



HEALTH
KwaZulu-Natal

WENTWORTH FOUNTAIN

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ARV CLINIC OPENING

*W*entworth Hospital recently opened its new ARV site affectionately known as the Masibambisane clinic. The site was opened on the 18th of July 2008 by the District Manager, Ms. S.R.G. Shezi.

It was a well attended event with representatives from our donors, the RHRU, USAID and PEPFAR who played a major role in refurbishing the clinic. Before the move, the ARV clinic was operating inside the OPD (Out Patients Department) and there was a lot of congestion.

This has since been alleviated as the hospital has provided a separate department for the Masibambisane clinic.

Speaking during the event, the district manager stressed the need of a partnership

between the government and other stakeholders in the fight against HIV/ AIDS. She stated the importance of

giving hope to patients visiting the hospital especially those affected by HIV/ AIDS.



Ms. S.R.G. Shezi, eThekweni district manager, delivering her key note address during the day.

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WENTWORTH BUDGET REVIEW AND COST SAVING MEASURES.

The management of Wentworth hospital held a much anticipated budget review and cost saving implementation which was presented by Dr. S. B. Kader (hospital manager). The main emphasis of this presentation was to keep employees informed about what really goes on in the institution and how the budget is used for effective service delivery. The hospital realizes that change can be only achieved if ideas are shared and communication is improved between staff and management.

There were also groundbreaking initiatives taken when it came to cost saving measures and the general smooth running of the institution. These included the referral system / catchment area, compensation of employees, medical services, pharmacy, x-ray, bloods and goods and services. The following is an elaboration of a few:

MEDICAL SERVICES

- ◆ De-commission number of beds
- ◆ Consolidate wards
- ◆ Rationalize utilization of beds
- ◆ Create a step-down facility (using present staff)
- ◆ No commissioning of new services or expansion of new services (e.g. Maternity)
- ◆ A & E minor theatre continues

GOODS AND SERVICES

- ◆ Strict adherence to cash flow policies
- ◆ Review all stock levels
- ◆ Carrying 1 month stock levels only
- ◆ Review stoma services
- ◆ Review and prioritize maintenance plan

COMPENSATION OF EMPLOYEES

- ◆ Redeploy staff to areas of need
- ◆ Review overtime payments
- ◆ Review all workshops to be attended
- ◆ No conferences to be attended

With these guidelines the hospital will benefit while effective and efficient service delivery will not be compromised.

UP-CLOSE WITH THE HRD PRACTITIONER

*T*he Human Resources development practitioner is a new addition to the Wentworth Hospital Human Resource department. This is a great step in mobilizing staff to increase their output when it comes to the level and quality of service they provide when dealing with patients. This department is headed by Lisele King who has been the driving force behind many of the programmes provided.



Human Resource Development Practitioner, Lisele King aims to empower the staff at Wentworth Hospital.

The programmes that have already been provided include the following in-service training for staff which was conducted by Lindokuhle Gwala from Further Educational Training Colleges (F.E.T.) to address training needs in the hospital.

Also Mr. Zain Khan from TransUnion had a presentation on personal finance and budgeting. This was of great help as the staff were informed of ways and means of saving their hard earned cash for a purpose. It also helped to gear the staff in ensuring that staff members remain financially sound in volatile economic times.

The much needed visit by the Government Employees Pension Fund (GEPF) was also organized and was very appreciated by staff. A lot of grey areas among staff were ironed out when it comes to the understanding the latest developments within the Pension Department. Medical Aid also plays a critical role in ensuring the live hood and peace of mind of employees and the reason why the HRD department organized a visit by Miss Diketso Mogano from GEMS Medical Aid on 23rd July 2008.

It is pleasing to note that Lisele and her initiatives strive to ensure that Wentworth Hospital has well rounded employees who provide excellent service.

“There is no future in any job. The future lies in the man who holds the job”
George Crane

A&E, THE DEPARTMENT WITH THE DIFFERENCE

The A&E department has put Wentworth Hospital on the map by providing needed assistance to the community of Malangeni and Umzinto who were devastated by the recent floods .



