



## CATHERINE BOOTH HOSPITAL

# NEWS

STAY INFORMED

JAN—JUN 2021

### MVUTSHINI CLINIC TB AWARENESS DAY



From L-R: Z. Sibisi, Sister H. Mbokazi, Sister M. Mbatha and Nurse G. Mncube ended the program on a high note as they blessed the audience with their melodic voices singing TB slogans.

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The excitement as CBH workers get vaccinated for Covid-19.

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## CATHERINE BOOTH MEMORIAL SERVICE / HOSPITAL PRAYER.

On the 17th of February Catherine Booth Hospital (CBH) held a memorial service to honour and remember all staff members that passed away due to Covid-19. Since the Covid-19 hit South Africa in March 2020 over 2.5 million people were infected, and unfortunately more than 75 000 souls were lost. CBH also lost its prominent staff members. This day was also dedicated at praying for all hospital employees who work tirelessly to ensure that they save as many lives they can.

### PHOTO GALLERY



From L—R: Miss N.I. Mbonambi, Miss A. Khumalo, Miss N. Ndlela, Miss Z. Maphumulo and Mr S. Mhlongo.



The program started by a prayer and lighting of candles at the hospital's main gate. It then proceeded to the venue where different hymns were sang and Chaplain Mbatha delivered the word of God.



From L—R: Ms. T.R Vezi, Matron T.T Magongo, Mr. M.T Shabalala, Nurse P.B Sikhakhane, Miss C.M Ntshela and Chaplain Mbatha.



Ms. T.R Vezi (CEO) addressing employees at the memorial service.



To comply with the Covid-19 regulations, the memorial service was held in an open space and departments were requested to send representatives so that the number of attendees could not exceed the maximum number of people allowed in social gatherings.



Chaplain Mbatha delivering the word of God.

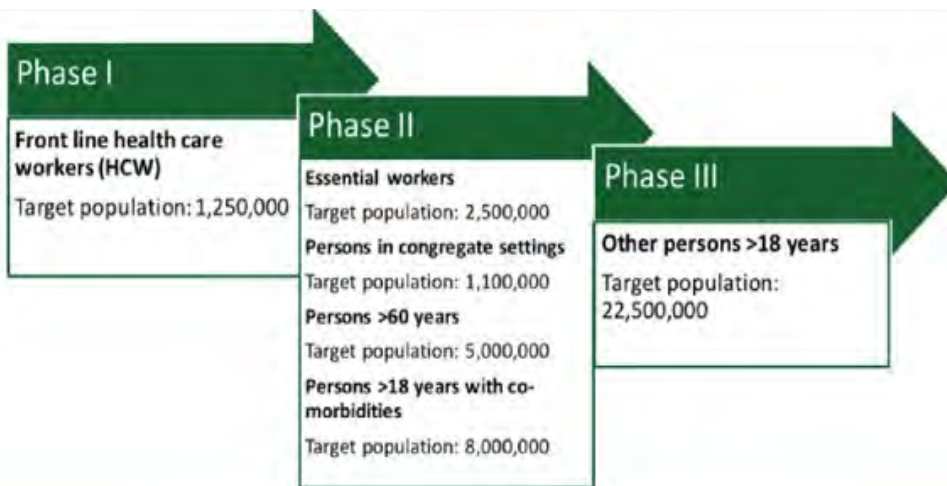


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# WHAT YOU NEED TO KNOW ABOUT COVID-19 ROLL-OUT PLAN

## THREE PHASES OF VACCINATION STRATEGY



The rollout will take place in three phases to provide vaccinations to a minimum of 67 per cent of the population in order to achieve herd immunity. It means that the majority of the population would be immune to the virus, indirectly protecting those who are not vaccinated and making the spread easier to manage and contain.

## REGISTRATION PROCESS FOR HEALTHCARE WORKERS

**EVDS Self Registration**

**health**  
Department  
Health  
REPUBLIC OF SOUTH AFRICA

This is a registration portal for Health Care Workers enrolling on the Electronic Vaccine Data System.  
All public, private, clinical and non-clinical healthcare workers should register.

