why males do not come to health facilities as much as females do, and what will be a suitable strategy to attract them?

What is motioned above is amongst so many reasons Eshowe District Hospital; uMlalazi Municipality, Eshowe Taxi Rank and Medicine's Sans Frontières (MSF) a Non Governmental Organization supporting Health outcomes under uMlalazi sub-district. Among other reasons, men don't like, is to wait in the queues and men prefer services to be rendered by other men, due to cultural beliefs.

Due to the reasons above a need for a study was identified to ascertain the perception of men around health issues. Men between ages of 12-49 years were identified as the key population in high transmission areas, as defined by the Department of Health. A need for a program to attract males was immense.

A survey was conducted in March 2017 to collect the information needed for adapting the male set up to the preferences of male clients. The objectives of the survey were: to identify the proportion of men transiting to the

taxi rank who don't usually go to health facilities when needed. To describe / understand the main reasons of their reluctance to seek health care. To identify their health care choices. To assess their willingness to come to a male wellness site. To assess their preference for the health services provided. The study design was cross-sectional population survey which was conducted in the main taxi rank of Eshowe.

The population studied was adult males transiting from and to the taxi rank.

A convenient sample of 300 males transiting though the Eshowe Taxi Rank was selected. 300 interviews done over 6 weeks, from Monday to Friday

Expected outcome

- Proportion of men who would be interested to attend a male site in Taxi rank.
- Proportion of men usually reluctant to attend Department of Health clinics
- Among those, proportion who would be interested in a male site in Taxi rank.
- Among those, proportion of reasons to be reluctant.

Results

To sum up, this survey confirmed the suitability of a male wellness fixed site in the taxi rank, which would attract men that usually don't go to clinics. The services may be

extended to Saturdays and start early in the morning. The staff should be males only, and the services offered will be similar to those offered in other HTA sites.

Anticipated impact in terms of accessibility

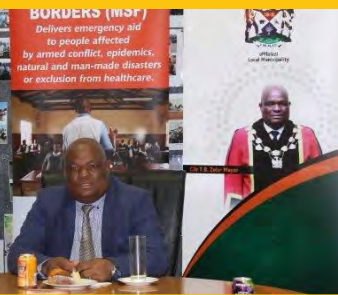
After reviewing the results of the survey we strongly believed that this site will increase accessibility to health care for males who feel shy or those who are reluctant to visit clinics.

The site is situated at the Eshowe taxi rank where the high percentages of people are males, so we have taken the service to the people instead of people going to where the service is.

This site was officially launched and opened by the Department of Health, uMlalazi Municipality and Medicine's Sans Frontières (MSF). In our monthly izimbizo we talk about the site and its services, it has a positive impact on its update and increased accessibility of health care services to males.



Philandoda Clinic Launch Photo Gallery



KCD MASEA AWARD 2017 AT THE ARENA



HALALA TEAM KING CETHWAYO DISTRICT FOR ALL THE EXCELLENT WORK

Above: Mrs NN Ngubane, Mr LL Mashaba, Ms SCC Mabaso, Mr M Mbatha, Ms TE Maphalala and Mr ML Dlamini after King Cetshwayo District had been awarded first position on TB management.

The 2016/17 MEC'S ANNUAL SERVICE EXCELLENCE AWARDS(MASEA)

Ceremony was held on Friday the 2nd of June 2017 at Durban International Convention Centre and was a great success. Entries from different health facilities and other health sectors were received by the office of the MEC for Health. This day marks the hard work and sweat that have been done by health officials excellence through limited resources. Humble appreciation has to go to all health officials from all corners of the province for the excellent work done under taxing and challenging conditions. Provision of Quality of health care services is non negotiable hence resource scarcity did not hinder the hard work done in all corners of the province.