A&E staff with their donations before leaving for the affected areas

This initiative was spearheaded by Sister Magwaza, sister in charge of the accident and emergency department and Mr. Zweli Sithole. The department should be given credit for their tireless efforts to make this dream a reality. Staff from this department were very moved by the events that took place in Umzinto and swiftly moved into action. They sent a callout to all staff of Wentworth to make a donation of clothing towards the affected communities.

The response was overwhelming as everyone went out of their way in answering to the call.

Mrs. Bridget Sabela who represents the local ward committee and women's league received the donation on behalf of the community and thanked the hospital for a kind gesture. Community members erupted in song to show their appreciation for the assistance that was provided.



Sister Magwaza with some of the community members.



The havoc that was caused by the floods

OUR ARV OPENING IN PICTURES



"History will judge us on how we respond to AIDS emergency ...whether we stood around with watering cans while the whole world burst into flames... or not." Bono



The new ARV site was recently opened. This site has been fully furnished by the RHRU, USAID and PEPFAR.

1. Dr. Kader Hospital CEO with Mr. R. Phili, manager from HAST
2. Ms. S.R.G Shezi, eThekweni District Manager with Mr. Eugene Young from USAID.
3. Crowd that attended the event.
4. Dr. Ramnath, Masibambisane clinic doctor.
5. Representative from RHRU, USAID and PEPFAR

GARDEN PROJECT NEWS

The Wentworth Hospital garden is already bearing the fruits of the hard work that has been put in by the staff. The idea to have such a project was conceptualized two to three years ago. In an interview with the project manager, Dr. Ramdeen, the medical manager she stated that they got a lot of support from the District office where they were given garden equipments like rakes and one lay counselor was also trained.

One huge problem though that the hospital has is the monkey invasion problem, thus a reluctancy in starting the project. Attempts were made for funding and Engene (the oil refinery) came to the rescue in an attempt to alleviate poverty.

The company constructed a steel framework and further employed an NGO called Environment and Language Educational Trust (ELET) to manage the project and to further provide agricultural education for both the patients and staff.



Some of the produce from the garden.

The garden has been in operation since May 2008 and has already had garden sales like spinach, lettuce ect. Plans are in the pipeline to have seedlings and indigenous plants to be sold at the nursery and for the official opening of the garden which might take place in October. Patients are also encouraged to be involve with the garden for skills development.



1. Bongokwakhe Dlamini the garden supervisor 2. One of our patients watering the plants and 3. Dr. Ramdeen, medical manager and Bongokwakhe with some of the garden produce.

HEPATITIS C CAMPAIGN

In an effort to educate and inform patients on Hepatitis, the health promotion department held a talk on the disease in the out patient department. Hepatitis is the inflammation of the liver which could be caused by a range of chemicals and toxins such as alcohol or drugs. Prevention is better than cure thus general guidelines on the prevention of hepatitis were outlined as follows:

- People with viral hepatitis should Practice safe sex or abstain.
- Avoid contact with blood
- Avoid drug use. Don't share needles.
- Hepatitis A and E patients should not prepare food for others.

Symptoms of the disease are usually mild, especially in children. They generally appear between 2 to 6 weeks after exposure to the virus. Adult patients though are more likely to have fever, jaundice and itching that can last to several months.



Sr. Bodha, Health Promotion Co-ordinator during the Hepatitis campaign

FAREWELL TO OUR LITTLE ANGEL

There was joy and sadness in ward C4 (Pediatrics ward) as the staff bid farewell to their longtime patient. This four year darling who had experienced many challenges in her young life had been a guest at the institution since November 2006.

Our gratitude goes to the staff at C4 and to Ms Nondumiso Vilakazi the social worker with her tireless efforts to finally manage to get a placement for her.



C4 staff with the patient during her farewell

UKWAZISA NEZEXWAYISO NGESIFO SOKUWA

Osonhlalakahle besibhedlela babe nethuba lokwazisa umphakathi ngesifo sokuwa.



Kusukela kwesinxele nguSerena Frank, Vino Singh kanye noZakhiya Haroon

I-Epilepsy Foundation South Africa ibambe iqhaza ngokubambisana nabo osonhlalakahle. Kuningi okwazuzeka mayelana ngolwazi nokusiqonda lesisifo sokuwa.

Sidalwa yini sona lesisifo?