ID Number

Self register using ID

Use passport

### For Phase I

All healthcare workers should register on the Electronic Vaccination Data System (EVDS). This includes healthcare workers in both public and private service, clinical and non-clinical as well as traditional workers. Your ID number and general information, details of employment & medical aid - if you belong to one, as well as your primary location of work will be needed.

Regardless of whether someone has healthcare insurance, all healthcare workers must use the EVDS to register: they'll be vaccinated whether or not one has medical aid.

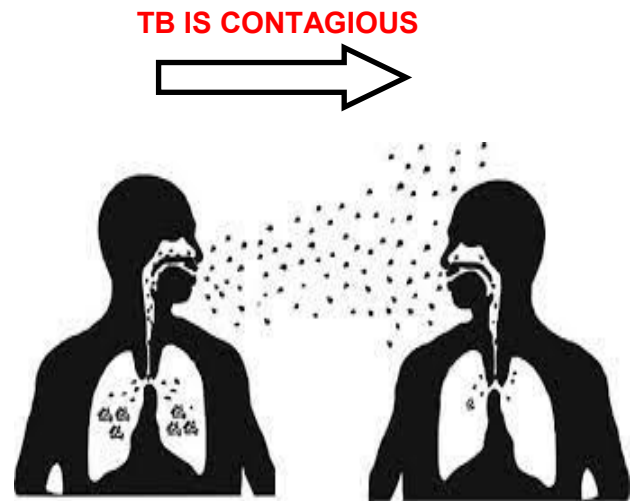




# KNOW MORE ABOUT TUBERCULOSIS (TB)

## What Is TB?

Tuberculosis (TB) is a bacterial infection that usually affects the lungs. It can however also affect other parts of the body, like the brain, kidneys and spine, causing serious damage or even death if left untreated. TB is contagious and it spread through expelled droplets when an infected person coughs, sneezes, laughs, speaks or spits. You can also contract TB by breathing in these particles, but not everyone who comes into contact with the bacteria will be infected.



## What are TB Symptoms?

TB symptoms includes the following:

- A persistent cough that lasts at least three weeks or longer
- Coughing up blood
- Pain when breathing or coughing
- Chest pain
- Unexplained weight loss
- Loss of appetite
- Lethargy
- Fever
- Chills
- Night sweats.



However, these symptoms may differ depending on the part of your body that has been affected. For example, if your kidneys are infected, you may detect blood in your urine. Meanwhile, back pain may be an indication of spinal TB.

TB causes thousands of deaths every year in South Africa and the rest of the world as it is second to HIV/AIDS as the greatest killer worldwide. This disease is curable, it's not a death sentence but it's very dangerous if left untreated. Should you experience any of the above mentioned symptoms visit the nearest healthcare institution and get tested before its too late.



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## CATHERINE BOOTH HOSPITAL TB CAMPAIGN - BLITZ

The 24th March is the world TB Day which is commemorated worldwide. To commemorate this day, the Catherine Booth Hospital (CBH) had a week-long door to door campaign - blitz between the 15th to the 19th March 2021 at the hospital's catchment area.

The campaign was coordinated by HAST Operational Manager, Sister Jackson, with assistance from Médecins Sans Frontières (MSF) - Showe Branch. The main purpose of campaign was to raise awareness about TB and test community members who can not visit the hospital more often.

This period was dedicated to testing for HIV/AIDS, TB, pregnancy and children's immunisation were check whether they were still up to date. This was a great initiative especially during this time of Covid-19 pandemic and community members appreciated the efforts by the hospital to visit them in their homes.



Nurse P.N Gumde with Mr Sibiya at his household.

This campaign was also used to advert other services available at the hospital. The Public Relations Officer - Intern, Mr Sthembiso, Thusi accompanied the TB Tracer Team during this outreach to spread the word about all other services available at CBH that the community were probably unaware of and to get community concerns / issues regarding service delivery at CBH.

