



health

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

26 MARCH 2013

**BENEDICTINE HOSPITAL**  
**INSENGWAKAZI NEWSLETTER**

**MATRON R.S NZUZA RETIRE,S**

SEE MORE  
PICTURES  
ON PG 2.3

Matron Nzuza , s last day was on the 31 January 2013 . The hospital management and Nursing management organized a big farewell event for her as she has served the hospital for the past 33 years. She has imparted our lives and patients in many ways .



**WHO IS SHE?**

- **She is a hard worker always punctual , her dress code was excellent and professionalism is her middle name.**
- **She is an introvert, resilient person and perseverance person. She always ready to adapt changes.**
- **When things were difficult she always dilute the situation with her jokes.**
- **We will always miss you . No one will replace you in our hearts**

**Siyabonga ngegalelo lakho  
Mphemba Ndlela Kasompisi  
Uwagumule kahle amajoka  
usazihambela ngezinyawo zakho  
zombili.**

**Inside this issue**

1. Matrons farewell
2. Christmas wishes for staff
3. Fire drill at Benedictine
4. H.R NEWS
5. Whats happening in our clinics
6. Rewarding service excellence to employees
7. Chronic disease awareness at Nqeku clinic
8. Zululand Ultra-Marathon
9. Guessing game
10. EDITORS NOTE

# **MATRON NZUZA FAREWELL CONTINUES!!!!!!**



**TEAM BUILDING AND BEST CHRISTMAS WISHES FOR STAFF FROM OUR C.E.O**



**DIFFERENT WARDS & UNITS IN BENEDICTINE CELEBRATED CHRISTMAS WITH THE SPIRIT OF ONENESS !!!!!**



## **Fire drill conducted at Benedictine Hospital**

*On* the 13 November 2012: A drill exercise was conducted at the Benedictine Hospital, with the support and service from Nongoma Municipality. All sections and units together with the management were invited to participate. The Municipality Team and the Drill Practice was Led by Mr. MY Mpanza (The Chief Traffic Officer from Nongoma Municipality).

Benedictine Employees participated in this 2Hours Drill action, which took place from 09:00 Am to 11:00Am. The Most safety actions covered were:

- The safe evacuation Procedure
- The important of signage and directions
- Important and first things to do when fire breaks up
- The assemble Point and instructions
- Suspicious parcels and bombs
- The types/ classes of fires
- How to use the safety equipment provided and when to evacuate
- The numbers and lines to contact in case of fire disasters

After all discussions and information, the actions were first demonstrat-



## Meet the New year Baby 2013!!!!



**Ug** cwale intokozo umama othole ingane onyakeni omusha. Unkk Nozipho Mnguni (23) wakhona kwanongoma othole umntwana wentombazane ngezikhathi zabo 00:05 uthe ubengakulindele ukuthola umntwana ngalesisikhathi abantu bezijabulisa ngaphandle. “Bengingazi nami kuvele kwazenzekela, ngijabulile kakhulu njengoba yonke into ihambe kahle kant nabahlengikazi basiphathe kahle kakhulu,” kusho uMnguni “umywana simqambe ukuthi uBongeka.Ngingene kahle impela onyakeni nesipho esiyindodakazi yethuyethu.”



The OPD unit manager and the PRO office embarked on campaign to inform community about the shortage of doctors in the hospital and address the issue of waiting times. This was also to encourage community to use clinics and to reach a common understanding with the community. We visited 12 clinics and 3 tribal authorities. We realize that our community is large and as a result the the hospital is unable to give care that is expected



On the 6th December Therapy department hosted a Christmas party for the celebral pasly. The event was attended by the parents of the children and families .the day was full of activites and fun and speeches were delivered by different units which work very closely with the therapy unit.The kids were given presents and lunch was served,

## H.R NEWS

### **MRS L.W.I SIBISI SCOOPS AN NATIONAL DIPLOMA: PUBLIC MANAGEMENT.**



**" I have completed my NDiploma in 2012, although I,m not brilliant but I managed to obtain 9 distinctions out of 20 modules"**

The Chief Executive Officer, Mrs G.T Shamase the cash flow committee, human resource development, practitioner, Mr E.S Mncube, Mr S.O Magwaza, My Supervisor, Miss H. Mthembu, Miss B.C Mabaso, Mr P.Z Ngcobo, Mr. Mpanza and other colleagues from different sections.

