



**KWAZULU-NATAL PROVINCE**

HEALTH  
REPUBLIC OF SOUTH AFRICA

# Newsletter

## CATHERINE BOOTH HOSPITAL

## NEWS

### STAY INFORMED

APRIL—JUNE 2025

#### MULTI-DISCIPLINARY TEAM SCHOOL VISIT

#LeaveNoOneBehind

On a continuous effort to increase access to healthcare services, every Friday the Catherine Booth Hospital multi-discipline team visit different schools to render services. This team consists of Professional Nurse, Allied health professionals including a Dentist, Social Workers, Physiotherapist, Audiologist and others.

Basic healthcare services are offered, all children that are identify for further intervention are referred to the facility—this is done in consultation with parents / guardians and school teachers



Ms. N. Labuschagne —Community Service Officer: Audiology

#### NURSES DAY CELEBRATION 2025

Nurses are considered to be the backbone of the healthcare system and the most trusted ally because patients spend most of their time in the hospital with them. The nursing staff play a pivotal role in the care plan of every patient from the diagnosis until the recovery. For this reason, every year the Catherine Booth Hospital dedicate one day to celebrate the effort of nurses in the facility.

This event is dedicated to celebrating and honouring the courage and determination of the nursing staff.

*“To do what nobody else will do, a way that nobody else can do, in spite of all we go through...that what it is to be a nurse” - Paws Williams*



Nurse T.L. Khuzwayo—Enrolled Patients Department Nurse—Out



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# Understanding Autism: A Guide for Parents



**What is Autism:** A developmental disability that affects how children communicate, interact, behave, and learn.

Autism as “a spectrum” – disorder where children may have different strengths and challenges.

## Signs of Autism:

- Little or no eye contact
- Not responding to their name
- Difficulty with understanding or talking
- Repeating phrases or actions
- Getting upset by changes in routine
- Playing with toys in an unusual way
- Preferring to play alone



## What Should I Do if I Suspect Autism?

- Talk to your child’s doctor about your concerns.
- Ask for an evaluation by a specialist
- Early intervention can help your child’s development.

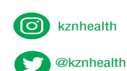


**Qiniso Mazibuko   Lungelo Zindela**

Services available at  
Catherine Booth Hospital



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## **ISIBHEDLELA KUBANTU OUREACH PROGRAMME**

On the 13th of June 2025, the Catherine Booth Hospital visited Obanjeni Primary School for Isibhedlela kubantu outreach programme. The community came in numbers to get different healthcare services.

### **SERVICES OFFERED TO THE COMMUNITY**

- \* TB, HIV and Chronic Screening and Testing
- \* Family Planning
- \* Physiotherapy
- \* Speech and Audiology Therapy
- \* Occupational Therapy
- \* Children Immunisation and Weighing.
- \* Doctor's Consultation
- \* Dental Services
- \* Eye Services
- \* Social Services
- \* Men's Services
- \* Pharmaceutical Services



Vital Signs



Eye Services Department



Pharmacy Department



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## ISIBHEDLELA KUBANTU OUREACH PROGRAMME



Registration



TB Screening



Doctors' Consultation



Speech and Language Department



Audiology Department



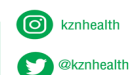
Dietetics Department



The community of Obanjeni and surrounding areas queueing to receive services during Isibhedlela kubantu.



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## #Our Nurses, Our Future: Caring For Nurses Strengthens Economies



Figure: Mrs. P.Z Mbonambi—Deputy Manager: Nursing, Lieutenant Mbane—The Salvation Army, Mrs. B.R Msomi—Chief Executive Officer during the Catherine Booth Hospital Nurses Day celebration event.

On the 18 of June 2025, the Catherine Booth Hospital celebrated Nurses Day in a prestigious event which was at the facility's dining hall. Nurses from across different departments and clinics gathered in a spirit filled occasion. The hospital Chief Executive Officer, Mrs. B.R Msomi, welcoming the audience emphasized the importance of trusting God when conducting work duties. She further shared good practices that were of great assistance in her more than 20 years journey working for the health sector.

Mrs. P.Z Mbonambi—Deputy Manager: Nursing delivering the key note address emphasized that nurses should aim high regardless of the category they're currently under. She mentioned that her biggest dream from the nursing college was to become a Nursing Manager—which by far is her biggest achievement.

The healthcare sector is said to be close to God—Lieutenant Mbane blessed the audience with a sermon appreciating the excellent treatment rendered by the hospital to the community. He alluded that his family occasionally visits Catherine Booth, and the service they receive is of a good quality.