[2021 TB DAY THEME:](#)  
[THE CLOCK IS TICKING](#)

[#ISIBHEDLELA KUBANTU](#)



From L-R: Mr L. Nkwanyana (CBH Nurse), Miss T. Maphumulo (Community Healthcare Worker), and Mrs P.N Gumede with Mr Nzuza at his home at Mabhudla area.

Mabhudla area is one of the villages at CBH catchment area, however, it becomes difficult for people of this area to visit the hospital more often because it very difficult to access public transport as the main road is very far .



# BLITZ GALLERY



From L-R: S.R Gazu, E.N.B Madonsela, S.L Mbatha, S.G Jackson, Sabelo (From MSF) and S.F Dube during the first day of the BLITZ campaign.



The Médecins Sans Frontières (MSF), also known as Doctors Without Borders assisted by transporting the TB Tracer to different villages within the KwaKhoza area.

The community members were very welcoming and appreciated the efforts of deliver services at their door steps.

Picture: Miss A. Mhlongo with Mr Nzuza during the 2021 Catherine Booth Blitz campaign.



Mrs P.N Gumede, Miss A. Mhlongo, Miss T. Maphumulo and Mr L. Nkwanyana during blitz



Miss T. Maphumulo and Mr L. Nkwanyana at one of the household at the Mabhudla area.



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# MVUTSHINI CLINIC TB AWARENESS DAY

On the 18 March 2021 Mvutshini clinic held their TB awareness day. The main purpose of this event was to raise awareness about TB, moreover, the clinic used this opportunity to give clarity about other pressing issues such as Covid-19 vaccine rollout, teenage pregnancy, cancer screening, immunisation, sexually transmitted illnesses (STIs), HIV/AIDS and treatment adherence.



The program was coordinated by Mvutshini's Operational Manager—Sir E.K Madonsela who made sure that in-between speakers and activities he shared useful information about TB and other various topics.



The community was given an opportunity to ask questions. Community Healthcare Workers also asked questions to check whether the attendees were understanding. The attendees also used this opportunity to raise concerns about general issues that are affecting or delaying service delivery at the clinic.



This group made things more interesting by doing health promotion through singing.



Miss N. Ntshangase teaching about condom use, different types of STIs, teenage pregnancy, importance of doing pap smear and screening for prostate cancer.



Sister S.G Jackson (Hast Operational Manager) addressing the community on behalf of Catherine Booth and highlighting the functions of her unit and how the community can best use their services.



The Community Health Workers used the Posters Teaching Method during the health talks to easily convey the messages.



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## UMGOMO WE-HPV NE-TD EZIKOLENI



USir B.E Mdletshe esesikoleni KwaNongoboza Primary echazelela abafundi ngezinhlobo zemigomo ababezogonywa ngayo kanye nokubaluleka kwayo.

Kusukela ngomhlaka 15 kuNhlolanja kuya kumhlaka 30 kuNdasa 2021 I-Catherine Booth yaphuma umkhankaso wokuhambela izikole ezakhele isibhedlela. Inhloso yalo mkhankaso kwakungukugoma abafundi ngomgomo wokuvikela igciwane le-Human Papillomavirus (HPV) kanye nomgomo we-Tetanus and Diphtheria (TD).

### UMGOMO WE-HPV

Umgomo we-HPV unikezwa izingane zamantombazane ezifunda amabanga aphantsi ukuvikela umdlavuzwa wesibeletso. Lomgomo usebenza kahle uma unikezwa abaneminyaka engu-9 ubudala nangaphezulu. Ukuze usebenze kahle lomgomo, abantwana banikwa okokuqala ngoNhlolanja baphinde banikwe idozi yesibili ngoNcwaba.

Lomgomo uphephile futhi uyasebenza kodwa ngeke ukwenze lokhu okulandelayo:

- Ngeke uvimbele ukuthelelana noma ulaphe igciwane lesandulela ngculazi.
- Awuyona indlela yokuhlela umndeni futhi ngeke uvimbele noma uyikise ukukhulelwa.
- Ngeke wenze ukuthi ingane yentombazane

ingabatholi abantwana ekuhambeni kwesikhathi.

