



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

Wentworth Hospital

Wentworth Fountain

NEWS

KEEPING YOU INFORMED

October / November 2017

HERITAGE DAY



One nation, different cultures. Pharmacy staff members looked amazing clad in their different cultural attires.

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Heritage Day—Pg 2

Different cultures, one beautiful nation.



Mandela Day—Pg 3

Take action. Inspire Change



World AIDS Day—Pg 2

“Caring about your health”



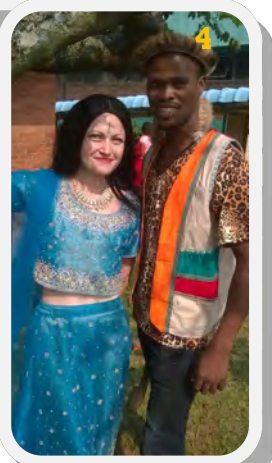
Heritage day is celebrated on

the 24th of September of every year. On this day we recognize and celebrate the cultural wealth and diversity of our nation.

Heritage is an essential source of identity and continuity. Aspects of heritage include: cultural tradition, oral history, performance, rituals, society and social relationships. Heritage plays an important role in promoting cultural diversity, social cohesion, reconciliation, peace and economic development. It is therefore important to reclaim, restore and preserve our heritage.

All staff members looked ravishing in their traditional attire.

Pic 1 and 2 : pharmacy staff in their traditional regalia. Pic 3 Gail and Dr Ramnath. Pic 4 Themba Mthembu and Deidre Waters. Pic 5: HR staff members and Pic 6: Mrs Lisele King and Deidre Waters.



Commemoration of world AIDS day

The first of December is regarded as World AIDS day. On this day we seek to sensitize people towards preventing the spread of HIV and on the other hand supporting those infected and affected.



Preaching the gospel: some staff members on their march sensitizing and educating people

Our 67 minutes of Grace and Gratitude - Mandela Day

The institution also took part in the celebration of the Mandela day which happened on the 18th of July 2016. The overarching objective of Mandela Day is to inspire individuals to take action to help change the world for the better, and in doing so build a global movement for good. Ultimately it seeks to empower communities everywhere to **“Take Action; Inspire Change and to Make Every Day a Mandela Day.”**

Individuals and organizations are free to participate in Mandela Day. This day urges everyone to adhere to the ethical framework of “service to one’s fellow human”.

The institution took an initiative and visited Isaiah 54, a sanctuary for abused and abandoned children.

To all staff members who took heed and supported, we are grateful and proud of you.



We came, we saw and we left smiles. 1. group picture of Wentworth hospital staff and Isaiah 54. 2 and 5 Children Isaiah 54 playing. 3. Mr Mbatha 4, 6 and 7 Wentworth Staff members bonding with the children



Dr Wilhelm Roentgen, a German physicist, discovered X-rays on 8 November 1895, and dramatically changed the health care landscape almost 120 years ago. This earned him the Nobel Prize for medicine in 1901. Our global family of radiographers, at home, across our continent and abroad, gather in our localities to celebrate and commemorate World Radiography Day as homage to him.



At your service: X-ray staff Sindy Naicker, Mrs Gonam Cotchobos, Revasha Maharaj, Ruksha Briglal, Doreen Sithole, Carl Cornellisson, Richard Mchunu and Kal Chetty

- aiding the full integration of radiation protection into health care systems;
- helping to improve the benefit/risk-dialogue with patients and the public;

(Extracted from SORSA webpage)

Ionizing radiation dose optimization is the responsibility of radiographers to exercise judgment prior to delivering the radiation dose tailored for the individual patient. Both public and professional awareness has consistently increased, following the high-level campaigns on radiation safety and safety culture by the World Health Organisation (WHO) and the Vienna-based International Automatic Agency (IAEA).

Radiographers at WWH therefore celebrated by handing out pamphlets to patients on what they need to know regarding radiation safety. Communication was also sent to medical officers as well as other health care workers on authorisation, justification and optimisation of radiation doses to patients.

In spite of being displaced from the main x-ray department ,due to storm damages, all x-ray department staff still enjoyed a small lunch and a specially baked cake to commemorate the day.

Article submitted by Mrs Cotchobos– Assistant Director (Radiography)

We have an ethical responsibility to create a public, and professional, awareness aimed at reducing unnecessary radiation to patients, public and health workers, as well as the safety of radiation, in line with the Bonn accord on radiation safety taken a few years ago.