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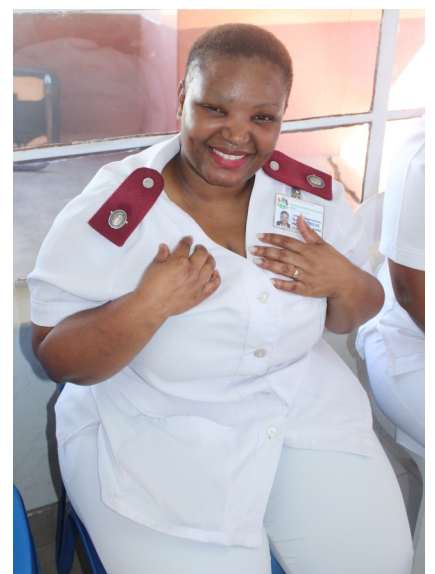
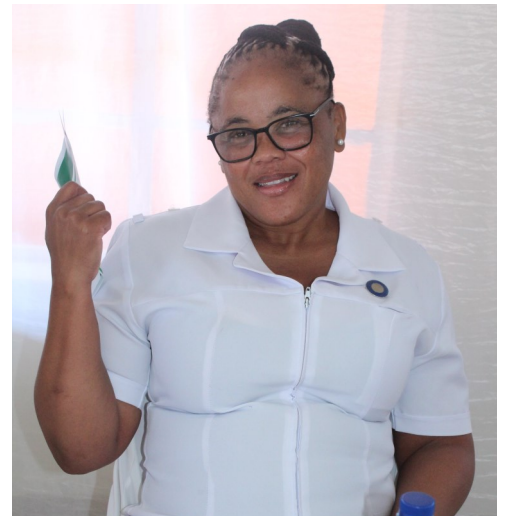


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# #Our Nurses, Our Future: Caring For Nurses Strengthens Economies



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## #Our Nurses, Our Future: Caring For Nurses Strengthens Economies



Your Beautiful Smiles Play A major Role In The Recovery Of Patients.



Thank you  
for all your  
efforts!!



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# UKUQWASHISA NGOKUZWA NANGOKUKHULUMA



## SINGOBANI FUTHI SENZANI?

### UDOKOTELA WOLIMI NOKUKHULUMA

udokotela osiza abantu abanenkinga yokukhuluma kanye neyokugwinya.

- ubunzima bokukhuluma
- ubunzima bokukhipha izwi
- ubunzima bokufunda nokubhala
- ubunzima bokudla nokugwinya

### UDOKOTELA WEZINDLEBE NOKUZWA

udokotela osiza abantu abanokulahlekelwa ukuzwa ezindlebeni, izinkinga zendlebe, nezinkinga zokulinganisela.

- Ubunzima bokuzwa
- Ubunzima bokulinganisela
- Ubuhlungu endlebeni nokuphuma kwento endlebeni
- Imisindo ezwakala endlebeni (ukubhonga noma ukukhala)

## •KUMELE UZE NINI?

### UDOKOTELA WOLIMI

- uma kunenkinga yokungazwakali.
- uma unenkinga yokuqondisisa neyokufunda.
- uma ingane ingakhulumi ize ibe nemnyaka emibili
- uma unamalimi
- uma ngabe iphimbo lingaphumi.
- uma ngabe ukhohlela noma uxhileka uma udla

### UDOKOTELA WEZINDLEBE NOKUZWA

- Ukungakwazi ukuzwa izingxoxo.
- Ukuphakamisa ivolumu ye-TV.
- Ukucela abantu ukuthi baphinde abakushilo.
- Ukuzwa isiyazi noma ukungalingani.
- Ubuhlungu noma ukuphuma okuthile ezindlebeni.
- Uma uneminyaka engu-60 nangaphezulu.

## OKULUNGILE NOKUNGALUNGILE NGOKUZWA

- UNGALALEli umculo odlalela phezulu kakhulu.
- GQOKA izivikeli zendlebe uma kunomsindo omkhulu.
- UNGAHLANZI indlebe nge-earbuds.
- SEBENZISA indwangu emanzi ukuhlanya indlebe
- UNGAHLALI phansi unenkinga yokuzwa.
- HLolwa indlebe njalo ngonyaka.
- UNGAFAKI lutho endlebeni.
- CELA usizo uma kukhona okusendlebeni.

## OKUMELE UKWENZE NOKUNGAMELE UKWENZE

### EKUMELE UKWENZE:

- Ukubuza umbuzo uma ngabe ukhathazekile
- ukukhuluma, ukuculela ingane kube injwayelo.
- ukulandela imiyalelo ka dokotela.
- ukubekezela, inqubekela phambili

### EKUNGAMELE UKWENZE:

- Ukulinda isikhathi eside noma ubona inkinga
- Ukuqhathanisa indlela abantu abakhuluma ngayo
- Ukuziba izimpawo zenkinga yokukhuluma

By: Qiniso(SLT) & Nicole(Audio)



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# UKUQONDA UKUBALULEKA KOKUXHUMANA



**Kuyini ukuxhumana:** indlela esihwebelana ngayo, ulwazi, indlela esizizwa ngayo kanye namacebo esinawo enqondweni.

**izindlela zokuxhumana:** 1. ukukhuluma

2. ukubhala

3. ukusebenzisa umzimba

**obani abasiza ukuqinisekisa ukuxhumana:** udokotela wokuzwa/wezindlebe no dokotela wezokukhuluma



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# HAND WASH DRIVE 2025



Catherine Booth Hospital demonstrating hand washing at the Out Patients Department during hand hygiene drive

On the 28th of May 2025, the Catherine Booth Hospital was celebrating hand hygiene day with great enthusiasm. The hospital staff came together to recognize the importance of hand hygiene in preventing infections and further uphold patient safety. As we celebrate hand hygiene day, staff were reminded of the importance of continued vigilance and adherence to hand hygiene practices. Lets keep up the excellent work and strive for excellence in patient care.

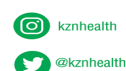
The hospital management would like to extend their heartfelt gratitude to all staff members who have demonstrated exceptional commitment to hand hygiene practices. Your dedication to maintaining clean and safe environment for our patient is truly appreciated.

Every day, our hands touch surfaces, objects, and people — by virtue being one of the fastest ways to spread infections. That is why we are encouraging everyone to wash hands regularly and properly.

Why Hand Wash Is Important?



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# HAND WASH DRIVE 2025



Miss T. Zulu, Mr. S. Mhlongo, Miss. P. Luthuli and Miss C.D. Biyela.

## 5 MOMENTS OF HAND HYGIENE

1. Before touching a patient.
2. Before a procedure.
3. After a procedure or body fluid exposure.
4. After touching a patient.
5. After touching patients surroundings.



Miss Zulu and Miss Mthembu from Pharmacy Department



Programme started with a march within the hospital staff members signing hand hygiene slogan.



EPWP participating in the hand wash drive.



Sir M.D Nkwanyana—OPD Operational Manager and Miss C. Ntshela—Assistant Manager: Nursing—Monitoring & Evaluation



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## 2024/25 STAFF MEMBERS OF THE QUARTER



Nurse S.S.N Shezi  
Medical Male Ward



Sir C.K Mkonza  
Maternity Ward

Your continuous effort to service delivery is appreciated.



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## CHILDREN PROTECTION WEEK AWARENESS



Mrs. T.S Mthethwa—Assistant Manager: Nursing addressing the audience during awareness



The Salvation Army leadership Lieutenants L and N Mbane with Mrs. Dubazane—Social Worker Intern and children during awareness.

On a joint effort with the Salvation Army, the Catherine Booth hospital organized children protection awareness which was held on the 30th of May at the Pediatrics ward play area. Child Protection Week, observed annually in South Africa and it focuses on raising awareness about children's rights and the importance of safeguarding them from abuse, neglect, and exploitation. The week also encourages open dialogue and collective action to ensure every child has a safe and nurturing environment.

A number of activities were done during this day which included the dancing and singing of children protection slogans; demonstrations of how to safely interact with children as an adult and how to identify children that are being abused. The hospital management would like to extend their gratitude to the Salvation Army for joining hands to organize this eye opening awareness. Children are the future leaders, therefore, any effort into nurturing them will always be supported and appreciated.

### 2025 National Child Protection Week Theme

***“Working together to end violence  
against children.”***



Mrs. L.S Zulu—Assistant Director: Human Resources with a kid



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Mr. N.G Dlomo—Catherine Booth Hospital's Human Resources Development Practitioner graduates for the Bachelor of Commerce Honours in Human Resources Management from Regent Business School.

He also holds the Bachelors Degree in Public Administration Degree and a Diploma in Human Resources Management.

The hospital pride itself with employees who upgrade and upskill themselves as it is an indication that they're dedicated in ensuring that our communities receive service of the highest standard.



**EDUCATION IS NEVER OUT OF FASHION!**



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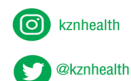
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[www.kznhealth.gov.za/catherineboothhospital.htm](http://www.kznhealth.gov.za/catherineboothhospital.htm)



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