- Ngeke welaphe umdlavuzwa wesibeletso uma umntwana esenayo kepha kugonyelwa igciwane elibanga lomdlavuzwa.

ENingizimu Afrika umdlavuzwa wesibeletso ungowesibili ojwayelekile kubantu besifazane futhi uma ungatholakalanga emazingeni aphantsi kuba nzima ukuwelapha. Okubi ngaleligciwane elibanga lomdlavuzwa ukuthi alinazo izimpawu ezibonakalayo futhi liyathelelana ngesikhathi kwenziwa ucansi. Ngalokho, kubalulekile ukuthi abazali bavumele abantwana ukuthi bagonywe. Ukuze umntwana athole lomgomo udinga imvume yomzali ngoba usuke engakafiki kwiminyaka engu-16.

### UMGOMO WE-TD

Lomgomo wona unikezwa izingane zabafana nezamantombazane ukuvikela amagciwane i-tetanus kanye ne-diphtheria. Lamagciwane angena uma unesilonda noma ulimele bese engena ahlale emzimbeni womntwana okungaba nobungozi obukhulu. I-TD igonywa abantwana abaneminyaka engu-6.



USister Ntshangase egoma ingane eThafeni Primary School



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# KZN HEALTH MEC LOUD HAILING AT THE KING CETSWAYO DISTRICT



Loud hailing convoy at Salvesh few kilometers from the Catherine Booth Hospital.



The message was: Covid-19 is real, get vaccinated and break the chain of infections.

Between the 08 to the 12 March 2021 the KZN MEC for Health visited the King Cetshwayo District to encourage communities to get vaccinated for Covid-19 when phase two and three of the vaccine rollout starts. The loud hailing convoy visited uMlalazi Municipality on the 08<sup>th</sup> March, stopping at various points such as Gingindlovu Shopping Centre and Taxi Rank, KwaKhoza Area – Salvesh and kwaJazi, eShowe town, Nyanini, King Dinizulu Township, Sunnydale and uMlalazi area.

The Covid-19 rollout phase two will commence after all healthcare workers, both in the public and private sector, have been vaccinated. People who fall under phase two are essential workers, people in congregate settings, people who are 60 years old and above, and people who are above 18 years old living with comorbidities. The rest of the country's population fall under phase three, however, children/people under the age of 18 years will not be vaccinated.

The end goal of the South African Covid-19 rollout strategy is to provide vaccinations to a minimum of 67 per cent of the population in order to achieve herd immunity. This means that the majority of the population would be immune to the virus, indirectly protecting those who are not vaccinated and making the spread easier to manage and contain.

It is predicted that when the herd immunity is achieved, the country will experience a major decline in the number of infections and Covid-19 waves will probably be the thing of the past.



Get vaccinated to save lives - Choose vaccination.

# THE MUCH ANTICIPATED VACCINE HAS ARRIVED

The process to vaccinate CBH's workers started on a high note. The Johnson and Johnson vaccine was approved for study use and was rolled out to health care workers as part of a research project. This J&J vaccine proved to be effective against the Covid-19 501Y.V2 variant.

In the King Cetshwayo District, healthcare workers were transported to Ngwelezana Regional Hospital to be vaccinated. The excitement was written all over their faces because the vaccine meant that the end of this pandemic is getting closer and closer.

## PHOTO GALLERY



**K.J BUTHELEZI**



**E.T MAGWAZA**



**Z.G MDLULI**



**M.T SHABALALA**



**M.Z MADZIBA**



**L.N NZUZA**





# PRINCE ZITHUME HIGH SCHOOL WORLD HEALTH DAY CELEBRATION.



Prince Zithume High School learners, teachers and guests from the Catherine Booth Hospital.

On the 07 April 2021, Prince Zithume High School invited the Catherine Booth Hospital to their world health day celebration. The main purpose of the this day was the inform learners about various issues such as hygiene, health and agriculture as well the topic on every ones mouth, Covid-19. Ma-tron P.H Mpanza who is a Primary Healthcare Su-pervisor from CBH was the guest speaker for this event. During her address, she touched on how learners can minimise the spread and transmis-sion of the Covid-19, different Covid-19 roll-out vaccination phases - who is eligible and when.

