



CATHERINE BOOTH HOSPITAL

NEWS

STAY INFORMED

JAN—MAR 2023

2023 DOOR-TO-DOOR TB CAMPAIGN (BLITZ)



King Cetshwayo District 2023 BLITZ team at Obanjani Area in the morning briefing before door-to-door campaign began. RAED MORE ON PAGE 1-2.

WHAT'S INSIDE?



Measles Vaccination

[Read More On Page 5-6...](#)



Condom Week

[Read More On Page 4...](#)

Topic

Page No.:

New Staff	3
Rewarding Excellence	7-8
Obesity Awareness	9



2023 TB BLITZ CAMPAIGN

The Department of Health has chosen March as the TB Month, each year the department commemorates this month by organising programmes that are directed to the reduction and prevention of this illness. Moreover, the month of March was used to launch the decentralisation of DRTB services to Public Healthcare level (clinics) pilot programme. This means that the Catherine Booth Hospital won't be the only facility in the district that will be providing these services, but once patients are stable, they'll be referred or seen at the PHC level for the continuity of care. At the present moment, Mvutshini clinic has been dedicated at the pilot facility for this programme, others will follow suit after the pilot



Mr Gazu at Makhilimba conducting door-to-door campaign during the TB BLITZ

This year, 2023, the King Cetshwayo District (KCD) of Health and Catherine Booth Hospital TB Team planned a BLITZ campaign which took place around Catherine Booth Hospital catchment area. The targeted areas for this campaign were: Ezingwenya, Makhilimba and Obanjeni. Between the 13th-17th of March 2023, TB outreach teams from all hospitals around the district conducted a door-to-door campaign at the abovementioned areas.

The services that were provided to the community included TB screening and testing, HIV/AIDS testing, family planning, and chest X-Ray screening and testing. The community was delighted for this initiative because Obanjeni area do not have a fixed clinic as yet, they get their services from the mobile clinics which visits



The TB team at one of the households at Obanjeni Area providing healthcare services



Working together was the order of the day



2023 TB BLITZ



Ms. Carol providing services to one of Obanjeni community members



Mrs B.R Msomi—CBH CEO and Mrs P.Z Mbonambi—CBH Deputy Manager: Nursing were also on the ground during the BLITZ campaign



Pills containers distribution: These are containers that can be useful especially to chronic patients because the are divided into 7 parts, each part can be used to store pills the



Makhilimba, Ezingwenya and Obanjeni community were receiving chest X-ray screening and testing services at their door



TB Team at one of the household at Obanjeni during the BLITZ campaign.



MANAGEMENT INTRODUCTION TO NEW EMPLOYEES AND INDUCTION



The Catherine Booth Hospital Management led by the Human Resources Development Department organised a management introduction to new employees and induction which took place on the 06 February 2023, and on the 13th –14th February 2023, respectively.

On the first leg of the programme, component managers were introduced to new staff, and each manager took the podium to brief introduce themselves and state what their component actually do.

Addressing the audience, Mrs B.R Msomi stated the main purpose of these programmes is to introduce the Departments Heads to the staff, and give clarity on what each unit does. She further stated that the arrival of the new employees will take a strain off the employees because the institution was short staffed for the longest time.

***WELCOME TO THE CBH
FAMILY***



CONDOM WEEK PROGRAMMES 2023



Mr. S. Mpungose and Mr. M. Dlamini singing condom slogans at the OPD during STI/HIV awareness.



Nurse N.P. Gumede at Phindulimi High school demonstrating the correct way of inserting male condom.

On the 14th of March 2023, Catherine Booth Hospital held a STI, Pregnancy and Condom Day Awareness at the facility's Out Patients Department. This awareness was a part of series of activities that were planned to observe the STI/Condom Week which was between the 13th—17th of February 2023. The main purpose of this campaign was to raise awareness about the importance of condom usage and further educates people about STIs, including HIV/AIDS.