Mrs Lindiwe Sibisi is working at stores department . She has been working at Benedictine hospital for quite some time. When the opportunity for employees to register and study in tertiary institutions, Mrs Sibisi grabbed it with great confidence. There were different courses that were tabled to choose from and she chose to do Public Administration and she registered with **the University of South Africa in 2007.** although she is a mother , a wife , that did not hinder her to pursue her dream and finish what she has started. She encourages her colleagues to use the opportunity and it needs those who commits themselves and work hard in order to achieve good results. She gained a lot as we are from different cultures and backgrounds,. She would like to extend her sincere gratitude to the following people who made it possible for her", to achieve her Qualification



# **WHAT'S HAPPENING IN OUR CLINICS**

## **CHRONIC and HIV&AIDS AWARENESS AT NQEKU CLINIC**

Sr from clinic welcoming all members of community



COMMUNITY FACILITATORS FROM HOSPITAL



COMMUNITY FROM NQEKU CAME IN NUMBERS



Sr. Masondo from HIV & AIDS clinic



Nqeku clinic staff



DR. MDAKANE doing awareness from MMC



## ZULULAND 56KM ULTRA MARATHON , BEN- EDICTINE HOSPITAL WAS NOT LEFT OUT



**N**awe Benedictine awumncin-  
yana, lana sibona (uThuli Mdon-  
sela, Chivani Pillay noThoko  
Dubeni) izintokazi ezagijima  
zashiye isithunzi, emqhudelwaneni  
weZDM Congrade Marathone. Lezi  
zintokazi zazibonisa umphakathi  
ukuthi ligijinyw kanjani ibanga  
elingango 10 KM. Siyababongela  
kakhulu ekuzinikeleni kwabo uku-  
gqugqumezela abanye abasebenzi  
ukuba bazivocavoce, baphinde bal-  
andele imigomo kaNqonqoshe  
wezempilo egqugqumezela ukuzivo-  
cavoca nokudla ukudla okun-  
empilo.

To live healthy lifestyle means:

- **Drink 8 glasses of water everyday**
- **Exercise regularly**
- **Eat fruits and vegetables**
- **Take part in sports activities**



**L**O esimbona esthombeni  
nguMondli Xaba , WsseNdaweni  
yasophiyaneni Kwa Nongoma  
umumzawlwane othe wathinteka  
enhlizweni yakhe wabona  
ukuthi asivashele wazokupha  
iziguli amaduku okuziphopho-  
tha emawodini ahlukahlukene.  
Bajabule kakhulu ukubona kun-  
abantu abakwaziyo nje uku-  
canga benze izinto ezinhle kan-  
gaka.



# REWARDING SERVICE EXCELLENCE!!!!

ON the 23 March 2013 during the Heads of Departments meeting the C.E.O , rewarded some staff members for their service excellence. No criteria was used but out of seeing the improvent in their areas of work. In line with the Batho-pele principles the clients /patients have a right to be served by staff members who are appreciated and encouraged to be innovative .



MALE MEDICAL RECEIVED A CERTIFICATE ON WARD IMPROVEMENT



G/O DOING GARDENS AND GROUNDS RECEIVED CERTIFICATE ON KEEPING GROUNDS CLEAN AND BEATIFUL FLOWER-GARDENS



SAFETY OFFICER RECEIVING CERTIFICATE FOR OUTSTANDING PERFORMANCE



RESIDENTIAL CLINIC G/O RECEIVING A CERTIFICATE ON THE CLEANEST UNIT



ARTISAN SUPERINTENDENT RECEIVING A CERTIFICATE FOR GOOD PERFORMANCE



## Guessing Game!!



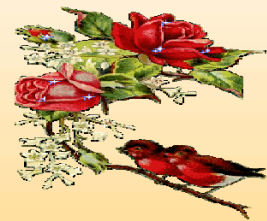
Guess who is this? If you can come to P.R.O office, YOU stand a chance to win a free lunch!!. The first person to come, or call will win the prize. For more info. You can call the P.R.O@ EXT. 7099. Competition closes at 30 April 2013. T&C,S APPLY

## **Editor,s Note**

We would like to welcome all readers of our quarterly newsletter Insengwakazi. It is a new year and new plans resolutions and challenges. In 2013 we anticipate to reduce complaints on waiting times, staff attitudes, and shortage of medicines through the use of our National Core Standards. This year we are starting at a high note as we are in plans of improving quality of care. Have fun reading this issue as we have interesting stories , and competition where you can win lunch. To our patients and clients we promise to you that we will do our outmost best to renderer the quality service at all times.



**MRS N. QONGQO-ZULU  
PUBLIC RELATIONS  
OFFICER**



PLEASE CONTACT US ON:

BENEDICTINE HOSPITAL, Vryheid main rd, P.O BOX 5007, NONGOMA, 3950

TEL: 035 831 7099, FAX NO. 035- 831 0740, E-MAIL

; Nombuyekezo.qongqo@kznhealth.gov.za