Miss Ndlovu, Life Orientation educator took the stage and emphasised the importance of adhering to Covid-19 regulations as well exercising.

Towards the end of 2020, South Africa was at the peak of Covid-19 second wave of infections where number of cases and deaths increased drastically. During that time, lot of families lost their loved ones. Amahle Gumede, Prince Zithume learner, shared her experience on how she was personally affected by this ordeal and what she learnt from this whole experience. The Covid-19 has become part of our lives, it has affected every individual in different ways, but by adhering to set regulations, we will win this battle.



Matron P.H Mpanza addressing Prince Zithume learners and teachers about issues of health.

Prince Zithume is situated at Mthunzini, Oban-jeni area. It is one of the schools at CBH catchment area

The enthusiastic Programme Director, Mr. Mkhize emphasised the important of “one home, home garden” initiative. He further mentioned that the school is planning to open it own garden to ensure that learners eat healthier foods.



Amahle Gumede address her fellow learners during world health day at Prince Zithume High School.

The Principal, Mr Zulu, addressing learners during the world health day celebration.



## CATHERINE BOOTH AUTISM AWARENESS DAY

The 2nd of April is the annual World Autism Awareness Day where by hundreds of people around the world come together in recognition of people with autism and those who love and supports them. On the 7th April 2021, the Catherine Booth Occupational Therapist Comm Serve—Miss N.N Mkwanzazi and Speech Therapist Comm Serve —Miss N. Zondi came together and made a presentation at Out Patients Department to raise awareness about this condition. The aim of this awareness was to increase the acceptance of people with autism, foster support and inspire a kinder, more inclusive society when it comes to people with autism.



From L-R: Miss N.N Mkwanzazi (Occupational Therapist Comm Serve) and Miss N. Zondi (Speech Therapist Comm Serve).

### SIGNS THAT YOUR CHILD HAS AUTISM

- Not responding to their name.
- Avoiding eye contact.
- Not smiling back when you smile at them.
- Getting very upset if they do not like a certain taste, smell or sound.
- Not talking as much as other children.
- Not seeming to understand what others are thinking or feeling.
- Finding it hard to say how they feel.
- Liking a strict daily routine and getting very upset if it changes.
- Having a very keen interest in certain subjects or activities.
- Getting very upset if you ask them to do something.
- Finding it hard to make friends or preferring to be on their own.
- Taking things very literally – for example, they may not understand phrases like "break a leg".

### PARENTING A CHILD WITH AUTISM

- Pay attention to your child's sensory sensitivities.
- Make time for fun.
- Reward good behaviour.
- Create a private space in your home where your child can relax.
- Find non-verbal way to connect; 1) Look for non-verbal cues, 2) figure out the motivation behind their tantrum.



Patients were given an opportunity to ask questions and make any comments on the presentation.



# CRIME AND ABUSE AWARENESS AT MABHUYENI AREA



Representatives from different government departments who were doing presentation at the crime and rape awareness.

On the 12th May 2021, the department of Community Safety and Liaison organised an event to raise awareness about rape and abuse which was held at Nxenjane Primary School at the Mthunzini, Mabhuyeni area.

This was after the drastically rise of rape and killings of women in this area. This event was supported by other various government departments such as Social Development, Correction Services, Police Department, Department of Health—Represented by Catharine Booth Hospital. Numerous other NGOs such AIDS Foundation.

The event started by a convoy from the Nxenjame sports ground that was loud hailing around the community until the final stop at venue of the event. All the above mentioned stakeholders took turns, advising the

community members on how to best deal with crime and rape cases. They further advised on the community on how to best use their services.

Community leaders, both Political and Traditional, were invited to this event and were given a platform to voice their concerns.



Catherine Booth Hospital's Mobile clinic at the Njenxane Primary during the crime and rape awareness.

