



CBH TO KEEP MDR TB PATIENTS

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In light of the current XDR TB problem in KZN, it is noteworthy to mention that CBH is expected to keep a significant percentage of MDR TB patients in its wards, starting late February/early March 2007.

Ten male MDR TB patients will initially occupy a section of the male ward, and the proposed plan is to eventually have forty beds in the current maternity wing for MDR TB patients. The maternity ward will move to the old maternity block, and the services currently occupying this block (rehab and dental therapy) will be relocated to two new park-homes.

The most appreciable reason for CBH being chosen as an MDR TB hospital is because of the low bed occupancy

rate. The hospital has approximately 170 beds, and the occupancy rate averages a maximum of 60%. The other possible reason is that the Uthungulu area lacks a dedicated inpatient MDR TB facility, and this would also reduce the burden placed on King George Hospital. Also relatives in DC28 have better access to their sick relatives.

The community and some wary staff of CBH are hesitant and irresolute towards the decision. More staff and specialized facilities will have to be utilized in order to manage these patients and deter the fears instilled in the community and stakeholders at large.

MDR TB (Multi-Drug Resistant TB) is resistant to Isoniazid and Rifampicin. It can be treated with 2nd line drugs,



Preventing the spread of (MDR) TB requires wearing N95 masks, barrier nursing, good ventilation, cough etiquette, and UV-light.

but for a prolonged period (16-22 months). Usually inpatient therapy and/or DOTS-plus is needed. XDR (Extensively-Drug Resistant) TB is MDR TB which is resistant to three of the 2nd line drug classes. Please contact Dr. L. Naidoo for more information (Male Ward).— **Story by: Dr. L. Naidoo**

"Thoughts to bear in mind":

- "If you talk about change but don't change the reward and recognition system, nothing changes." (Paul Allaire)
- "You should stand upon the shoulders of Giants to see further than they could." (Isaac Newton)

MESSAGE FROM HOSPITAL CEO

My greetings go to all staff members and readers of this newsletter. It is my greatest pleasure that we have been able to revive it despite difficult circumstances and commitments. Well done to the Editor for the mammoth task they had accomplished. We owe it a lot for the sake of communication to share important information with all of you and the public which is our clients.

IMPORTANT INFORMATION TO SHARE

The hospital is going through a complete transformation. Well, may sound easy or not clear. Changes that occur in the hospital are not easy since we work within the community, as a dynamic context. We succeeded in semi-outsourcing the Security Services. We also succeeded in outsourcing Housekeeping Cleaning services, and all of these we

started with short-term tenders. In fact we are awaiting long-term contract tenders to come through, including the Gardens and Grounds tender. Contracting these services called for a longer process to liaise with the Hospital Advisory Board and Staff through general staff meetings. We replaced hard benches with the comfortable and cushioned pastoe chairs with armrests (... to page 2)

...MESSAGE FROM HOSPITAL CEO

(from page 1...) especially in areas like OPD and the Programmes Block. This is comfortable to our sick clients. But, more chairs are still needed for the welfare of our people.

BUILDING AND PREMISES

More has been done starting from the floors, internal walls in the wards and replacing most of the old cupboards etc. External painting with new colours of the hospital is about to be completed. We even welcomed a converted ward for a new service – TB MDR with such new colours. In fact our motive behind

here is that our sick clients must get hope right from the entrance time when looking at the nice landscaping till to the ward. But bear in mind, there is going to be a lot of spending this year in 2006/07 Budget.

Let me make this commitment and a promise. Once revamping of the wards and buildings is completed, a focus shall be paid to Staff Residences and houses including pathways.

Before I conclude, let me just share just an important issue with you. A tender for a renovation and upgrading of the Male and Female Wards and

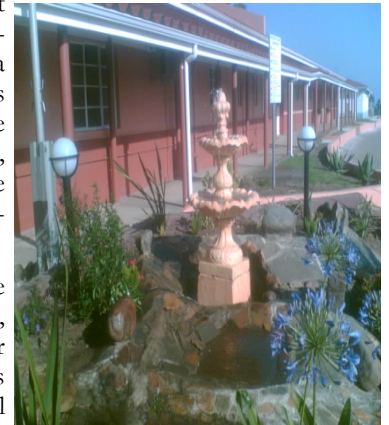
Main Kitchen has come out accordingly. This is a big project, part of what is called a “Multi-Year Plan” and it is driven by Head Office. We expect changes in the wards, even the size and more to the conditions, even the new prospective ablutions.

