health
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Health
PROVINCE OF KWAZULU-NATAL

CATHERINE BOOTH HOSPITAL

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OCTOBER—DECEMBER 2016

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BATHO PELE
PEOPLE FIRST

COMPILED BY

NOMPILO XABA
PUBLIC RELATIONS OFFICER

BREAST CANCER AWARENESS

Awareness was conducted in OPD patients on 28 October 2016 in order to educate all women on signs and symptoms of breast cancer. Women were taught on ways of checking their breasts if they are normal or not. Women are advised to check / examine their breast regularly, if one feels anything unusual like a lump, that person should go to clinic immediately.

OPD Patients listening Health talks on breast cancer

"Nurses dramatizing the self breast examination"

Sister BB Mtshali demonstrating self breast examination

Kwabanandi ngalemini abesifazane behlabelela amaculo alwisana nesifo somdlavunza webele ikakhulukazi kubantu besifazane.

Kuningi okwakufundwa ngalolusuku abanye babephakamisa amabhodi abhalwe imiyalezo ngamagama amakhulu mayelana nomdlamvuza webele. Ziningi izindlela okwakufundiswa ngazo. Kwakunezinkulumo ezahlukane kuchazwa kabanzi ngokuthi sitholakala kanjani lesisifo nezimpawu zaso nokuthi zibonakala kanjani.

Kwaphinde kwadlalwa nomdlalo (stage play) esifundisa ngawo umdlavuza nokuuyilapho abantu abaningi bethola ukuqonda kancono uma into yenzenza phambi kwabo. "uma uzwa isigaxa ngasekhwapheni phuthuma esibhedlela kungenzeka kube umdlavunza webele" kusho umhlengikazi .

Ababelalele kahle izinkulumo izexwayiso kanye nomdlalo babethola izipho emveni kwemibuzo eyayibuzwa uSister BB Mtshali.

"Shesha uphuthume ngasemtholampilo uma unokugula okukhomba izimpawu zomdlavunza webele ukuze uzosheshe uthole ukusizakala nokwelapheka".

HAND WASHING AWARENESS

Sister N. Nzuza (IPC Coordinator) efundisa ngezindlela zokugeza izandla noma ngabe ikhaya alinawo amanzi ahambayo.

Ukubambisana phakathi kwesibhedlela kanye nomphakathi kudlala indima enkulu ekuthuthukiseni izinga lezempilo. Ziningi izifo ezinobungozi ezithelelana ngento encane enganakekile kodwa engadala umonakalo esizweni. **Ukugeza izandla** ngaso sonke isikhathi kuvikela ukuthelelaka nokudlulisela amagciwane asuka komunye umuntu adlulele komunye .

Maningi amagciwane esiwathola emoyeni nangagwemeka kalula ukuwadlulisela komunye umuntu, inqobo nje uma ugeza izandla zakho ngaso sonke isikhath, unciphisa amathuba okusabalala kwamagciwane.

MEET OUR NEW IPC—COORDINATOR

Catherine Booth Hospital family is joined by another team member who is an IPC Coordinator (Sister N. Nzunza). In this short time she's been here she has already done so much ,she has an input to a good operation of the hospital. A hard working woman who has a positive attitude towards infection prevention and control. She has made some inputs in the hospital wards. She works with an effort and intelligence . Surely, with this spirit, there will be a sustainable IPC practices in the hospital.

CAMPAIGN—OCTOBER 2016

S.K Maphumulo ebaconsisela emlonyeni

Umnyango wakwa PHC eNyezane Primary School

Baningi abantwana abathola ukusizakala ngesikhathi kunomkhankaso wokugoma abantwana ezikoleni nasemphakathi. Abantwana base Nyezane Primary baba ngabanye babantwana abathola ukugonyelwa ezikoleni ngesikhathi salomkhankaso kaZwelonke wokugoma abantwana abaneminyaka eyisihlanu kuya phansi. Abazali babantwana bakhombisa okukhulu ukujabula ngenxa yokuthi abantwana babegonyelwa ezinkulisa, emahholo, ezikoleni nakwezinye izindawo eziseduze namakhaya abo nokwenza bangahambi amabanga amade beya esibhedlela nasemitholampilo. Uma abazali bebhalelwa izincwadi (consent forms) ukuba bazigwalise nezivumela umnyango wezempilo ukuba bagome abantwana ezikoleni, bayacelwa ukuba lezozincwadi mabazigcwalise ngoba uma umntwana engagunyazelwe, lowo mntwana akakwazi ukuthola umgomo esikoleni.

