

WENTWORTH HOSPITAL DISTRICT NEWSLETTER 1/2005

Message from the Hospital Manager—DR. S.B. KADER

A warm welcome to 2005, and what a very busy start to the year we have had. 2005 will be the last of the commissioning phase with the opening of Obstetrics and Gynaecology on the 1st May 2005 and we look forward to this unit as our "new baby". A heart felt thank you to the nursing managers—especially Matron Mccunu for working so hard to get the department ready.

Wentworth has seen a huge increase in the number of patients in our Medical Outpatients Department. A big thank you to all those staff who work in our Medical Outpatients Department—we do appreciate the work you do!! Without your extra effort, we would not be coping with so many patients.

JAN 04	FEB 04	MAR 04	APRIL 04	MAY 04	JUNE 04	JULY 04	AUG 04	SEP 04	OCT 04	NOV 04	DEC 04	JAN 05
5791	6405	8239	6825	8810	8533	9856	9415	8849	9129	10045	7637	10450

Our biggest concern at the moment, is to reduce our waiting times for our patients, especially for the elderly, children and the very ill. Every angle is being addressed by the management and we hope to see a significant drop in the waiting times for patients. Any suggestions to improve the systems in place, and reduce the waiting times would be welcomed by management.

Keep up the good work—Dr. Suriya Kader



MATRON MNGOMEZULU retires at the end of April 2005 after 45 years dedicated nursing service

Matron N.I. Mngomezulu started her nursing service on the 1st January 1960 as a Student Nurse at Ceza Hospital. She undertook training as a student midwife in 1965 at King Edward VIII Hospital and transferred to Wentworth Hospital on the 1st March 1966 as a Professional Nurse. She rotated through the departments of Cardio-thoracic Surgery, Intensive Care, Paediatric ICU, Neurosurgery High care and Intensive Care Unit until 1993 when she assumed a post in Administration as a Matron. She became Senior Matron in 1994 and continued to rise through the ranks and has been our acting Chief Matron since Matron Pringle retired. She retires at the end of April 2005 after 45 years nursing service, most of them having been served at Wentworth Hospital.

Mrs. Mngomezulu has been a rock of stability through the years at Wentworth Hospital and her secretary for most of those years, Mrs. Dellis says – She is a sweetie pie, she calms troubled waters and inspires confidence in her co-workers. *We at Wentworth Hospital wish you a very happy retirement, but will solely miss you.*



WENTWORTH HOSPITAL APPOINTS NEW NURSING MANAGER (Chief Matron).

MATRON KHANYEZI

Wentworth Hospital is honoured to have Matron Khanyezi as our newly appointed Nursing Manager of Wentworth Hospital. Mrs. Khanyezi trained at Edendale Hospital and was first interviewed in 1981 for a post at Wentworth Hospital. During the interview, the Matron in charge noted on her application "A mature, no nonsense type of person" and duly appointed her to Wentworth Hospital.

Mrs. Khanyezi has rotated through the departments of Cardiac Surgery, Neurosurgery and completed the Intensive Care Training Course in 1986. She was promoted to a Matron in 2000. She has been appointed our new Nursing Manager (Chief Matron) as from 1st March 2005 and is described as possessing all the attributes of a good leader; firm, friendly, warm, knowledgeable, and keeps up to date with changing policies. *We at Wentworth Hospital are honoured to have you as our "Chief" and look forward to a long history together.*

WENTWORTH HOSPITAL WELCOMES..... COMMUNITY MENTAL HEALTH (PSYCHIATRY CLINIC)

The psychiatric community services is situated below the out – patients department. It is run from Mondays to Fridays excluding public holidays. The clinic opens at 07h30 and closes at 16h00.

The Psychiatric team consists of the following staff:-

- Dr. Selagan – Monday, Wednesday, Thursday and Friday.
- Dr. Doorgapersad – Monday morning.
- Dr. Randaree – Tuesday morning
- Dr. Teise – Thursday morning.
- Sr. Sue Symington (Charge Sister)
- Sr. Vilo Govender.