Young people are amongst the vulnerable groups at high risk of being infected with HIV/AIDS and having unplanned pregnancies due to incorrect condom use, multiple sexual partners, condom-less sex, socio-economic power imbalances, negative gender norms, alcohol and drug abuse. To raise awareness about the abovementioned, on the 23rd February 2023, the HAST Unit visited Phindulimi High which is one of the schools at the hospital's catchment area. In both campaigns, HAST staff members demonstrated the correct way of inserting condoms, both male and females.

Condoms are available at the Catherine Booth Hospital and all its subsidiaries, including mobile clinic. The public is urged to access these contraception's which will assist them in practicing safe sexual activities since they are one of the most effective ways to protect against STIs, including HIV, when worn correctly and regularly.



CATHERINE BOOTH HOSPITAL MEASEALS VACCINATION 2023



Sister Ndawonde vaccinating one of the Matikulu Primary school learners with measles

In January 2023, a measles outbreak was declared in South Africa after numerous cases were found in all provinces. As part of an outbreak response, the Department of Health started a vaccination campaign to give children between the 6 months to 15 years old additional booster doses to prevent the spread and infection of this virus. The Catherine Booth Hospital team vaccinated a number of children around the hospital's catchment area whereby the school health teams visited, including crèches, to immunise them which ensured that they were safe from contracting this illness. The vaccination was available within the hospital and all clinics, including mobile.

WHAT IS MEASLES?

Measles is a highly contagious acute viral respiratory illness that is caused by measles virus that lives in the nose and throat mucus of an infected person. Measles can cause dangerous complications, such as infection of the lungs, blindness and even death if not treated.

HOW ARE MEASLES TRANSMITTED?

Measles can be transmitted through direct contact with infectious droplets or by airborne spread when an infected person breathes, coughs, or sneeze.

WHAT ARE MEASLES SIGNS AND SYMPTOMPS

- High fever, which begins about 10 to 12 days after exposure to the virus and lasts between four and seven days.
- Cough, red and watery eyes, runny nose and small white spots inside the cheeks usually develop in the initial stage.
- After several days, a rash erupts, usually on the face and upper neck. The rash looks like small, red, flat spots over the body. The rash does not form blisters, nor is it itchy or painful.
- Over about three days, the rash spreads, eventually reaching the hands and feet. The rash lasts for five to six days, and then fades. On average, the rash occurs 14 days after exposure to the virus (within a range of seven to 18 days).



CATHERINE BOOTH HOSPITAL MEASEALS VACCINATION 2023

HOW ARE MEASLES TREATED?

- No specific antiviral treatment exists for the measles virus.
- Severe complications from measles can be avoided through supportive care which includes good nutrition, adequate fluid intake and treatment of dehydration with an oral rehydration solution to replace fluids and other essential elements that are lost through diarrhea or vomiting.
- Paracetamol and warm water sponging are recommended for treatment of fever.
- Antibiotics may be prescribed by the healthcare provider to treat eye and ear infections, or pneumonia.

PREVENTION

Wash hands frequently with soap and water, if not available, use an alcohol-based hand rub that contains at least 60% alcohol. Cover your mouth and nose with a tissue or your sleeve when coughing or sneezing. Avoid sharing utensils, water bottles or other items contaminated by saliva or respiratory secretions.

MEASELS CAMPAIGN GALLERY



Nurse Nguse and Cebekhulu at the registration desk ensuring that all learners' details are captured before vaccinating.

Measles Vaccine Is Always Available, Visit Catherine Booth Hospital To Vaccinate Your Child.

CBH School Health Team preparing to start vaccinating at Amatikulu Primary school.



The school health team also used this opportunity to distribute TD to learners that were due. This is a campaign that takes place every February and in August



REWARDING EXCELLENCE

A Joyful Day As Units Receive Certificates of Recognition For Excellent Service Provided.



The Catherine Booth Hospital's Management Team handing over a certificate of recognition to the Kenyon Security Services.

The Catherine Booth Hospital EXCO spent their morning on the 03rd of February 2023 visiting different units to hand over certificates of recognition after receiving many compliments from patients appreciating the level of service they've received from CBH staff. The unit that received many compliments in this quarter is the Pediatric ward and Kenyon Security Services. The purpose of this activity was to boost staff morale which plays a major role in ensuring that staff is customer focus and service orientated. Moreover, by conducting this activity, the facility is exercising the Batho Pele Principle number 9—Encouraging Innovation and Rewarding Excellence.