King Cetshwayo District managed to win in the following categories:

- King Cetshwayo District has been consistent on TB management even during 2016/2017, King Cetshwayo District topped all district in this indicator by obtaining first position and received Gold Award for Millennium Development Goal 6: Tuberculosis; this is achieved through hard work and team effort from all sub-districts.
- Ms. D Moodley from Lower Umfolozi War Memorial Regional Hospital obtained silver award which is second position on overall entries in the Best Performance category : Allied Health Professional of the Year.
- Osungulweni Clinic under Mbongolwane District Hospital received a certificate of commendation on Best Performers National Core Standards Primary Health Care and Mr. S Mantame Ward Clerk from Mbongolwane District Hospital received a certificate of commendation which is fourth position as Best Employee of the year –Non Clinical /Administrator of the year

- A certificate of Special Recognition went to Ekhombe District Hospital for Service Excellence in achieving Zero Maternal death in the last three years.
- Eshowe Hospital received Special Recognition Service Excellence in achieving Best Reduction in Maternal Mortality rate over the last 3 years 2014/2015 – 2016/2017 – district Hospitals .
- Ms XH Myeni a nurse from Eshowe District Hospital received a certificate of commendation which is fourth position for Best Employee of the year under Nursing category; and Mr V Singh – Pharmacist of the year from Eshowe District Hospital received a certificate of commendation which is fourth position as the Best Employee of the year – as Pharmacy of the year.
- Ngwelezana Tertiary Hospital received Gold Award on Management of Health Care Risk Waste and Isiboniso Clinic under Ngwelezana Hospital received certificates of commendation which is fourth position in Ideal Clinic category.
- King Cetshwayo EMS team Mr. Michael Laing (ALS qualified, Sub District Manager) and Mr. Ram Reddy received an Outstanding Performance, Excellent and Dedication in the field of Emergency Care – for the Assessment, Pre-Hospital Management and Safe Transfer of New Born Triplets to the appropriate Level of Care.

King Cetshwayo District management would like to congratulate all teams and individuals that have put so much efforts in excellent service provisions in their different work stations; some of their good work might not have been recognized through MEC's Awards but patients and communities do appreciate. Let us keep the good work going.

MASEA AWARD 2017 PHOTO GALLERY



King Cetshwayo District CCMDD ROLL-OUT 2017



Above : MEC for Health Dr SM Dhlomo, on his right Cllr AH Mthembu, Deputy Mayor for King Cetshwayo District AND Mrs BF Nxumalo Esikhaleni Crèche owner which is one of Pick Up Points

King Cetshwayo District proudly rolled out Central Chronic Medicine Dispensing Distribution (CCMDD). The Central Chronic Medicine Dispensing Distribution Programme, is a National Health Insurance initiative aimed to improve access to chronic medication and reduce waiting times in health facilities. The model is for chronic stable clients that have been on treatment for at least one year and do not require a monthly visit to the health facility. This is the strategy that has been introduced by National Department of Health where clients can now collect treatment near their homes or place of work.

The purpose of CCMDD is to improve access to chronic medications and adherence to treatment. All clients on chronic medication should ensure that they comply to treatment so that they can get the privilege of collecting treatment close to place of work or closer to their homes.

In King Cetshwayo District the CCMDD programme was implemented in February 2016. As of 31 January 2017 King Cetshwayo District had 23 of 71 fixed health facilities participating in the CCMDD program, with 34 346 clients benefiting. Expansion to other health facilities will commence in the 2017/18 financial year. The District has 166 Pick-up points (PUPs) which includes community PUPs.

The KwaZulu-Natal MEC for Health, Dr. S M. Dhlomo visited King Cetshwayo District on the 24 February 2017 to access the progress made on CCMDD in the district and

also to engage with community leadership and other community stakeholder on the buy-in of the programme and to lobby community stakeholders support for the programme. The event was held at Esikhawini New Hall in ward 17 of uMhlathuze Municipality. Below is the overview of the District performance.

| Sub District | No. of facilities enrolled on CCMDD | No. of clients enrolled to CCMDD | No of pick up points |
|--------------------------|-------------------------------------|----------------------------------|----------------------|
| uMhlathuze Sub District | 09 | 23 117 | 92 |
| uMfolozi Sub District | 02 | 1 377 | 12 |
| Mthonjaneni Sub District | 02 | 1 222 | 21 |
| uMlalazi Sub District | 08 | 7 453 | 37 |
| Nkandla Sub District | 02 | 1 177 | 4 |
| District Total | 23 | 34 346 | 166 |

CCMDD ROLL-OUT 2017 PHOTO GALLERY



Above: MEC for Health Dr SM Dhlomo briefing Cllr SG Mkhize Deputy Mayor for uMhlathuze Municipality on his right and on the left Cllr AH Mthembu, Deputy Mayor for King Cetshwayo District.



MEC issued medication to one of the CCMDD beneficiaries at Esikhaleni Crèche Pick Up Point.