## **EMERGENCY NUMBERS**

**Crime Stop: 08600 10111**

**Domestic Violence Helpline: 0800 150 150**

**Child Welfare SA: 086 142 4453**



# PHOTO GALLERY: CRIME AND ABUSE AWARENESS



From L-R: Ms P.H Mpanza—Public Healthcare Supervisor and Mrs B.P Nkosi—Social Worker from the Catherine Booth Hospital.

Sergeant N.E Gumede from Gingindlovu Police station addressing the community. Gumede is the assigned personnel for the Mabhuyeni area, he works closely with this community.



Ms Hilda from the AIDS Foundation.



UHulumeni kubantu!!! The community came in their numbers to attend the crime and awareness event.



Mr S. Mndebele from Correctional Services.



Captain Buthelezi from Gingindlovu Police station addressing the community.



Ms Z.F Zondi from Community Safety and Liaison. Her office was the one that organised this event





## IN THE MIDST OF COVID-19 PANDEMIC, CATHERINE BOOTH CELEBRATES INTERNATIONAL NURSES DAY



Front Row: Ms. P.H Mpanza, Mrs. P.Z Mbonambi, Matron T.T Mahaye, Nurse Ngcobo, Sister Dludla. Back Row: Sister Xulu, Matron D.I Mfeka, Ms C.M Ntshele and M.T Madziba.

The International Nursing Day is celebrated around the world every May 12th which is the anniversary of the birth of Florence Nightingale. Florence Nightingale is considered as the pioneer of modern nursing. This year's theme was "Nurses: A Voice to Lead—A vision for the Future of Healthcare". The theme was aimed at recognising all the Nurses who dedicated themselves during the Covid-19 pandemic.

On the 19th May 2021, the Catherine Booth Hospital's Nursing department organised a prayer as part of the Nursing International Day which was held at facility's boardroom. Addressing the Nurses, Mrs. P.Z Mbonambi—Deputy Manager: Nursing / Acting CEO, encouraged good staff attitude towards patients. She further alluded that a patient is not only healed by medicine, but the attitude from the healthcare worker also plays a major role.

Matron D.I Mfeka led the nursing staff reading the nurses pledge. This is a statement that nurses utter in order to prove their sincerity with their profession.



Sister Dludla delivering the word of God at the CBH'S Nurses day

*"Bambelelani Maqhawe, iNkosi lyabona, iNkosi iyezwa". - Sister Dludla—HAST.*

Sister Dludla blessed the audience with words of encouragement, quoting the word of God. Emphasising her point that Nurses are the pillar of any hospital, she compared them to brain cells, backbone and heartbeat of the hospital.

Just like many healthcare institutions, CBH is also overwhelmed the Covid-19 pandemic but through dedication and team spirit, the hospital is championing this battle.

## CBH MALARIA AWARENESS

In an effort of ensuring that both patients and staff members are well informed and always updated about essential information to prevent various illness. CBH organised a malaria awareness. The Inspection Prevention and Control Practitioner Mr. M.T Shabalala organised Malaria awareness which was held on the 28th May 2021 at the Catherine Booth Out Patients Department. During this awareness, representatives from Malaria office—Empangeni Branch, Mr Mr. S. Ncube and Mr. Mr. V. Mnyeni did an out standing presentation at OPD.



Mr. S. Ncube and Mr. N.V Mnyeni with Catherine Booth staff at OPD during the malaria awareness.



## WHAT YOU NEED TO KNOW ABOUT MALARIA

Malaria is a disease caused by a parasite that spread to humans through the bites of infected mosquitoes. While the disease is uncommon in temperate climates, malaria is still in tropical and subtropical areas.

### SYMPTOMS

- Fever
- Nausea and vomiting.
- Muscle and joint pain.
- Abdominal pain.
- Diarrhoea.
- General feeling of discomfort.
- Cough.
- Rapid heart rate.

### PREVENTION

- Wear pants and long-sleeved shirts.
- Apply insect repellent to skin.
- Apply repellent to clothing.
- Sleep under bed nets, particularly those treated with insecticides, such as permethrin.
- If you'll be travelling to a location where malaria is common, you should get the malaria prevention vaccine— Mosquirix





## CATHERINE BOOTH COVID-19 MASS VACCINATION STARTED ON A HIGH NOTE



Sister S.G Mdluli vaccinating one of the community members at the Biyela Centre vaccination site.