Well, it was good to share quite a few things with you, and the doors are open for those good opinions towards the betterment of our hospital and Patient Care.

Good Bye

L.B. Vundla

Hospital CEO



A snapshot of the fountain at the front of the hospital's admin building

Soccer News

Recently, Catherine Booth Hospital played soccer against SAPS (Gingindlovu) on 14 February 2007 at Amatikulu Sports Field (obviously the players had much more passion for sport, rather than spending the day with their girlfriends and wives :-). CBH emerged victorious against SAPS, scoring three goals. SAPS managed to zap one goal. Our very own Bless-

ing Mthethwa (Male Ward clerk) scored two goals, and Khulekani Mkhwanazi (Stores dept.) scored one goal. Congratulations to Xoli Ngweni, who was Man of the Match.

Upcoming fixtures include: A Five Hospital Soccer Tournament on 3 March 2007 at the Stanger Sports Ground. The teams are from CBH, Stanger Hospital, Sundumbili CHC, Montebello Hospital, and the

fifth hospital is to be announced. Another match is to be played at Montebello Hospital on 17 March 2007. Still to be confirmed, CBH will be playing Mphumulo Hospital on 10 March 2007.

Please contact Blessing Mthethwa for further information (078 362 4842 or Male Ward—ext. 158)

By: Blessing Mthethwa

“CBH emerged victorious against SAPS, scoring three goals.”

Poetry Corner: “HEAVENLY SILHOUETTE”

Hysteria quivered from my eyes down to my feet
As you swayed your head from side to side.
Oh, how much more feeling could I surreptitiously defeat
As the Edge sparkled and the dulcet breakers crashed with the tide!

Begotten by your spellbound smile and insinuating eyes,
My soul leaped onto you sitting on your serene carriage of paradise.
But riveted still I was, realizing the distance between truth and lies,
‘Cos just a footstep would disclose but being rooted would entice.

My sight surged now at the lucid verge of your vermilion lips,
But down swung a tether of hair to caress it, scorning at me.
As if distraction was trivial, lavender confounded the eclipse
And tickled my olfaction to the point of setting my sensorium free.

Light bounced off your back with rays targeting me around your nimbus,
Bringing with it flawless fraternities of your unparalleled eminence.
And in your umbra conjured up dust a twilight with gleaming ivory bliss
That girdled your Heavenly Silhouette in a decorous luminescence.

By: Dr. Logandran Naidoo

Activities and Events

Netball:

Our hospital's enthusiastic girls are practicing netball daily, on weekdays, from 13h00 to 14h00. However, we haven't played against other teams this year since Ngwelezana Hospital cancelled at the last minute. We have been joined by new members and, now with a new kit, "we're gonna show other netball teams what we're made of!" says CBH netball captain, N.J.Nkosi. We are expecting matches for netball pretty soon, since our Sports Organiser, Sphiwe, has been busy arranging matches and is waiting for replies.

Music:

CBH Choral music choir has started practice at the board room from Mondays to Thursdays at 13h00. Mrs. N. Mpanza, choir organizer and dubbed the "best" choral singer at CBH said, "There is a large interest in the employees, and they'll be participating in competitions as from July." Mr. Ndabandaba is the choir-master.

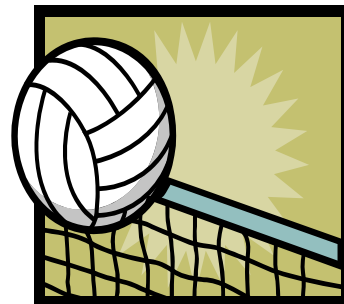
Parties:

CBH held a party on 17 February 2007. It was a small event which turned out to be great. "I do not see why I should complain about boredom if CBH is rocking like

this!" commented Linda Mazibuko, one of the party-goers. "I think we should do this more often to promote friendship amongst CBH staff members. At that party, I met three new friends," said Mr. L. Sopika, who was also there.

HAPPY BIRTHDAY to all CBH staff members who celebrated their birthday this month. Just wana say to you, "He did every single thing, as if he did nothing else!" Enjoy your month and spend your bonuses carefully!

