



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

Addington Newsletter

ADDINGTONIC

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Addington Visiting Hours:

12h00-14h00
19h00-20h00

VISION

To achieve an optimal health status for all patients, families and communities through innovative and dynamic health care leadership

MISSION

Addington Hospital is committed to providing a safe, legal, ethical quality patient focused district and regional health service through the integration of the Batho Pele, Good Governance and Accreditation programmes, supported by information technology.

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The Upgrade of Addington Hospital



Addington Hospital external façade upgrade

Addington hospital external façade upgrade of core building.

The site handover took place on 19 March 2012. This is a R140 457 000 project which despite numerous challenges is progressing well.

Once completed the facility will be a Centre of attraction. Addington Hospital is on the sea side and is indeed the face of KZN Health to the tourist.

The whole Addington hospital is currently under renovation.

In light of the above, it is imperative to mention that other services have been down referred to King Dinuzulu formally known as King George and Wentworth Hospital.

The services that have been moved to King Dinuzulu include amongst others the Obstetric and Gynaecology services whereas the services

that were referred to Wentworth Hospital include the Surgical and Orthopaedic Services.

It must be noted that once our theatres and the cooling towers have been fixed our services will return Addington Hospital.

One would like to commend our staff for the unwavering support during these difficult times as they have to relocate and work at these institutions.

The Health MEC Visits The Pink Drive



MEC and The Radiography Team



Patient in the Treatment Room

The KZN MEC For Health Dr Sibongiseni Dhlomo is one of the guests that attended the Pink Drive Initiative.

The Pink Drive Initiative is aimed at detecting the breast cancer early because it such an exercise that can save lives.

There were 56 patients that were booked to be screened. Out of that 50 patients arrived and were attended to

All the patients that came on that day were screened to detect if they had any signs of breast cancer.

Amongst other guest that attended the Pink Drive Initiative is the Corporate Communications Directorate, General Manager, Mr. Samuel Mkhwanazi.

The Pink Drive Initiative was held on the 30 – 31 May 2013. The Pink Drive Truck was parked at the Nurses Home and it is where the patients

were attended to.

The Radiography Team were the drivers of this event. The Radiography Team consists of the H OD, Mrs Poppy Mfeka, Dr Leon Perumal, Dr Bridley Cupido, Dr Sthembiso Langa Dr Zuzile Zikalala.

The Pink Drive is of great benefit to women because early detection of breast cancer can be treated and many lives can be saved if breast cancer is detected early.

Pink Drive Event in Pictures



The KZN Health MEC, Dr Sibongiseni Dhlomo and The Management



From Left; Sr SEL Pillay, ENA, P Myaka, Sr EM Booth

The Staff Weight Loss Event at Addington



Dietetics Team Screening Body Mass Index to Staff

The Dietetics Department organized a Weight Loss Clinic Event for Addington Staff.

The Weight Loss Clinic started on Tuesday, 4 June 2013 and will continue through out the year until the end of November 2013.

The Dietetics Department made a call to all staff to come and join the Weight Loss

Clinic but they recommended that anyone with a BMI > 30 to join the clinic. The BMI screening and booking of the staff took place on 14 May 2013.

The Weight Loss Clinic consists of 1 new class 3 monthly follow-up classes and there after 2 monthly weight-in's.

The clinic is available on Tuesdays from 8h30-9h30 and Thursdays from

14h00 to 15h00 hours. The dietetics will alternate new and follow up classes to accommodate who work shifts.

The Dietetics will be running a biggest loser competition in conjunction with the clinic and the winners will be announced in November. Prizes will be handed out to the person who has the biggest percentage weight loss.

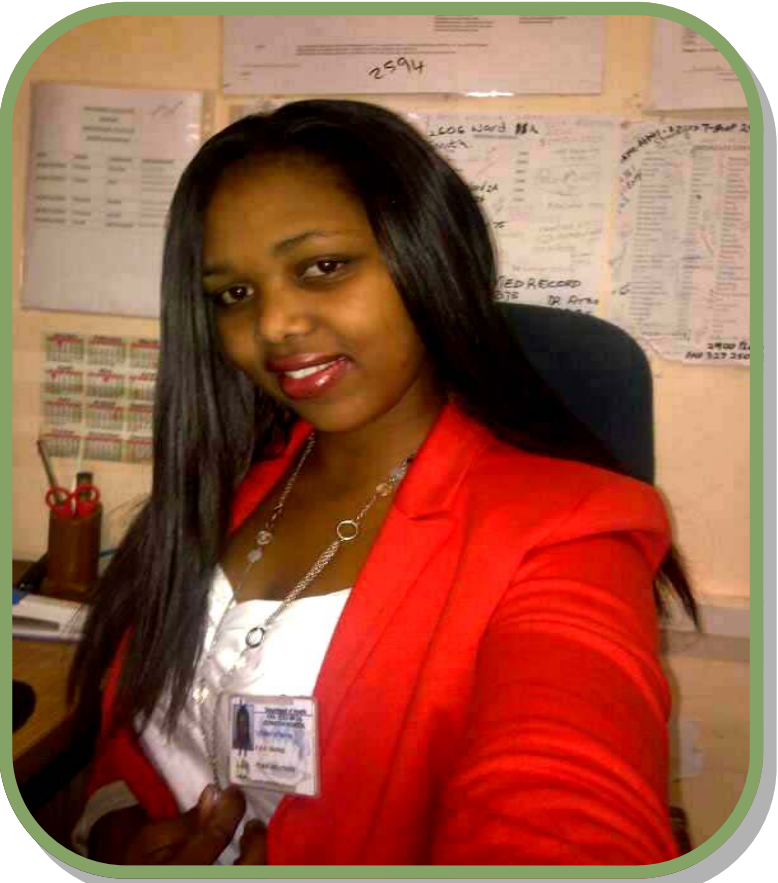
Meet the Addington PR Inservice Trainee

It is with great pleasure to introduce the new Public Relations In-Service Trainee, Miss Yonwaba Nkayitshana.