Excitement as the much anticipated mass community Covid-19 vaccination starts at the Catherine Booth Hospital (CBH). The CBH's first outreach vaccination site was the Biyela centre on the 26th May 2021. The 60 years old and above citizens came in their numbers and received the vaccine with positive attitude. On the first three days, 348 people were vaccinated.

To ensure that everything started smoothly, the Covid-19 the vaccination team was accompanied by Ms. P.H Mpanza—Public Healthcare Supervisor, Mr. M.T Shabalala—Inspection Prevention and Control Personnel, Miss C.M Ntshela Monitoring and Evaluation Manager, Mr. C. Ojo—Pharmacy Manager, Mr. S.C Thusi—Public Relation Officer Intern, Mr. Buthelezi—King Cetshwayo District of Health Acting Security Director as well as Representatives from the South African Police Services—Eshowe Station.

As expected, there were a lots of question, myths and confusion towards the Covid-19 vaccine, however, there were attended to and cleared by healthcare professionals.


All community members at the CBH's catchment area who are not yet vaccinated are invited to register on the Electronic Vaccination Data System (EVDS) self registration portal or utilise other available platforms, and come for vaccination.

### HOW TO REGISTER?




**WWW.**  
*Any device with Internet Access*

Connect device to the internet and go to:  
<https://vaccine.enroll.health.gov.za>




**USSD**  
*FREE on all South African Mobile Networks*

Dial  
**\*134\*832\*IDNumber#**  
*No ID Number?  
Just dial \*134\*832#*



**WhatsApp**  
*Internet access or data required*

Send the word  
**REGISTER** to  
**060 012 3456** on  
Whatsapp



**Hotline**  
*Toll free on all South African Mobile Networks*

Register by calling  
**0800 029 999**  
(08h00 to 18h00  
Monday through  
Sunday)

You will need the following information when registering:

- Your **identification number** (Passport, Asylum seeker number, RSA ID or refugee number)
- The **location** where you want to be vaccinated (home or work)
- If you are a member of a medical aid you will need your medical aid provider name and your medical aid number



## COVID-19 MASS VACCINATION PHOTO GALLERY



First stop: All community members were verified whether they've registered for vaccination, if not they were registered.



Community members queuing for Covid-19 vaccination.



Mr. M.T Shabalala at the vaccine mixing station.



Nurse Manqele vaccinating Mombeni community member at Biyela Centre



Sister Mdluli vaccinating one of the community members at Mombeni.



Nurse J.R Mthembu monitoring community members after they were vaccinated ensuring that everyone waits at least 15 minutes.



# ACKNOWLEDGEMENTS



**Mrs. P.Z Mbonambi**

Acting CEO / Deputy Manager:  
Nursing

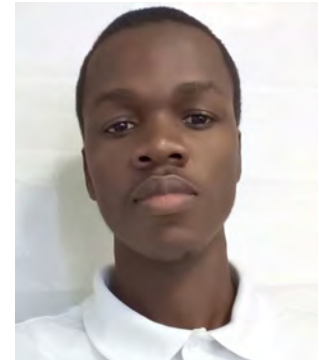
(Editor)



**Miss C.M Ntshela**

Monitoring and Evaluation  
Manager

(Editor)



**Mr. S.C Thusi**

Public Relations Officer -  
Intern

(Designer & Writer)

## CONTACT DETAILS



### CATHERINE BOOTH HOSPITAL

Physical Address:

Kwa-Khoza Reserve, Umlalazi Municipality  
Ward 15

Postal Address:

Private Bag x105  
Amatikulu  
3801

Telephone No.: 035 474 8407;

Fax No.: 035 474 7694

Web Address:

[www.kznhealth.gov.za/catherineboothhospital.htm](http://www.kznhealth.gov.za/catherineboothhospital.htm)