By: "Zhane" Khanyile
(Please contact Zhane on 082 865 2733 for further information regarding netball and choir practice)



New Medical Staff

The X-ray department has two new faces, which I think are already familiar to you. Xolile Ngweni is the Chief Radiographer from Port Elizabeth. He obtained his qualification from P.E. Technikon in 2002. He then did his community service at Dora Nginza hospital in 2005. He then proceeded to Edendale Hospital as a junior radiographer and then as a senior radiographer until 2006. He is now gracing the grounds of CBH...ladies watch out!

If you haven't seen our young community service radiographer Kelly Lukka, I have one question for you: Where do you live? Kelly is from Durban, Chatsworth. She just finished her studies last year at Durban University of Technology in Diagnostic Radiography. Take note that she has never been in a rural area in her life before so please give her all the support and welcome that she needs.

If you haven't heard, our hospital now has a dental clinic,

thanks to our senior dental therapist Simphiwe Ngcobo, known as Mapholoba from Joburg. Mr Ngcobo has 9 years experience in the field, however due to unfavorable circumstances he was unable to speak to us.

The rehabilitation department lost two staff members Kerry and Lizl whom we were all sad to part with, but do not fear!! There is a new face and this face is darker than what you are used to! Her name is Zethu Nkosi,

all the way from Mtubatuba. She is our new Occupational Therapist, fresh from UKZN, Westville campus. Welcome!!!

I'm sure you are wondering "Where is our physiotherapist?" Do not worry...Mr Nyawo will be joining us in July this year and if you are like me, I'm sure you also can't wait to see him. So we're just going to have wait and see...

By: Zethu Nkosi (O.T.)

Quality Assurance, Quality Care and Quality Improvement

- **Talk Quality:** Address all clients in a friendly manner. Be supportive and guide them.
- **Walk Quality:** Think fast and act fast during emergencies.
- **Dress Quality:** Be in complete uniform and proudly wear your distinguishing devices and name tags. Dress casual/formal during working hours.
- **Improve Quality:** Conform to norms and standards daily.

By: Quality Assurance Manager—Sr. Shembe



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We're on the Web! Visit:
[www.kznhealth.gov.za/
 catherineboothhospital.htm](http://www.kznhealth.gov.za/catherineboothhospital.htm)

Bathe Pele and Patients Rights! Do you know the standards? Contact the Editor for more information.




Department of Health

This newsletter has been launched to facilitate interaction between staff and community members, as well as patients. It is a necessity that the staff of CBH are well aware of happenings around them, especially if they have a direct impact on them. All news published herein is free of discrimination and bias, and is fair and factual. Hospital management approves of whatever is published before going to print. If anyone has any constructive criticisms, comments, suggestions or interesting news that they feel should be published, please feel free to contact the editor.

The next edition of this newsletter will include a section for "Letters to the Editor", so please submit your letters with concerns and/or grievances, and any other important information that you would like to be published.

An editorial committee will be formed in March. Those who are interested in joining, please submit your names to the editor.

We hope to keep you informed! Enjoy reading!

Dr. L. Naidoo (Editor)

Come and join our Union...

Long Distance Travellers' Union (LDTU)

Joining fee: You must have been involved in at least five accidents in your life. You must be flexible to carry load that is twice your body. You must be able to cry loud if necessary.

Benefit: You'll be involved in an accident at least once a month. Everytime you are in an accident, you will get...

Added benefits: Given a day off; Don't have to do job involving physical manpower; Receive a walking stick.

Last and important benefit: Your transport will dump you the day after an accident.

This is reality!

Everytime you pray, just remember those who use vehicles to get to work/home daily.

God bless you!

By: Blessing Mthethwa

On a Lighter Note... Ward clerks & nurses



They studied at different schools, and they're different. One uses a pen and the other uses a syringe. So who is better? You be the judge...

Clerk: Nurse, what makes you happy?

Nurse: Nothing

Clerk: I mean, if the patient gets discharged or if the patient passes away?

Nurse: Obviously if the patient gets discharged.

Clerk: (shaking his head) Why?

Nurse: Because that's what I get paid for. (pause) ... and what makes you happy between the two?

Clerk: Obviously not when the patient gets discharged because...

Nurse: (interrupting) Heartless man, how can you say that!

Clerk: Why are you insulting me if you didn't give me any choice. So I chose "discharge"... "and come

back in two weeks."

Nurse: You think you clever boy?

Clerk: Sure I am, that's why I got this job!

These people don't get bored... Join them next time.

It's a day to order Surgical Sundries and Cleaning Material!

By: Blessing Mthethwa