Above: Community listened attentively to all the speeches of the day during the CCMDD



MEC with Community Care Givers entertaining the audience during the CCMDD roll-out.



Mrs CNN Mkhwanazi, CEO for Lower Umfolozi War Memorial Regional Hospital doing vote of thanks.



King Cetshwayo Youth Day 2017 celebration

June 16 in South Africa is Youth Day where South Africans commemorate this day to remember heroes and heroines of the Soweto Uprising of 1976. This day is celebrated in order to recognize the struggle of 1976 youth of that time was faced with. The bone of contention was the universal usage of Afrikaans language as the medium of instruction in South African schools. Soweto was in smoke with fire and gun sounds aimed at young people that were standing up for their rights.

This day reminds all of us of the selfless and the braveness and also to thank the fallen heroes and heroines of June 16, 1976, South African youth of today owes their freedom to them.

King Cetshwayo Health District Office celebrated this day on the 15th of the June 2017 as June is regarded as the Youth month. King Cetshwayo District Office and Emergency Medical Services staff members came together at the parking lot of the district office. Staff members were in their full school uniforms. The day brought joy, fun and laughter into the office work. The day started at the "school assembly which is the district office front packing lots, The staff were singing their lungs out, Mrs. B. Phungula who is Mental Health and Substance abuse district coordinator got a chance to educate

learners of the day about the dangers of using drugs and Miss Sthandwa Mngayi, District Midwife Specialist gave a brief information about June 16, focus being on today's youth issues. The best dressed uniformed learners were selected as prefects. Our Head girl was Smangele Dumisa and Head boy was Mbuso Khoza.

For a fun-filled day the team played interesting games such as Umlabalaba, Donkey and skipping rope. Our District Recreation Committee had organized a special Youth Day Market for fundraising exercise. There was plenty of entertainment to keep students busy, delicious artisanal food to delight your taste buds, and we did not forget to take a stroll through the stunning craft stalls filled with divine, delicious and authentic home-made pie, ice blocks, ice-cream, lollipops and other snacks that were sold. And to add a little more excitement; to this fun youth day, we enjoyed some live entertainment and Sarafina movie.

This day left everybody with a challenge of what to contribute to today's youth on current struggles which are high unemployment rate, crime and drug abuse. As an ordinary South African citizen, one small contribution can go a long way in shaping the future of today's youth.



MAKING A LASTING DIFFERENCE ON MANDELA DAY



On 2017 Mandela day the King Cetshwayo

District Recreation Committee decided to do something different instead of the usual collection of money and buying of food parcels. The Recreation Committee decided to make a lasting impact. The committee worked together with Jabu Mbulu who is an HIV Programme Manager who alongside a Red Cross Community Care requested Community Care Givers (CCG) who are working in Macekane area, to identify two needy households. The district team starting to put together the corrugated iron sheets.

House number one is in ward 32 which is a Granny headed household Thandi Maria Thusi aged 61 living with 5 kids in a plank house which has no windows, no electricity, it doesn't even have a proper floor they sleep on dirty floor.

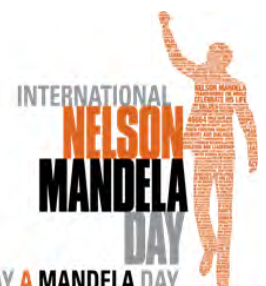
House number two is in ward 31 and is a child headed household headed by a 19 year old girl in Grade 11, she lives with two of her siblings and her Baby boy. The house roof is leaking, the main doors to the house don't lock and the doors have no door handles. The house had broken windows and no running water and the lack of food in the house was alarming.

The King Cetshwayo District team decided to build a new temporal structure for the granny in the first house, which took the team four days to complete. The house keys were handed over to gogo Thusi on the fourth day along with donated clothes from King Cetshwayo health District and Emergency Medical Services staff members.

18th of July 2017. This was achieved by splitting the team of volunteers into two teams. The second team dealt with identified issues on house number two to replace broken tiles fix cracks, replace window glasses and install new door handles and also hand over food parcels donated by Red cross.

Special thank you the whole King Cetshwayo health District and Emergency Medical Services staff members, for the contributions ensured the success of this project. This project was a possibility with your donations whether it was monetary or needed items and your time. If it was not for your unreserved contributions, a difference was not going to be achieved to these families. Al special gratitude to Mr Thabani Buthelezi Ex EMS employee who devoted more than four days of his time to this project assisting with transporting of building materials and assisting with extra man power who he brought with him. Red Cross in playing an important role in the identifying of the needy households and also donating with food parcels to both families. Special thank you to Red Cross in playing an Important role in identifying needy households and donating with food parcels.