Addressing the security guards, Ms. C.M Ntshela—Monitoring and Evaluation Manager explained that the main purpose of that activity was to salute all units and employees that dedicated in executing their duties. She further alluded that their mission of the manage-

ment is not to only visit them when there are complaints, but when there are compliments, the EXCO will visit to thank the staff members and encourage them to continue treating patients and all other stakeholders with care



From L-R: Matron T.T Mahaye, Sister S.P Makhathini, Matron P.S Magongo, Sister Shabalala and Matron P.Z Mbonambi at the Medical wards during the certificate handover



and courtesy.



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA



CERTIFICATES HAND OVER GALLERY



Medical wards, newly opened, are already getting compliments



Songs and slogans expressing gratitude were sang during the handover

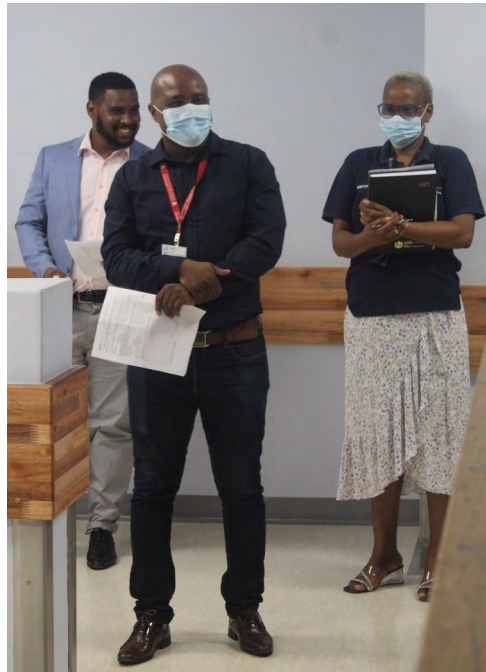


Security services personnel's: Happiness was written all over their faces after receive the certificate



ROBOTO
ROBOTO
ROBOTO!!

Mrs B.R Msomi showing her dance moves during the certificate hand over at the Paediatric ward



L-R: Mr. E. Kleinhans— Systems Manager, Mr. O.N Dlodla— Finance Manager and Mrs. L.S Zulu— Human Resources Manager during the handover



Certificate hand over to the Paediatric ward staff members



WORLD OBESITY DAY



Mr. P. Khumalo with other CBH staff members doing exercises

Working together the Occupational Health Nurse—Mr T. Twala and Ms A. Allies—Dietitian Community Service Officer, Mr P. Khumalo organised an obesity awareness day which was held on the 07 March 2023 at the CBH Outpatients Department.

Obesity is one of the main contributions to various diseases that are affecting a number of people in South Africa. The main purpose of this initiative was to raise awareness about the risks of being obese. During the programme, Mr. Khumalo demonstrated few exercise that can be done while at home to ensure that your fit and healthy.

Ms. Allies then shared a variety of simple and economically friendly diet that can be adopted by the community to ensure that food they consumed is healthy and well balanced—containing all nutrients required by the human body

HOW TO LOGDE A COMPLAINT, COMPLIMENT OR SUGGESTION AT CATHERINE BOOTH?

In Writing

Option A: There're suggestion boxes within all units at the hospital at clinics, utilise the standardized form which you'll find next to the box, fill in your complaint, compliment or suggestion. Throw in the form into the suggestion box.

Option B: Send your complaint , compliment or suggestion via e-mail to the Public Relations Officer— Mr. S.C Thusi, e-mail address: Thusi.Sthembiso@kznhealth.gov.za

Verbally

Option A: Lodge your complaint, compliment or suggestion by speaking to any staff member within the unit.

Option B: Visiting the office of the Public Relations Officer at the Admin Block next to the board room; at the clinic kindly visit the office of the Operational Manager and lodge the

ACKNOWLEDGEMENTS



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