



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

Wentworth Hospital

Wentworth Fountain

NEWS

STAY INFORMED

April / June 2017

QUALITY DAY



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Ms Belinda James receiving her award from Dr. S. Dlomo (MEC) flanked by Dr Mtshali (HOD) and Mr T. Kaunda (MEC for Transport, Community and Liaison)

Quality is an essential element for every organization. On the 16th of February 2017 Wentworth hospital had its Quality day. The theme of the day was : **“Making Operational Governance Count”**. The main objective of the event was to ensure that optimum quality care to all our clients is rendered.

Matron Khanyezi (Deputy Nurse Manager) welcomed all guests and mentioned the purpose of the day and why such days are recognized on our calendar. Mrs Mkhize (M&E) spoke about the reasons why good governance is required in an organisation.

Congratulations to Sr Terblanche on the project “Improving Emergency Care Services” who scooped the first overall prize, followed by the Ambulatory Services and O block theatre.



Wellness day

Keeping staff physically and financially fit: Page 04



Quality Day

Quality, an essential element for every organisation.



Pregnancy Awareness day

Strengthening pregnancy education.



It is said a picture is a thousand words and we have more of what happened during the Quality day. Pic 1 and 8: staff members during the event, pic 2: trophies, pic 3: Mrs. M. Mkhize (monitoring and evaluation) with Matron Jali (Quality assurance). pic 4: Stands on display Pic 5 Mr Mdleko, Matron Mbonambi, Sister Mazuba, Mr Mbatha and Matron Abdullah. Pic 6: Judges for the day. Pic 7: Mrs Mkhize getting some information from the psychiatric clinic staff . Pic 8 Matron Khanyezi (nurse manager) and Matron Jali and pic 10 and 11: some of the awardees of the day.

Quality means doing it right when no one is looking. Quality is never an accident; it is always the result of high intention, sincere effort, intelligent direction and skillful execution; it represents the wise choice of many alternatives. William A. Foster



Pregnancy Awareness Week

Pregnancy awareness week assist in strengthening pregnancy education and to promote healthy pregnancy and safe motherhood. Pregnant ladies were educated on the importance of attending ante-natal clinics as soon as they suspect that they are pregnant.

The following useful tips were shared:

- The importance of attending Ante-Natal classes. This will assist pregnant ladies to be prepared for labour, birth and early parenthood.
- Eating of healthy food. It is very essential for expectant mothers health and that of the unborn baby
- Exercise: engaging in physical activities like walking helps one to stay fit.
- Avoid taking unhealthy and harmful substances like alcohol, drugs which will have a negative effect on the unborn child.



All smiles: Expecting ladies with their gifts

MASEA Awards



1. Supporting Ms James was Mr Young (Board member), Mrs Bekwa (finance manager) and Dr Zulu (Medical manager) 2. Ms James receiving her awards from Dr S. Dlomo, flanked by Dr Mtshali (HOD) and the MEC for Transport, Community and Liaison , Mr T. Kaunda.

Importance of drinking water.

Water plays a vital role in our bodies. Some of them are as follows:

the skin becomes clearer, the heart works better, waters lowers the risk of many diseases, the body excretes toxins faster, it suppresses your appetite which assist in losing weight.



In pursuit of a healthy living lifestyle, the institution held its wellness day.

This was done to promote a holistically healthy lifestyle. Companies like GEMS, Herbalife, Sanlam and the Optometrist were called to be part of the day.

The day focused on the quality of life by attending to the financial, physical, social thus nurturing the individual. It provides the opportunity to explore the above thus enabling the employee to cope in the workplace. An informative and educational day it was.



Above: Staff members moved from one stand to another in pursuit of information and educational material.

Wellness Day

Foetal Alcohol syndrome Presentation.



The social work department had a talk on Foetal alcohol syndrome to the expecting mothers at the Ante-Natal Clinic. It was stated that alcohol intake during pregnancy is dangerous as

1. A section of the ladies who attended the talk. 2. social work students on their presentation.

Healthy lifestyle activities: Just a reminder:

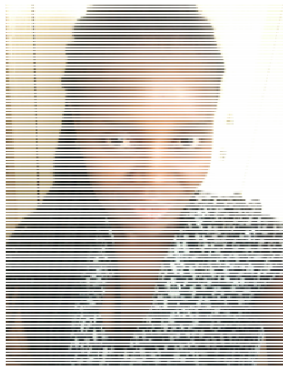
Aerobics classes are available and interested staff can register with Sr Couch (OHC– 5241). For those interested in music Mrs P. Makhanya is the lady to get in touch with on 5025.

For Netball practices, Miss Neli Ndlovu can be contacted on 5136 and for soccer staff members can get hold of Siya (Revenue– 5016) or Themba (HR 5142)



Some of the staff members who are attending the aerobic sessions.

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