This current theme, **“We Care About Your Safety”** will further enhance and embellish the programme for medical and radiation exposures linked to the WHO and IAEA campaigns, and further strengthen the 2012 Bonn-Call-for-Action aimed at:

- strengthening the radiation protection of patients and health workers overall;
- attaining the highest benefit with the least possible risk to all patients by the safe and appropriate use of ionizing radiation in medicine;



Diabetes Day

Diabetes is a life-long condition that causes a person's blood sugar level to become too high. The following are symptoms of diabetes.



Scramble for information: Dr Naidoo with patients who were eager to get reading material on diabetes.

Feeling very thirsty, feeling very tired, urinating more frequently than usual, feeling very tired. Wentworth Hospital commemorated /celebrated the day on the 15th of November 2017

A talk on a healthy eating lifestyle was delivered by the Mrs Simlindile Dlamini (Dietician). She spoke about the effects of following a good eating lifestyle. Dr Govender demonstrated to patients how much sugar is contained from beverages that we consume on day to day basis.

Diabetes is a condition where a person has high blood sugar (glucose) level in the body. One develops diabetes when the body does not produce enough insulin. Without insulin, your body cannot get the energy it needs from your food. Normally the gland

called a pancreas makes the insulin carries the sugar in the blood into the cells. When one has diabetes, the pancreas fails to supply enough insulin, or the insulin doesn't work properly.



1. Scramble for information: 1. Dr Naidoo with patients who were eager to get reading material on diabetes. 2. Mrs Dlamini (Dietician) explaining to patients about the importance of food portions. 3 and 4. Dr Govender educating patients on the amount of sugar found in our regular beverages.



Congratulations...

*t*o our Wentworth Netball team who during the eThekweni sports tournaments which was held on the 18th of August 2017 were eliminated in the quarter finals (top 8). 2018 is another year of moving closer to the

number one spot.



Wentworth hospital netball team

Choir Competition



On the 11th of October 2017, Wentworth hospital choir took part in the eThekweni annual music competition.

The competition was held at Orthopaedics at Wentworth. This was the choir's second time entry. This year they managed to scoop position 2 in the jingle category. Congratulations to the winning team!!!!!!

1. The winning team– Wentworth choir. 2. Bona and Dalqingha 3. and 3. Mrs Makhanya and Dumisani Machi handing over a trophy to Mr Mgoza (HR Manager)



Farewell

Management had a surprise farewell gathering for Mrs Mkhize who is now a Chief Executive Officer (CEO) at Nkonjeni hospital. Thank you for the dedication, knowledge you impacted while you were at Wentworth hospital.

We hope that Nkonjeni Hospital is as good as Wentworth



Bidding farewell to Mrs Mkhize is: (From left): Mr Ngcobo (Systems Manager), Dr Kader (CEO) Mrs Bekwa (Finance) Dr Zulu (Medical Manager) , Mrs Mkhize and Mr Mgoza (HR Manager).



Long Service Awards ceremony

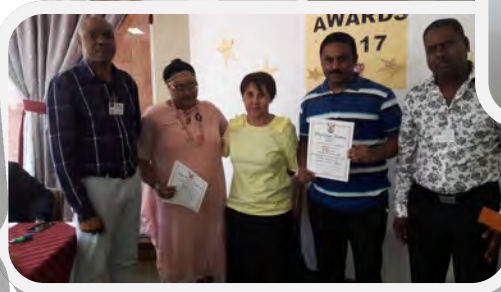
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entworth hospital believes in rewarding and recognizing its members. The award ceremony was held on the 29th of November 2017, where homage was paid to staff who had served ten, twenty, thirty and forty years respectively. Present on the day was Mrs Ashika Maharaj who is a client liaison officer from GEPF and Antoinette from Sanlam.

They both spoke in-depth about the importance of saving towards a goal. It was a very informative message that they impacted to all staff members present.

Staff members receiving the certificates were acknowledged and

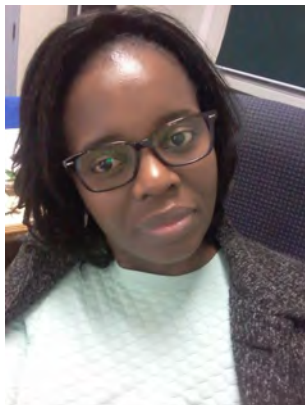
commended for their hard work and dedication.



It is said a picture is a 1000 words. The above pictures show exactly what happened during the Long service awards ceremony.

We truly appreciate your dedication towards service delivery in the institution.

ACKNOWLEDGEMENTS



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