



Appelsbosch Hospital newsletter



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A MESSAGE FROM THE C. E. O

It is that time of the year where the calendar 2009 is drawing to an end. Each facility reflects on achievements and on projects that could not be achieved due to many reasons but the crucial one is budgetary constraints leading to heavy moratoriums which impact negatively on service delivery.

Achievements: pharmaceutical services.

Through team work, we have managed to get pharmacist and a pharmacy assistant from **EGPAF** to assist with the ARV roll-out. EGPAF has also supplied the institution with the park home to provide **PMTCT** and **MCWH** programmes.

CURRENT PROJECTS

Currently, the construction is on track for **CCSD** and **THEATRE** building which is due for completion before the end of 2010.

PLANNED PROJECTS TO COMMENCE IN 2010

Nurses' residential accommodation, government lockable garages, upgrade of X-ray department and building of new administration block as the old one will be demolished as it is on the way of the new proposed developments.

Management would like to convey their sincere appreciation to the staff who dedicated themselves holistically to serve the sick people of Umshwathi municipality and even sick people from the neighboring districts. We never



Hospital CEO, Mrs. E.T. Zuma

deviated from the hospital vision which is to achieve total well being of all the individuals in the Umshwathi Municipality.

Really, if we sit down and reflect we wonder how did we make it but it was through the miracles of the Almighty Lord.

Appelsbosch hospital management wishes all staff and their families a **MERRY CHRISTMAS** and a fabulous new year filled with showers of blessings. Take care, drive and keep it safe. Enjoy the rest of the festive season.

Welcome 2010 in a very positive manner!!
GOD BLESS U ALL!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!



"You will never find time for anything. You must make it" - **Charles Buxton**



A CHRISTMAS PARTY FIT FOR THE LITTLE 'KINGS' AND 'QUEENS'



Dr. Tiedemann, Dr. Narainswami and Bianca preparing a table for the party

**“Together, let us build a nation that is filled with laughter and joy of children”
President JG Zuma (9/05/2009)**

In keeping with the festive spirit of giving, Dr. Narainswami and staff at Paediatric ward raised funds to host a Christmas Party for the little ones. Kids were showered with love and gifts. Normally, kids at the ward are not encouraged to eat sweets, cakes and all the nice goodies but on the day it's what the doctor ordered. It was indeed a day to be jolly and kids had so much fun.

Thanks to **East Coast Radio** for donating toys through their Toy story initiative. We also thank **Umkomaas Sai Centre** for their donations. Nothing is more heartwarming than a smile of a child who gets to own a toy for the first time.



Matron Dlamini, Dietician, Z Pillay and Sister B.G. Gumbi with the kids

LOOKING BACK AND FORTH BY MEDICAL MANAGER



Medical Manager, Dr. Lopez



The end of 2009 is fast approaching and with so many commitments and challenges in front of us is difficult to find time to reflect.

During the past twelve months a number of initiatives have been taken by our wonderful clinical team.

As our first priority the comprehensive management and care of HIV patients has been at the forefront of our efforts. Just to mention a few of the achievements:

- ➔ More than 3000 patients have been already initiated on HAART since December 2004.
- ➔ We have secured support from EGPAF (NGO) and acquired a park-home facility with furniture and equipment that already hosts antenatal care and PMTCT all under one roof.

- ➔ The early and effective implementation of Dual Therapy for PMTCT has already dramatically decreased the HIV mother to child transmission rate to figures below 7%.
- ➔ EGPAF has also supported with nursing staff and with one pharmacist and one pharmacist assistant whom will run a satellite pharmacy, for ARV patients.
- ➔ The down-referral of patients on HAART to their nearest clinic (Gcumisa) has continued and consolidated this year and to our delight and also with the support of our District Office and EGPAF initiation of patients on ARV has commenced in Gcumisa Clinic since April 2009 with more than 200 patients already enrolled.



Dr. Lopez and his dedicated team of doctors, a physio and Occupational therapist

During the next twelve months we should continue working hard to enable the down-referral process to the remaining PHC facilities and possibly initiation of patients on ARVs in all those clinics. Issues around treatment compliance and adherence are priority to our ARV roll out program and will be high in our agenda for 2010 and beyond.

We should also mention the opening of our Dental Clinic this year and the efforts made by our Community Service Dentist, Dr. Naidoo to commence this very valuable service for our clients.

Construction for our new state of the art Operating Theater has gather pace and we are looking forward to the opening next year.