She is a dedicated, diligent and dynamic person who does her duties in a professional manner. She has the ability to work under pressure and sometimes extra ordinary hours.

She has a strong sense of responsibility. She has the ability to initiate and meet deadlines.

Miss Yonwaba Nkayitshana has the ability to make independent decisions.



Miss Yonwaba Nkayitshana is a 3rd year Public Relations Student at the University of South Africa.

She is always customer focused. She would go an extra mile in assisting the client.

‘She does not only have a pretty face but she also has brains’

She understands how to complement and relate the theoretical and practical aspect of public

relations.

Her coming in at the Public Relations Department has contributed immensely not only to the Public Relations Department but to the facility as whole.

Her courteous and friendliness mannerism has made her popular to the internal and external stakeholders.

Public Relations Department cannot work well in silos. In order for us to function well we

require close working relations with other Departments.

The internal and external stakeholders is urged to work closely with the Public Relations Department.

Our office is situated at the main hospital building and we are at the first floor. We operate from 7h30 to 16h00 every week and we do not work on weekends.

From the Editor Mr Francis N. Zuma (PRO)

MEC Visits the Construction Site of the KZN Children Hospital



KZN Health MEC , Dr Sibongiseni Dhlomo and the Management Team

The KZN MEC for Health, Dr Sibongiseni Dhlomo is led by the Maternal, Adolescent and Child Health (MatCH), Dr Catherine Burns to the Construction Site of the KZN Children Hospital.

The MEC came to see the progress of the Construction work as it was said that the first phase of the KZN Children Hospital is

finished.

This is a job well done because it meant that the children will soon be getting specialized treatment.

The MEC and his Team inspected all the areas of the KZN Children Hospital. The MEC was impressed with the floors and he remarked that they reminded him of the old hospital floors that was easy to clean.

The KZN Children hospital will be offering specialized services to children.

Patients that will be attended to will be coming through out the facilities from Kwa-Zulu/Natal.

The children that requires specialized treatment will be referred and treated in this facility.

The KZN Health MEC, Dr Sibongiseni Dhlomo was impressed with the progress of the construction.

The Construction Site Visit in Pictures



MEC led by Dr Catherine Burns



MEC going to the Construction Site



MEC viewing the Construction Site



MEC viewing the Construction Site



MEC viewing the Construction Site



Patient Waiting Area

Employee Wellness Day at Addington Hospital



Addington Staff Checking Vital Signs

The Addington Employee Wellness Day was held on 5 July 2013 at the Addington Hospital Main Foyer.

The event was organized by the Occupational Health Department and it started at 8h00.

The intention of this event was to give medical treatment to the staff.

The Addington Staff came in numbers to

check their vital signs and to be given treatment.

'Addington hospital promotes the take care of the carer programme'

An occasion like this was well received by the staff and this was apparent in the turnout of the staff who came to receive medical treatment. The staff was coming interchanging in groups to access the health

treatment.

The staff that is offering treatment to patient ends up being neglected.

The staff welcomed such an opportunity.

They commended the event and requested that Addington do it frequently since the staff do not have time to seek medical treatment.

The employees was pleased of this occasion.

The Employee Wellness Day in Pictures



Addington Staff Checking Vital Signs



The Staff is being screened



Addington Staff Checking Vital Signs



Addington Staff Checking Vital Signs



Addington Staff Checking Vital Signs



Health Education given to Staff

Epilepsy Week Event at Addington Hospital



Staff attending the Epilepsy Event

The Addington Staff came in numbers to attend the Epilepsy Event..

The event was held at the main foyer at Addington Hospital.

Health education was given to staff and patients about the Epilepsy Syndrome.

The Epilepsy Week Event commenced on the 18-21 June 2013.

Amongst the invited guests was the South African Epilepsy Foundation.

They came with the pamphlets and gave us the health education regarding the Epilepsy Syndrome.

The staff were interchanging attending the Event.

There is a lot that the staff benefited relating to the issue of identifying a patient with this condition. We were also taught what

to do if we find a patient with this condition.

This event was like an eye opener as most staff and patients were not clued up about this condition.

The staff and patients were given pamphlets to go and learn more about this condition.

Thanks to the Department of Medicine HOD, Dr Bayat and the team for making the event a success.

Epilepsy Week Event in Pictures



Staff attending the Epilepsy Event



Staff attending the Epilepsy Event



Staff attending the Epilepsy Event



Staff attending the Epilepsy Event



Staff attending the Epilepsy Event



Staff attending the Epilepsy Event

This is What Makes us Proud as Addington



Michael Mduduzi Thwala



Siyanda Nkanyiso Mchiza



Nonto Zulu during Mandela Day



UNISA Students attending the Survey

In 2010 the Ethekwini District Office coordinated and funded the Artisan related programmes offered by the FET College.

Mr Siyanda Nkanyiso Mchiza was found competent in the painting trade test in 2012. He applied for an artisan Painter Post advertised at

Mahatma Gandhi Memorial Hospital and he was suitable for the position. Addington is proud to see our staff developing in the career path.

Addington is also proud to mention that we celebrated the international Mandela Day on the 18 July 2013. Nonto Zulu is amongst the many employees that spent their 67 minutes doing

something useful at the facility. As Addington Hospital we commend all the staff that went beyond the call of duty on that day.

Addington Hospital is proud for the good relations that we have with the University of South Africa. The PR Students from UNISA assists us in conducting Surveys.