These patients are referred to the Psychiatric Department from:- Townhill Hospital; King George V Hospital Regional Hospitals and District Hospitals; General practitioners; Psychologists; •Occupational Therapists; Social Workers; Durban Mental Health; Old Age Homes; Primary Health Care facilities.

The types of patients that are seen in the Psychiatric Clinic are:-

- Schizophrenia, Acute Psychosis, Anxiety Disorders, Major Depression and other mood disorders, ADHD, Conduct Disorders, Bipolar Affective disorder, Eating disorders, Mentally Handicapped, Dementia, Gender Identity Disorders, Somatoform Disorder, Sexual Disorder, Sleep Disorders, Adjustment Disorder, Personality Disorder.

Psychiatric Community Services do not treat Neurological problems e.g. Brain tumors, epilepsy etc. Nor does the department treat delirium – the cause of delirium should be established and treated by the relevant department.

The nursing staff will see all new referrals and a full psychiatric assessment will be done. The patients are then sent through to see a doctor who will assess and treat. All the patients will see the doctors at least four times a year if they are stable. The patients that are not stable, see the doctor on a more regular basis. All patients are seen by the nursing staff on a monthly basis. The sisters interview these patients and do a psychosocial assessment and medication interview. All patients on Leponex, Lithium and Epileptic meds have to have regular blood tests. A support group is also run from time to time.

An average of 70 patients are seen a day. Since the opening of the clinic in November 2004, over 1000 patients on record. All the patients are seen and treated on an outpatient basis.

Dr. Selagan sees patients referred by the wards. These patients are sent down to the department as Dr. Selagan cannot do ward rounds. Those patients that cannot be managed at Wentworth Hospital are referred to King Edward and King George V for admission.

WENTWORTH HOSPITAL —MBALENHLE WOMEN'S CLUB

The **Mbalenhle Women's Club** was formed in 2004 by a group of Wentworth Hospital staff members, who are committed to the concept of a Women's organization focusing on the principle of providing a network of encouragement and upliftment amongst the staff. Please phone Mamsie Dumisa on extension 5216 to find out about joining the club.

COMMISSIONING OF OBSTETRICS AND GYNAECOLOGY From 1st May 2005.

Wentworth Hospital will finalize the commissioning process this year, and the Obstetrics and Gynaecology Department is the last phase in this process.

SERVICES TO BE PROVIDED?: 24hour Nurse Driven service

Labour Ward	:	Day Duty and Night Duty	6 bedded Ward
Assessment Area			4 bedded Ward
Ward 0 Pre-Natal and Post Natal	:	Day Duty and Night Duty	40 bedded Ward

PATIENTS DECANTED / REFERRED BY: Addington Hospital & King Edward VIII Hospital

CASES TO BE ACCEPTED: Normal deliveries

CASES TO BE REFERRED: Complicated pregnancies, multi-pregnancies, c/s x1 or more, co-morbid diseases.



NEWS!!! NEWS !!! NEWS !!! NEWS !!! NEWS !!!! NEWS !!!!

From the H.R. Department:

Well, it is now ito April and how the year is speeding by. We know it will soon be Christmas. We in the Human Resource office hope that all the Wentworth Hospital staff enjoyed the recent lovely Easter long weekend. The weather was extraordinary to say the least.

We have moved into our new offices and the new query office is functioning well. All staff are most welcome to come to Room 13 between the hours of 8h00-09h00 and 02:00p.m. – 3:00p.m. However, we are quite happy to assist with any urgent queries outside of these times in Room 13 only.

It was so wonderful to be part of the Long Service Awards Ceremony which was held on the 20050310th. It is such an honour to be amongst staff members who have given their loyal support for over twenty years to help achieve the wonderful achievements of Wentworth Hospital. We are a family and we care for our staff.



Again we were responsible for organizing the ABET and other course attendance awards ceremony which was held on the 2005.03.16th. Again here are the Wentworth staff who have shown themselves to be achievers who will try to go for the gold no matter what obstacles are in the way. We are proud of you all. We would also like to encourage the staff to join the ABET programme which will continue to be run at Wentworth Hospital. We also hope that the staff who attend the various courses arranged for them in the future, will enjoy these courses and will be willing to share their newly larned expertise with their fellow staff members. Please remember to keep your Supervisors informed of the courses you will be attending.