Other programs such as Nutrition and Rehabilitation have been making great progress in the past twelve months thanks to a dynamic and energetic team of professionals that have improved the quality of our clinical services.

Awareness days, open days and outreach programs have been brilliantly done despite severe financial constrains.



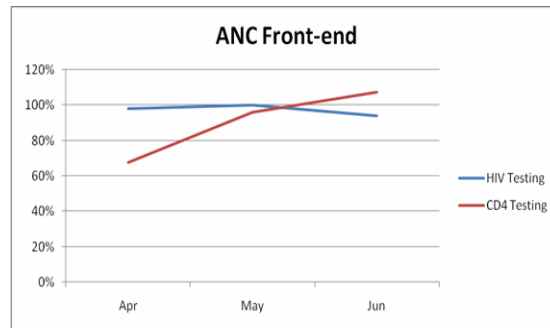
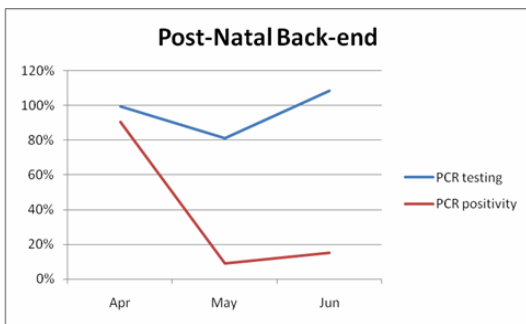
The HOPE program led by Dr.Narainswami has developed with particular emphasis on involving traditional healers and other community representatives.



Dr. Narainswami, T. Ngcamu and Traditional healers (right) conducting a door to door visit to patients at Faye area. The visits were part of their monthly workshops aimed at imparting clinical knowledge to traditional healers.

We would like to thank all clinical staff for offering the best of their efforts during 2009 and encourage them to carry the same spirit into the New Year.

Some encouraging preliminary results of Dual Therapy program.



🇿🇦 Source. PMTCT 20000 + program.



MENTAL HEALTH AWARENESS EVENT



Top left: Hospital CEO, Mrs. E.T. Zuma, Top right: Mrs. L Mkhize from District office. Bottom Left: Traditional healer addressing people. Bottom right: a Guest speaker from Townhill hospital, Dr E. M. Thomson.

Events are a tool that can be used to extend services that we render to a wider audience. They are also informative, practical and interactive. In a nutshell, they contribute immensely to efficient, total service delivery.

MENTAL HEALTH

On the 22 October 2009, the occupational therapy department hosted Mental Health awareness day. This was organized under the global 2009 theme “**Mental Health in primary care**

Enhancing treatment and promoting Mental Health”.

This event facilitated dialogue between members of the community and Mental Health practitioners who deal with Mental Health on a daily basis. These included psychologists from Town hill Hospital, District Mental Health practitioner, SAPS and traditional healers

It was successful day that went a long way to eradicating the stigma on Mental Health in our communities.



SAVE LIVES, MAKE HEALTH FACILITIES SERVE THE PEOPLE





HERITAGE DAY CELEBRATION



Members of staff, bevonule beconsa!!!!

As part the heritage month of September, Appelsbosch Hospital celebrated Heritage Day on the 24th September 2009. People were dressed in their various traditional regalia in keeping with the theme “**Embracing cultural diversity**”.

It was a great day filled with song, dance and traditional cuisine. Both staff and members of the community enjoyed the day.



Izinsizwa zihlangene ngenhloko



Matron Dlamini eziko



1



2

1. C.F. HLOPHE, ST. T.F. MASANGO 'N MATRON ZONDI
2. MATRON SOKHELA, LUNGI AND ZOLA "BUDD"



3



4

3. "INDAWO YAMI YONKE LE" sengathi usho njalo umfo ka-Khomo-Finance and Systems manager.
4. Dudu, Bawinile, Mrs. Nkomo and Matron Sokhela cook up a storm.





For those who've passed, infected and affected: A candlelight memorial

The message was loud and clear: I am responsible for my own health.

Appelsbosch hospital came up with a different strategy to get the message across to our staff, patients and community this year. This year's celebration was more than an event where people were bombarded with scary statistics about HIV and Aids. It was more of an interactive workshop with the emphasis on information hence the theme "A well informed community cares".

We are of the idea that a community that has enough credible information is armed to take better care of the people that are affected and help reduce the stigma attached to the disease.