MAWAPHATHWE KAHLE AMAKHADI EZINGANE .....

Uma umama eze esibhedlela ukuzokala noma ukugoma umntwana, uyafundiswa ngezinto eziningi mayelana nempilo yakhe neyomntwana. Baphinde bafundiswe futhi nangokubaluleka kwekhadi lomgomo lengane "Siwomama babantwana masiqikelele ekutheni siwaphatha kahle nangobunono amakhadi abantwana bethu".Siwanakekele futhi angalahleki. Uma umama ehamba nomntwana makahlale eliphethe njalo esikhwameni sakhe.

Ikhadi lengane lisazodingeka uma ingane sekufanele ingene esikoleni. Uma ulilahla noma ulidabula kuyoba nzima mhla ingane iya esikoleni!!!!

COMMEMORATION OF WORLD AIDS

Catherine Booth Hospital would like to thank Pep Store at Gingindlovu for the toys that were given to children on the day.

Catherine Booth Hospital commemorated World Aids Day on the 1st of December 2016 with the aim of educating and encouraging the community to live a healthy lifestyle. Members of the support group, children and other stakeholders attended the event with one word " I cannot be killed by HIV, I love myself" Event was done for all clients serviced by the catchment area of the hospital. Living a healthy lifestyle is the key to the free society which can beat HIV / Aids. Infected children were also happy to meet with other peers and shared their experiences.

Survivors testified that listening and practicing advises from Health Care Workers is the key to a long healthy life even if one is living with the virus.

Staff members singing and encouraging patients to take their treatments as advised.

Sister Jackson (O/M at ART/ Programm encouraging patients and promoting healthy lifestyle

USEBENZA EMAJUKUJUKWINI UMYANGO WAKWA PHC (ABASEBENZA NOMPHAKATHI)

Abasebenzi bakwaPHC kanye nosonhlalakahle nge campaign.

Ezinye zezindawo okuhanjiswa kuzo ezempilo—Mobile Point

Isibhedlela sinethimba labasebenzi elisebenza ngokuya ngqo emphakathini. Kulelithimba kubalwa imikhakha yabahambela ezikoleni, abahambela omahamba nendlwana (Mobile Clinic) Kanye nabakwa outreach.c .

Lomnyango udlala enkulu indima emphakathini osizakala kulesisibhedlela ikakhulu ngokubonelela kulabo abagulela emakhaya nendlela abaphila ngayo. Abagcini lapho bayabaqoqela nemishanguzo yabo ilethwe lapho behlala ngakhona .

Nangokufundisa ngokuphepha emphakathini nokuzivikela ezifweni nakho konke ukugula abangase bakuthole.

Lelithimba lisebenza emajukujukwini abonwa u Lady Dee woKhozi nokuyilapho umphakathi uhamba amabanga amade ngezinyawo uma bedinga usizo lwezempilo. Kwezinye zezindawo kuba nzima ukuza esibhedlela ngenxa yokuswelakala kwezinto zokuhamba ukufika kwalelithimba ngaleso sikhathi kwenza omkhulu umehluko ezimpilweni zabo ikakhulukazi kogogo nomkhulu abasuke bezolanda amaphilisi abo.

SERVICE EXCELLENCE AWARDS / QUALITY DAY

9 December 2016 was marked as Quality / Service excellence awards ad Catherine Booth Hospital. Employees were awarded with trophies and certificates for working with dedication and commitments towards their duties in different categories including quality, safety, communications, infection prevention and control. Community was part of this celebration and services are rendered to them.

Sister Jackson from ART (Programmes) receiving an award for being the department who excelled in providing services to clients.

Staff members and community listening to the guest speaker who motivated staff to excel more in their hard work.

Nkanyiso Sibiya could not believe it when he received an award for being the best employee in Waste Collection who works with positive effort in waste collection

Thanks to the sponsors of the event. The event was supported by Old Mutual and staff members

UMUNTU MAKABONGWE ESAPHILA

Kuye kuthiwe kuyobongwa namaqhawe!!!

