



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

**WENTWORTH
HOSPITAL**

WENTWORTH FOUNTAIN

NEWS

KEEPING YOU INFORMED

JUNE 2022

INTERNATIONAL NURSES DAY 2022



On 12th of May 2022 Wentworth hospital Nursing staff commemorated International nurses day.

On Thursday, 12 May 2022 Wentworth Hospital commemorated International Nurses Day. Ensuring all Covid protocols were followed, the celebration

was held as a small outdoor gathering, on the premises of Wentworth Hospital. To motivate, inspire and foster team spirit, Nursing Management encouraged the

'nurses to celebrate nurses'. This was well received, hence the programme was conducted with nurses from Wentworth Hospital, praying, celebrating and motivating each other.

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INTERNATIONAL NURSES DAY

The aim of the day was not only to celebrate International Nurse's Day but also to thank our nurses for their dedication and tenacity during the past few crisis filled years.

The programme for the day was directed with poise and eloquence by PN Luthuli, Opening prayer was powerfully done by EN Sabelo, which was followed by a powerful motivational address by EN Chiliza.

Special thanks to the Wentworth hospital choir for entertaining the guests with their angelic voices as well as PN Msomi for her beautiful poem.



Nurses Pledge led by ANM Ngcobo



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Occupational Therapy

Autism Awareness 4 - 8 April 2022

The Occupational Therapy Department facilitated and convened "Autism Acceptance Spirit Week" during 4-8 April 2022. This allowed for the entire MDT to be in-serviced informally about this highly diverse and increasing incidence of this condition. Currently more than 50% of the Paediatric referrals to Occupational Therapy & Speech Therapy are due to Autism.

The OT, ST and Audiology departments are collectively involved in the assessment, provision of therapy & assisting parents with appropriate school placements.

Plans are in progress for the OT department to develop a sensory integration therapy area.



Autism is neurological variation, which means the brains of Autistic people work differently than the brains of non-autistic people and that's amazing. Celebrate how amazing it is that all our minds work in a different and an amazing way by wearing a fun hat/ or wild hair



Neurodiversity Tuesday

To celebrate the beauty in the diverse spectrum of the human mind,
wear rainbow or tie-dyed clothes to school or work!



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Occupational Therapy

Autism Awareness 4 - 8 April 2022 Cont.

What's your passion Wednesday

One characteristic of autism is to show incredibly focused passion for topics of interest. What are you passionate about? Dress to show something you love.



Thursday Autism acceptance day

Love and acceptance go a long way. **Wear red or gold** to show your support and acceptance of autistic individuals.



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Social Work Calendar events

Epilepsy Awareness



An awareness day was held on the 25th February 2022 at the outpatients' chronic clinic. The social worker Yvonne Mdakane from Epilepsy Foundation presented on Epilepsy Management to 26 patients as well as staff. Pamphlets and information booklets on Epilepsy was distributed.

Child Protection Week



The social work team together with social workers from Child Welfare- Durban and DSD-Lamontville conducted life skills and education programmes with:-

- the boarder mothers and families of our inpatient children from Ward C4 on the 30/05/2022.
- the teenage pregnant mums from ANC and Ward C1 on the 10/06/2022

At the ANC Clinic

An Awareness Programme was held on the 01/06/2022 at OPD with an Information table. Pamphlets were distributed to patients and staff.

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Substance Abuse



The medical team, Social work team, DSD, and members from Narcotic Anonymous (NA) collaborated on an outreach programme at Wentworth Secondary School on the 09/06/2022. The Substance Abuse programme was presented to 85 Grade 11 learners.

**Proud
to Be
DRUG-FREE**

Substance Abuse Awareness

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X-Ray Hand hygiene Day

Campaign Objectives

To recognize that people of *all levels* should work *together* to *influence* the culture/ climate through *clean hands* knowledge and behavior, to meet the *common goal of safety and quality* in the health care organization

To observe Hand Hygiene Day 2022, posters were printed and displayed at the entrance of the X-ray Department. Pamphlets were developed and handed out to clients entering the department. The hand hygiene steps were also practiced by all staff on the day. In preparation for the day staff was also in serviced on:

- 5 Moments of hand hygiene
- Common microorganisms that cause disease and are found on our hands

Hand Rub and Hand Wash technique
The institutional safety climate and hand hygiene Questions and Answers World Hand Hygiene Day, 5 May booklet.



At the end of the day the department was visited by the IPC sister and staff that was present took a hand hygiene pledge.



Chuckles



Q: What did the man say to the x-ray technician after swallowing some money?

A: Do you see any change in me?



Husband & his wife went for Divorce at court.
Judge : U have 3 kids...How will u divide them?
They had long discussion with his wife & said " Ok, sir We will come next year with 1 more" 😂



Lightbulb!

Q: How long does it take a nurse to change a light bulb?

A: About 15 seconds tops to change it and 20 minutes to document it – how, when, where, why, and what serial number it had.



What's Cooking Good Looking?

Chicken Bolognese



Ingredients

45 ml or 3 tbsp of oil

600 g chicken fillets cubed cut into small pieces

1 large onion, diced

15 ml or 1 tbsp dried mixed herbs

7.5 ml or 1 tsp chilli flakes

5 medium tomatoes, grated

15 ml or 1 tbsp tomato paste

15 ml or 1 tbsp Knorrox Stock Powder - Garlic and Onion flavour (mixed according to package instructions)

120 ml or 1/2 cup of water

250 g frozen mixed vegetables

1 cup of grated cheese

500 g packet or 2 cups of spaghetti - cooked

Preparation

In a large pot, heat oil and fry the chicken in batches until brown. Remove the chicken from the pot.

In the same pot add the onions and fry until translucent. Add the dried mixed herbs, and chilli flakes and mix well.

Add the grated tomatoes, tomato paste, and stock and allow to simmer for about 10 minutes until thickened.

Add the frozen veg and chicken allow to cook for a further 10 minutes until the vegetables have softened.

Remove from heat. Adjust seasoning if needed.

Serve with spaghetti and top with grated cheese.

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PHOTO GALLERY



X-Ray department hand washing



X-Ray department hand washing



OPD Diabetes awareness Day



OPD Diabetes awareness Day



PHOTO GALLERY



Covid 19 Vaccinations



Covid 19 Vaccinations



Nurses Day Celebration



Nurses Day Celebration



Wentworth Hospital Choir



Nurses Day Celebration



ACKNOWLEDGEMENTS



I would like to take this opportunity to thank all the Staff of Wentworth hospital who have worked tirelessly everyday to ensure that patients are taken care of and that service delivery is not compromise. As you let your light shine, you allow others to experience the beauty of your love for humanity. I am humbled and grateful.

The CEO

OT Khanyile

EDITORIAL TEAM / DETAILS

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