Over all **R12000** was spent on both the families, **R5000** came from Mr. Naidoo and Thabani who used the money to lay the foundation for the new build. We collected **R3500** from the district staff a further **R1500** from the EMS staff, we also had a very handy donation from EMS management of **R2000** which was taken from the money that EMS won at the MASEA AWARDS at the beginning of the year. The **R7000** saw us buy building material for the houses.



MAKE EVERY DAY A MANDELA DAY

MANDELA DAY PHOTO GALLERY



Commemorated World TB DAY 2017



Empowering the young ones in order to plant a good seed that will thrive. On the left are Ingweni Primary School pupils after being visited by TB teams as part of KZN Provincial Health Projects to strengthen visibility in schools and investing in learners.

King Cetshwayo Health District World TB Day Commemoration was on the 31st of March 2017 at Ngwelezana Clinic. Commemoration was carried out in two sessions which began with visit to Ingweni Primary School by District TB Team and Ngwelezana Hospital team at 07h30 for Tackling TB School Programme which is the Departmental Project aimed at the investing in school Programme. We attended 430 learners and 7 educators including the school principal (Mrs. Mjadu).

We identified Grade R and Grade 1 as we had to teach and supply school materials that is Pencil crayons, rulers, pencil-cases and pinafores with TB Message and visuals. We had a learning session and photo session with learners and educators which they very much enjoyed, created that vibe and excitement to the learners. The second session was the TB March aimed at raising awareness on TB Defaulting and late presentation for Screening. The march began at 09h30 which started from Ngwelezana Library via the main Ngwelezana Taxi Rank to Ngwelezana Clinic.

During the march songs and slogan chatting about TB related messages were the order of the day. That created a vibe and excitement needed

whilst delivering needed messages to the community. The taxi rank was targeted in order to raise awareness around opening of taxi windows whilst communing the community. The purpose of the day was given by Mr. LL Mashaba who is one King Cetshwayo District TB Managers who outlined the 2017 TB Theme and highlighted gains achieved so far. The 2017 theme is a TB free generation. The key note address was done by Dr B.S. Madlala who is the Ngwelezana Hospital Acting CEO, his address put emphases on encouragement of community members to take full responsibility for their health by coming forward to be screened for early detection and treatment and also echoed the importance of community support to the Department of Health programs in order to fight the burden of diseases.

The day was spiced by the testimony on TB treatment adherence by Miss.N. Madida who shared a wonderful and positive story on adherence to treatment. Health screening by Broad Reach Health Care took place targeting TB, HCT, Nutritional assessment, Hypertension and blood glucose. Thanks to all day really served its purpose, thanks to all stakeholders that supported with other logistics to make this day to be a success.

TB World DAY 2017 Commemoration Continued



Above Picture: King Cetshwayo Health District Staff and Ngwelezane Clinic took it to the street of Ngwelezane to Commemorated World TB Day on the 31st of March 2017 at Ngwelezane Clinic Ward 28



Above Picture: Ingweni Grade R and 1 Primary School children with their bag packs **MIDDLE:** Staff clinic nurses marching toward the Tax-Rank **RIGHT:** Sister Msweli from Ngwelezana Clinic educating children about TB together with Ingweni teachers.

Below Picture: Staff members singing . Middle Councillor Ntanzi Ward 28, Ngwelezana Acting CEO Dr BS Madlala, Pastor Ngidi and the Ngwelezana Community.



Voluntary Male Medical Circumcision Winter School Holidays Camps

Department of Health in KwaZulu-Natal has taken steps forward for the circumcision rollout programme in April 2010. This programme was launched by His Majesty King Goodwill Zwelithini. About 780 000 men in KZN has been circumcised from 2010 to March 2017.

Since HIV is one of the major challenges facing South Africa today, Medical Male Circumcision (MMC) has been shown as one of the strategies of HIV prevention as detailed in the National Strategic Plan (NSP).

Both the National Department of Health and PEPFAR Partners are required to ensure the delivery of consistent quality MMC services. The following are the advantages of MMC. Reduces chances of contracting HIV by 60%, Reduce the risk of Sexual Transmitted Infections, Reduce the risk of getting cervical cancer in female sex partner, Reduces the risk of penile and prostate cancer and promote hygiene.