We were distressed by the untimely deaths of the following staff members in the last three months: S.F. Zwane (Security Guard); T.C. Sithole (Cleaner); N.P. Mnguni (Cleaner); D.K. Nyamakazi (Security Guard). Staff are encouraged to visit our Garden of Remembrance where we can remember our friends who have ceased to be with us. Go well Sohlala Sinikhumbula.

We have also had a flurry of Retirments in the last three months: T.R. Mthembu (Chief Professional Nurse); B.P. Shabane (Staff Nurse) and D.M. Smith (Artisan Superintendent).

We would sincerely like to welcome the following staff members to our Hospital:- M.J. Groom (Radiographer); R.L. Mtongana (Community Service Medical Officer); D.K. Pillay (Community Service Medical Officer); N. Maharaj (Community Service Medical Officer); A. Naidoo (Community Service Medical Officer); K. Udarajh (Community Service Medical Officer); R. Budhoo (Community Service Medical Officer); H. Najjaar (Community Service Occupational Therapist); M.L. Haripersad (Pharmacist); K. Govender (Radiographer); T.M. Kajee (Physiotherapist); S. Ramnarain (Professional Nurse); R. Pillay (Pharmacy Intern); S. Ramsahai (Pharmacy Intern); M.W. Wahab (Pharmacy Intern);

TONGUE TWISTER: We all know the usual ones, but try this! IQAQA LAZIQIKAQIKA KWAZE KWAQHAWAKA UQHOQHOQHA. (Translation from Xhosa "The skunk rolled down and ruptured its larynx").

S. Mungaroo (Pharmacist); T.B. Gumede (Medical Officer); M. Aboobaker (Community Service Medical Officer) N. Moodliar (Senior Medical Officer); K. Naidoo (Principal Medical Officer); S. Gaxa (Artisan); J. Maharaj (Radiographer); N.N. Uzoho (Principal Medical Officer); A.Budhal (Artisan);
Siyanamukela

We wish all those staff members who have resigned, or transferred away from Wentworth Hospital the best of luck in their new positions. And to those staff members who are on long sick leave, we really miss you and wish you a good recovery. Sinifisela Ukululama Ngokushesha.

This is just a friendly reminder to all Medical and Professional Staff to please bring in their Annual Registration cards as it is compulsory that copies are placed on our records.

Please note that I?RP5 certificates will only be available around the end of April or during May. We will advise you further on this mater.

Please remember to request leave beforehand so that it may be timeously approved by your Supervisors and not impact on service delivery. Leave forms must be signed by the applicant and the Supervisor before you proceed on leave. Also remember that previous leave must be utilized before the end of June or this leave will fall away. You and your Supervisor have already been informed as to whom still has this leaving owing to them.

A request has also been received from Mr. Mathonsi from the Linen Room who will be conducting a religious service in the Chapel during certain lunch times. Staff who are interested are encouraged to attend.

On a lighter note:

“If you want to make GOD laugh, tell him your future plans” - Woody Allen.

“The secret of staying young is to live honestly, eat slowly, and lie about your age” - Lucille Ball.

“Don’t go around saying the world owes you a living. The world was here first” - Mark Twain.

THE HOSPITAL CHAPLAINS PLAN

Wentworth Hospital started on the 4th April 2005 with the Chaplain Plan—an initiative started by the Department of Health, to assist staff by providing a personalized counseling service to staff, if and when required.

This will not be a duplication of any existing service but will compliment any existing services available. Reverend Makoabe and Rev. Sabera Timol will assist at Wentworth Hospital. Reverend Makoabe will visit Wentworth Hospital on Mondays for approximately 2 hours every Monday. Staff members who are experiencing problems in their home lives or have problems at work are encouraged to consult with the Chaplain. Staff may make an appointment via our Occupational Health Clinic to meet with him or may make their own appointments if they so wish. The service is of no specific religion / denomination.

WAITING TIME HUMOUR.....