Jack Of All Trades in PHC / Community Outreach:

Mrs S.K. Maphumulo

Osesithombeni ngu Mrs S.K. Maphumulo osebenza emnyangweni wezomphakathi (PHC) nokunguyena othathwa njengo "Jack of All Trades in PHC / Community Outreach" Ithimba asebenza nalo okubalwa kulo u School Health, Mobile Kanye no outreach team, ithimba ngalinye liyakuthokozela ukuhamba naye uma nje kuyiwa emphakathini ngenxa yekhono negalelo lakhe uma kuziwa kwezomphakathi nezempilo. Izinduna, I Khansela, Onompilo, izigungu zomphakathi bonke labantu bayamazi ngokuzinikela kwakhe uma nje kukhulunywa ngezempilo . Isibhedlela sidlulisa ukubonga ngegalelo lakhe.

NEW BROOM SWEEPS BETTER

JANUARY—December 2016

- Vezi Z.L (Medical officer-Female)
- Rooplal MS (Comm Serv pharmacy)
- Qwabe N.S (Medical Officer)
- Singh M.S (Audiologist Comm Serv)
- **Rambally** A (Physiotherapist)
- Govender J (Speech Therapist Comm Serv)
- Chonco L.J (Pharmacy - Intern)
- Chetty J(Comm Service Pharmacist)
- Govender V (Radiographor)
- Buyeni P.N (Proff. Nurse)
- Bower G.M (Comm. Serve Dietician)
- Mathenjwa M.N (Medical Officer)
- Mthethwa T.B (Supply chain)
- Biyela M.P (PN Comm. Service)
- Masondo G.T (Professional Nurse)
- Zungu L (Professional Nurse)
- Makhwasa S.B (PN Comm-Service ,Bursary Holder)

PUBLIC RELATIONS OFFICER'S CORNER

Mrs Nompilo Xaba
Public Relations Officer (PRO).

Ngithanda ukubonga abaphathi besibhedlela, ibhodi lesibhedlela elingenye yezinhlaka zokuxhumana nomphakathi, abasebenzi kanye nomphakathi wonkana ngokubambisana ekunyuseni izinga neqophelo lokusebenza.

Lelihhovisi yilona elixhumanisa umphakathi nesibhedlela nelamukela imibono, izincomo kanye nezikhalazo ezisuka emphakathini ngesibhedlela nemitholampilo.

Ziningi izincomo esizitholayo kunezikhalazo ikakhulukazi ngempatho esibhedlela. Lokhu umphakathi obukhalaza ngakho isibhedlela sikwazile ukwenza ushintsho nokukulungisa. Isibhedlela sethu yisona esinakekela iziguli ezinefifo sofuba esinobuthi obuyingozi enkulu (MDR TB) lapha esifundeni I King Cetshwayo District. Ngokhoke kwezinye zezinto ezibalulwa umphakathi ezidinga ukunakekeleka, yindaba yesilinganiso sokudla. Nakhona lapho ukuhlangabezana nomphakathi isibhedlela sinezinhlelo kokusiza abathintekayo kwazise imishanguzo abayidlayo inokulambisana.

Nakuba inkinga Yokushoda kwezisebenzi kuyinkinga ekhungethe isifunda sonke kodwa odokotela nabahlengikazi abakhona benza okusemandleni ukusiza izimpilo zabantu.

Imibono, izincomo kanye nezikhalazo zihlale zamukelekile ngoba yizona esizibona ngazo ukuthi umphakathi / abantu bayayithokozela impatho esibhedlela nesimitholampilo.

Ezinye zezincomo esizitholayo yilezi:

"

"I'm proud to tell the public about the positive, carrying and friendly staff from Catherine Booth Hospital. I was not a patient but I observed the way nurses treats patients. It is above my expectation.

Please tell us your experience, Verbally, Telephonically or in Writing (Suggestion boxes are placed at strategic points within the hospital and clinics) or you can phone us on (035) 474 8407 / e-mail Nompilo.Xaba@kznhealth.gov.za

BEST WISHES FOR

X - MASS

AND A HAPPY 2017