All men from 10-49 years are eligible for MMC, but 15-49 years are actively targeted. Males from 10-14 years do circumcise but no active creation. King Cetshwayo District had massive MMC camps held at various institutions and facilities during winter school vacation. There was a high MMC uptake during the school vacation.

Appreciation goes to our health facilities, cutting partners SACTWU, Insimu, and Medicare and mobilizing partners Care Works and Medicine San Frontiers (MSF) for the support that they provided during winter school vacation camps.

District Mobilization Plan was Radio slots, Printing out MMC posters, Traditional leadership engagement. More camps were conducted on the day of the school closing date, More partners were added (Medicare, Insimu), Door to door

mobilization by MSF at uMlalazi sub-district, Taxi rank mobilization, Mobilization in farms, Traditional Medical Male Circumcision coordinators were monitored for their performance. Improved numbers on MMC uptake is dedicated to proper planning, partner support and health facility dedication. This is really appreciated it shows that team work pay.

| KCD | Sub District | Facility | No. of MMC initiates done |
|-------------|--------------|------------------|---------------------------|
| | uMlalazi | Mbongolwane | 165 |
| | | Eshowe | 411 |
| | | CBH | 182 |
| | Nkandla | Nkandla Hospital | 509 |
| | | Ekhombe | 173 |
| | Mthonjaneni | SMKH | 205 |
| | uMfolozi | Nseleni | 616 |
| | uMhlathuze | Ngwelezana | 2065 |
| GRAND TOTAL | | | 3977 |



Above Picture: King Cetshwayo Health District MMC team from different facilities



King Cetschwayo District Sports Day

King Cetschwayo district office netball team were crown 2017 netball champions

King Cetschwayo Health District Hosted a district sports day on 22 July 2017, which was held at Richards Bay Sports Complex. Health Employees from different institutions of the district gathered to compete and share skills for number one spot in the respective sport codes. This event is annually organized by the district to respond to the call by our Health MEC in the KwaZulu-Natal who launched Intergrated Healthy Lifestyle of which participating in physical activity forms part of the other wellness activities. This initiative is meant to reduce Non-Communicable Diseases amongst Health workers. This was a joyous day with fun and vibe. Different district health facilities participated and competed in different sports codes like aerobics, umlabalaba, soccer athletics , tug of war, volleyball, netball, and chess.

On the highly contested codes which is netball and soccer, we saw the rise of the dominance of Ngwelezana Hospital in soccer having been last year's champions, returning that status in 2017 again. One has to notice that due to the fact that for the past few years the kings of the district in soccer have been

Eshowe District Hospital. Congratulations to Nseleni Community Health Centre being a small health facility but managed to reach finals but lost 5- 4 to Ngwelezana Hospital on penalty shoot outs. This was a manifestoed the fact that size does not count but commitment and endurance pays off. On netball over the years Eshowe District Hospital has been our netball power house of this District. On the day things turned differently as new district netball champs were crowned. Congratulation to the District offices girls for this great achievement.

The district coordinating team would like to thank all facility managers who committed their support to this availing facility resources and employees to be part of this day and the committee would like to extend words of gratitude to all facility employees who took their time to participate in a very disciplined manner that resulted into an incident free day and lastly to Sanlam for their continuous support to make our district sports day a success and to be a day to remember.

Thank you !!!!!!!!!!!!!!!



Ngwelezana Hospital soccer team were 2016 and retain their championship status again by being 2017 champions,

**Congratulations !!!!!!!!!!!
to the back to back
soccer CHAMPS**

2017 District Sports Day Photo Gallery





health

Department:
Health
PROVINCE OF KWAZULU-NATAL

CONTACT DETAILS

Physical Address: Corner
Chrome and Crescent
Road , Empangeni Rail.
Postal Address: Private
Bag X 20034 , Empan-
geni Rail , 3910

SWITCHBOARD:

035-7876231

**SWITCHBOARD-FAX
NUMBER:035-7876249**

Web Address:

www.kznhealth.gov.za



**NATIONAL
HEART MONTH**

HEALTHY HEART TIP

Get regular, moderate physical activity!
It helps lower blood pressure and helps
your body control stress and weight.
Start by doing what you can, even
10 minutes can make an impact on
your heart.

 **Fresh Ideas**
Food Service Management



FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE