



KWAZULU-NATAL PROVINCE

HEALTH
REPUBLIC OF SOUTH AFRICA

Newsletter

CATHERINE BOOTH HOSPITAL

NEWS

STAY INFORMED

DEC 2022

CBH CHILDREN'S CHRISTMAS



Pediatrics patients, their parents and CBH staff members during the 2022 Children Christmas Party.

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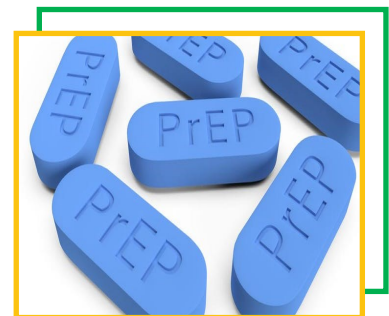
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CHILDREN'S CHRISTMAS PARTY



Goodies: Christmas is a season of giving, all children that were in attendance received gifts.

The Catherine Booth Hospital Rehabilitation Department working together with the Paediatrics Ward organised a Children's Christmas Party which was held on the 06th of December 2022 at the hospital's dining hall. The purpose of this party was to celebrate the productive year the staff and patients had together, and bid farewell to each other as most of the Rehab's Community Service Officers were leaving at the end of December 2022.

Children and their parents as well as staff members from different units within the institution were invited to come and have a good time in this amazing event. Attendees enjoyed a variety of mouth-watering food and drinks while dancing to good music.

Since it was a "Children's Christmas Party", games were obviously in the agenda because it is a known fact that one can never separate children with playing; and if you want to get children's attention you must integrate whatever you are doing with games. Games that were played during the Christmas party included colouring and puzzles. Moreover, this was a great opportunity for parents to bond with their children.

Christmas time is a season of showing love and appreciating your loved ones by the exchange of gifts. The organisers ensured that all children that attended the party didn't return home empty handed, but everyone received a present.

CBH Children's Christmas Party will now continue every year after it was stopped for two years due to Covid-19 pandemic which prohibited social gatherings.



Miss S. Mazibuko—Dietitian Comm Serve playing with a child at the children's Christmas.



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CHILDREN'S CHRISTMAS PARTY GALLERY



Children's Christmas party was a perfect opportunity for parents to bond with their children.



Paediatric Ward staff—from L-R: Nurse T.S Myeza, Sister S.V Ntuli and Dr Ramsayi.



Dr Ramsay—Paediatric Doctor having a good time with children.



Children enjoyed these educational activities and games because they allowed them to express their creativity.



From L-R: Miss J. Gait, Miss S. Mazibuko, Dr Ramsayi and Miss Cohen.



Miss T.L Naidoo—Community Service Radiographer coordinating activities.



Christmas season is about sharing delicious meals, after the activities, staff, children and their parents sat down and enjoyed tasty meals.



WORLD AIDS DAY COMMEMORATION AWARENESS



On the 1st of December 2022, Catherine Booth Hospital held a World AIDS Day awareness at the out-patients department. The theme for 2022 by the World Health Organisation was “Equalise” - a call for action to address inequalities which are holding back progress in ending AIDS. This will be achieved by ensuring that everyone, everywhere has equal access to HIV prevention, testing, treatment and care services.

During his address, Sir M.B Ngema from HAST Unit encouraged patients and staff members to know their HIV/AIDS status by frequently visiting healthcare facilities for testing. It is recommended that everyone test for HIV/AIDS as part of their health care routine. Sir Ngema further stressed the importance of treatment adherence because as much as there is no cure for this virus yet, using ARVs as prescribed, leading a healthy lifestyle which includes eating a healthy and balanced diet as well as regular exercise enables HIV+ people to live longer.

Ms A. Langa—HIV/AIDS Activist—pleaded with the attendees to reduce stigma and discrimination against people living with HIV but rather offer support and promote positive social norms related to this disease.

World AIDS Day is commemorated world-wide every year on the first of December to show support for people living with HIV/AIDS and remember those who died as result of this virus.



KNOW MORE ABOUT PREP

What Is PrEP?

Pre-exposure prophylaxis (PrEP) is a pill that can be taken as a prevention measure from being infected by HIV. For this pill to be effective, it must be taken 7 days before being exposed to HIV and subsequently be taken every day.



Who Can Take PrEP?

A person who is HIV negative that is at high risk of being infected by this virus is eligible to take PrEP. Being at high risk can be described as having a sexual partner who is HIV positive while you are HIV negative, sharing needles when injecting drugs and aiding a loved one who is HIV positive. Moreover, a person who has a sexual partner that has other multi sexual partners is also considered to be at risk of contracting this virus, therefore, PrEP is recommended to such individuals as well. PrEP should ideally be used alongside other protective methods such as female or male condoms because it does not protect you against other sexually transmitted infections such as Chlamydia, Gonorrhoea, Herpes and others, nor is it a contraceptive.

One of the pre-requisites for the prescription of these pills is HIV testing, this is done because individuals who are HIV positive are not eligible for PrEP as they are already on Anti-Retroviral (ARVs).

Where Can I Get PrEP?

PrEP is available at all Department of Health Hospitals and clinics including the Catherine Booth Hospital, and all its subsidiaries, namely – Mvutshini Clinic, Gingindlovu Clinic, Ensingweni Clinic and Mobile.

Other HIV/AIDS Preventive Measures

- * Using condoms (male or female) during sexual intercourse.
- * Get tested and know your partner's HIV status.
- * Have one sexual partner.
- * Don't share needles when injecting drugs.
- * When helping people, such as sick people or during accidents, where there's a possibility of exchange of body fluids, use gloves.



LET'S STOP GENDER-BASED VIOLENCE AGAINST WOMEN AND CHILDREN



Mrs B.R Msomi—CBH Chief Executive Officer at the GBV

The Gingindlovu South Africa Police Service (SAPS) in partnership with Department of Community Safety and Liaison organised a Gender-Based Violence (GBV) event which was held on the 11th of December 2022 at eThafeni Sportsground. This area, ward 18, was chosen because of many GBV and genocide cases that have recently been report from this community which is an indication that an intervention is needed.



Sargent Gumedede—Gingindlovu SAPS

Sargent Gumedede from the SAPS—Gingindlovu Station pleaded with the community to make it their habit to report wrong doers to the police. Gumedede also explained that the community must report illegal firearms to the authorities because such information can have an impact in solving genocide cases that has gone cold. This can be done anonymously by anyone and your identity will not be revealed

The Catherine Booth Hospital was invited as a healthcare facility that is servicing this community. Addressing the attendees, B.R Mrs Msomi—CBH CEO appealed with the community to report GBV cases and get necessary help immediately, especially health services. Mrs Msomi rebuked practices of resolving GBV incidents within families where in most cases a perpetrator is asked to compensate the victim with a goat or a cow then the case is swept under carpet and not reported to relevant authorities. She further asked the community to utilise the services of the facility because they are designed to cater for their needs.

These are services you will be offered at the healthcare facility if you've been raped:

- * A medical examination.
- * An HIV test, and Post-Exposure Prophylaxis (PEP) to prevent HIV.
- * A pregnancy test & the morning after pill (for females)
- * Testing for sexually transmitted diseases.
- * Referral to treatment and counselling.

EMERGENCY NUMBERS

GBV Command Centre	: 0800 428 428
Rape Services	: *134*334*
ChildLine SA	: 0800 055 555
Child Welfare SA	: 0861 424 453
SAPS	: 10111

NOTE: Victim **MUST** get these services within 72 hours of rape.



GBV AWARENESS GALLAERY



Mrs B.R Msomi from the Department of Health—Catherine Booth Hospital addressing the community.



Ms Zondi from the Department of Community Safety and Liaison



Mr Zulu speaking on behalf of KwaKhoza Traditional Council.



Ethafeni community committed themselves into taking action to stop the GBV and crime in this area.



Victims of GBV and the community were given a platform to tell their stories and ask questions from different stakeholders that were present.



Department of Social Development Representatives

The Department of Health stands against gender-based violence, we are committed in collaboration with other departments in ensuring that perpetrators are brought to book, and further provide services that assist victims to find healing, both physical and psychological.



Sergeant S. Masango responding to concerns and questions raised by the community.

HOSPITAL CHRISTIAN FELLOWSHIP AND 2022 CLOSING PRAYER

Catherine Booth Hospital staff members were full of praise and thanksgiving at the Hospital Christian Fellowship Re-Launch and closing prayer which was held on the 14th of December 2022 at the hospital's dining hall.



Mrs B.R Msomi—CBH CEO addressing staff members.

*"I know that
You can do every-
thing,
And that no pur-
pose of
Yours can be
withheld from
You."*

Job 42 verse 2

In her welcoming remarks, Mrs Msomi - CBH CEO gave clarity around the purpose and the establishment of the Hospital Christian Fellowship (HCF). She said that the vision behind the establishment of the HCF is that the healthcare facilities provides services that can only assist an individual to heal or recover emotionally, psychological and physically which leaves aside the spiritual aspects. The HCF was therefore established to seek God's intervention to ensure that patients are healed holistically.

While preaching and motivating the attendees, Pastor M.S Mpanza, said that congregants should not worry about troubles and tribulations they are facing in their lives because

God has hand-picked that path for them because He has equipped them for that specific path. Therefore, everything they are facing is temporary and necessary stepping stone.



CBH Staff members singing during the Hospital Christian Fellowship Re-Launch and Closing Prayer.

Mrs P.Z Mbonambi requested staff to work together to revive this significant initiative by attending prayers which will be held every Thursday at 11h00am at the hospital's dining hall.



Guest Speaker: Pastor M.S Mpanza.



Mrs P.Z Mbonambi saying vote of thanks.



ACKNOWLEDGEMENTS



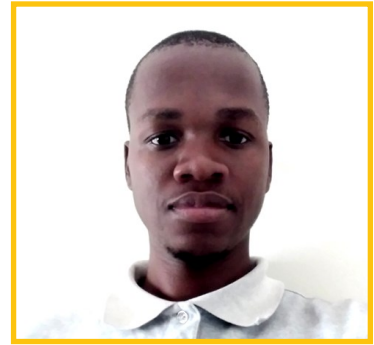
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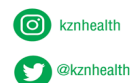


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