Mr. J.B. Vumase spoke on the negative impact of defaulting treatment while Sister Dlamini led the candle light memorial

 MORE WORLD AIDS DAY PHOTOS 



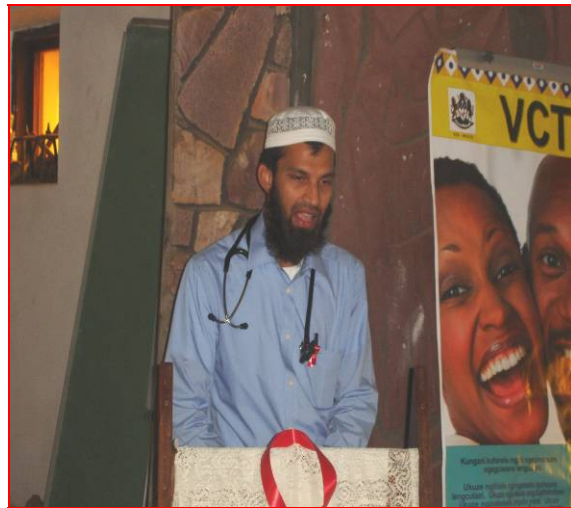
Hast team on song



Onompilo in full voice



Mr. T. Ngcamu spoke extensively on PMTCT



DR. Essack delivered the theme of the day



Voice of thanks by Matron Sokhela, Audience and Sister Dlamini

THE "LEARNING CURVE" CORNER



*Outgoing P.R.O Intern
Simo Ndimande*

It's been nine great months at Appelsbosch Hospital; I take with me fond memories. The nine months have been the most significant months of my life. I didn't need time to settle because of the warm welcome and family like atmosphere. I am going to miss Appelsbosch a lot.

I would like to thank the Department of Health for awarding me a prestigious opportunity to learn and grow through internship. I would also like to thank the



Greeting All. My name is Zongile Nkwanyana staying in Njengabantu. I am a trainee under the component of Public Relations at Appelsbosch Hospital. I am studying at Coastal KZN FET College, Umlazi BB Campus completed my studies in June 2009. I would like to thank the management and staff for granting me this opportunity to

Appelsbosch Management team for their tremendous support and guidance.

Lastly, I would like to thank Thami Mngadi (PRO) for giving me space to express myself and contribute to the tasks we have undertaken. Thanks for guidance and direction. I have learnt a lot from him. I have also learnt a lot from members of Complaints committee and Events committee forums.

These are difficult times where financial resources are scarce and that impacts on work. But with passion and dedication to our work, we can inspire hope and confidence in the people we serve. This is indeed time for everyone to pull together if we are to realize our vision **"to achieve total well being of all our people"**

Remember that **"When Spiders webs combine, they can tie a lion"** *Ethiopian proverb.*



*The new P.R.O in-service trainee
Miss Zongile Nkwanyana*

further my experience in the field of Public Relations. Thanks also to Mr T. Mngadi my mentor for the support he gave me and accepting me as a colleague. And also not forget the Mr S. Ndimande who taught me a lot of things and also treat me like his own sister we miss u guy. Thank you guys may GOD BLESS YOU for your kindness

EDITORIAL



Outgoing (PRO) Intern Mr S. Ndimande with Mr T. Mngadi (PRO) with a farewell handshake

It is a great pleasure to see the year coming to an end even though 2009 was filled with events and happenings that touched our social lives in one way or another, eg Elections 2009. Despite the negative impact that was inflicted by the economic recession in the whole of South Africa and the Department of Health, I can proudly say that Appelsbosch Hospital rose among the odds to ensure that our service delivery was not compromised. The contribution and extra effort provided by events team and staff in making the awareness campaigns to become a success and delivering high standard health service under financial constraints is highly appreciated. I will also like to thank all the quality assurance team which worked tirelessly and thrived to improve Appelsbosch Hospital in all Departments. It is with great sadness to announce the departure of Mr. Simo Ndimande (P.R. Intern) who had a great input in making P.R. Department run like an well oiled machine to greener pastures. The management would like to thank him for his contribution to the P.R. Department and to the institution. **WE WISH ALL STAFF A HAPPY CHRISTMAS AND PROSPEROUS HAPPY NEW YEAR WITH YOUR FAMILIES** by Mr. **T. MNGADI (P.R.O)**.

If you have any questions, complaints, suggestions or compliments regarding Appelsbosch Hospital, please contact the Public Relations Officer, Mr. Thami Mngadi on:

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2009 PHOTOS



Students from Sweden



Matrons and Doctors in a year end party



OPD guys with Doctor Mvelase



Stores department members



Interim Hospital board members



General orderlies receiving certificate