- Ukudla ubuthi, utshwala noma ukudla okungenampilo
- Izinkinga zokonakala komqondo umntwana engakazalwa
- Izinkinga ekuzalweni

Usizo lokuqala oludingekayo ukuthi umuntu onesifo sokuwa kufuneka asuswe eduze

nobungozi, ayekiswe akwenzayo ngoba kungase kumlimaze. Kuvule amehlo kwabaningi ukuthi isifo sokuwa sidalwa yini.

TACKLING SUBSTANCE ABUSE

Substance abuse is a growing ill amongst the public and particularly the youth.

Cigarettes are one of the most abused and easily available. Although some people try to make their smoking habit safer by smoking fewer cigarettes, most smokers find that hard to do.

Research have found that even smoking as few as 1 to 4 cigarettes a day can have serious health consequences, including an increased risk of heart disease and a higher risk of dying at an earlier age and causes cancer. Pregnant women are advised not to smoke as it affects the health of the unborn child.



UP IN SMOKE: Cigarettes one of the most abused and yet a legal substance.

Picture from www.hst.org.za

DENTAL DEPARTMENT ON HEALTH PROMOTION

*I*t is easy to take for granted what we need and use the most, the mouth. The dental



Ms Cebi Cele Oral hygienist explaining more on oral health to patients.

department commemorated the oral health month. Patients were taught more about dental cavities and gum diseases which are said to be the most common oral problems.

Cebi from the dental department helped patients to understand the difference between the two and they were showed the proper way of brushing ones teeth.



NEW INNOVATIONS

*T*he institution has ensured convenience and peace of mind for staff members by the installation of it's first automatic teller machine (ATM). This machine is situated in the vicinity of the VIP Lounge.



At the touch of the button: One of the staff members using the ATM machine.

WHATS COOKING

*R*ecently the Wentworth kitchen staff had a special lunch for all staff members. This was to increase staff morale and to put the special abilities of the team on display. The lunch also provided an opportunity to get to know the kitchen staff a little better and appreciate the amount of effort and dedication that is required to ensure a smooth running department.



Wendy Mazibuko (right, supervisor for the kitchen department) with some of her staff

GROWING IN LEAPS AND BOUNDS

*W*entworth Hospital continues to show that life's challenges are only designed to make you stronger and better. As we are aware of the negative perceptions towards our institutions it is encouraging when there are complimentary statements especially from the community. It is extremely difficult to produce results when you are working in the face of constant criticism. Many of our colleagues including professional medical staff feel that they are not acknowledged or appreciated for their inputs.

Recently we have been receiving numerous compliments regarding our service, cleanliness and the general disposition of our staff. It is only true that these negative and positive responses we receive from the public is the only means by which we can measure ourselves on the graph of improving service delivery.



A thank you letter that appeared on the Ilanga newspapers

FAREWELL

*T*he OPD department, Masibambisane clinic, HR and Infection Control unit recently bid farewell to some of their staff members. As usual it was done in style because as some other departments dined some had a netball match in honor of the friendship they had. One thing for sure they will be missed.



1. Kiddo, Sr. Maroney with Matron Craig 2. Xoli Mkhungo with Ngqo Khwetshube
3. The netball team that played a farewell game for Pitso.

NEW FACE IN THE PR DEPARTMENT

The Public Relations department has new face. His name is Rodney Moore . He will be with the institution for a period of a year and is very eager to polish up on his public relations skills and add impetus to the department.



This is what he had to say “ It is an honor for me to be given the opportunity to enhance my public relations skills under the auspices of Miss Carol Dlamini. From the short period I have been here there have been many revelations on the processes and procedures that a competent Public Relations Officer needs to adhere to in a public institution” World, look out for Rodney!

Rodney Moore: Public Relations Intern



OUR CATHMENT AREA:

Wentworth Hospital

services the following catchment areas: Hillary, Seaview, Wentworth, Austerville, Yellowwood Park, Chesterville, Cato Manor, Bluff, Clairwood, Montclair, Jacobs, Lamontville, Umbillo, Woodlands and Merebank.

The hospital operates on a referral system with patients being referred via their local clinics.

WENTWORTH FOUNTAIN IS AN OFFICIAL PUBLICATION FOR WENTWORTH HOSPITAL COMPILED BY THE PUBLIC RELATIONS OFFICER Ms CAROL DLAMINI AND THE PR INTERN, RODNEY MOORE

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